## LVHNWEEKLY | LEHIGH VALLEY

Your wrap-up of the week's news from LVHN.

#### Give to the United Way

Make a donation on Feb. 17 and receive a gift.

#### **Tell Your Story during Year of the Nurse**

Kim Jordan wants to hear from you.

#### **Congratulate DAISY Award Winners-Photos**

These nurses are honored for going above and beyond.

#### Are You Aware of Human Trafficking?

Take the survey about this problem in our community.

## LVPG Ear, Nose and Throat-17th Street is Moving

This practice will relocate to Pond Road on March 2.

#### **Daffodil Days Are Back**

Order flowers by Feb. 21 to support the American Cancer Society.

#### **Nonclinical Internship Application Now Open**

Share the application link with your friends and family.

#### **Colon-Rectal Community Forum**

Attend the free screening information event on March 12.

#### Self-Care is Key

Learn how Carol Michaels made self-care a priority with her health coach.

#### **Show Your Heart Some Love**

Watch for "heart conversations" all month.

Open Mike: Celebrating Heart

Learn More



Cold vs Flu: Know Your Symptoms Learn More



February Service Anniversary List

Learn More



## LVHNNews

Stroke 101: What You Need to Know

What Causes Lymphedema?

How to Prevent Cervical Cancer

## Colleagues Go Red for Women-Photos

See the photos submitted last week.

#### **Assemble Your Dodgeball Team**

"Great Balls of Fire" tournament benefits burn survivor programs.

#### **Data Center is Moving to a Colocation**

The move will be complete by June 30.

## **New Credit Card Devices**

Our new devices are safer and can process chip credit cards.

Information on LVHN Weekly is for LVHN colleagues only and cannot be accessed on smartphones or computers outside of LVHN's network.

# Lehigh Valley Colleagues: Get a Free Power Bank When You Give to the United Way on Feb. 17

by Rick Martuscelli - February 11, 2020

If there is one organization whose work aligns perfectly with our mission to "heal, comfort and care," it's the United Way. The United Way invests millions of dollars to improve lives in all the communities LVHN serves. To continue this meaningful work, the United Way needs your help.

You can provide support during LVHN's 2020 United Way campaign. The campaign begins on

"Partnering for a United Future"
United Way 2020

Lehigh Valley
Health Network

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Feb. 17 and continues through March 13 in our Lehigh Valley, Hazleton, Schuylkill, Coordinated Health and HNL locations. The United Way campaign in the Poconos is already complete.

Additional communication about the Hazleton, Schuylkill, Coordinated Health and HNL campaigns will come directly from leadership at those facilities.

## How to donate in the Lehigh Valley

- If you work in the Lehigh Valley, you have two ways to give. You can click the United Way icon on your SSO toolbar or the link in the email you will receive. Then, complete the electronic form. You'll receive a donation confirmation.
- NOTE: To make a donation using the electronic form, you must give at least \$25 in one lump sum or \$1.25 over 20 pay periods via payroll deduction, which will run from the pay period beginning March 22, 2020 and ending Dec. 13, 2020. If you choose to contribute less than \$25, you must complete this paper

form and submit it to HR. Please note, if a donation is less than \$25 it cannot be designated to a specific fund. Regardless of the amount, all donations are greatly appreciated.

## Give on Feb. 17 and receive a free power bank

If you give \$40 or more on the first day of the campaign, Feb. 17, in one lump sum or \$2.00 over 20 pay periods, you will receive a free power bank to charge your cellphones and other devices. Download this schedule to learn where and when you can make a donation and/or get your gift.

## **Donation tips**

- Donate early in the day during the designated table hours to receive your gift. Power banks are available on a first-come, first-served basis.
- If you work at a location other than what is listed on the schedule, talk with your manager about designating someone to pick up giveaways for everyone in your department who donated. The designee must present a donation confirmation for each colleague who donated to receive a gift.

## Have a question?

Contact LVHN\_United\_Way\_Campaign@lvhn.org.

Thank you for your generosity and for "Partnering for a United Future."

