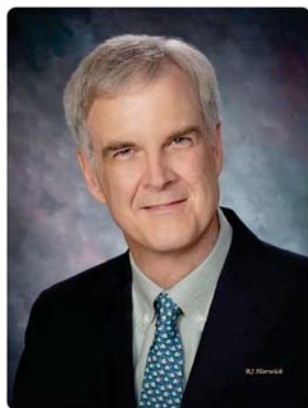


Progress Notes

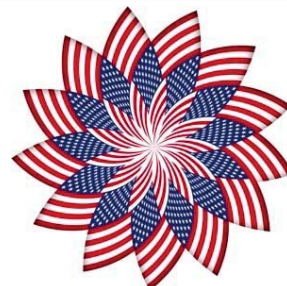
Published for the Medical Staff
and Advanced Practice Clinicians
of Lehigh Valley Health Network

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FROM THE PRESIDENT



LVHN Welcomes New Acting CEO – Brian A. Nester, DO

As you know by now, Dr. Ron Swinfard announced his retirement last month, effective July 1 (see related article on page 4.) We are fortunate to have one of our own – and a doctor who has been heavily involved in the strategic planning of Lehigh Valley Health Network – as our new leader. Please welcome our new Acting CEO, Brian Nester, DO.



Dr. Nester came to Lehigh Valley Health Network (LVHN) in August, 1998, from an academic post in Emergency Medicine at Albert Einstein Medical Center in Philadelphia. Shortly after he arrived, Dr. Nester served as the Associate Vice Chair of the Department of Emergency Medicine as both the Research Director and the Director of the LVH-Muhlenberg Emergency Department. He was one of the founders of the LVHN Emergency Medicine Residency Program and served as the first Director of Medical Education for the LVH-Muhlenberg campus from 2001 to 2008. While at LVHN,

Dr. Nester has served as a Co-Investigator on a NIH-funded trial in his area of clinical research interest: “sudden death” and heart rate variability.

In 2003, Dr. Nester was named Senior Vice President for Physician Practice Network Development (PPND). In this role, he was responsible for aligning the physician community and coordinating LVHN’s business development and market expansion goals. In 2007, the division was renamed, Physician Hospital Network Development (PHND), as his role expanded to include oversight of Health Network Laboratories (HNL) and the formal cultivation of inter-hospital relationships. Functional resources within PHND included network sales, customer relationship management, decision support, business development and planning, physician and executive recruiting, health center operations, and Telehealth. These and other network resources were utilized to support relationship development efforts between LVHN and its community of physician practices, as well as partnering hospitals and health systems in the region.

Continued on next page

Continued from Page 1

This strategic approach has relied on aligned relationships to generate new clinical and business opportunities. In 2011, Dr. Nester was named Chief Strategy Officer. In this role, LVHN combined the business assets of PHND with network resources in post-acute operations and insurance in support of LVHN's strategic vision to transform into an accountable organization – one that is capable of absorbing clinical and financial risk. Additional areas of oversight now include Insurance and Payer Strategies, Health Systems Research and Innovation, and the Care Continuum.

Dr. Nester received his D.O. and M.S. degrees from the Philadelphia College of Osteopathic Medicine in Philadelphia and is a Certified Physician Executive through the American College of Physician Executives. In 2004, Dr. Nester received his M.B.A. from Columbia University in New York where he remains a regular lecturer at the Graduate School of Business and the Mailman School of Public Health. Dr. Nester is a member of the Board of Directors for the Hospital and Health System Association of Pennsylvania (HAP) and currently

serves as the Chair of the Physician Leader Advisory Group for HAP. He has served on the Industry Advisory Board for the Columbia Alliance for Healthcare Management since 2005, is a past member of the Board of the Lehigh Valley Economic Development Corporation (from 2009 to 2012), and has served as the Chairman of the Board of the Lehigh Valley Physician Hospital Organization since 2009.

In next month's **Progress Notes**, Dr. Nester will share some of his thoughts about our clinicians and our Network, the current and future health care landscape and how we're adapting to the rapid changes in health care delivery. Stay tuned!



Robert J. Motley, MD
Medical Staff President

NOMINATIONS BEING TAKEN FOR NEXT MEDICAL STAFF PRESIDENT-ELECT

The Lehigh Valley Health Network Medical Staff Nominating Committee is soliciting nominations for the next Medical Staff President-elect to begin a two-year term in January, 2015.

Although the term of Medical Staff President-elect is for two years, the individual elected to this position must be willing to make a commitment for six years as he/she will assume the position of Medical Staff President for two years, followed by a two-year terms as Medical Staff Past President.

Nominations should be submitted in writing to Jarret R. Patton, MD, Chair of the Nominating Committee, via Medical Staff Services, Cedar Crest & I-78, or via email to John W. Hart, Senior Vice President, Medical Services, at john.hart@lvhn.org.

All nominations must be submitted by Friday, August 8, 2014.

MEDICAL EXECUTIVE COMMITTEE WELCOMES NEW MEMBERS AT-LARGE

Congratulations are extended to the following members of the Medical Staff who were recently elected to serve three-year terms as members at-large of the Medical Executive Committee, beginning July 1, 2014:



Samuel D. Land, MD

Department of Pathology & Laboratory Medicine
Division of Anatomic Pathology
Section of Medical and Forensic Pathology
Forensic Pathology Associates Inc.



