



Mindfulness Matters

Mindfulness is a word and a concept commonly used in medicine and involves any practice that cultivates connection and awareness of the present moment. Mindfulness – which yields more than 4,000 citations in PubMed – occurs while disengaging oneself from strong attachment to beliefs, thoughts or emotions, resulting in a greater sense of emotional balance and well-being.

For patients experiencing chronic pain, affect disorders, menopausal hot flashes, obesity, diabetes¹ and other painful disorders, the value of mindfulness is immeasurable. For physicians and providers, the merits of mindfulness include improved engagement – with colleagues and patients – and greater compassion. Recent data suggests mindfulness may also play an important role in optimizing clinical outcomes and in reducing medical errors.



Joseph E. Patruno, MD
President, Medical Staff
Obstetrics and Gynecology
Gynecology/Primary Care OBGYN

The value of mindfulness has similarly been looked at as a preventive tool against burnout. Although burnout is an epidemic in many professions, as physicians we are clearly overrepresented. A study from the Mayo Clinic estimated that 54 percent of physicians are affected by burnout. A recent survey of our medical staff confirms similar statistics.

Practicing mindfulness promotes wellness and resilience – two qualities that are protective against burnout. One of the challenges is how to effectively incorporate mindfulness into a daily routine. Consider these resources to bring mindfulness into your life:

- **Participate in a mindfulness-based stress reduction course (MBSR).** Initiated in 2001, LVHN's program is one of the longest-established in the country. Co-developed by Susan Wiley in the Department of Psychiatry, the program has provided MBSR training to more than 1,500 individuals. [The program](#) teaches participants to learn to stay in the present moment, respond rather than react and experience a greater sense of calm and well-being. Kristin Friel, MD, of LVPG Obstetrics and Gynecology—1245 Cedar Crest, and many other clinicians in our network, have completed this course. She describes the course as one of the most meaningful and valuable experiences in her personal and professional life. Although the program requires a nine-week commitment and a nominal fee, it is covered by Culture of Wellness dollars for LVPG providers, and Medical Staff Services will gladly reimburse non-LVPG medical staff members who want to participate in the course.
- **Download a mindfulness-meditation app.** Technology offers creative and accessible tools to help promote daily mindfulness. Based on a recommendation from Matt McCambridge, MD, our Chief Quality Officer, I recently subscribed to [Headspace](#). This is a downloadable app that helps people learn to meditate in only 10 minutes a day. Meditating using this app has greatly enriched my life, as it has for Matt, who has tallied nearly 400 hours of meditation over the past three years. Similar apps that have received positive reviews include The Mindfulness App, Omvana, and Stop, Breath & Think, which can similarly be used as adjuncts in developing your own personal mindfulness program.
- **Subscription to the Daily Motivator.** Thanks to the recommendation of Amy Smith, PhD, in the Department of Education, I connect with the [Daily Motivator](#) website messages daily. These posts are only a few sentences and take about a minute to read. They focus on simple themes that promote thoughtfulness while providing inspiration and motivation. The website also emphasizes the importance of positivity, compassion for self and others, and the value of investing in oneself. The complete site offers access to several other resources, including videos that promote inner peace and introspection.

Mindfulness is a simple concept. I have touched on a few of the many benefits it can have in one's life. The journey toward mindfulness, however, requires engagement, practice and action. Feel free to use one of the options I've reviewed in your journey.

In future Progress Notes editions, we will focus on other ways we as a medical staff can stay healthy through a monthly column – “The Wellness Corner.” Please let us know strategies you've adopted to stay healthy and well which that we may be able to share. If you have any suggestions for how Medical Staff Services can continue to make LVHN a healthier place to practice medicine, please share those as well.



Joseph E. Patruno, MD
Medical Staff President

1. “Mindfulness in medicine.” DS Ludwig et al. JAMA. 2008; 300(11): 1350-2.

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Progress Notes Highlights



This sheet captures highlights from the latest issue of Progress Notes.

Lehigh Valley Hospital
P.O. Box 689, Allentown, PA 18105 - [See all](#)

[locations](#)



For Health Professionals

Medical Staff Integration Succeeding at LVH–Hazleton

The first day Jayme Lieberman, MD, MBA, drove into the parking lot at Lehigh Valley Hospital (LVH)–Hazleton as its new Vice Chair of the Department of Surgery, he wasn't sure what to expect.