## Tell Your Story During the Year of the Nurse

by Kirstin Reed · February 14, 2020

I'm constantly inspired by the stories of compassion and dedication I hear every day. LVHN nurses are true advocates for patients and deserve to have their stories told. Here's how we're telling the story of LVHN nurses during the Year of the Nurse.

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## **Nursing on LVHN.org**

Visit LVHN.org/nursing and you'll find information about the

professional practice model, nursing leaders, our Magnet® designation, the nurse residency program, awards and recognition, career opportunities, professional development and community involvement.

We continue to evaluate opportunities to expand this content.

You'll also see your colleagues featured in a series of "Meet our Nurses" stories, published at the bottom of each nursing page. Read these colleagues' stories:

- Fernando Rodriguez, RN
- Grace Kressly, RN
- Brandy Lyons, RN

Share your colleagues' stories and honor nurses on social media using #YearOfTheNurse and #YON2020.

## Your time to shine

I hope you feel inspired to share your own story.

"This Year of the Nurse—your Year of the Nurse—is an unprecedented opportunity

for all of you to shine and take a bow," says Ernest Grant, PhD, RN, American Nurses Association President. I couldn't agree more and I encourage you to read more from Grant in this article.

Do you want to tell your story or tell the story of a deserving colleague? Leave a comment on this post to share what makes you #LVHNProud to be a nurse.

Kim

P.S. Just a reminder, my email is open to you. Send ideas or questions to me at Marie.Jordan@lvhn.org.



Lini Sordan

About me: My name is Kim Jordan, DNP, RN, and I am Senior Vice President and Chief Nursing Officer at LVHN. I came to LVHN 15 years ago as director of the open-heart and transitional open-heart units. I consider it an honor and a privilege to lead our outstanding nursing colleagues.

## Congratulations to our DAISY Award Recipients - PHOTOS

by Kirstin Reed · February 12, 2020

Nurses at LVH–Cedar Crest, LVH–Muhlenberg, LVH–Pocono and LVH–Schuylkill have been nominated for the DAISY Award by patients and colleagues. The DAISY Award recognizes nursing excellence and honors nurses for providing compassionate and patient-centered care. Read about the award recipients.

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## Christian Schroeder, RN, July 2019

Lehigh Valley Reilly
Children's Hospital
has the region's only
24/7 emergency
room dedicated to
children. A trip to the
emergency room
can be stressful for
children and their
families. Nurses like
Christian Schroeder,
RN, helped ease



anxiety for one patient and his mother.

"It was 11 p.m., my son was in a lot of pain and he was exhausted," says the patient's mother. "He had a very high fever and his legs were twitching."

Her instinct told her that he needed to be seen right away.

"I was concerned and brought him to the children's ER," says the patient's mother. 
"My son had never been in an ER, never really been sick and never broken any bones."

Schroeder navigated the situation with kindness and expertise. Recognizing that his

patient was methodical and detail-oriented, Schroeder explained each procedure, step-by-step.

"Christian made my son comfortable and he really trusted him. It is never easy as a parent to have to bring your child to the hospital and it's never easy being in the ER," says the patient's mother. "Christian made the experience less stressful and more bearable for all of us."

## Amanda Crane, RN, August 2019

Mental and social health is just as important to overall well-being as physical health. The caring team at LVH–Muhlenberg works together to stabilize patients with mental conditions on the adolescent inpatient psychiatric unit.



#### Thanks to

exceptional nurses like Amanda Crane, RN, patients on the adolescent psychiatric unit feel comfortable and cared for during time spent in the hospital.

"Amanda never slacks when performing assessments and spends as much time with the patients as possible, recognizing that therapeutic communication is vital," says her nominator.

To break down barriers in communication, Crane bought pizza and spent the day outside with her patients for a change in scenery to complete goal work and group therapy.

"By going above and beyond that day, Amanda built rapport with her patients so

they were comfortable opening up about traumatic experiences, allowing them to begin the healing process," says her nominator.

Colleagues count on her as a team player who will offer help without being asked. As a nurse preceptor, Crane is approachable, knowledgeable and continually learning about the latest advancements in nursing practice.

## Lauren Amiano, RN, September 2019

Her last-minute availability meant the world to her team and her patient, resulting in a DAISY nomination for Lauren Amiano, RN.