Valerie J. Lewis, MD, MPH

Department of Pediatrics
Division of Pediatric Subspecialties
Section of Adolescent Medicine
Pediatric Specialists of the Lehigh Valley



Patricia Martin, MD

Department of Radiology-Diagnostic Medical Imaging
Division of Diagnostic Radiology
Section of Neuroradiology
Medical Imaging of Lehigh Valley, PC



Timothy S. Misselbeck, MD

Department of Surgery
Division of Cardiothoracic Surgery
Section of Cardiac Surgery/Thoracic Surgery
Lehigh Valley Heart and Lung Surgeons



Joseph L. Yozviak, DO

Department of Medicine
Division of General Internal Medicine
AIDS Activities Office

A special “Thank You” is extended to the members at-large, who completed their terms at the end of June, for their dedication and service to the Medical Staff as members of the Medical Executive Committee:

Debra L. Carter, MD

Department of Pediatrics
Division of General Pediatrics

T. Daniel Harrison, DO

Department of Surgery
Division of General Surgery

Michael J. La Rock, MD

Department of Medicine
Division of General Internal Medicine

Joseph E. Patruno, MD

Department of Obstetrics and Gynecology
Division of Obstetrics/Gynecology

Pat Toselli, DO

Department of Surgery
Division of General Surgery



LVHN PRESIDENT AND CEO ANNOUNCES RETIREMENT



Early last month, Ronald W. Swinfard, MD, announced his retirement as President and Chief Executive Officer (CEO) of Lehigh Valley Health Network (LVHN), effective July 1, 2014. Dr. Swinfard has served in this position since November, 2010, when he succeeded the health network's longtime President and CEO, Elliot J. Sussman, MD.

On June 5, Dr. Swinfard informed LVHN's Board of Trustees of his decision to retire and the board accepted. "Dr. Swinfard has prepared our organization for the future of health care and leaves us in a good position to face this ever-changing landscape," said William F. Hecht, Chairman of LVHN's Board of Trustees.

"All of us eventually must decide when the time is right to move on with our lives," Dr. Swinfard said. "This is the right time for me and my family."

Dr. Swinfard said when he became President and CEO three and a half years ago, leading the nationally recognized health care organization and the Lehigh Valley's largest employer was a tremendous opportunity. He said he and LVHN's leadership team tried to accomplish more great things toward better health for the community.

"I think we have done that amid difficult challenges and major changes in the industry. I'm confident with the leadership, staff and organizational culture we have in place that our success in keeping and making our community well will continue."

"Dr. Swinfard has done a tremendous service for our community ensuring we can continue to heal, comfort and care at the level our friends, families and neighbors expect and deserve," Mr. Hecht said. "I've enjoyed working with Dr. Swinfard, and the Board of Trustees is thankful for his leadership and is looking forward to a smooth transition. The board has been preparing for this day with a succession plan."

As part of that plan, the Board of Trustees named Brian A. Nester, DO, Acting President and CEO. Dr. Nester currently serves as LVHN's Chief Strategy Officer and will assume his new role July 1. "I've had the privilege to work alongside Dr. Swinfard for the past ten and a half years, and I am grateful for his mentorship and all we have accomplished as a leadership team," Dr. Nester said. "I am honored the Board of Trustees has entrusted me to continue the important work and vision of LVHN during this interim period."

Dr. Nester, who is a candidate for the position, will serve in this role while the Board of Trustees conducts a search that will include both internal and external candidates.

Dr. Swinfard's tenure as President and CEO has come amid major changes in health care, in particular, implementation of the federal Patient Protection and Affordable Care Act (PPACA). In response to the new law, Dr. Swinfard led LVHN's effort to form various industry partnerships, including the merger with the former Greater Hazleton Health Alliance in Hazleton, Pa. in January. Other health network strategies to move forward under health care reform included:

- The formation of AllSpire Health Partners, a consortium of seven hospital systems in New Jersey and Pennsylvania aimed at addressing quality, population health management, best practices and medical research in the Northeast region.
- The Optum Labs Research Collaborative of seven leading health organizations committed to improving the quality and value of patient care through sharing information assets, technologies, knowledge, tools, and scientific expertise.
- The transformation of the former Westfield Hospital in Allentown into LVHN-Tilghman, including the Center for Orthopedic Medicine.
- The ongoing and growing medical school partnership with the University of South Florida Morsani College of Medicine, which is designed to train tomorrow's doctors not just about medicine, but about the personal side of health care and what it takes to be a leader.

Dr. Swinfard also expressed pride in what he says makes LVHN different – a culture of engagement. "Health care is the most personal of experiences," he said. "We define our culture as people being at their best every day. Colleagues dedicated to the work they're doing to care for our patients means satisfied patients, which means patients choose LVHN for their care."

Dr. Swinfard and his wife, Dr. Sara Viessman, plan to remain in the Lehigh Valley upon his retirement.

NEW DESIGNATED INSTITUTIONAL OFFICIAL NAMED



Elaine A. Donoghue, MD, Vice Chair of Education for the Department of Pediatrics, was recently appointed Lehigh Valley Health Network's (LVHN) Designated Institutional Official (DIO) in the Division of Education, effective July 1. Dr. Donoghue replaces William Bond, MD, who has accepted the position as the director of research at the Jump Trading Simulation and Education Center, OSF HealthCare and the University of Illinois College of Medicine in Peoria, Ill.

Dr. Donoghue earned her bachelor's degree from Georgetown University and her medical degree from Tulane University School of Medicine. She completed her Pediatrics internship at Tulane University and completed her Pediatrics residency at Emory University Affiliated Hospitals.

As DIO, Dr. Donoghue will be responsible for oversight and administration of LVHN's residency programs. The DIO position is a requirement of the Accreditation Council for Graduate Medical Education (ACGME), which oversees residency education in the U.S. The DIO works in collaboration with the Graduate Medical Education Committee (GMEC). Together, they have the authority and responsibility for the oversight and administration of LVHN's residency programs, as well as the responsibility for assuring the regulatory requirements of ACGME and other educational and regulatory bodies, such as Centers for Medicare and Medicaid Services (CMS), National Residency Matching Program (NRMP) and The Joint Commission. The DIO is a part-time physician role within the Division of Education.

Dr. Donoghue has been a member of LVHN's Medical Staff since February 2010, and served as the Interim Chair of Pediatrics from November 2012 to November 2013. She currently practices with the Children's Clinic at Lehigh Valley Hospital-17th Street.