"I walked in there cold," says Lieberman of that day last August. "I hadn't met any of the surgical staff previously."

In his new position, Lieberman was asked to facilitate integration between the surgical staffs of LVH and LVH–Hazleton at a location where there was a need for surgeons, as well as to accelerate quality and efficiency initiatives. Medical Staff Services leadership joined Michael Pasquale, MD, FACS, LVH's Senior Medical Director and the Anne and Carl Anderson Distinguished Chair in Surgery, in determining someone of Lieberman's skill and leadership abilities would be the perfect conduit to directing these integration efforts on-site.

"Dr. Lieberman is a respected surgeon who had shown interest in getting involved with the administrative aspects of surgery and quality," Pasquale says. "We saw him as an excellent choice in terms of working with the President and Senior Medical Director at LVH–Hazleton as we focus on strategic growth and addressing the needs of our staff there."

From that first day, Lieberman has been warmly received. "It's challenging to walk into what has been a well-functioning hospital for decades trying to initiate change," Lieberman says. "But the leadership here and everybody on the team has been totally engaged in the process from the beginning."

That process continues to be a work in progress, Lieberman says. It's quite a task to standardize care delivery, integrate systems and increase inter-hospital collaboration, all while attempting to become more efficient, eliminate waste and reduce costs.

"Our main goal is to provide patients in this community the same access to care they would get at LVH in Allentown or Muhlenberg," Lieberman says. "There's no quick fix in a situation like this, but I can tell you we're getting there."

Joseph Patruno, MD, Medical Staff President, hopes the model Lieberman and Pasquale have created for Hazleton can be used elsewhere as Lehigh Valley Health Network continues to grow.

“I could see this model as something of real value in departments which lack staff or leadership,” Patruno says.

“When a provider of Dr. Lieberman’s standing is willing to travel and become part of a hospital community such as Hazleton’s, it could well provide a foundation for physician recruitment and growth of clinical service lines. We’re looking to bring about a sense of pride and trust in LVHN at all of our hospitals, and this is a great start.”

*For questions or feedback on this article, contact **Joseph E. Patruno, MD, Medical Staff President, or John Hart, Senior Vice President, Medical Operations.***

Progress Notes



LVHN Dental Department Conducts 'Give Kids a Smile Day'

Eight-year-old Uyen Ly was all smiles as she strolled into the dental clinic at Lehigh Valley Hospital (LVH)–Muhlenberg on Feb. 23 with her father, Phuong, for her first-ever dental appointment. Even her sweater matched the occasion: SMILE – it spelled in a variety of colors.

Dentist Christopher Low, DMD, and dental assistant Susan Chaikowsky gave Ly an oral exam, cleaned and

polished her teeth, took X-rays and applied fluoride to them. They made the experience easy, painless and even fun for their patient, who smiled throughout her visit.

Ly, a second-grader from Allentown, was one of 25 kids from the community who received free dental care at the annual "Give Kids a Smile Day," sponsored by LVHN for the past 13 years. The dental clinic at LVH–17th Street held its day Feb. 3, providing care to 18 low-income children. The total value of free care provided by LVHN over the life of the program exceeds \$202,000.

Recently, the program gained national attention with a photo of dental resident Helen Pham and two young patients at the LVH–17th Street clinic that was published in the February edition of the American Dental Association magazine.

"Our dentists volunteer their time at the clinic to provide services that sometimes get pushed to the back burner by families when things are difficult economically," says dentist Michele Pisano-Marsh, DMD, who runs the clinic at LVH–Muhlenberg. "In addition to the free care we give, we become their 'dental home' for all their lives. It's part of our community service."

This was Mason Bisher's first time at the clinic as well. Accompanied by his mother, Domilys Rosario, the 2-year old was initially shy but soon warmed up to dentist Steven Fenstermacher, DMD, and dental assistant Ruth Usino as they treated him like a celebrity and encouraged him during his treatment.

"You're doing so good," Fenstermacher told him. "You're teeth look great!"

Besides healthy teeth, the real payoff for Bisher was the Beanie Baby stuffed toy he picked out of a gift bag after his appointment for being such a stellar patient.