Amiano is a chemotherapy certified nurse on 7C, the oncology



unit, at LVH–Cedar Crest. A patient on 7C needed a three-hour chemotherapy infusion every 12 hours. The team realized that no chemotherapy certified nurses were scheduled to work on the night that this patient needed a 2:30 a.m. dose.

They called around in the middle of the night searching for an available nurse to infuse the chemotherapy. They had no success until they reached Amiano.

"She had just worked a shift from 7 a.m.-7:30 p.m. and did not hesitate to volunteer to come in for the three-hour chemotherapy infusion at 2:30 a.m.," says her nominator. "Lauren always goes the extra mile for patients and colleagues, but she surely deserves to be recognized for this specific occasion."

#### Caroline

## McConnell, RN, September 2019

Patients diagnosed with cancer find a partner in Lehigh Valley Cancer Institute, a partner that has their back every step of the way.

On the day Prima
Duperval was
diagnosed with
sarcoma, her nurse,



Caroline McConnell, RN, was the first person she encountered. McConnell works at the Dale and Frances Hughes Cancer Center at LVH–Pocono and is the kind of nurse that patients, families and staff recognize as a role model.

"She introduced herself to me, pulled up a chair next to me, held my hand and said, 'You will get through this. You're not alone. We have your back every step of the way,' and Caroline sure was there every step of the way," says Duperval.

As a nurse navigator, McConnell guides patients through every aspect of cancer treatment.

"I felt so much relief and less worried knowing I had a phenomenal breast navigator guiding me and directing me on my path," says Duperval. "In Caroline, I have gained a family member who cared for me and for my family during my journey."

Amanda Carroll is a medical assistant at Dale and Frances Hughes Cancer Center at LVH–Pocono. She works alongside McConnell in the surgical oncology practice.

"The care and compassion Caroline exudes is not only commendable, it's something I strive to emulate daily," says Carroll. "She is someone who I consider to be an outstanding role model to everyone she comes in contact with."

McConnell is not only a source of comfort for patients, but an inspiration to her colleagues.

"She is here every day with a positive attitude and a smile that lights up the room," says Carroll. "She demonstrates an ability to work well under pressure and goes above and beyond her job description and expectations. She is a fierce advocate for our patients and her follow-through is impeccable."

## Michelle ZeRuth, RN, October 2019

When Francine
Constable, Director
of the Dale and
Frances Hughes
Cancer Center,
received a letter
from a grateful
patient who
mentioned one
nurse individually
nine separate times,
she knew she
needed to recognize
this outstanding nurse.



Michelle ZeRuth, RN, works at the Dale and Frances Hughes Cancer Center at LVH–Pocono. She is an oncology nurse specialist who manages the oral chemotherapy program and chemotherapy education.

Constable describes ZeRuth as, "caring, compassionate, kind and competent."

One of ZeRuth's patients needed to begin oral chemotherapy while receiving a chemotherapy infusion. The patient's wife remembers that ZeRuth went above and beyond to make sure he had what he needed.

"To get approval from the insurance company, Michelle made at least 12 phone calls in three business days along with everything else she was doing and, to make a long story short, the oral chemo arrived by 10:30 the day before his chemo infusion began," says the patient's wife.

"Michelle never takes no for an answer," she says. "Her patience knows no bounds. She probably has hundreds of patients, but you wouldn't know it when she's helping you."

ZeRuth ensures that her patients have all the information they need to manage their care beyond the time they spend in the infusion chair or doctor's office.

"She is compassionate, professional, highly educated and energetic. Her high level of competence makes us feel that it is indeed possible that we might survive this war," says the patient's wife. "She is definitely a warrior in the battle against cancer."

## Alyssa Hummel, RN, November 2019

For nurses, providing life-saving care is in their job description. It's just what they do. To be recognized among peers in the nursing profession is to be truly extraordinary.

Alyssa Hummel, RN, works on the maternity unit at



LVH–Schuylkill. Beyond fulfilling her duties as a nurse, Alyssa is recognized by her nominator as being extremely kind and caring.

"Alyssa went above and beyond by donating her time and resources to help a family

in desperate need," says the nominator. "She is an exemplary nurse and a role model for others."