EPIC - THE PROVIDER SUPPORT PROGRAM



The Lehigh Valley Health Network (LVHN) Epic [Super User program](#) allows departments to involve users in their area in project preparation and function as an extension of end user training by providing elbow-to-elbow support during go-live to reinforce learning and facilitate performance.

Provider involvement in this program is restricted due to the potential impact on patient access. However, provider engagement is critical and peer-to-peer provider support is a positive element of go-live success.

The [Provider Support Program \(PSP\)](#) intends to provide the opportunity for LVHN providers to participate in this support system. The expectation is that the program will not require time away from current clinical duties other than that which providers already have allotted.

This decision was made by LVHN executives considering the time commitments of the Super User Program, need for maintaining patient access, the importance of provider engagement in the Epic transformation and experiences of other institutions installing Epic.

There are final touches that need to be done for the PSP. Additional information will be shared when it becomes available.

If you have any questions, please email Epic@lvhn.org.

CMIO UPDATE

CE Downtime Got You Down?

Centricity Enterprise is periodically taken off line (“downtime”) every other month for maintenance and to install patches, etc. To lessen the clinical impact, this is scheduled for midnight on the third Saturday of every other month (January, March, May, July, September, and November). The downtime can last until 5 a.m., although the system is usually back up by 3 a.m.

Hopefully, knowing these dates will help with staffing and planning your evening, if you happen to be in house during those times.

Using Centricity Enterprise to Order Medications for Discharge? – Don’t Do It !

Please do NOT order medications in CE as a method to have the medication appear in DCI. Medication orders placed in CE are active orders as soon as they are placed, and will be administered to the patient. This can result in serious patient safety issues if the patient receives medications that are appropriate for post-discharge.

Reason for Consult? Should be More than “Medical Management”

Please do not list “medical management” as a reason for consult. Consultants require more information to understand why the consult is being requested, the urgency of the consult, and other pertinent information.

To Discontinue or to Cancel

Based on input from the Clinical Decision Support Committee, the Medication Safety Officer and our Pharmacy colleagues, the Discontinue Screen is being revised. The “D/C all actions” button will function as the previous “Retract” button. This button will remove all future actions of an order. The “D/C as of:” button should be used when you want to discontinue an order at a future date – such as a course of antibiotics, steroids, or for a recurrent diagnostic order that is scheduled in the future. The “Cancel – non-meds only” should be used to cancel existing non medication orders. This will remove all future actions for that order.

Discontinue an Order

Current Order Information

NURS-Epidural Analgesic given-see det Status: A/Approved

Frequency: NUR-qdn PRN:

Ordered By: LEVICK, DONALD P0563

Start Date: 11Jun2014 Time: 13:18

Ordered By: [Text Box] Order Mode: [Dropdown]

Signed By: [Text Box]

D/C all actions Cancel - non-meds only

D/C as of Date: 11Jun2014 Time: 14:00 Example use - For completion of antibiotics course

Exit

If you have any questions regarding any of these topics, please contact Don Levick, MD, Chief Medical Information Officer, through email at donald.levick@lvhn.org.

PHYSICIAN DOCUMENTATION

Clinical Documentation of Pneumonia

The clinical distinction between community-acquired pneumonia (CAP) and health care-associated pneumonia (HCAP) is crucial for correct management and antibiotic selection.

CAP is usually caused by *Pneumococcus*, *Chlamydia*, or *Mycoplasma pneumoniae* or by viruses, and is typically treated with one or more of the following antibiotics depending on whether the patient is admitted to an ICU: ceftriaxone, azithromycin, doxycycline or a fluoroquinolone (e.g., levofloxacin).

Patients with HCAP are considered high-risk for gram-negative and possibly staphylococcal infection, including MRSA, and they require multiple, broad-spectrum antibiotics such as piperacillin/tazobactam, vancomycin, cefepime, aminoglycosides and others.

When it comes to the coding of pneumonia, the coding rules do not recognize nosocomial terms like HCAP, which means that this diagnosis will automatically default to a “simple” pneumonia like CAP, even though the patient may be in a critical, life-threatening condition.

To capture the true severity and complexity of HCAP with the correct codes, the physician must document what organisms are probable, likely, or suspected as the cause, or that the pneumonia is due to aspiration.

Since HCAP is very likely to involve gram-negative organisms and/or staphylococcus, it is perfectly appropriate and necessary to mention these as the possible/probable cause when clinical criteria are met and multiple, broad-spectrum antibiotics are prescribed. A positive sputum culture is not required. The terms “coverage” or “coverage for” are not adequate documentation for coding purposes; the suspected organism or organisms must be specifically mentioned.

In summary, whenever your diagnosis is “HCAP,” be sure to document the suspected organism or organisms based on clinical criteria and your antibiotic selection.

If you suspect aspiration pneumonia, please document as such.

If you have any questions please contact John Pettine, MD, FACP, CCDS, Director, LVHN Clinical Documentation Improvement Program, at john.pettine@lvhn.org

Reference: May *ACP Hospitalist*, copyright © 2011 by the American College of Physicians.



LVHN DIGITAL LIBRARY

SPORTDiscus Database Available from Library Services

The contents for over 1,100 sports and sports medicine journals, over 530 of them in full text dating back to 1985, are available now from SPORTDiscus, an EBSCO database. This database is available in Library Services and includes a thesaurus with searching tips.

Some of the subjects covered include:

- sports medicine
- sports nutrition
- sports and exercise psychology
- biomechanics
- sports training and conditioning;
- strength training
- exercise, aerobics
- kinesiology
- movement science
- occupational health and therapy
- physical fitness
- physical therapy
- rehabilitation
- coaching and education
- dance, cheerleading, and acrobatics
- and many more

To access SPORTDiscus from the Digital Library's Homepage, go to **LVHN Intranet > FIND FAST > Library Services** and click on **EBSCO SPORTDiscus**.

