

[LVHN Makes Top Workplaces List](#)

Attend a celebration with refreshments and giveaways.

[CEO Update: Congratulations and Thank You](#)

Dr. Nester explains why making the list is a big deal.

[Support Program for Providers Launches](#)

It helps clinicians experiencing stresses.

[Open Mike: Happy 'Silver' Anniversary](#)

Dr. Rossi reflects on LVPG's first 25 years.

[Register for March for Babies Walk/Run](#)

Event is May 5 at ArtsQuest.

[March Service Anniversary List](#)

See who is celebrating a career milestone.

[Register for Dodgeball Tournament](#)

It benefits our burn survivor programs.

[Healthy Adult? Join a Study](#)

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LVHN Makes the Top Workplaces List; Attend the Celebration! – PHOTOS

BY [RICK MARTUSCELLI](#) · MARCH 7, 2019

It's official! LVHN made the list of the Top Workplaces in the Lehigh Valley. We rank No. 4 among "large employers" on the 2019 list. We also were named the Lehigh Valley's Top Workplace for Training. Congratulation! It's you – our 18,000 colleagues network-wide – who help make LVHN a great place to work and grow.

Making the Top Workplaces list is a big deal. Here's why. The award is given by The Morning Call (a Lehigh Valley newspaper), and the list is based solely on colleague feedback gathered through a survey administered by an independent organization. The anonymous survey measures several aspects of workplace culture. [See the whole list on The](#)

[Morning Call's website](#). View photos from the Top Workplaces event below.

About 1,000 LVHN colleagues were randomly chosen to take the survey, and nearly everyone participated. It's because of the positive feedback these colleagues shared that we made the list.

It's time to celebrate!

To thank you for making LVHN a Top Workplace, celebrations are planned throughout the health network. There will be refreshments, fun giveaways and special thanks from leaders. Here's the schedule.

LVH–Cedar Crest, outside the auditorium

March 21, 9 a.m.-3 p.m., 5:30-8:30 p.m.

LVH–Muhlenberg, main lobby



March 20, 9 a.m.-3 p.m., 5:30-8:30 p.m.

LVH–17th Street, main lobby

March 20, 9 a.m.-3 p.m.

LVH–Hazleton, cafeteria lobby

March 22, 7:30-8:30 a.m., 11 a.m.-1 p.m., 3:30-4:30 p.m.

Health & Wellness Center at Hazleton, first floor conference room

March 18, 11 a.m.-1 p.m.

LVH–Schuylkill, café

March 19, 7-8 a.m., 11 a.m.-1:30 p.m., 4:30-5:30 p.m.

LVH–Pocono, cafeteria

March 20, 11:30 a.m.-1 p.m., 5-6:30 p.m., 11:30 p.m.-1 a.m.

LVHN–Mack Boulevard, near elevators

March 19, 9 a.m.-3p.m.

LVHN–One City Center, Air Products Center for Connected Care and Innovation (5th floor)

March 22, 10 a.m.-2 p.m.

LVPG Practices in the Lehigh Valley

Representatives from each practice can pick up refreshments and giveaways at LVHN–Mack Boulevard near the elevators on March 22 from 9 a.m.-3 p.m. and bring them back to the practice to celebrate with colleagues.

All Other Locations

Site-specific celebrations will be held throughout LVHN.

Share your celebration photo

When you're celebrating with colleagues, take a photo. Have fun and be creative. Make your photo show that LVHN is a great place to work. Then share your photo on:

- **LVHN Daily** – We will post the best photos on LVHN Daily in the days following the celebrations.
- **Your social media accounts** – We want everyone to know LVHN is a great place to work because it helps us attract the best and brightest health care professional to our team. Remember to use #LVHNProud.

Thank you for all you do to make LVHN a great place to work and grow. We all can be LVHN Proud.

[< Back](#)

Picture 1 of 4

[Next >](#)

Colleagues celebrate being named a Top Workplace in the Lehigh Valley at the SteelStacks event.