"We need more people like Alyssa in the nursing profession and in the world," says the nominator.

Caring for others makes our world a better place and, thanks to nurses like Hummel, this family's world was made a little brighter.

## Tracy Vishnesky, RN, November 2019

During a hospital stay, the last thing a patient or family member wants is to feel lost or forgotten. Nurses provide comfort during times of uncertainty.

Tracy Vishnesky, RN, works on the cardiovascular telemetry unit at



LVH–Pocono and was a comforting presence for one family under her care after a visit to the emergency department. The patient's wife was grateful to have Vishnesky as her husband's nurse.

"I cannot say how much it meant to me that Tracy explained things in a way we could understand," says the patient's wife. "She went above and beyond to ensure my husband was comfortable and she always answered our questions," she says. "Tracy especially made sure he understood the medications he was taking and why he was taking them."

For family members, a loved one's hospital stay can be scary.

"Tracy helped us understand what the doctors were telling us, what was going on with my husband and why," says the patient's wife. "I am a worrier and this experience was very scary for me. I felt alone but as soon as we got to the floor and met Tracy, she put me at ease right away."

By showing kindness and support, Tracy made this family's hospital stay just a little bit easier.

## Are We Aware of Human Trafficking? Take This Survey to Help Us

## Find Out

by Admin - February 14, 2020

This message is from Robert X. Murphy, Jr., MD, Chief Integration Officer and Kim Jordan, DNP, RN, Senior Vice President, Patient Care Services & Chief Nursing Officer

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All LVHN colleagues are invited to participate in a study to determine awareness of human trafficking.

Hoonani (Nani) Cuadrado, PA-C, is the principal investigator on the research study, "Human Trafficking: A Cross-Sectional Survey of a Health Network Employees' Awareness and Attitudes." Cuadrado serves as director of LVHN's Street Medicine program and is an active leader within Valley Against Sex Trafficking (VAST), a grassroots organization in the Lehigh Valley aimed to help stop human trafficking through education and awareness.

Across United States, health care networks are implementing protocols and training modules to care for trafficked persons seen in hospitals and health systems. To create the best protocols and anti-trafficking efforts at LVHN, we need to assess the understanding and awareness of human trafficking among our colleagues.

#### How you can help

Please complete a brief survey so that we can better understand the current knowledge and awareness of human trafficking concerns. The purpose of this study is to determine awareness of human trafficking among colleagues working at LVHN. Participation is voluntary and your survey responses will be anonymous. Your completion of the survey signifies your consent to participate in this research study. The survey will take about 10 minutes to complete. Your decision to participate in this survey will in no way affect your position at LVHN.

You may skip any questions you do not want to answer and you can exit the survey at any point. You will not be contacted at any point after survey completion. Please

contact Cuadrado at Nani\_M.Cuadrado@lvhn.org or the Research Participant Protection Office of Lehigh Valley Health Network at 610-402-7544 with any questions or concerns regarding this study.

To participate in the study, access the survey link here.

## LVPG Ear, Nose and Throat-17th Street is Moving

by Katie Cavender · February 11, 2020

LVPG Ear Nose and Throat–17<sup>th</sup>
Street is moving to Pond Road. The last day of patient care at their current location will be Feb. 21. On Monday, March 2 the team will open for business at LVPG Ear, Nose and Throat–Pond Road. The practice's new address is:

## LVPG Ear, Nose and Throat– Pond Road

1575 Pond Road, Suite 102 Allentown, PA 18014 610-366-1366



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The following providers will relocate to Pond Road:

- Kevin Kriesel, MD
- Chetan Nayak, MD
- Brice Ambron, PA-C

Holly Gawel, PA-C, and Tasha Reck, AuD, will relocate to LVPG Ear, Nose and Throat–Muhlenberg. Lauren Popivchak, PA-C, will also see patients at both LVPG Ear, Nose and Throat–Muhlenberg and LVPG Ear, Nose and Throat–Palmer Township.

LVPG Ear, Nose and Throat–Pond Road will continue to be a part of Lehigh Valley Physician Group. That means no changes will be made to billing or accepted insurances. All appointments will be honored as scheduled.

