

Attend the Holiday Buffet Celebration

See the menu, dates and times for your location.

Did You Get an 'Act of Kindness' Card?

Create a ripple of kind acts this holiday season.

Friends of Nursing Award Nominations

Nominations must be received by Dec. 7.

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Attend the Annual Holiday Buffet Celebrations in the Lehigh Valley

by [Rick Martuscelli](#) · November 28, 2018

This message is from Brian Nester, DO, MBA, FACOEP, President and Chief Executive Officer, Terry Capuano, Executive Vice President and Chief Operating Officer, and Tom Whalen, MD, Executive Vice President and Chief Medical Officer.

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You work hard every day to “heal, comfort and care for the people of our community.” As we prepare to celebrate the holiday season, we want to personally thank you for all you do. To show our gratitude, all colleagues and volunteers in the Lehigh Valley are cordially invited to attend LVHN’s annual holiday celebration. Here are the details.



Tuesday, Dec. 11

LVH–Cedar Crest

Kasych Family Pavilion lobby: 11 a.m.–7:30 p.m.

Café (for third shift on Dec. 12 from 12:30–2 a.m.)

LVHN–Tilghman

Large Conference Room: 11 a.m.–2 p.m.

Wednesday, Dec. 12

LVH–Muhlenberg

ECC lobby: 11 a.m.–7:30 p.m.

Café (for third shift on Dec. 13 from 12:30–2 a.m.)

LVHN–One City Center

7th floor common area: 11 a.m.–2 p.m.

Thursday, Dec. 13

LVH–17th Street

Auditorium: 11 a.m.–7:30 p.m.

Café (for third shift on Dec. 14 from 12:30–2 a.m.)

LVHN–Mack Boulevard

Auditorium: 11 a.m.–2 p.m.

Menu

Garden Vegetable Salad

Mixed lettuces with tomatoes, cucumbers and carrots, with ranch and Italian dressing.

Hummus and Bruschetta

Lemon garlic hummus and balsamic tomato bruschetta with toasted fresh pita wedges.

Apple Wedges with Toffee Cream Cheese Dip

Fresh apple wedges with a toffee and cream cheese dip.

Creamy Parmesan Chicken

Grilled chicken tossed with cavatappi pasta, baby spinach and roasted red peppers with a parmesan cream sauce.

Meatballs Marshand de Vin

Roasted meatballs covered with a savory burgundy demi-glaze with cracked black pepper.

Golden Citrus Soy Ginger Quinoas with Stir Fry Wok Vegetables

Golden quinoas steamed with a ginger infused citrus soy broth topped with stir fry wok vegetables.

We look forward to celebrating the holiday season together.

Did You Get an Act of Kindness Card?

by [Jenny Leader](#) · November 28, 2018

It's the holiday season, and LVHN wants to give back and spread the cheer with an act of kindness. This week, several LVHN cafeterias offered free hot beverages to customers in recognition of the National Day of Giving.

At the register, cashiers notified customers that their beverage was free and handed out "Act of Kindness" cards. The card

encourages the customer to pass along the generosity by doing a random act of kindness for another person, and then asking that person to pay the act of kindness (and the card) forward.

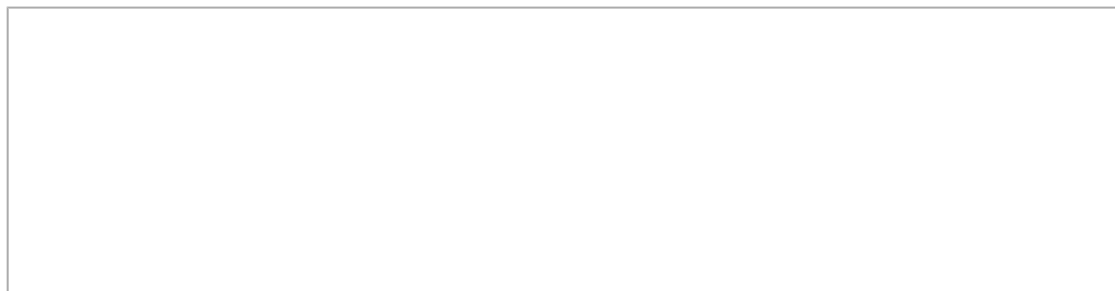
We hope this will create a ripple effect of kind acts. If you receive an Act of Kindness card, be sure to pass it along and share your act of kindness by commenting on this post. #LVHNkindness

Here are photos of people getting their free beverage and Act of Kindness card.



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2019 Friends of Nursing Award Nominations Now Being Accepted

by [Admin](#) · November 29, 2018

Nominations are now being accepted for 2019 Friends of Nursing Awards.

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- [View the 2019 nomination booklet](#), which lists all the awards and associated criteria.
- [Complete a 2019 nomination form](#).