For questions or feedback on this article, contact [Michele Pisano-Marsh, DMD, Dental Clinic, LVH-Muhlenberg.](#)

Progress Notes

LVH-Schuylkill, LVHN Medical Staffs Vote 'Yes' To Merger

The medical staff of Lehigh Valley Hospital (LVH)–Schuylkill East Norwegian Street and South Jackson Street has joined the Lehigh Valley Health Network (LVHN) medical staff in voting to approve the merging of staffs during simultaneous general medical staff meetings held at the East Norwegian Street site, LVH–Cedar Crest and Valley Country Club in Sugarloaf, Pa., on March 13.

The positive staff merger vote now moves to the individual boards of trustees for LVH, LVH–Muhlenberg, LVH–Hazleton and LVH–Schuylkill for final approval.

Upon that approval, the LVH–Schuylkill merger would add 181 clinicians to the 1,551-member LVHN medical staff, which currently includes LVH–Cedar Crest, LVH–Muhlenberg and LVH–Hazleton. The LVH–Hazleton medical staff officially joined the LVHN medical staff in November.

The hope is the medical staff of LVH-Pocono can be included sometime later in the year.

For questions or feedback on this article, contact [Joseph E. Patruno, MD](#), Medical Staff President, or [John Hart](#), Senior Vice President, Medical Operations.



Progress Notes

25th Annual Golf and Tennis Classic

LVHN's 25th Annual Golf and Tennis Classic will be held May 15 at Saucon Valley Country Club.

For sponsorship information, contact [Sandi Marsh](#) at 484-884-9119.

Progress Notes

APC Events Coming in April

The Department of Education invites network APCs to an education symposium and Faculty Focus Week.

The Innovations in Education Conference – 2017 will be held 8 a.m. to 4:30 p.m. on Wednesday, April 26, at the Kasych Family Pavilion at LVHCedar Crest. Registration opens at 7:30 a.m. Continuing education credits are offered. Sessions include:

- Crafting a Story of You for Resilience and Vitality Within Professional Identity Formation
- The Top 3 Creative Teaching Strategies for 2017: Be Wise to What's Up and Coming
- Building the Bridges: Spanning the Generations
- Beyond the Classroom: Using Virtual and Social Learning Tools
- Fostering Reflective Capacity with Interactive Reflective Writing

Register at www.innovationsined.com.

Faculty Focus Week will be held April 26 to May 5. A CME faculty development event will be held from 5 to 8:30 p.m. on Monday, May 1.

For questions or feedback on this article, contact [Margaret Hadinger, EdD, MS, Director, Medical Education, Department of Education, at 610-402-2475.](#)



Progress Notes

New! Surgery Videos by America's Top Doctors in AccessSurgery

Intended for practicing surgeons, instructors, residents and medical students, AccessSurgery is an integrated online resource organized around the Accreditation Council for Graduate Medical Education (ACGME) mandate for a Core Curriculum. Its content includes 25 searchable textbooks, including some with video content, clerkship resources, and a database of more than 16,000 images including downloadable slides and tools for residency directors.

Videos from JoMI (Journal of Medical Insight), a Boston-based peer-reviewed surgical video journal, are now featured in the AccessSurgery multimedia content. JoMI works with top surgeons at hospitals including Massachusetts General Hospital, Brigham and Women's Hospital, Berlin's Charite Hospital, Duke Medical Center and others to publish high quality, professionally filmed surgical cases. Each video-article is narrated by the surgeon and includes a text article detailing the procedure, along with supplementary materials (in-video highlights, animation, imaging, patient overview, etc.). The journal's current focus is on general surgery, orthopedics, orthopedic trauma, neurosurgery, and head and neck surgery.

The first release, Laparoscopic Gastric Wedge Resection, a procedure with less mortality risk that allows shortened recovery time and requires only a 24-hour postoperative stay, is performed by Martin Goodman, MD, and was filmed at Tufts Medical Center in Boston. Goodman, a surgical oncologist, has been listed as one of America's Top Doctors four years in a row. Additional videos from JoMI's growing compendium are scheduled to be added soon.