## Buy a Bunch for the American Cancer Society

by Jenn Fisher · February 10, 2020

Brighten your day and bring hope for a cure during the American Cancer Society's Daffodil Days fundraiser. Buy a bunch for yourself, or send a bouquet to cancer patients through our Gift of Life program. Either way, your purchase will help fund cancer research. All proceeds benefit the American Cancer Society.



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- \$10 bunch of 10 daffodils
- \$15 mini-pot of daffodils
- \$15 bunch of 10 tulips, assorted color stems
- \$25 Gift of Life donation (Your donation provides a bouquet to a cancer patient in a local hospital.)

Orders must be placed by noon, Friday, Feb. 21 and paid for by that date.

Cash is accepted, as are checks made payable to the American Cancer Society.

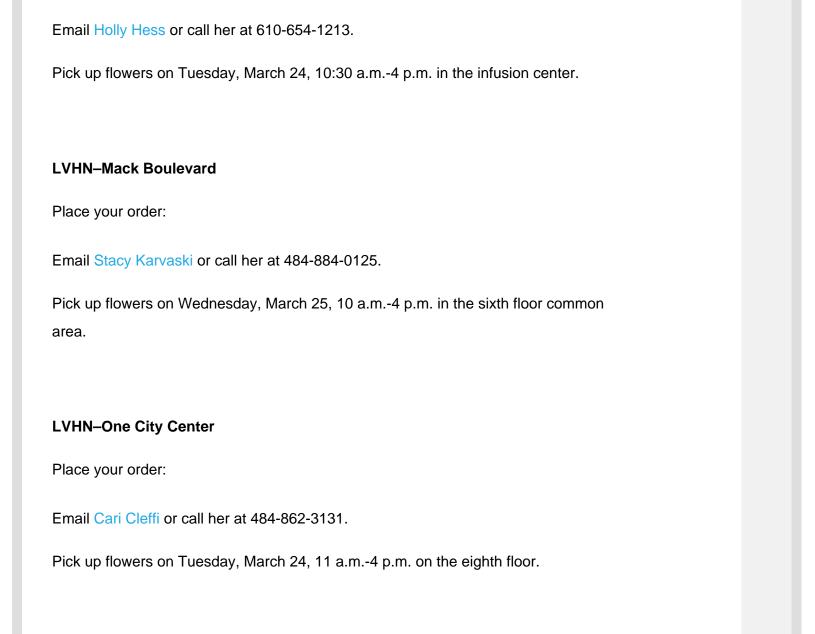
Daffodils and tulips will be available for pickup at convenient locations throughout the health network in mid-March. (Please see your location in following list for pickup date and time.)

**Daffodil Day contacts throughout LVHN** 

LVH-17th Street

Email Sherry Sawka or call her at 610-969-4290.
Pick up flowers on Wednesday, March 25, 10 a.m4 p.m. in the LVH–17th Street Operations Suite, first floor (take blue elevators).
LVH–Cedar Crest
LVII—Cedal Crest
Place your order:
Email Katie Baglini or call her at 610-402-2242.
Pick up flowers on Wednesday, March 25, 9 a.m4 p.m. in the atrium of 1240 S. Cedar Crest.
LVH–Muhlenberg
Place your order:
Email Erin Beers or call her at 484-884-3533.
Pick up flowers on Tuesday, March 24, 9 a.m4 p.m. at the main entrance of LVH–Muhlenberg, outside the cafeteria.
LVH–Pocono
Place your order:
Email Caroline McConnell or call her at 570-420-2415.
Pick up flowers on Wednesday, March 25, 11 a.m 3 p.m. on the first floor, Dale and Frances Hughes Cancer Center.

Place your order:



**Health Center at Bangor** 

Place your order:

## Nonclinical Summer Internship Application is Now Open

by Emilie Carlino · February 10, 2020

The Nonclinical Summer Internship Program at LVHN is sponsored by Human Resources. The internship program provides undergraduate students with structured educational opportunities and valuable work experiences in the health care field.

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LEHIGH VALLEY HEALTH NETWORK YOUTH PROGRAMMING



## **Program details**

- Internship will take place June 1-Aug. 3, 2020.
- Interns will work 35-40 hours per week.
- Interns will participate in professional development sessions.
- Interns will participate in LVHN-sponsored community service.
- Interns will be awarded a \$2,000 stipend upon completion of the program.

