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Determining Funding Allocation for Inpatient Versus Outpatient Transportation

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Determining Funding Allocation for Inpatient Versus

Outpatient Transportation

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Background

A study published in 2014 indicated 3.6 million Americans miss or postpone medical care due to a lack of transportation [1]. National estimates for appointments missed due to lack of transportation are as high as 25%, per a systematic review article in 2013 [2]. Ridesharing companies like Uber Health and Lyft have started to provide funded transportation to healthcare appointments for Medicaid patients [3].

Results Gathered

Inpatient Group

The ICD-10 codes per inpatient admission and length of hospital stay were recorded for 10 patients chosen randomly.

Discussion

Importance of the Results:

Providing financial assistance for transportation could lead to faster patient or "bed" turnover, which is financially advantageous.

The LVHN accrues \$553.16 more per 20 minutes during an inpatient, as compared to outpatient, encounter.

However, studies have shown that hospitals suffer great economic impact with no-shows [4]. A study analyzing missed patient appointments over a 12year period at 10 clinics indicated as high as \$16.65 million lost to "no-show" appointments, per fiscal year. The same source estimated a \$3 million loss to missed appointments at a community hospital.³ At the Lehigh Valley Health Network (LVHN), 54% of homeless patients surveyed by the Street Medicine Program indicated transportation was the biggest barrier to accessing healthcare last year.

An Integrated Healthcare Network offers both inpatient and outpatient treatment services [5]. Leadership must often choose between funding aspects of inpatient over outpatient treatment and vice versa, due to a finite amount of funds. Upon, literature review, there is a lack of up-to-date evidence supporting the decision to provide more funding for inpatient versus outpatient services in American hospital systems.

Problem Statement

The purpose of this study is to demonstrate the financial advantage of providing hospital-funded inpatient vs. outpatient discharge transportation.

Table 1: Inpatient Group: ICD-10 Codes Per Admission						
Patient 1	Patient 2	Patient 3	Patient 4	Patient 5		
Code: E11.9	Code: R56.9	Code: E03.9	Code: I10	Code: F41.9		
Code: E78.5	Code: R29.898	Code: E78.2	Code: I48.92	Code: F32.9		
Code: E87.1	Code: R55	Code: E55.9	Code: M17.10	Code: F11.90		
Code: R04.2	Code: R93.89	Code: R50.9	Code: R73.03	Code: F19.10		
Code: R50.9	Code: J98.8	Code: I10	Code: I48.91	Code: R74.0		
Code: G62.9	Code: R50.9	Code: J96.01	Code: G43.109	Code: R93.1		
Code: F41.9	Code: R27.8	Code: M79.89	Code: C79.31	Code: A41.9		
		Code: J81.0		Code: F19.939		
		Code: I50.21		Code: F11.20		
		Code: R07.81		Code: 180.9		
		Code: J20.5		Code: 182.409		
		Code: R05				
		Code: R06.01				

Table 1: shows ICD-10 codes for five patients in the inpatient group.

Total insurance reimbursement of each inpatient admission was determined using the process described in Figure 1.

- The average insurance reimbursement for 20 minutes of an inpatient admission was determined by:
- 1st: Dividing the total reimbursement by the total days of admission 2nd: Fractioning the daily reimbursement to 1/72th (of a day).

The average of all the 20-minute reimbursements of each patient was taken.

This process is detailed for the five patients of the inpatient group in Table 2.

Table 2: Calculating average insurance reimbursement over a 20-minute period in the						
inpatient setting						
	Patient 1	Patient 2	Patient 3	Patient 4	Patient 5	
Length of Stay	2	35	4	4	8	
(in days)						

As a result, providing funded transportation for inpatient, as opposed to outpatient, discharge could be of greater financial benefit to the hospital.

Limitations of the Study: The study is limited by: -sample size -a lack of access to actual reimbursement costs

Future Direction:

-Increase the number of patients analyzed. -Assess frequency of missed appointments. -Upcoming "Pilot" study at LVHN. -Medical specialty outpatient offices. -Take into account: -procedure codes -hospital professional fees -facility fees **Relation to SELECT Competencies:** 1. Health Systems: -Quality Improvement -Iron Triangle of Healthcare (shown in Figure 2) -Systems Engineering 2. Values-Based Patient-Centered Care: -Disparities & Social Determinants of Health -Vulnerable Populations 3. Leadership: -Power & Influence

Methods

IRB Status: Non-Human Subjects Research and Quality Improvement

Retrospective chart review.

Patients undergoing treatment at the Lehigh Valley Hospital in the inpatient unit were identified using EPIC.

All patients admitted to the Medicine service on a specific day were assigned a number.

Five numbers were generated using the Random Number Generator Google Application.

The patients assigned to the resulting numbers were included in the "inpatient" group for chart review.