To conduct searches in SPORTDiscus or if you have additional questions, contact Library Services at 610-402-8410 or via email at LibraryServices@lvhn.org.

HCAHPS UPDATE

Provider Communication

From the patient perspective, our provider communication is not where we want it to be. (LVH-Cedar Crest is at the 27th percentile, and LVH-Muhlenberg is at the 9th.) In addition to the ROADMAP (daily patient print out of summary information), there is now a new tool to assist in communicating to patients.

New Communication (white) Boards have been installed in patient rooms. They have a standardized look and feel across the network with some customization in areas like the Emergency Department and Mother/Baby Unit. Nursing is working to fill out all the information. As a provider, all you need to do is:

- 1) Look at it
- 2) Think about it
- 3) and Update it

That's it. The top right corner is perfect information to focus your time on the most important issues. Thanks for your help in improving patient care.

If you have any questions or require additional information, please contact E.J. Rovella, Program Manager for HCAHPS/Patient Experience, at 610-969-4230 or via email at ernest.j.rovella@lvhn.org.

Lehigh Valley Health Network
A PASSION FOR BETTER MEDICINE

OUR GOAL IS TO KEEP YOU INFORMED!

Date: _____ Unit: _____ Room #: _____ Phone #: _____

SUN MON TUE WED THU FRI SAT

Today's Caregivers

Nurse: _____

Technical Partner: _____

Doctor: _____

Case Manager: _____

Excellent Care For Me Means...

Questions For The Team?

Assistive Devices

L/R 63 L/R U/L

Diet

☐ No Food or Drink Food # 3663

Your Plan For Care Today

☐ New Medications

☐ Side Effects

☐ Tests & Procedures

☐ Rehabilitation Needs

☐ Specialized Care

Safety: CALL DON'T FALL

Fall Risk ☐ Low ☐ High ☐ Assist x Repositioned last at _____ AM / PM

Skin Risk ☐ Low ☐ High ☐ Bed Rest ☐ Self _____

Controlling Your Pain is Important To Us!

Wong-Baker FACES® Pain Rating Scale

0 2 4 6 8 10

No Hurt Little Hurt More Hurt Very Much Worst Hurt

What is your Pain Goal? _____

Last/Next Dose _____ AM / PM

Pain relief at home _____

Discharge Plan & Date

Thank you for allowing us to care for you!

THE RETAIL PHARMACY VIEW

What's the skinny on Statins?

There have been many negative reports in the media about Statin use regarding cognitive issues, diabetes risk, liver function, muscle symptoms, and tolerance. A report in the *Journal of Lipidology* in May addressed these concerns.

- Cognitive: There is no definitive evidence that statins as a class have adverse effects on cognition.
- Diabetes: There is a small increased risk – 10-12% – of developing Diabetes while on statins, mostly in the higher dosages. However, the superior benefit of statins on cardiovascular disease outweighs the much smaller risk of developing Diabetes.
- Liver function: While statins cause a modest increase in liver enzymes, this typically does not indicate liver damage.
- Muscle Symptoms: approximately 1-5% of patients in controlled trials and 11-29% of patients in observation on statins experience myalgia. Sometimes switching brands (e.g., Zocor to Lipitor) alleviates this issue.
- Tolerance: Statin intolerance is usually a temporary state and resolves once discontinued.

Because statins are safe, the report recommends the clinician and patient should try to adjust dosage and type in order to maintain statin therapy at some level when cardiovascular risk is high.



New Drugs:

- **Elestrin Gel:** *Estradiol*: Hormone replacement gel to help treat hot flashes caused by menopause.
- **Natesto Gel:** *Testosterone Nasal Gel*: Replacement therapy in adult males for conditions associated with deficiency. Minimizes risk of secondary exposure to women and children.

If you have any questions or need additional information regarding these topics, contact Jay Needle, RPh, Manager, Health Spectrum Pharmacy, LVH-Muhlenberg, via email at jay.needle@lvhn.org or by phone at 484-884-7004.

CONGRATULATIONS



Lorraine A. Dickey, MD, MBA, former Chief of the Division of Neonatology at LVHN, was one of 26 graduates of the Children's Mercy Center for Pediatric Bioethics 2013-2014 Certificate Course in Pediatric Bioethics. This certificate program in Pediatric Bioethics is a nine-month program taught by faculty from the Children's Mercy

Hospital and the University of Missouri – Kansas City. It is the only ethics program in the United States that focuses exclusively on pediatrics. Dr. Dickey has been a member of the Medical Staff since September, 2004. She is currently completing a Hospice and Palliative Medicine Fellowship.



Ranita E. Kuryan, MD, Division of Pediatric Subspecialties, Section of Endocrinology, was recently certified in Pediatric Endocrinology by the American Board of Pediatrics (ABP). She is also certified in Pediatrics by the ABP. Dr.

Kuryan has been a member of the Medical Staff since October, 2013. She is in practice with

Pediatric Specialists of the Lehigh Valley.



Arpana P. Mahalingashetty, MD, Division of Pulmonary/Critical Care Medicine, was recently certified in Critical Care Medicine by the American Board of Internal Medicine (ABIM). She is also board certified in Internal Medicine and Pulmonary Disease by the ABIM. Dr. Mahalingashetty has been a member of the Medical Staff since

October, 2013. She is in practice with Pulmonary Associates of LVPG.



William L. Miller, MD, Chair, Department of Family Medicine, was presented with the Curtis G. Hames Research Award at the Annual Spring Conference of the Society of Teachers of Family Medicine held May 3-7, in San Antonio, Texas. Dr. Miller has been a member of the Medical Staff since February, 1994. He practices with the

Lehigh Valley Family Health Center.

<http://www.stfm.org/CareerDevelopment/Awards/PastAwardRecipients/2014AwardRecipients>



Bruce D. Nicholson, MD, Chief, Division of Pain Medicine, was recently recertified in Pain Medicine by the American Board of Anesthesiology. He is also board certified in Anesthesiology by the same board. Dr. Nicholson has

been a member of the Medical Staff since May, 1995. He is in practice with Pain Specialists of Greater Lehigh Valley, PC.