Some other video sources include:

- Essential Surgery, an interactive program to introduce basic surgical concepts and techniques to the medical student. Each learning module is grouped by region for ease of study. Numerous videos, images and definitions comprise each module, giving context to the topic.
- Schwartz's Principles of Surgery, 8th Edition
- Surgical animations: Adapted from Zollinger's Atlas of Surgical Operations, 8th Edition

New! Surgery Videos by America's Top Doctors in AccessSurgery - Lehigh Valley Health Network - A Passion For Better Medicine

- Exploring Essential Radiology helps medical students and residents develop their imaging interpretation skills in various modalities as well as various anatomical regions.
- Patient Safety modules introduce core concepts of patient safety in an interactive and self-paced learning environment including three modules: Handwashing, Understanding Error, and Communication Concepts.
- Videos from Cardiac Surgery in the Adult, 4th Edition

For questions or feedback on this article, contact [Linda Matula Schwartz](#), Director, Department of Education, Educational Infrastructure, at 610-402-5290.

Progress Notes

Generic Drug Update

Generic medications are biologically equal to the brand name “innovator” drug in dosage form, safety, strength, quality, administration route, and intended use. They are typically a more affordable option which can lead to increased patient compliance.

The following medications are now available generically:

- Emend (aprepitant)
- Tamiflu Capsules (oseltamivir)
- EpiPen and EpiPen Jr (epinephrine)
- Patanol Ophthalmic Drops (olopatadine)
- Pristiq (desvenlafaxine)
- Zetia (ezetimibe)

The following medications should be available generically in 2017:

- Relpax (eletriptan)
- Pataday Ophthalmic Drops (olopatadine)
- Proair HFA (albuterol sulfate)
- Vytorin (ezetimibe/simvastatin)
- Strattera (atomoxetine)
- Viagra (sildenafil)

For questions or feedback on this article, contact [Lauren Grantz PharmD, CSP](#), Director of Pharmacy for Health Spectrum Pharmacy Services, at 610-402-5294.

Progress Notes

April 2017 Papers, Publications and Presentations

- Sameh Morkous, MD, Chief, Division of Pediatric Neurology, Department of Pediatrics, has received provisional acceptance of a manuscript, “A child who flickers her fingers while falling asleep,” to be published in *Annals of the American Thoracic Society*.
- Andrew Meyer, MD, of LVPG-Neonatology, co-authored an article, “An outpatient methadone weaning program by a neonatal intensive care unit,” with resident Patrick Philpot, DO, Jenny Boucher, JD, PharmD, and Andrew Lai, MPH, which has been accepted by the *Journal of Population Health*.
- Kenneth Katz, MD, of the Department of Emergency Medicine, co-authored an article, “Patient with alcoholic ketoacidosis and profound lactemia.” It was published in the *Journal of Emergency Medicine*, Volume 51, Number 4, October 2016.
- Kenneth Katz, MD, of the Department of Emergency Medicine, co-authored an article, “Baclofen toxicity in a patient with hemodialysis-dependent end-stage renal disease.” It was published Oct. 24, 2016, online ahead of print in the *Journal of Emergency Medicine*.
- Benjamin Croll, BS, Zachary Dillon, MD, Kevin Weaver, DO, and Marna Rayl Greenberg, DO, MPH, of the Department of Emergency Medicine, co-authored an article, “MRI diagnosis of herpes simplex encephalitis in an elderly man with nonspecific symptoms.” It was published in *Radiology Case Reports*, Volume 12, Number 1, December 2016.
- Kathleen Kane, MD, Kevin Weaver, DO, Gavin Barr Jr., MD, Gary Bonfante, DO, Nicole Bendock, DO, Brian Berry, DO, Allison Raines, DO, and Bryan Kane, MD, of the Department of Emergency Medicine, co-authored an article, “Standardized direct observation assessment tool: using a training video.” It was published Jan. 19, 2017, online ahead of print in the *Journal of Emergency Medicine*.

Progress Notes

April 2017 Upcoming Seminars, Conferences and Meetings

Department of Education Conferences

- April 26 – Innovations in Education; LVH–Cedar Crest Kasych Family Pavilion, 8 a.m.-4:30 p.m. CE credits offered for physicians and nurses. Register [here](#).
- April 29 – Update in Cardiology; LVH–Cedar Crest Auditorium and Kasych Family Pavilion, 8 a.m.-12:40 p.m. CE credits offered for physicians and nurses. Register [here](#) if you are a physician or [here](#) if you are a nurse.
- May 5 – Stroke Symposium: Targets of Care; Lehigh Valley Hospital–Cedar Crest Kasych Family Pavilion, 7:15 a.m.-3:15 p.m. CE credits offered for physicians, nurses, pharmacists, physical therapists, occupational therapists, and radiology technicians. Register [here](#).
- May 17 – Child Maltreatment Hurts Us All; LVH–Cedar Crest Auditorium, 8:30-10:30 a.m. CE credits offered for physicians and nurses. (This is the education required by the state for any licensed health care provider.) Register [here](#).