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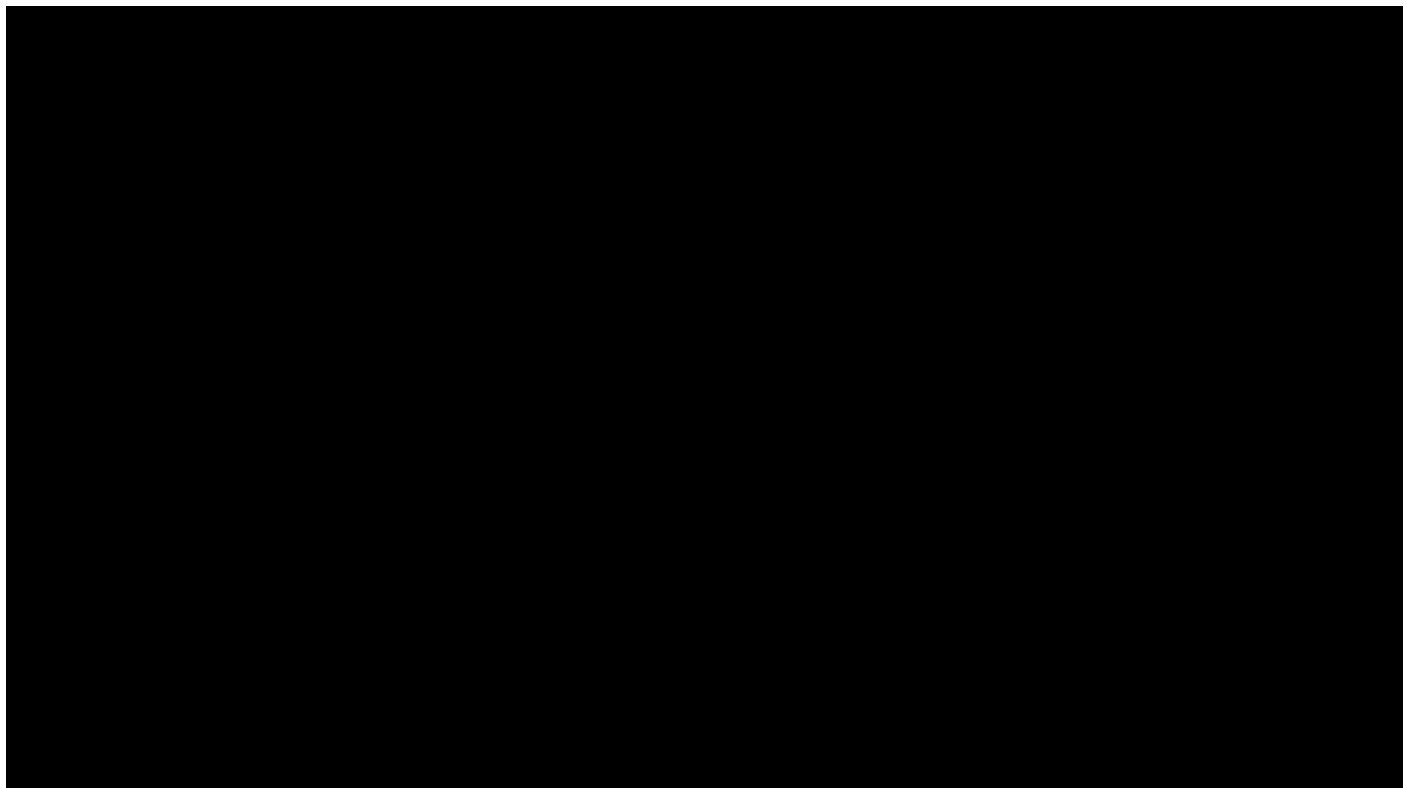
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CEO Update: Thank You for Making LVHN a Top Workplace – VIDEO

BY [RICK MARTUSCELLI](#) · MARCH 7, 2019



Each month, LVHN President and CEO Brian Nester, DO, MBA, FACOEP, records a video called the CEO Update about a timely topic. It's part of the way we're sharing information with you called the [Communication Cascade](#). In this edition, Dr. Nester thanks you for helping to make LVHN a Top Workplace. Watch the video or read a transcript below.



Congratulations! Thanks to you, Lehigh Valley Health Network has been named a “Top Workplace in the Lehigh Valley.”

This is a big deal. Only 45 companies made this year's list. I'm honored because the judges were you, our colleagues.

A few months ago, about 1,000 colleagues were randomly chosen to take a survey. Nearly everyone participated. Thank you! The Top Workplaces award is based solely on the feedback you offered in the survey.

Being named a Top Workplace is cause for celebration, so we're going to do just that. Celebrations will be held throughout the health network. [Read the story on LVHN Daily to get details about the celebration nearest to you.](#)

There are more reasons this award is important. When we make a list of top workplaces, it helps us attract the best and brightest health care professionals to our team. And when we have a strong team in place, it make the work experience even better for all of us.