Edward R. Norris, MD, Department of Psychiatry Vice Chair for Education and Research, was recently elected to the status of Distinguished Fellow of the American Psychiatric Association (APA). Distinguished Fellowship is

awarded to outstanding psychiatrists who have made significant contributions to the psychiatric profession in at least five of the following areas: administration, teaching, scientific and scholarly publications, volunteering in mental health and medical activities of social significance, community involvement, as well as for clinical excellence. Distinguished Fellow is the highest membership honor the APA bestows upon members. The award ceremony was held at the APA's annual meeting in New York City in May. Dr. Norris has been a member of the Medical Staff since September, 2003. He is in practice with LVPG-Psychiatry.



Maria Vasiliadis, DO, Division of General Internal Medicine, Section of Hospital Medicine, was recently certified in Internal Medicine by the American Osteopathic Board of Internal Medicine. Dr. Vasiliadis has been a member of the Medical

Staff since July, 2011. She is in practice with LVPG Hospital Medicine at Cedar Crest.

ETHICS CORNER

by Jennifer E. Allen, MD, Section of Palliative Medicine and Hospice, and Stephen E. Lammers, PhD, Ethics Consultant

Last month, we looked at some of the ethical considerations of ECMO technology. In this edition of “Ethics Corner,” we will be discussing some of the ethical considerations of transcatheter aortic valve replacement (TAVR).

TAVR was developed to treat patients with severe symptomatic aortic stenosis that have been deemed too high risk for surgical aortic valve replacement. Among the factors making patients high surgical risk are: severely calcified valve leaflets, severe aortic regurgitation, acute myocardial infarction, left ventricular ejection fraction less than 20%, severe pulmonary hypertension and right ventricular dysfunction. The procedure involves replacing the aortic valve percutaneously via the transfemoral or subclavian approach, or direct left apical puncture through a ministernotomy or right anterior thoracotomy.

The TAVR procedure “has been proposed as the standard of care for symptomatic patients with aortic stenosis who do not have reasonable surgical alternatives” after the PARTNER trial (cohort B) that compared TAVR to standard medical therapy. Despite the fact that this randomized controlled trial showed an outcome of 20% decrease in death due to cardiovascular causes at one year in the TAVR group, it is important to remember that in the clinical trial setting TAVR has a 43% absolute mortality at two years. In addition, TAVR has been associated with higher rates of stroke, bleeding and vascular complications than standard therapy.

As with any intervention, there is much for patients and families to discuss and weigh when considering a TAVR procedure.

- 1) How will the TAVR procedure affect functional status?
How are all aspects of their life possibly affected, from social relationships to transportation?
- 2) What are the risks of complications such as stroke or bleeding?
- 3) Has there been an advanced directive or end of life discussion with the patient or family to guide the care team in regards to patient wishes and surrogate decision makers if patient cannot speak for themselves? For example, what would the patient’s wishes be if they were dependent on the ventilator or had a stroke after the procedure (tracheostomy, PEG tube, etc.)?



We judge that the advanced directive discussion is particularly important with this technology given the risks associated with its use and the fact that tragically, often patients will not be able to tell us what they want after this technology is used if it has not helped their particular situation.

These pre-procedure discussions may be daunting for some patients and families and there are resources available to help them. This really is an opportunity for a multidisciplinary approach. What we have to remember is that as difficult as these discussions may be, they are far more difficult if they do not occur and things do not turn out well for particular patients. This is a technology which can give a new lease on life to some patients and gives us a chance as caregivers to help patients look ahead and plan for what comes, no matter what.

If you have questions regarding this article, please contact Jennifer E. Allen, MD, at jennifer_e.allen@lvhn.org or Stephen E. Lammers, PhD, at stephen.lammers@lvhn.org.

ADVANCED PRACTICE CLINICIANS UPDATE



Meet the APC Staff

A member of the LVHN Allied Health Professional staff since September, 2003, **Kathleen A. Strzepek, CRNP**, is this month's featured Advanced Practice Clinician.

For many women, an obstetrics or gynecologic visit can be an anxiety provoking experience. However, with Kathleen, a nurse practitioner with OB/GYN Associates of the Lehigh Valley and Carbon County for over 11 years, she can turn the visit into a comfortable review of a woman's overall health. Kathleen approaches each patient with an openness that allows women to feel at ease and to share their concerns with her. Sometimes these concerns are more than just objective gynecologic complaints, and can include concerns such as marriage problems or depression. Every day she enjoys the fact that she can assist women with the education they need to be empowered with their own health. For many women, their visits to their OB/GYN are the only time they see a health care provider. For this reason, Kathleen uses her visits with them to help identify other medical problems and then refer them to the appropriate primary care practitioner or specialist.

A member of a team of over 10 clinical providers, Kathleen completes her office visits mostly at her group's Laurys Station location. Her gynecologic visits span from annual exams to problem visits. If needed, she performs procedures such as endometrial biopsies, saline infused sonograms, and IUD insertions. From the obstetrics side, she focuses on prenatal care of low risk pregnancies. She reviews questions and educates her patients about what is normal in pregnancy and also what they can expect during labor.

Kathleen not only speaks from experience as a nurse practitioner, but as a mother of two. She and her husband, Ted, have a daughter, Teddi, who is completing a Radiography course in August, and a son, C.J., who works as an electrician's apprentice. She is thrilled about going with her daughter to Paris in September and is currently reading travel books to help plan her trip. When Kathleen is not researching for travel, she is usually reading a mystery or thriller novel.

Congratulations



James C. Miller, CRNA, Nurse Anesthetist with Lehigh Valley Anesthesia Services, PC, was recently appointed to serve on the Extended Senior Management Council (ESMC). Jim has been a member of the Allied Health Professional Staff since July, 2002. He is the representative for the Department of Anesthesiology on the APC Executive Council.