Similar to the last few years, nominations this year are electronic. All nomination materials must be attached to the electronic nomination form and submitted at the same time. Attachments to the nomination form include: nomination letter by nominator, one letter of support and, for all individual nominees, a personal exemplar. Complete all the requested information on the nomination form and attach all required materials. Then press the "Submit" button. If you correctly

completed the nomination form, you will receive a “thank you” message.

If you receive a “server error” message, your nomination was incomplete or a document attached incorrectly. Incomplete nomination packets cannot be accepted, nor can individual emails or hard copies of single pieces of the nomination materials (e.g. one support letter or personal exemplar) be accepted.

The due date for nominations is Friday, Dec. 7, at 5 p.m.

Please consider nominating your Magnet® colleagues for these prestigious awards.

Attention RNs: Take the Educational Needs Assessment Survey

by [Rick Martuscelli](#) · November 28, 2018

The continuing education team within the department of education (DOE) is conducting the biennial educational needs assessment for registered nurses across all of LVHN.

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Who should complete the survey?

All RNs regardless of role, location or practice setting. This includes LVPG, all advanced practice RNs, and RNs at all sites.

[Click here to take the survey.](#)

Survey responses are anonymous. Only aggregate data will be used. Identifying your practice location helps DOE address local and specific needs in educational planning. Surveys are formatted for mobile devices and can be taken via your smart phone.

Why conduct a needs assessment survey?

It is good educational practice to assess the needs of learners to develop the highest quality educational programs. Plus, the Pennsylvania State Nurses Association (PSNA), Joint Commission and Magnet™ require periodic educational needs assessment data.

When will the survey be open?

The survey is open from Nov. 27 through Dec. 21. Our goal is for 2,250 nurses to participate. Thank you in advance for your support and participation.

Service Anniversary List – December 2018

by [Emily Shiffer](#) · November 29, 2018

Happy anniversary to these Lehigh Valley, Schuylkill and Hazleton colleagues celebrating a career milestone at LVHN in December. Congratulate them on their years of service.

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40 years

Jane Dobson, emergency department

35 years

Leona Onushco-Hardner, Office of Chief Operating Officer

Joseph Rycek, MedEvac

30 years

Carol Coppola, HIM business systems develop

Karen Fredericks, outpatient surgery pre-op

Alison Green, radiology

Lisa Hendricks, outpatient registration

Linda Hummel, pain management

Mary Laselva, health information management

Michele Moyer, neonatal ICU

David Naradko, emergency department

Ann Robin, radiology

Darlene Rompilla, pediatric ICU

25 years

Linda Fekula, radiation therapy

Joann Flexer, Health Spectrum Pharmacy

Janet Hart, Center for Early Childhood Education

Susan Herb, 6 north

Angela Miller, cancer support services

Susan Minnich, Healthworks

Elizabeth Pretti, home care

Richelle Zelinsky, acute care therapy

20 Years

Danita Buchanan, LVPG Family Medicine-3080 Hamilton Blvd.

Heather Butz, trauma

Sheila Dinan, Healthworks

Julie Erdman, home care

Amy Grab, nuclear medicine

Philip Horlacher, information services

David Marth, respiratory

Deborah Reed, NORI

Anthony Riddick, Outpatient Burn Center

Nicole Trexler, operating room

15 years

Tanya Ambrose, CT scanning

Robert Barraco, division of education

Katrina Bell, transitional open-heart unit

Susan Boyer, hospice

Michael Cirocco, AV and media services

Gordon Frey, PACU

Christopher Gray, Lehigh Valley Anesthesia Services

Meghan Griech, rehabilitation services

Susan Hankey, medical-surgical 5

Benjamin Hayes, emergency department

Betsy Heck, LVPG Family Medicine-Hamburg

Pamella Hennessy, progressive coronary care unit

Christine Hutko, radiology

Svetlana Konstantinova, physician documentation

Lisa Leslie, LVPG Family Medicine-Cetronia Road

Sheila Ludwig, MICU/SICU

Shanetska Melendez, LVPG Pediatric Endocrinology-17th Street

Donna Pauloski, LVPG General and Bariatric Surgery-1240 Cedar Crest

Kimberly Reitz, emergency department
Joanne Rumley, neonatal ICU
Jennifer Slivka, radiation oncology
Diane Smith, Health Spectrum Pharmacy
Shelley Spence, pediatric rehabilitation
Patti Starr, LVPG Internal Medicine-Muhlenberg
Michelle Townsend, nursing float pool
Jennifer Walbert, Hemophilia Center
Joan Williams, 6T