For more information, call 610 402 2277, option 1, or visit <https://go.activecalendar.com/lvhn-doe>.

Pediatric Grand Rounds

- April 4 – Topic TBD, with Claudia Busse, MD, pediatric hospitalist; Kasych Family Pavilion ECC Room 6 at LVH–Cedar Crest, 8-9 a.m.
- April 11 – Hemangiomas, with James Treat, MD, Children’s Hospital of Philadelphia; Kasych Family Pavilion ECC Room 6 at LVH–Cedar Crest, 8-9 a.m.
- April 18 – Topic TBD, with Kim Rarick, DO, PGY III; Kasych Family Pavilion ECC Room 6 at LVH–Cedar Crest, 8-9 a.m.
- April 25 – Topic TBD, with Migdalia Resto, MD, neonatologist; Kasych Family Pavilion ECC Room 6 at LVH–Cedar Crest, 8-9 a.m.

The department of pediatrics holds Grand Rounds on Tuesdays at the locations noted.

For more information, contact [Cari Cleffi](#) in the Department of Pediatrics at 484-862-3131.

Surgical Grand Rounds

- April 4 – Orthoplastic Extremity Reconstruction – Replantation to Transplantation, with Scott Levin, MD, FACS, Paul B. Magnuson Professor of Bone and Joint Surgery; Chairman, Department of Orthopedic Surgery; Professor of Plastic Surgery, at Penn Musculoskeletal Center
- April 28 – Surgical Management of Metastatic Colorectal Cancer to the Liver, with Michael D’Angelica, FACS, Enid A. Haupt Chair in Surgery, Memorial Sloan Kettering Cancer Center; and Program Director, Complex Surgical Oncology and HPB Fellowship, Professor of Surgery, at Cornell University, Weill Medical College

They both take place 7 – 8 a.m. in the LVH–Cedar Crest Auditorium and will be teleconferenced to LVH –Muhlenberg, first floor conference room.

For more information, contact [Wendy Hess](#) in the Department of Surgery.

Progress Notes

Who's New — April 2017

Jump to: | [Medical staff new appointments](#) | [Allied health staff new appointments](#)

MEDICAL STAFF

New Appointments

Effective March 28, 2017

Osman Z. Abbasi, DO

(LVH–M Emergency Medicine – David B. Burmeister, DO)

Emergency and Hospital Medicine

Emergency Medicine

LVH–M Emergency Medicine

Lehigh Valley Physician Group

Lehigh Valley Hospital–Muhlenberg

2545 Schoenersville Road, Fifth Floor

Bethlehem, PA 18017-7300

Phone: 484-884-2888 Fax: 484-884-2885

Provisional Limited Duty

Appointment Date: 03/28/2017 Temporary Privileges: 03/16/2017

LVH LVH–M

George Abraham, MD

(LVPG Hospital Medicine at Cedar Crest – Anthony P. Buonanno, MD)

Emergency and Hospital Medicine

Hospital Medicine

LVPG Hospital Medicine at Cedar Crest

Lehigh Valley Physician Group

Lehigh Valley Hospital

Cedar Crest and I-78, PO Box 689
Third Floor Anderson Wing
Allentown, PA 18105-1556
Phone: 610-402-5369 Fax: 610-402-5959
Provisional Active
Appointment Date: 03/28/2017 Temporary Privileges: 03/27/2017
LVH LVH-M

Pragna R. Bhagat, MD

(Hazleton Anesthesia Services/Somnia, Inc. – Robert Farrar, MD)
Anesthesiology
Hazleton Anesthesia Services/Somnia, Inc.
Lehigh Valley Hospital–Hazleton
700 E. Broad Street
Hazleton, PA 18201-6835
Phone: 570-501-4218 Fax: 570-501-4089
Provisional Active
Appointment Date: 03/28/2017 Temporary Privileges: 03/20/2017
LVH-H