So, I encourage you to tell your family, friends and neighbors that LVHN is a Top Workplace. Your advocacy in the community also makes our health network stronger.

Above all, I want to share my most sincere thanks for all you do to help make LVHN a great place to work and grow. This exciting news is one more reason we all can be LVHN Proud.



A handwritten signature in black ink that reads "Brian Nester".

ABOUT ME: My name is Brian Nester, DO, MBA, FACOEP, and I am the President and Chief Executive Officer (CEO) at Lehigh Valley Health Network (LVHN). I came to LVHN in 1998 as the Director of LVH-Muhlenberg's Emergency Department. Prior to becoming President and CEO in 2014, I served as the health network's Chief Strategy Officer. I am originally from Reading, and I'm proud to lead an organization that continually strives to provide better health and better care at a better cost for the great people of our community.

Providers-for-Providers (P4P) Peer Support Program Launches

BY [LORI MCFERRAN](#) · MARCH 5, 2019

Colleagues can relate to situations, stressors and concerns encountered in the workplace by their peers. For this reason, LVHN developed a Providers-for-Providers (P4P) Peer Support Program. The program assists clinicians who are experiencing stresses, especially those brought on by their professional roles.

Learn more in this Q&A with LVHN Wellness Committee members Carmine Pellosie, DO, Executive Director of HealthWorks, and Carolyn Lamparella, Director of Preferred EAP.

Why was the P4P program created?

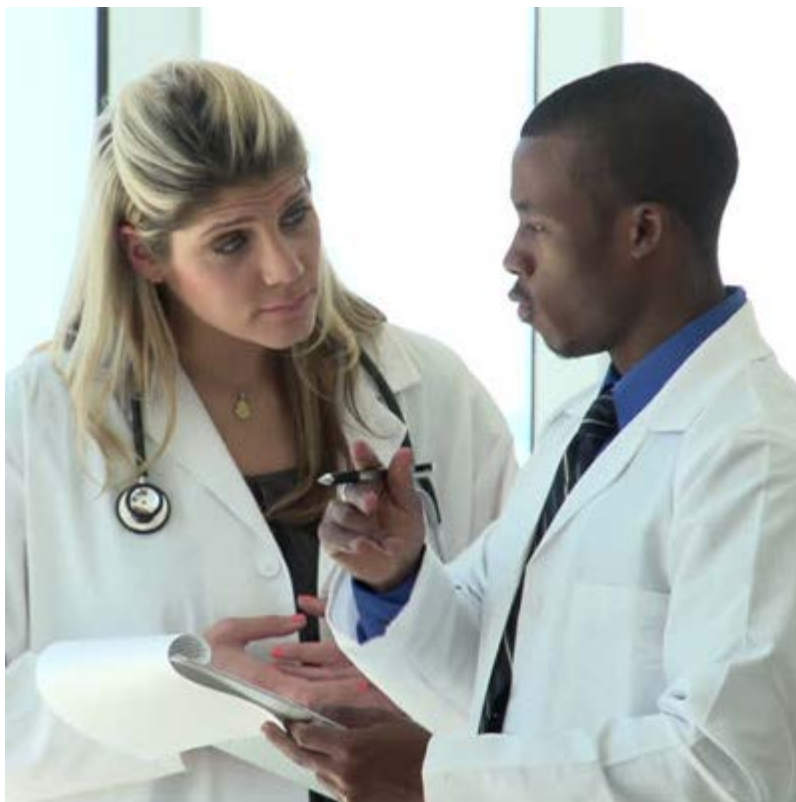
Adverse outcomes, whether anticipated or unanticipated, can be the result of errors or a natural consequence of providing medical care. Clinicians report increased stress, sleep problems and loss of confidence after an adverse event, particularly if it is preventable. The P4P Peer Support Program was developed to help physicians, medical students, pharmacists and advanced practice clinicians (APCs) cope with the impact of adverse events and work-related stress. The program offers providers the opportunity to have one-on-one confidential conversations with a fellow clinician (P4P Peer Support Mentor) who understands the demands of the health care profession.

What types of events or issues are typically discussed?

P4P Mentors provide support for any issue causing the provider distress, such as the death of a patient, feelings of being overwhelmed or burned out at work or home, or stress or fear related to current or pending litigation.

What is the goal of the program, and what are the intended outcomes?