## Applicable undergraduate majors include but aren't limited to:

- Business/Project Management
- Hospital Administration
- Computer Science
- Human Resources
- Education
- Marketing
- Data Analytics

## **Eligibility requirements**

Students must currently be enrolled in an undergraduate program and may not have

graduated by the start of the session for which they apply.

Priority consideration will be given to applicants with a referral or recommendation from a current LVHN employee. Share this application link with your family and friends.

For more information, contact Emilie Carlino, Emilie\_b.Carlino@lvhn.org.

## Get Screening Info at Free Colon-Rectal Cancer Community Forum

## March 12

by Jenn Fisher · February 11, 2020

Knowing your risk for colon-rectal cancer is important, particularly as you hit a milestone like the big 5-0. If you turn fifty in 2020, Lehigh Valley Cancer Institute has a free event just for you: Colon-Rectal Cancer Community Forum on March 12.

This free event will feature speakers from the Cancer Institute who will shed light on important topics like colorectal cancer



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screening, nutrition and colon health, and facts about prevention strategies. Not only that, you will have the opportunity to walk through an inflatable colon, giving you a chance to learn what polyps, diverticula, colitis and Crohn's disease looks like, and to ask questions of our speakers.

In addition, on-site scheduling will be available at this event, allowing you to schedule a pre-colonoscopy appointment.

#### Facts about colorectal cancer:

- Colorectal cancer is the third most common cause of cancer death in the U.S.
- Caught early, colorectal cancer is highly curable
- Everyone should be screened for colorectal cancer beginning at age 50, unless you have a family history of the disease or certain other risk factors, and then earlier screening may be needed. Check with your primary care provider for guidance on timing.

## **Attend the Colon-Rectal Cancer Community Forum**

Date: Thursday, March 12

**Time:** Program begins at 5:30 p.m.; registration begins at 5 p.m.

Place: LVH–Cedar Crest

Kasych Family Pavilion

Richard Fleming Educational Conference Center

Medical Imaging of Lehigh Valley Educational Conference Rooms 6, 7 and 8

A light dinner will be served at this event.

**Register**: Sign up for the Colon-Rectal Cancer Community Forum online at LVHN.org/coloncancerevent, or call 888-402-LVHN (5846).

## **Speakers and topics**

Three Lehigh Valley Cancer Institute colleagues will speak at the event, including:

- Linda Lapos, MD Colonoscopy: Screening and Prevention
- Jennifer Brennan, RD, CSO, LDN Get the Facts About Nutrition and Your Colon
- Usman Shah, MD Prevention Strategies: Fact vs. Fiction

## Make Self-Care a Priority with Health Coaching

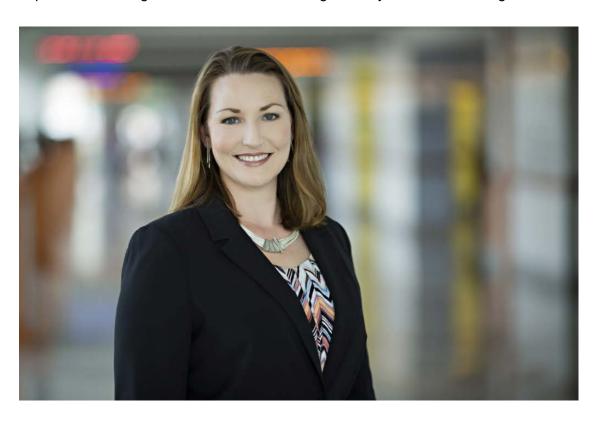
by Kirstin Reed · February 13, 2020

In response to your feedback on increased health and wellness offerings at LVHN, we launched the My Total Health Incentive Program. Eligible colleagues can earn points toward rewards by participating in free wellness programs. Log activities, track points and redeem rewards in the My Total Health portal at mth.lvh.com.

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Carol Michaels, Administrator of Care Coordination with Populytics, shares her experience working with a health coach through the My Total Health Program.