Byron M. Cook, DPM

(Kramer and Maehrer, LLC – Noel Kramer, DPM)
Surgery
Podiatric Surgery
2597 Schoenersville Road, Suite 304
Bethlehem, PA 18017-7309
Phone: 610-868-6353 Fax: 610-332-0520
Provisional Active
Appointment Date: 03/28/2017 Temporary Privileges: 03/16/2017
LVH LVH-M

Estella F. Graeffe, MD

(Allentown Radiation Oncology Associates – Dennis M. Sopka, MD)
Radiation Oncology
Allentown Radiation Oncology Associates
Lehigh Valley Hospital
Cedar Crest and I-78, PO Box 689
Department of Radiation Oncology
Allentown, PA 18105-1556
Phone: 610-402-0700 Fax: 610-402-0708
Provisional Active
Appointment Date: 03/28/2017 Temporary Privileges: 03/24/2017
LVH LVH-M

Robert M. Kraus, MD

(EmCare – Lori A. Lawson, MD)

Emergency Medicine

EmCare

700 E. Norwegian Street

Pottsville, PA 17901-2710

Phone: 570-621-4090 Fax: 570-628-2210

Provisional Active

Appointment Date: 03/28/2017

LVH-S

Nicole E. Purcell, DO

(LVPG Neurology-1250 Cedar Crest – Jay D. Varrato, MD)

Medicine

Neurology

LVPG Neurology-1250 Cedar Crest

Lehigh Valley Physician Group

Center for Advanced Health Care

1250 S. Cedar Crest Blvd., Suite 405

Allentown, PA 18103-6224

Phone: 610-402-8420 Fax: 610-402-1689

Provisional Active

Appointment Date: 04/10/2017

LVH LVH-M LVH-H LVH-S

Hillary A. Roth, MD

(LVPG Pediatrics-West Broad – Debra Carter, MD)

Pediatrics

General Pediatrics

LVPG Pediatrics-West Broad

Lehigh Valley Physician Group

325 W. Broad Street

Bethlehem, PA 18018-5526

Phone: 484-626-9222 Fax: 484-626-9220

Provisional Active

Appointment Date: 03/28/2017 Temporary Privileges: 03/27/2017

LVH LVH-M

Tony H. Tseng, MD

(Hazleton Anesthesia Services/Somnia, Inc. – Robert Farrar, MD)

Anesthesiology

Hazleton Anesthesia Services/Somnia, Inc.

Lehigh Valley Hospital-Hazleton

700 E. Broad Street

Hazleton, PA 18201-6835

Phone: 570-501-4218 Fax: 570-501-4089

Provisional Active

Appointment Date: 04/03/2017

LVH-H

Cindy F. Williams, DO

(Weatherby Healthcare – Angela D. Zawisza, DO)

Pediatrics

General Pediatrics

LVH-S Department of Pediatrics

420 S. Jackson Street

Pottsville, PA 17901-3625

Phone: 570-621-5493 Fax: 570-621-5605

Provisional Active

Appointment Date: 03/28/2017 Temporary Privileges: 03/27/2017

LVH-S

Tzu-Ching Wu, MD

(Specialists On Call – Anitha Abraham, MD)

Medicine

Neurology

Specialists On Call, Inc

1768 Business Center Drive, Suite 100

Reston, VA 20190-5359

Phone: 866-483-9690 Fax: 978-495-9877

Provisional Telemedicine

Appointment Date: 03/28/2017

LVH-S

Jeffrey T. Yaiko, MD

(EmCare – George J. Bowen, DO)

Anesthesiology

EmCare

700 E. Norwegian Street

Pottsville, PA 17901

Phone: 570-621-4373 Fax: 570-621-4116

Provisional Active

Appointment Date: 04/3/2017

LVH-S

ALLIED HEALTH STAFF

New Appointments

Effective March 28, 2017

Jennifer P. Bloch, CRNP

Certified Registered Nurse Practitioner

LVPG Family Medicine–Macungie
Lehigh Valley Physician Group
6451 Village Lane
Macungie, PA 18062-8484
Phone: 610-967-2772 Fax: 610-967-2599
Supervising Physician: Suzanne L. Widmer, DO
Appointment Date: 03/28/2017
LVH LVH–M