The goal is to create a rapid-response infrastructure to help providers after an adverse or stressful event,



and provide a “safe zone” where they can confidentially discuss the situation to mitigate the impact of the event. Anticipated outcomes include emotional healing, enhanced well-being and an improved culture of safety.

Who provides the support, and how are they matched with those seeking help?

P4P Peer Support Mentors are volunteers, either physicians, APCs or other experienced clinical professionals. All mentors participate in a four-hour training session to prepare for their role, and meet quarterly to discuss the effectiveness of the program and work on improving their support skills. Strict confidentiality for the participants is maintained at all times. A provider seeking support may choose a P4P Peer Support Mentor on their own from a list of mentors. To receive a list of Peer Support Mentors:

- [Complete this form on Preferred EAP's website.](#)
- Look for an email notice from Medical Staff Services.
- Call for assistance (Carmine Pellosie, DO, 610-969-2970, or Carolyn Lamparella, 610-433-8550).

How does the program work? Is there follow-up?

The process begins with a conversation between the provider seeking support and the P4P Peer Support Mentor. That may be all a provider needs. However, the mentor will be available for additional conversations if desired. If the provider is experiencing significant ongoing concerns, the mentor may facilitate a referral to another resource. All mentors have access to a list of resources both within the health network and the community. Mentors will then follow up with the provider to ensure they receive the help they are seeking.

Are conversations confidential?

Confidentiality is a requirement for any conversation entrusted to a P4P Peer Support Mentor. Mentors will not discuss conversations with department leadership, human resources or their peers. Nothing is written down or recorded. Even the occurrence of the conversation is not shared with anyone. Only de-identified information will be discussed during quarterly P4P meetings for the purpose of program improvement and mentors' skill development.

What is the process when a legal issue is involved?

Because certain incidents are best handled with legal resources in addition to a P4P Peer Support Mentor (i.e., when situations involving litigation are anticipated or known), the mentor will advise that the provider contact legal services for assistance in addition to any other support. Under certain special circumstances, the mentor may have a regulatory obligation to report what is shared with law enforcement or other governmental agency (in cases where the clinician is at risk for harming himself/herself or others, child abuse, sexual harassment, or a need to comply with state/federal requirements). LVHN risk management and legal counsel are supportive of the P4P Peer Support Mentor program. Questions about confidentiality should be discussed with the P4P Mentor or with the LVHN legal department.

How does a provider take part in the program?

Providers can reach out to a P4P Peer Support Mentor on their own or initiate a conversation by calling Preferred EAP at 610-433-8550. A P4P Peer Support Mentor may also reach out after an adverse event has occurred.

For information, contact Carmine Pellosie, DO, at 610-969-2970 or Carmine.Pellosie@lvhn.org, or Carolyn Lamparella at 610-433-8550 or Carolyn.Lamparella@lvhn.org.

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Open Mike: Happy ‘Silver’ Anniversary

BY [MIKE ROSSI](#) · MARCH 4, 2019

Hello. Is this thing still on? I know it's been a while, and so much has happened since my last blog post. The holidays have come and gone, an arctic blast brought bone-chilling temperatures to our area, and now the earliest hints of spring are just beginning to emerge (or maybe that's wishful thinking).

I'd like to take this opportunity to share with you the significance of 2019 for LVPG. Why, you may ask? Let me tell you! This year marks LVPG's "Silver Anniversary." Twenty-five years ago, LVPG opened its doors as a not-for-profit subsidiary of LVHN with only 24 physicians – many of whom are still with us. Since then, we have essentially passed through the various

formative stages of development – as toddlers, adolescents, teenagers and now adults. During our journey, LVPG has grown to be one of the nation's largest and premier medical groups in the country, with more than 4,000 colleagues, 1,500 clinicians and 250 practice sites. In fact this year our medical group is poised to perform nearly 3 million visits! As I start my 11th year leading LVPG, I am so proud of the growth and progress we've made together as a team. We have nearly tripled in size, recruited amazing talent, been nationally recognized for our outstanding quality and service excellence, and truly jelled as a medical group.

However, LVPG's success is not defined only by its numbers and awards. It's about you – each and every one of our "sterling" LVPG colleagues who collectively make up this wonderful team. Having the opportunity to witness firsthand the amazing care that our team delivers to our patients and community each and every day is one of the most rewarding experiences anyone can ask for. I am so proud of this team, and look forward to continuing our efforts at delivering that high-quality care, enhanced service and convenient access to the people of our community.

