Conference Learnings

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CONFERENCE LEARNINGS

Academy of Medical-Surgical Nursing 22nd Annual Convention
Nashville, TN
September, 2013

Marivel Rapee BSN, RN
Staff Nurse
Conference Topics: Post Acute Care Transition (PACT)

- Goal to reduce readmission rates and improve health care quality and cost
- Pilot of PACT program initiated
  - Pharmacist: reviews medications and makes recommendations prior to discharge and 30 days post discharge
  - Registered Nurse: follow up with patients for 30 days following discharge via phone (Appts, meals, transportation)
- Noted reduction in readmission
  - Improved quality of health care
  - Better medication management
  - Smooth transition between hospital, home, or other settings
Conference Topics: Prevalence of Pressure Ulcers: Zero & Sustaining

- Four member collaborative team
  - System Leader (Director of unit): Allocates resources
  - Clinical Champion (CNS): Drives improvement
  - Day to Day Leader (Clinical Manager): Oversees data
  - Front Line Leaders (Staff RNs): Help solve problem

- Tasks
  - Daily review of patients with Braden ≤18
  - Review documentation for skin prevention interventions
  - All stage II or greater ulcers assessed by wound nurse

- Barriers
  - Consistency (who, when)
  - Time Requirement
  - Accuracy of documentation
  - Staff availability (ie:weekends)

- Results
  - Increased awareness and involvement of staff
  - Increased knowledge of pressure staging
  - Increased skin resource nurse involvement

- Outcome: Zero hospital-acquired pressure ulcers in 21 Quarters!!!
Learnings to Consider for LVHN

- An interdisciplinary team including an RN, case manager, and pharmacist that follows a patient for 30 days post discharge can notably reduce hospital readmission.

- A wound care team performing consistent assessment and documentation of pressure ulcers can be useful in decreasing hospital acquired pressure ulcers.
Sharing Learnings

- Shared during October staff meeting Transitional Skilled Unit
- Discussed PACT with TSU CHF Readmission project members
- Shared Pressure Ulcer Quality Improvement Initiative with unit Director and PCS
Next Steps

Where the rubber meets the road

- DON and PCS on unit will evaluate whether a Collaborative Pressure Ulcer Team is necessary on TSU
  - PI committee to monitor for increase in ulcers
  - Nursing management to monitor accuracy of pressure ulcer documentation
- TSU will continue to monitor readmissions
  - Length of stay on TSU
  - Reason for readmission
  - Is Transitions RN being utilized?