Rebecca M. Calder, PA-C

Physician Assistant-Certified
700 E. Norwegian Street
Pottsville, PA 17901-2710
Phone: 570-621-4090 Fax: 570-628-2210
Supervising Physician: Lori Lawson, MD
Appointment Date: 03/28/2017
LVH–S

Feliz Lou E. Cardenas

Anesthesia Technical Assistant
Lehigh Valley Anesthesia Services, PC
Lehigh Valley Health Network
Lehigh Valley Hospital
Cedar Crest and I-78, PO Box 689
Central Utilities Building, Second Floor
Allentown, PA 18105-1556
Phone: 610-402-1374 Fax: 610-402-4230
Supervising Physician: Thomas M. McLoughlin Jr., MD
Appointment Date: 03/28/2017 Temporary Privileges: 03/16/2017
LVH LVH–M

Mason A. Cote

Pacemaker/ICD Technician
Medtronic USA Inc.
Morris Corporate Center
300 Interpace Parkway, Building A, Suite 340
Parsippany, NJ 07054-1100
Phone: 215-968-1684 Fax: 215-860-9265
Supervising Physician: Babak Bozorgnia, MD
Appointment Date: 03/28/2017 Temporary Privileges: 03/16/2017
LVH LVH–M

Angela M. da Silva, LCSW

Licensed Clinical Social Worker
LVPG Pediatric Pulmonology–1210 Cedar Crest
Lehigh Valley Physician Group

1210 S. Cedar Crest Blvd., Suite 2700
Allentown, PA 18103-6239
Phone: 610-402-3866 Fax: 610-402-3859
Supervising Physician: Susan D. Wiley, MD
Appointment Date: 03/28/2017 Temporary Privileges: 03/16/2017
LVH LVH-M

Colleen M. Dempsey-Rex, RD

Registered Dietitian
Sodexo Dietitians
Lehigh Valley Hospital
Sodexo Administration Office
Cedar Crest and I-78, First Floor Kasych Pavilion
Allentown, PA 18105-1556
Phone: 610-402-8609 Fax: 610-402-1034
Supervising Physician: J. Nathan Hagstrom, MD, MHCM
Appointment Date: 03/28/2017 Temporary Privileges: 03/16/2017
LVH LVH-M

Loretta A. DeVivo, CRNP

Certified Registered Nurse Practitioner
LVPG Geriatric Medicine-17th Street
Lehigh Valley Physician Group
The Center for Healthy Aging
17th and Chew, PO Box 7017, Ground Floor
Allentown, PA 18105-7017
Phone: 610-969-3390 Fax: 610-969-3393
Supervising Physician: Gainneos R. Goldie, MD
Appointment Date: 03/28/2017 Temporary Privileges: 03/27/2017
LVH LVH-M

Olutoyin I. Ekundayo, CRNP

Certified Registered Nurse Practitioner
Advanced Inpatient Medicine
150 Ice Lake Drive
Mountain Top, PA 18707-9654
Phone: 570-647-8990 Fax: 570-261-2015
Supervising Physician: Mark M. Radziewicz, DO
Appointment Date: 03/28/2017 Temporary Privileges: 03/16/2017
LVH-H

Rebecca R. Flim, PA-C

Physician Assistant-Certified
LVPG Orthopedics and Sports Medicine
Lehigh Valley Physician Group
Center for Advanced Health Care

1250 S. Cedar Crest Blvd., Suite 110
Allentown, PA 18103-6224
Phone: 610-402-8900 Fax: 610-402-5656
Supervising Physician: Gabriel E. Lewullis, MD
Appointment Date: 03/28/2017 Temporary Privileges: 03/27/2017
LVH LVH-M

Cordelia S. Francis, PA-C

Physician Assistant-Certified
LVPG-Emergency Medicine
Lehigh Valley Physician Group
Lehigh Valley Hospital
Cedar Crest and I-78, PO Box 689
Allentown, PA 18105-1556
Phone: 484-862-3232 Fax: 484-862-3250
Supervising Physician: Jacob N. Erickson, MD
Appointment Date: 03/28/2017 Temporary Privileges: 03/27/2017
LVH LVH-M LVH-H