All patients who attended an outpatient appointment, on the same specific day, were assigned a number. Patients were randomly assigned to the "outpatient" group using a similar method, as above. These methods were repeated on another day to include a total of 10 patients in each group.

The insurance reimbursement for the inpatient and outpatient group was determined by following the process outlined in Figure 1.

The average outpatient office visit is 20 minutes [6]. For comparison, total reimbursement for an inpatient admission was divided by the number of days of the stay and fractioned to 20 minutes (i.e. average appointment length).

Insurance Reimburseme nt per day:	\$53,316.49	\$2,543.47	\$45,098.13	\$26,759.08	\$16,463.67
Total Insurance Reimburseme nt	\$106,633	\$89,021.42	\$180,392.50	\$107 <i>,</i> 036.31	\$131,709.33
Insurance Reimburseme nt per 20 minutes:	\$740.51	\$35.33	\$626.36	\$371.65	\$228.66
Average	\$400.50				

Table 2: shows the average insurance reimbursement for five patients in the inpatient group and the data required to calculate this average.

The average insurance reimbursement, per 20 minutes, for all 10 patients of the inpatient group was calculated to be \$731.59.

Outpatient Group

CPT codes per outpatient office visit were recorded from 10 patient charts, also chosen randomly.

Table 3: Outpatient Group: CPT Codes Per Office Visit (duration of 20 minutes each)					
Patient 6	Patient 7	Patient 8	Patient 9	Patient 10	
G0439	99213	99213	99213	99212	

Table 3: shows CPT codes for five patients in the outpatient group.

Total insurance reimbursement of each outpatient office visit was determined using the process described in Figure 1.

Table 4: Calculating average insurance reimbursement for outpatient office visits					
	Patient 6	Patient 7	Patient 8	Patient 9	Patient 10
Total	\$401.60	\$302.25	\$302.25	\$302.25	\$186.11
Insurance					
Reimburseme					
nt:					
Average:	\$298.89				

	COST				
Access		Quality			

Figure 2: Elements of the Iron Triangle of Healthcare

Conclusion

These results serve as impetus for healthcare networks to manage healthcare disparities by:

-funding inpatient discharge transportation. The network could generate more revenue for itself (at the same time).

Hopes of one day providing transportation for majority of patients in need -including those the current Medicaid ride-sharing program has not benefited.

Systems-Level Change consistently benefits both:

-individual patients

and

-hospitals

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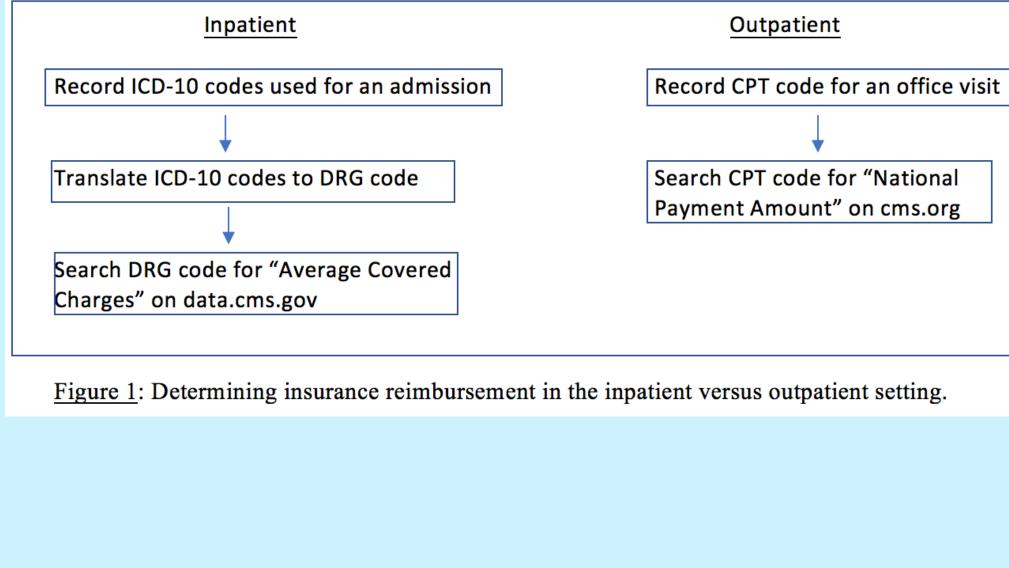


Table 4: shows the average insurance reimbursement for five patients in the outpatient group and the data required to calculate this average.

The average reimbursement for all 10 patients of the outpatient group was **\$178.43**.

Inpatient v. Outpatient Group Comparison:

There is a **\$553.16** (\$731.59-\$178.43) greater reimbursement (per 20 minutes) during an inpatient, as compared to outpatient, encounter.

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