As 2019 unfolds, please stay tuned for more news on how we will reflect on the last 25 years, celebrate all that we have accomplished, and look forward to our exciting future. To paraphrase Robert Browning, "The best is yet to be."

You are "Amazing. Every day." Thank you for all you do.





Michael Rossi, MD

About me: My name is Michael Rossi, MD, MBA, and I am the Chief Physician Executive for LVHN and President of LVPG. I came to LVPG 15 years ago as Chief of Cardiology for LVHN and Medical Director of our Regional Heart Center. I truly enjoyed caring for cardiac patients and getting to know them and their families. I am proud to be part of such a great organization. My passion is patient care. I view my current role as taking that passion for caring for an individual patient, to caring for our entire community. It is an honor to work with such an outstanding network of dedicated colleagues.

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Register for the 2019 March for Babies Walk or Run

BY [RICK MARTUSCELLI](#) · MARCH 4, 2019

“There’s no foot so small, it cannot leave an imprint on this world.”

That’s the message on the T-shirt that will be worn by the LVHN team during the 2019 March of Dimes Annual Walk and Run for Babies on May 5 at ArtsQuest.

Want to participate? Register online now.

[Register for the walk.](#)

[Register for the run.](#)

Congratulations to LVH-Schuylkill colleague Linda Messer who designed the winning T-shirt design.

March of Dimes events and fundraisers are so important to our community. As an LVHN colleague, you have the opportunity to be part of a community-wide support organization that focuses on research, education and programs to improve the health of babies by preventing birth defects and prematurity. Even when babies are not born prematurely or have birth defects, many babies have medical conditions requiring specialized medical care.

Having a baby hospitalized in the NICU at Lehigh Valley Reilly Children’s Hospital can be frightening, confusing and overwhelming for parents and families. LVHN partners with the March of Dimes to offer a NICU Family Support program that provides information and an added layer of support to families experiencing a NICU stay.

March of Dimes imagines a world in which every baby has the opportunity to thrive, live the future they choose and grow up to change the world. You can help babies and their families in the Lehigh Valley achieve that vision by participating in the March for Babies walk or run.



Service Anniversary List – March 2019

BY [RICK MARTUSCELLI](#) · MARCH 1, 2019

Happy anniversary to these colleagues celebrating a career milestone at LVHN in March 2019. Congratulate them on their years of service.