A special "Thank You" is extended to **Kathy Gray, CRNP, DNP**, for her time and dedicated representation on ESMC and the APC Executive Council.



PAPERS, PUBLICATIONS AND PRESENTATIONS



Beth A. Careyva, MD, Department of Family Medicine, and **Brian Stello, MD**, Department of Family Medicine Vice Chair for Quality and Research, co-authored an article – “Are thiazolidinediones effective in the treatment of nonalcoholic steatohepatitis (NASH)?” – which was published in the May, 2014 issue of *Evidence-Based Practice*, Volume 17, Number 5.

In addition, Drs. Careyva and Stello gave a poster presentation – “Patient Reported Barriers and Limitations to Attending Diabetes Group Visits” – at the Society of Teachers of Family Medicine Annual Spring Conference held May 3-7, in San Antonio, Texas.



Arnold R. Goldberg, MD, and **Jeffrey L. Sternlieb, PhD**, Department of Family Medicine, presented “A Day in the Life of a Family Medicine Preceptor: Reflection as Faculty Development” at the Society of Teachers of Family Medicine Annual Spring Conference held May 3-7, in San Antonio, Texas.

At the same conference, Dr. Goldberg also presented “Linking the Family Medicine Milestone to Your Patient-Centered Medical Home Curricula.”



Chadd K. Kraus, DO, MPH, and **Kenneth D. Katz, MD**, Department of Emergency Medicine, authored an article – “Extensive facial hematoma following third molar removal” – which was published on-line on February 26, in the *American Journal of Emergency Medicine*.



William L. Miller, MD, Chair, Department of Family Medicine, authored the article – “Patient-Centered Medical Home Recognition: A Time for Promoting Innovation, Not Measuring Standards” – which was published in the May-June 2014 issue of the *Journal of the American Board of Family Medicine*, Volume 27, Number 3.



Adam R. Paul, DO, Division of Pediatric Subspecialties, Section of Gastroenterology, authored a chapter – “Hirschsprung’s Disease and Disorders of Intestinal Hypoganglionosis” which was published in the textbook, *A Color Handbook of Pediatric Gastroenterology*.

CHILDREN’S HOSPITAL CELEBRATES SECOND BIRTHDAY



On May 22, the Children’s Hospital at Lehigh Valley Hospital celebrated its second birthday. Growing a Children’s Hospital within a hospital requires the hard work of colleagues across all network divisions, outpatient and inpatient, those who work in areas that provide care specifically for children, and those who work in areas who primarily interact with children as family members and visitors.

So, as we recognize this milestone, listed below are a few accomplishments from the past year:

- Achievement of Institutional Member status of the Children’s Hospital Association
- Extension of Children’s ER hours - now open 24/7
- Continuation of renovations of 4C, to expand pediatric inpatient access
- Expansion of pediatric residents to 18 by once again matching all six slots with excellent physicians
- Successful recruitment of the new Chair of Pediatrics

- Implementation of critical care ground transport to help get the sickest children to Lehigh Valley Hospital faster
- Participation in Children’s Hospitals’ Solutions for Patient Safety (CHSPS), with a significant reduction in our central line infection rate
- Enhancement of Patient- and Family-Centered Care
- Initiation of Well on Their Way Program to improve the health of all children in the Lehigh Valley
- Engagement of regional children, their families, and their schools in LVHN’s campaign for healthy living called Community Canvas



UPCOMING SEMINARS, CONFERENCES AND MEETINGS

Family Medicine Grand Rounds

Family Medicine Grand Rounds will be held on **Tuesday, July 1, at 7 a.m.**, in Kasych ECC Room 10 at LVH-Cedar Crest and videoconferenced to ECC Room A at LVH-Muhlenberg.

“Traumatic Falls” will be presented by Bryan G. Kane, MD, Department of Emergency Medicine.

For more information, please contact Tammy Winterhalt in the Department of Family Medicine at 610-969-4950.

Pediatric Grand Rounds

The Department of Pediatrics will hold Grand Rounds on Tuesdays at 8 a.m., at the location noted. Topics for July include:

- **July 1 – Hematology/Oncology topic** – Lydia A. Boateng, MD, Division of Pediatric Subspecialties, Section of Hematology-Medical Oncology – Location: Kasych ECC Room 8
- **July 15 – Pediatric Oncology and Infectious Diseases Pharmacology topic** – Kristin Held, PharmD, BCOP, Clinical Pharmacy Specialist – Location: Auditorium
- **July 22 – Cardiology topic** – Joseph Rossano, MD, Pediatric Cardiologist, Children’s Hospital of Philadelphia – Location: Auditorium
- **July 29 – “The Shocking Statistics of Rape, Sexual Coercion and Other Forms of Dating Violence in Youth and How You Can Help with Primary Prevention”** – Linda Lewis, RN, and Valerie J. Lewis, MD, MPH, Division of Pediatric Subspecialties, Section of Adolescent Medicine – Location: Kasych ECC Room 8

For more information, contact Cari Coelho in the Department of Pediatrics at 610-969-2540.

Emergency Medicine Institute – Life Support Classes

Upcoming life support classes sponsored by the Emergency Medicine Institute (EMI) are listed below:

Advanced Cardiac Life Support (ACLS)

ACLS renewal classes will be held from 8 a.m. to Noon, at the Emergency Medicine Institute located at 2166 S. 12th Street, Allentown, on the following dates:

- August 25
- September 5, 8, 15
- October 9, 10, 15, 16

In addition, two-day provider courses will be held on September 22 and 23, and November 5 and 6, from 8 a.m. to 4 p.m., at the Emergency Medicine Institute.

Pediatric Advanced Life Support (PALS)

PALS renewal classes will be held from 8 a.m. to 4 p.m., at the Emergency Medicine Institute on the following dates:

- August 5, 28
- September 12, 25
- October 8, 29

In addition, two-day provider courses will be held on September 3 and 4, and October 6 and 7, from 8 a.m. to 4 p.m., at the Emergency Medicine Institute.