10 years

Hamed Amani, LVPG Burn Surgery-1210 Cedar Crest
Karla Bachl, volunteers office
Mary Beth Cannon, medical-surgical 5
Carole DeLong, insurance and payer strategies
Carolyn Evans, 5T
Joan Finno, ExpressCARE
Katia Fisher, ASU-OR
Sara Geer, psychiatry
Erin Gerhart, LVPG Pediatric Pulmonology-1210 Cedar Crest
Christa Kattner, pediatric ICU
Rachel Lantinga, operating room
Susan Legutko, psychiatry
Lindsey Leidy, obstetrics
Shannon Lichty, LVPG Cardiology-Muhlenberg
Arun Mancheril, pharmacy
Margaret Myers, Inpatient Rehabilitation Center-Muhlenberg
Elizabeth Podlasinski, education infrastructure
Jacqueline Raub, Regional Heart Center-Medical
Debra Rice, Regional Health Center-Medical
Amanda Schaeffer, LVPG Infectious Disease-1250 Cedar Crest
Amy Smith, medical education
Richard Smith, Lehigh Valley Anesthesia Services
Angela Swoyer, dietary
Susan Szoke, LVPG Urogynecology-Pond Road

Monet Thorne, population health
Janine White, Pediatric Sleep Center
Max Yesalavage, Lehigh Valley Anesthesia Services
Lidia Zambrano, transitional skilled unit

5 years

R. Baker, medical supplies
Debra Barreto, LVHN Surgery Center-Tilghman
Stacey Beattie, imaging
Jessica Bergeron, LVPG Family Medicine-Catasauqua
Cynthia Bilofsky, imaging
Valencia Biondillo, rehabilitation services
Amanda Boettger, surgical services
Robert Boris, operating room
Tara Brown, operation room
Jessica Cancel, ATC services
John Capozzolo, ATC services
Jill Castalucci, radiology
Harry Curley, Epic
Elizabeth Del Re, ATC services
Kelly Dexheimer, ATC services
Annette Diaz, LVPG Pediatrics-Trexlerstown
Nadine Dobeck, medical-surgical 4
Janice Doherty, imaging
Tammy Drumbore, magnetic imaging
Clement Eruwayo, 5CP
Peggy Fabrizio, imaging
Lori Fontoura, guest services
Angela Formaz, ATC services
Kristen Gieniec, ATC services
Abraham Gillespie, ATC services
Eugene Gower, ATC services
Joseph Habel, radiology
Katelyn Hessmiller, pediatric rehabilitation
Aimee Kern, imaging

Kellie Kromer, LVHN Surgery Center-Tilghman
Mary Joseph Labar, LVPG Hematology Oncology-Bangor
Terri Lebo, LVPG Family Practice-Pine Grove
Sharon London, staging/PACU
Cynthia Long, TLC moderate care
Moraima Lopez-Alford, education services
Deborah Luckenbach, guest services
Yetsenia Marte, LVPG Obstetrics and Gynecology-17th Street
Brenda Mathew, imaging
David Maxted, orthopedics
William Molnar, home care
Jill Natale, LVHN Surgery Center-Tilghman
Adam Neiswinter, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest
Brenda Noonan, obstetrics and gynecology
Julie Nunn, ATC services
Melissa Palmer, radiology
Corey Pappas, imaging
Jessica Pickens, patient registration
Kathryn Quinn-Pensyl, rehabilitation
Lori Reed, Patient Access Center
Patrice Ring, ASU-OR
Cristhia Rodriguez-Rosa, precertification department
Jamie Scalise, ATC services
Mark Shanton, ATC services
Jeffrey Silliman, ATC services
John Skrapits, rehabilitation
Christine Slater, imaging
Laurin Slattery, operating room
Sara Smey, ATC services
Jackeline Sosa, group health administration
Erica Stash, home health
John Swartz, ATC services
Jason Vian, education infrastructure
Terry Ward, rehabilitation
Katlyn Yeich, radiology

Edward Zellner, ATC services

Don't Let the Season Get the Better of Your Savings

by [Admin](#) · November 27, 2018

The holiday season can be busy, but the end of the year is a great time for a financial checkup. Do a little planning ahead. Jot down questions about the things that concern you most. That way you can be sure you'll bring them up during your meeting with a VALIC advisor. Schedule your financial check-up. Call 336-605-6440 to get your meeting booked.

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VALIC®

Attend VALIC's Monthly Seminar: Investment Planning

To learn more about investment basics, attend this month's seminar, Investment Planning. Our onsite financial advisors will walk you through investment basics and advanced investing topics to help you achieve specific financial goals.

Register today at my.valic.com/seminars and use the following code for your preferred time and location:

Dec 4, LVH-Cedar Crest ECC room 5, 12-1 p.m.

Code: LVHALL11AW

Dec. 5, LVH-17th Street auditorium, 12-1 p.m.

Code: LVHALL11BX

Dec. 11, LVHN-Mack Boulevard conference room 6B, 12-1 p.m.

Code: LVHALL11BW

Dec. 12, LVH-Muhlenberg ECC room D, 12-1- p.m.

Code: LVHBET11AT

Dec. 18, LVHN-One City Center room 8 east 2, 12-1 p.m.

Code: LVHALL11CE

If you have any questions, please contact our dedicated VALIC financial advisors by calling 610-402-8801.