40 years

Joseph Featro, Cardiopulmonary

35 years

Nancy Jones, Nursing Adminstration

Trasey Reitz, Sleep Disorders Center

30 years

Amy Colarusso, Electrophysiolgy Lab

Tracy Erie, Pain Management

Janice Haninchick, TNICU

Kim Hicks, LVPG Rheumatology-3080 Hamilton

Tina Holly, Med Surg 4

Jill Price, Short Procedure Unit

Marie Rosenthal, Pharmacy

Laurie Stanton, Diagnostic Radiology

25 years

Mary Malloy, Dietary

Michelle Schreiner, MICU/SICU

20 years

Margaret Altimare, HIM Provider Based Coding



Robin Andreas, Cardiac Cath Lab

Carol Burchett, Benefits Verification

Terry Capuano, Chief Executive Officer

Caroline Crable, Outpatient Registration

Dorothy Deihl, Clinical Social Work

Rachel Farmer, Lehigh Valley Anesthesia Services

Cheryl Fenwick, Emergency Room

Linda Getz, Communications

Rebecca Glueck, Case Management

Susan Haas, LVPG Obstetrics and Gynecology-West Broad

Christine Haussmann, Population Health

Cheryl Heffner, Respiratory Care Services

Brenda Kern, LVPG Obstetrics and Gynecology-Madison Farms

Christina Kulp, Hospice Social Service

Amanda Lawler, Bed Management

Audrey McLaughlin, Psychiatry

Richard Negron, Radiologye

Christina Page, Epic

Deborah Pugh, Pain Management

Lori Schaller, Revenue Cycle Coordinators

Karen Schneider, Financial Services

David Sherer, Information Services

Melissa Solt, Special Procedure Unit

Donna Stout, Education Services

Karen Uhler, 4T

15 years

Cassandra Bertoline, Credit Office

Mary Comeau, Cardiovascular/Telemetry Unit

Richard Fotiades, Health Care Analytics

Tammy Fullen, Support Services Security

Karen Gilbert, Patient Finance Sservices

Dhanmatie Granucci, 4B

Vicky Herster, 5T

Derek Jones, Pharmacy

Theresa Link, Case Management

Anna Macdonald, Epic

Kathleen Mack, HC G & A

Kelli Martin, 2K South

Roberta Norwood, Behavioral Health

Anne Parsons, Ultrasound

Melissa Pina, Lehigh Valley Physician Practice-Specialties

James Robson, Information Services

Catherine Schadler, Information Services

PatrickSmithEmergency Service – 17Th

Yolanda Sosa, Patient Finance Services

Kelly Taylor, Pet CT

Rebeccalyn Towey, Information Technology

Denise Webber, Rehabilitation

Angela Werley, Labor and Delivery Unit

10 years

Elizabeth Billings, LVPG Surgical Oncology-1240 Cedar Crest

Tammy Castles, Cardiovascular/Telemetry Unit

Leogisa De La Cruz, Miles Of Smiles

Jennifer DeLong, Emergency Department

Robert Dinbokowitz, Courier Services

Julie Eisenberg, Per Diem Pool

Jennifer Falanga, Regional Burn Center

Sterling Haldeman, Operating Room

Janet Kalinowski, Patient Receivables Office

Devin Kline, Laser Services

Dorothy Linkchorst, Lab Admin

Deborah O'Dell, Housekeeping

Robert Pompa, Comprehensive Health Services

Alena Reinhart, Emergency Department

Rose Reyes, Per Diem Pool

Cindy Schwartz, Housekeeping

Linda Terry, Laboratory

Sandra Thompson-Nolf, Pharmacy

Christy Tuske, LVPG Family Medicine-Whitehall

Michael Weiss, Health Care Analytics

Tara Yons, LVPG Infectious Diseases-1250 Cedar Crest

Michael Youse, LVPG Family Medicine-Cetronia Road

5 years

Matthew Albertine, Security

Jennifer Allem, Patient Accounting

Christine Allen, LVPG Pulmonology-Pocono

Sherri Anthony, Patient Accounting

Debra Beuchler, Laundry

Nicole Borger, LVPG Obstetrics and Gynecology-East Stroudsburg

Timothy Bower, Emergency Department

Deanne Buck, Patient Access Support

Christine Bullinger, Home Care-Skilled Nursing

Jessica Collins, MRI

Linda Comstock, HIM Documentation Content

Emily Cutone, LVPG Process Improvement and Access

Travis Dayon, LVPG Obstetrics and Gynecology-West Broad

Daniel DeFuso, Information Services

Jocelyn Diehl, Support Services Security

Keri-Ann Dreisbach, Precertification

Ashley Edwards, HealthWorks Allentown

Migdalia Figueroa, Hospice-Home Health Aides

Elizabeth Flewelling, ICU

Robin Fritsch, Inpatient Rehabilitation Center

Jenna Glahn, Operating Room

Patricia Gonzalez, LVPG Family Medicine-Trexlerstown

Judy Grant, Accounts Payable

Kristle Habib, Payor Based Care Cordination

Doris Hall, Patient Receivables Office

Nedra Hamilton, Per Diem Pool

Scott Henning, Engineering

Kathleen Holden, Pharmacy

John Howard, Biomedical Services

Adrienne Huynh, Adolescent Psychiatry Unit

Gabriel Jafari, Sterile Processing

Autumn Kieber-Emmons, Department of Family Medicine

Lenore Kleckner, Cardiopulmonary

Stephanie Kleintop, LVPG Family Medicine-Laurys Station

Kristin Kocher, LVPG Obstetrics and Gynecology-1245 Cedar Crest

Lindsay Miller Severn, Dental Clinic

Elizabeth Montesano, LVPG Cardiology-1250 Cedar Crest

Elizabeth Mullin, Op Intake Dept

Patricia Poblete, OACIS

Mark Prezioso, LVPG Internal Medicine-Muhlenberg

Jessica Prisco, LVPG Urogynecology-Pond Road

Michaela Raines, Inpatient Psychiatry

Kim Reed, Rehabilitation

Brittany Rothrock, LVPG Family Medicine-Trexlerstown

Joseph Ryden, Patient Transport Services

Andrea Scully, Op Intake Dept

Lisa Siminski, Hospice

Kristy Smith, Emergency Department

Sandra Smith, Patient Accounting

Shannon Solderich, Transitional Open-Heart Unit

Mallory Squires, 5CP

Laurel Stempo, Lab

Scott Strawdinger, Supply Chain Administration

Kaitlin Troxell, LVPG General and Bariatric Surgery-1240 Cedar Crest

Debra Valinoto, LVPG Plastic and Cosmetic Surgery-1243 Cedar Crest

Permaul Veeramootoo, LVPG Internal Medicine-Bartonsville

Richard Wydock, Information Services

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Register for Great Balls of Fire Dodgeball Tournament