Registration information and a list of additional classes are available on the EMI website -

[EMERGENCY MEDICINE INSTITUTE](#)

For more information regarding these classes, contact Christine Ash at the Emergency Medicine Institute at 610-969-0299.

Who's New

This section contains an update of new appointments, address changes, status changes, resignations, etc. Please remember to update your directory with this information.

Medical Staff

New Appointments



Phillip K. Brinton, DDS

Pediatric Dentistry
1517 Pond Road, Suite 201
Allentown, PA 18104-2253
Phone: 610-395-4800 Fax: 610-395-7080
Department of Dental Medicine
Division of Pediatric Dentistry
Provisional Active



Veronica M. Brohm, DO

Lehigh Valley Family Practice Associates, LLP
190 Brodhead Road, Suite 101
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Phone: 610-694-9090 Fax: 610-861-8295
Department of Family Medicine
Provisional Active



Steven J. Crellin, DO

LVH-M Emergency Medicine
Lehigh Valley Physician Group
Lehigh Valley Hospital-Muhlenberg
2545 Schoenersville Road
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Phone: 484-884-2888 Fax: 484-884-2885
Department of Emergency Medicine
Division of Emergency Medicine
Provisional Limited Duty



Aaron J. Czysz, MD

Pulmonary Associates of LVPG
Lehigh Valley Physician Group
Center for Advanced Health Care
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Department of Medicine
Division of Pulmonary/Critical Care Medicine
Provisional Active



Nicholas Dalessandro, DO

LVPG Hospital Medicine at Cedar Crest
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Lehigh Valley Hospital
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Allentown, PA 18105-1556
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Department of Medicine
Division of General Internal Medicine
Section of Hospital Medicine
Provisional Active



Ryan S. Evans, DO

LVH Department of Medicine
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Lehigh Valley Physician Practice
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Division of General Internal Medicine
Section of Hospital Medicine
Provisional Active

Continued on next page



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 Medical Imaging of Lehigh Valley, PC
 Lehigh Valley Hospital
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 Allentown, PA 18105-1556
 Phone: 610-402-8088 Fax: 610-402-1023
 Department of Radiology-Diagnostic Medical
 Imaging
 Division of Diagnostic Radiology
 Section of Pediatric Radiology
 Provisional Active



Marc B. Lewbart, DO
 LVPG-Emergency Medicine
Lehigh Valley Physician Group
 Lehigh Valley Hospital
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 Phone: 610-402-8130 Fax: 610-402-7160
 Department of Emergency Medicine
 Division of Emergency Medicine
 Provisional Active



Vincent E. Lotano, MD
 Lehigh Valley Heart and Lung Surgeons
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 Center for Advanced Health Care
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 Department of Surgery
 Division of Cardiothoracic Surgery
 Section of Cardiac Surgery/Thoracic Surgery
 Provisional Active



Jillian F. Paprota, DO
 Lehigh Valley Bariatric Medicine
Lehigh Valley Physician Group
 1243 S. Cedar Crest Blvd.
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 Department of Medicine
 Division of General Internal Medicine
 Provisional Active



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 ABW Pediatric Associates
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 Phone: 610-866-2277 Fax: 610-866-8352
 Department of Pediatrics
 Division of General Pediatrics
 Provisional Active



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 Department of Emergency Medicine
 Division of Emergency Medicine
 Provisional Limited Duty



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 Division of Emergency Medicine
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 Phone: 610-402-6790 Fax: 610-402-6979
 Department of Medicine
 Division of Endocrinology
 Provisional Active

Continued from Page 15

Name Change

From: Linda G. Clark, MD
To: **Linda C. Garufi, MD**
Department of Family Medicine
(Vida Nueva at Casa Guadalupe)

Practice Name and Address Change

From: Blandon Medical Group
To: LVPG Family Medicine Blandon
Lehigh Valley Physician Group
850 Golden Drive
Suite 1
Blandon, PA 19510-9657
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Joselito A. Ouano, MD
Marianne T. Adam, CRNP

Practice/Status Change

Charles W. Frankhouser, MD
Department of Medicine
Division of General Internal Medicine
From: Primary Care Associates
To: Afterhours Physician Coverage Group
From: Active To: Limited Duty

Justin L. Guthier, DO
Department of Medicine
Division of General Internal Medicine
From: LVH Department of Medicine
To: Justin L. Guthier, DO
From: Limited Duty To: Provisional Active

Status Changes

Daniel J. Ackerman, MD
Department of Medicine
Division of Neurology
(Lehigh Neurology)
From: Limited Duty To: Provisional Active

Steven G. Hardy, MD
Department of Emergency Medicine
Division of Emergency Medicine
From: LVH-M Emergency Medicine
To: LVPG-Emergency Medicine
From: Provisional Limited Duty
To: Provisional Active

Gregory R. Harper, MD, PhD
Department of Medicine
Division of Hematology-Medical Oncology
(Hematology-Oncology Associates)
From: Active To: Emeritus

Robert J. Oriel, MD
Department of Medicine
Division of Cardiology
(The Heart Care Group, PC)
From: Active To: Honorary Status

Change of Address

Joseph N. Nader, MD
Medical Plaza
451 W. Chew Street
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Specialty Care, Inc./Surgical Monitoring Associates, Inc.