Caitlin E. Herman, CRNP

Certified Registered Nurse Practitioner
LVPG Pediatrics-Center Valley
Lehigh Valley Physician Group
3800 Sierra Circle, Suite 100
Allentown, PA 18034-8476
Phone: 484-664-2090 Fax: 484-664-2089
Supervising Physicians: Sanjeev Vasishtha, MD, and Tibisay Villalobos, MD
Appointment Date: 04/10/2017
LVH LVH-M

Victoria A. Lieb, CRNP

Certified Registered Nurse Practitioner
AIDS Activities Office
Lehigh Valley Physician Group
Lehigh Valley Hospital
17th and Chew, PO Box 7017
Allentown, PA 18105-7017
Phone: 610-969-2400 Fax: 610-969-2195
Supervising Physician: Joseph L. Yozviak, DO
Appointment Date: 03/28/2017 Temporary Privileges: 03/27/2017
LVH LVH-M

Andrea F. Long, RN

Registered Nurse
LVPG General and Bariatric Surgery-1240 Cedar Crest
1240 S. Cedar Crest Blvd., Suite 208

Allentown, PA 18103-6218

Phone: 610-402-9780 Fax: 610-402-9799

Supervising Physicians: T. Daniel Harrison, DO

Appointment Date: 03/28/2017 Temporary Privileges: 03/16/2017

LVH LVH-M

Meri E. Mackey, PA-C

Physician Assistant-Certified

LVPG-Emergency Medicine

Lehigh Valley Physician Group

Lehigh Valley Hospital

Cedar Crest and I-78, PO Box 689

Allentown, PA 18105-1556

Phone: 484-862-3232 Fax: 484-862-3250

Supervising Physician: Diane M. Saldukas-Mazur, MD

Appointment Date: 04/10/201

LVH LVH-M LVH-H

Mary C. McGeever, CRNA

Certified Registered Nurse Anesthetist

Hazleton Anesthesia Services/Somnia, Inc.

Lehigh Valley Hospital-Hazleton

700 E. Broad Street

Hazleton, PA 18201-6835

Phone: 570-501-4218 Fax: 570-501-4089

Supervising Physician: Robert Farrar, MD

Appointment Date: 03/28/2017 Temporary Privileges: 03/16/2017

LVH-H

Alexandra L. Mercurio-Woch, OD

Optometrist

LVPG Ophthalmology-17th Street

Lehigh Valley Physician Group

Allentown Medical Center

401 N. 17th Street, Suite 103

Allentown, PA 18104-5052

Phone: 610-969-3070 Fax: 610-969-3073

Supervising Physician: Christine G. Saad, MD

Appointment Date: 05/22/2017

LVH LVH-M

Jason E. Sink, RRT

Registered Respiratory Therapist

American Home Medical Equipment & Services Inc.

754 Roble Road, Suite 180

Allentown, PA 18103-9135

Phone: 610-841-4986 Fax: 610-841-4987

Supervising Physician: Richard J. Strobel, MD

Appointment Date: 03/28/2017 Temporary Privileges: 03/16/2017

LVH LVH-M

Lora A. Steffie, RN

Registered Nurse

Children's HealthCare

Children's Healthcare Center

1517 Pond Road

Allentown, PA 18104-2250

Phone: 610-395-4444 Fax: 610-366-7886

Supervising Physician: Kenneth J. Toff, DO

Appointment Date: 03/28/2017 Temporary Privileges: 03/16/2017

LVH LVH-M

Ana L. Weaver, CRNA

Certified Registered Nurse Anesthetist

Lehigh Valley Anesthesia Services, PC

Lehigh Valley Health Network

Lehigh Valley Hospital

Cedar Crest and I-78, PO Box 689

Central Utilities Building, Second Floor

Allentown, PA 18105-1556

Phone: 610-402-1374 Fax: 610-402-4230

Supervising Physician: Thomas M. McLoughlin Jr., MD

Appointment Date: 03/28/2017 Temporary Privileges: 03/27/2017

LVH LVH-M

Sarah Woznisky, CRNP

Certified Registered Nurse Practitioner

Integrated Medical Group

1243 S. Cedar Crest Blvd., Suite 301

Allentown, PA 18103-6268

Phone: 570-622-5555 Fax: 570-622-6047

Supervising Physician: Amrit P. Narula, MD

Appointment Date: 03/28/2017 Temporary Privileges: 03/03/2017

LVH-S