BY [ADMIN](#) · MARCH 5, 2019

LVHN's Regional Burn Center is the largest and busiest burn center in Pennsylvania. We care for more than 900 burn survivors and their families each year. These patients include adults and children from three states and more than 40 counties.

On April 27, 2019, the Regional Burn Center will be sponsoring our ninth annual "Great Balls of Fire Dodgeball Tournament" to raise funds for our burn survivor programs. This tournament will be run by burn center staff and survivors. We hope to host more than 20 local community teams as they compete to win the Great Balls of Fire trophy. All funds raised by this event will be used to support various survivor programs, including sending survivors to the annual World Burn Congress with financial assistance.

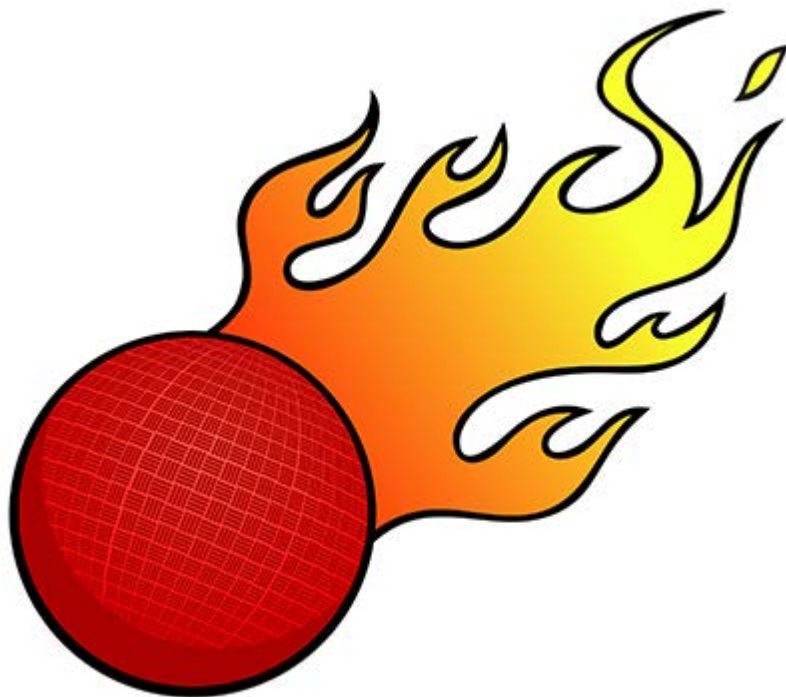
Colleagues from across the health network are encouraged to form and register teams to play in the tournament.

[Get details in this flyer](#). The flyer also includes the registration form and game rules.

If you're interested, please complete the form with the team captain's name and contact information. The fee is \$40 per player, and includes a T-shirt, free Subway lunch at the event, and a free drink and appetizers at our after party. The winning team will receive a trophy that is three feet tall.

The deadline to sign up is Friday, March 29. You can email your registration forms to Elisha.ElliottLeavy@lvhn.org. Anyone interested in sponsoring the event can also email her for more information.

We are really looking forward to having yet another fun, exciting event. This tournament is huge for our survivor community, and we couldn't pull it off without the fantastic participants who have made each



and every year a smashing success.

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Healthy Adult? Join a Study on Colon Health

BY [MARCIANN ALBERT](#) · MARCH 5, 2019

If you are a healthy adult, you are invited to join a study on colon health. This study explores how the colon and its bacteria (microbiome) work together. The aim of this study is to compare the microbiome of healthy individuals such as yourself with the microbiome of patients with cancer to help determine if there are differences between the two. You will be compensated for your time.

Participants must:

- Be at least 18 years of age
- Have no personal history of cancer
- have no history of autoimmune disease

Research may include:

- A computer survey regarding diet
- A written survey regarding health condition
- Stool sample for analysis

LVPg Oncologist Usman Shah, MD, is the principal investigator for this study.

[Download a poster about the study.](#)



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