## Trusting your health coach is key

"I've been working with the same health coach for three to four years off and on, and over the last year, more consistently. So, when I'm trying to make a committed change – as I am now – she can refer to my history," says Michaels.

"She'll ask me, 'do you remember when you said this? Is that still relevant now?' and the value is that I've develop a relationship with my coach, and she really gets to know me on a different level," says Michaels.

"My coach has been a motivator regarding consistency. I'm always excited to report

back. When I meet my goal, I look forward to sharing. If I haven't met my goal, it's not scary," she says. "My health coach is very supportive, and we talk through my goals. We focus more on what I think I can comfortably do, and don't try to do everything all at once."

"I don't go to my health coach appointments with the expectation of her solving a problem for me, but I have learned that she will help me figure out how I can tackle my challenges in ways that work for me. It's a journey that we work on together," Michaels says.

"My coach's method is such that she doesn't tell me what to do, but rather helps me think things through, and we take the time to reflect on how I'm feeling," she says. "I've realized that everything impacts my well-being, including how I think and feel about my health goals."

"My health coach is an essential part of my self-care," says Michaels.

## Interested in working with a health coach?

Health coaching is a free benefit available to all colleagues, regardless of health plan coverage. Phone-based sessions offer non-judgmental support to help you reach your personal wellness goals – including achieving work/life balance, taking charge of your financial health, reducing stress, managing chronic conditions and much more.

To schedule an appointment, visit the My Total Health Portal at mth.lvh.com or call 610-969-0487.

## Show Your Heart Some Love Marketing Campaign

by Katie Cavender · February 14, 2020

Did you know the month of February isn't just about candy hearts, it's also about heart health? A new colorful and educational marketing campaign features Lehigh Valley Heart Institute's expertise. On LVHN's social media channels, you can now find valentine-like images that provide heart health tips to the community.

## 1

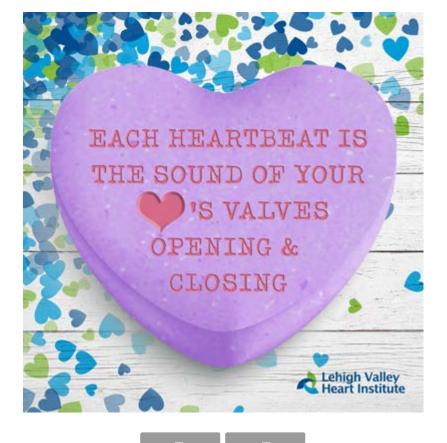
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## Why choose Lehigh Valley Heart Institute?

The Heart Institute is one of the largest heart institutes in Pennsylvania, performing more than 900 heart surgeries and more than 2,100 combined percutaneous coronary interventions each year. Consistently ranking in the top 10 percent in the nation for heart attack survival, it's safe to say we know hearts.

#### Join the conversation

Look for these fun facts on LVHN's Facebook, Instagram and Twitter accounts. Show your love by sharing these posts with your followers. Let them know you are #LVHNProud that Lehigh Valley Heart Institute is among the highest heart attack survival rates in the nation.





## Colleagues Go Red for Women-PHOTOS

by Katie Cavender · February 7, 2020

Feb. 7 is National Wear Red Day<sup>®</sup>. It's a day to raise awareness about heart disease in women and educate women about taking action to reduce their risk.

Colleagues throughout our health network wore red – and red accessories – to help spread the message. See some of them in the photo gallery below.

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Image 1 of 16

The Access Center Triage Nurses at LVHN Mack Boulevard are celebrating National Wear Red Day and showing our support for our colleague whose daughter was born with a congenital heart defect.

## Register for 10th Annual Great Balls of Fire Dodgeball Tournament

by Katie Cavender · February 12, 2020

Goodness, gracious it's time for the Great Balls of Fire Dodgeball Tournament. The 10th anniversary of this fundraising event is right around the corner, and registration is open now.

"This tournament is huge for our survivor community, and we couldn't pull it off without the fantastic participants who have made each and every year a smashing success," says Elisha



☐ 2

Elliott Leavy, LCSW, clinical social worker, Regional Burn Center.

All funds raised by this event will be used to support various survivor programs, including sending survivors to the annual World Burn Congress with financial assistance. LVHN Burn Center staff and survivors run the tournament and will award the winning team with a 3-foot Great Balls of Fire trophy.