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Frederick F. Bohn
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Adam T. Doan
Daniel E. Filipkowski
Liliana P. Garland
Brian C. Halvorsen
Jeffrey S. Lohmann
Jeremy S. McCallister
Elizabeth A. Mosier
Anthony K. Sestokas
Joshua P. Singer
Vijay Tambi, MS
Andrew P. Warrington
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In Memoriam

Arnold R. Cook, DDS

Department of Dental Medicine
Division of Orthodontics
August 25, 1928 – June 6, 2014

Resignations

Steven R. Bowers, DO

Department of Medicine
Section of Occupational Medicine
(HealthWorks)
Active

Julie A. Gubernick, MD

Department of Radiology-Diagnostic Medical Imaging
Division of Diagnostic Radiology
Section of Chest Radiology
(Medical Imaging of Lehigh Valley, PC)
Active

Phalgunee Patro, MD

Department of Pediatrics
Division of General Pediatrics
(Pediatric Hospitalist at Pottstown Memorial Medical Center)
Provisional Active

Gina Verdeti, DO

Department of Medicine
Division of General Internal Medicine
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Provisional Limited Duty

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Supervising Physician – David M. Richardson, MD



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Supervising Physician – Richard J. Strobel, MD



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Supervising Physician – Anne M. Yawman, MD



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Supervising Physician – Lisa A. Keglovitz, MD



Candace S. Peterson

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Cancer Risk and Genetic Assessment Program
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Supervising Physicians – Nicole M. Agostino, DO/
Matthew W. Martinez, MD



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Certified Registered Nurse Anesthetist
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Supervising Physician – Thomas M. McLoughlin, Jr., MD

Continued on next page



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Keystone Perfusion Services, PC
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Supervising Physician – Timothy S. Misselbeck, MD

Change of Supervising Physician

Amy M. Castagnola, PA-C

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(LVPG Hospital Medicine at Cedar Crest – Anthony P. Buonanno, MD)
From: Mohammad F. Khan, MD To: Bolanle A. Dada, MD

Shannon N. Diallo, PA-C

Physician Assistant-Certified
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From: Mohammad F. Khan, MD To: Bolanle A. Dada, MD

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From: Christopher Lupcho, MD To: Imran Ahmed, MD

Gretchen P. Fitzgerald, CRNP

Certified Registered Nurse Practitioner
(OACIS Services)
From: Kristin A. Bresnan, MD To: Jennifer E. Allen, MD

Stephanie M. Lakits, PA-C

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(LVPG Hospital Medicine at Cedar Crest – Vipul Makwana, MD)
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Karen M. O'Leary, CRNP

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(LVPG-Neonatology)
From: Lorraine A. Dickey, MD To: Wendy J. Kowalski, MD

Sejal V. Patel, PA-C

Physician Assistant-Certified
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From: Christopher Lupcho, MD To: Imran Ahmed, MD

Valerie A. Rupp, CRNP

Certified Registered Nurse Practitioner
(LVHN Interdisciplinary Simulation Center)
From: William F. Bond, MD To: Robert D. Barraco, MD, MPH

Continued on next page

Theresa M. Scarlatella, PA-C

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Leah J. Shaffer, PA-C

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From: Christopher Lupcho, MD To: Imran Ahmed, MD

Jason E. Sommer, PA-C

Physician Assistant-Certified
(Lehigh Valley Urology Specialty Care)
From: Melvin L. Steinbook, MD To: Joseph R. Feliciano, MD

Meghan L. Williams, PA-C

Physician Assistant-Certified
(LVPG Hospital Medicine at Cedar Crest – Jose E. Santiago-Rivera, MD)
From: Christopher Lupcho, MD To: Imran Ahmed, MD

Change of Supervising Physician and Group

Holly B. Marakovits, CRNP

From: Lehigh Valley Physicians Practice – Maria L. Jones, MD
To: Riverside Family Practice – Daniel M. Spatz, Jr., MD
Lehigh Valley Physician Group
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5649 Wynnewood Drive, Suite 203
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Phone: 610-261-1123 Fax: 610-262-1739

Carissa Werkheiser, PA-C

From: Adult Medicine & Geriatric Associates – Sandra Fogelman-MacKenzie, MD
To: Muhlenberg Primary Care – Jyoti G. Gopal, MD
Lehigh Valley Physician Group
2649 Schoenersville Road, Suite 201
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Change of Primary Address

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From: ABC Family Pediatricians
To: Scott A. Rice, MD Pediatrics
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Resignations

Karl T. Chamberlin

Emergency Department Scribe
(eScribe Management Services)

Jennifer R. Druck, PA-C

Physician Assistant-Certified
(Allentown Anesthesia Associates, Inc)

Jared P. Foley

Pacemaker/ICD Technician
(Biotronik, Inc.)

Amy L. McConaughy, PA-C

Physician Assistant-Certified
(LVH Department of Surgery)

Carole J. Moretz, PsyD, MSN

Psychologist
(Carol J. Moretz, PsyD, MSN)
(LVPG-The Guidance Program)

Katie M. Noraas, PA-C

Physician Assistant-Certified
(The Heart Care Group, PC)

Jamie T. Scalise, OTC

Orthopaedic Technologist Certified
(OAA Orthopaedic Specialists)

John K. Taber, PA-C

Physician Assistant-Certified
(OAA Orthopaedic Specialists)

Lisa M. Tkachenko, PA-C

Physician Assistant-Certified
(Health Information Management/CDIP)



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Valerie J. Lewis, MD, MPH

Patricia Martin, MD

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Kevin A. McNeill, MD

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William L. Miller, MD

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Robert J. Motley, MD

Brian A. Nester, DO

Michael D. Pasquale, MD

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Carmine J. Pellosie, DO, MPH, MBA

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Joseph L. Yozviak, DO

*Access the Medical Staff Services website
via the link below:*

[Medical Staff Services](#)

***Progress Notes** is published monthly to inform the Medical Staff, Advanced Practice Clinicians, and employees of Lehigh Valley Health Network of important issues concerning the Medical Staff and Advanced Practice Clinicians.*

Articles should be submitted by e-mail to janet.seifert@lvhn.org or sent to Janet M. Seifert, Medical Staff Services, Lehigh Valley Health Network, Cedar Crest & I-78, P.O. Box 689, Allentown, PA 18105-1556 by the 15th of each month.

If you have any questions about the newsletter, please contact Mrs. Seifert by e-mail or phone at (610) 402-8590.