## **LVHN Regional Burn Center**

LVHN Regional Burn Center is the largest and busiest burn center in Pennsylvania. It cares for more than 900 burn survivors and their families each year. These patients include adults and children from three states and more than 40 counties.

## **Support Burn Center Survivors**

Colleagues from across the health network are encouraged to participate in the tournament. The event details are below.

Registration deadline: March 20

Event date and time: April 18, 11 a.m. until there is a winning team

**Event location:** Lower Macungie Middle School, 6299 Lower Macungie Road, Macungie

**Registration cost:** There is a \$40 fee per player, which includes a T-shirt, Subway lunch and appetizers following the tournament.

Spectator cost: \$5 for adults and \$3 for children

Registration: View the registration form for game rules and event details.

**Donate:** If you'd like to make a donation to the Burn Recovery Center programs, visit the LVHN philanthropy page and choose "Lehigh Valley Burn Recovery Center" as the recipient.

**Contact:** Send all registration forms to Elisha Elliott Leavy at

Elisha. Elliott Leavy @lvhn.org. She also can answer your questions including inquiries about sponsoring the event.

## LVHN Data Center Moves to a Colocation Beginning Next Month

by Tina Vo · February 13, 2020

Beginning next month, LVHN's data center at 2024 Lehigh St. will be moved in waves to a colocation, Tierpoint data center in Breinigsville. Housing LVHN's technology systems, including application servers, disk storage, network switches, voice servers and various other infrastructure components at a colocation



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Inside one of the data centers, still under construction

provides all the security and benefits of a dedicated data center, while reducing the costs and resources required to maintain such a facility. The Tier III colocation facility is outfitted with the most current technology in power, cooling and power backup capabilities, along with 24/7 monitoring services to promptly notify the LVHN technology team of any faults or issues that arise. This colocation model also will enable rapid expansion for growth, as the current data center has reached its maximum capacity from a space perspective.

Having two fully operational data centers in different towns (Valley Forge and Breinigsville) enables our most mission critical applications to run at either location in the event of a catastrophic event (e.g., downtime). It also provides more flexibility for maintenance. Applications can be run from either data center during maintenance to reduce and/or eliminate what would normally require downtime.

#### What is a colocation?

A colocation (colo) is a data center facility that allows businesses to rent space for servers and other computing hardware. Typically, a colo provides the building, cooling, power, bandwidth and physical security, while the customer provides servers and storage.

## How are we accomplishing this?

The moves will consist of many virtual or physical moves – performed in waves:

- **Logical/virtual:** Systems are moved "over-the-wire" to equipment at the data center no downtime is required for this type of move.
- **Physical:** Equipment is "lift and shifted" to the new location. Systems that reside on the equipment will experience a planned downtime during their scheduled move.

## When is this happening?

The technology department will begin migrating the systems and equipment in early March with a planned completion at the end of June 2020. The move of each system and piece of equipment has been strategically scheduled while considering their unique dependencies.

If a move requires scheduled downtime, we will reach out to you directly with more details.

For more information and a specific schedule of when your system/application is moving, check out the LVHN Data Center Migration page on the LVHN intranet.

## Epic Update: Credit Card Device Replacement Deployment

by Tina Vo · February 14, 2020

To provide our patients with a safer transaction and reduce risk for credit card fraud, the LVHN
Technology Division replaced all
MAGTEK® credit card devices with a new Ingenico device. The new device enables LVHN to process chip credit cards and accept mobile payments like Apple Pay.



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## Thank you for your help!

Technology Division completed this

implementation in December. From that deployment, 753 credit card devices were replaced. Thank you for your support and cooperation with this effort.

## How do we know if our credit card device was replaced?

This implementation included sites that utilize Epic today to collect payments from patients (e.g. co-pay, outstanding balance). If your site uses Epic and you notice that your device does not process chip credit cards, please give the Technology Support Center a call. We will log the ticket and send it to the appropriate analyst or technician.

#### Still not sure?

#### Old credit card device



New credit card device



If you have any questions related to this, please call the Technology Support Center 610-402-8303.