

# Resolutions of a Doctor...

Happy New Year! It's a time to indulge in retrospection and re-evaluation. It's time to create a list of ways to change and improve our lives. My list of resolutions is almost as long as my 13-year-old's Christmas wish list. At the top of my list is exercise more, eat less and lose weight. Who's with me?

Not so fast! Although New Year's resolutions might seem like the right thing to do, the data on them is poor. It's been estimated that more than 41 percent of Americans make resolutions each year. Yet only 9 percent feel they are successful in achieving these goals. However, it's also been shown that people who explicitly make resolutions are more likely to attain their goals than those who do not.

My resolution for 2018 is to better accomplish the "Triple Aim," the initiative of the Institute for Healthcare Improvement that calls for hospital systems to provide better health care, enhance the patient experience and lower health care costs. As a network, we aspire to accomplish this aim and I am fully vested in that mission. As a physician, my personal triple aim gets a slight tweak. Indeed, I strive to provide my patients with the highest quality of care and a superior experience while doing my best to control costs. Personally, while striving for those goals, I also try to find balance in my life.

I am fortunate to work in a health system that has the reputation of providing exceptional care and – based on objective metrics – actually provides such care. Our diverse and talented medical staff, vast resources and commitment to caring for each and every member of our community is the foundation for this excellence. Each of us, as individual clinicians, strives to provide our patients with an excellent care experience. A positive patient experience must be customized to the desires and goals of each patient, which requires hard work. Reaching this goal can be a challenge as we grow and our network and system become more complex. I resolve to continue to provide my patients with exceptional, cost-effective care as well as the positive experience they want and deserve.

The final element of my New Year's resolution is an addition to my customized triple aim – life balance and personal wellness. Cliché as it may sound, this does include exercise, diet and weight loss (I'd be happy with 10-15 pounds). For me, this also involves mindfulness, rest, spirituality and, most importantly, time with family and



**Joseph E. Patruno, MD**  
President, Medical Staff  
Obstetrics and Gynecology  
Gynecology/Primary Care OBGYN

friends – in a nutshell, a life outside of medicine. I've written about these topics before. Empirically, I'm not alone here, as a recent survey showed that 60 percent of physicians in this country value their personal time as much as they value their work.<sup>1</sup>

When I reflect on my success at the end of each year in achieving my resolutions, this is the area in which I typically feel I could have done better. Maintaining the ideal balance in my personal and professional life is generally a work in progress. But it's a critical aspect of my overall health. Similarly, it is a key component, albeit perhaps indirectly, of my resilience and joy at work. When I am able to achieve this delicate and ideal balance, however, I know I am more effective in accomplishing my aforementioned goals as a doctor.

Once again, Happy New Year to everyone! If you are joining me in making resolutions, I hope you are successful in achieving them. You can do it. Lists or no lists, I wish all of you a happy, healthy and balanced 2018.

1. "Physicians' personal time is as important as work." J. Murphy. MDLinx website. [mdlinx.com/family-medicine/article/1311](http://mdlinx.com/family-medicine/article/1311).

A handwritten signature in black ink, appearing to read "Joseph E. Patruno". The signature is fluid and cursive, with a large loop at the beginning and a long horizontal stroke at the end.

Joseph E. Patruno, MD  
Medical Staff President

# ‘Defining the Actionable Genome’ Presentation Scheduled

Lehigh Valley Health Network Medical Grand Rounds presents the 16th Annual Patt Endowed Lectureship in Oncology on Tuesday, Feb. 6, noon to 1 p.m. David Solit, MD, Director of the Marie-Josée and Henry R. Kravis Center for Molecular Oncology at Memorial Sloan Kettering Cancer Center, will present “Defining the Actionable Genome.”

Objectives are:

- Understand current genomic methods for profiling human tumors.
- Understand the use of genomic profiling to guide patient treatment.
- Be able to describe the benefits and limitations of genomically focused clinical trial designs.

The target audience is physicians, midlevel providers, nursing staff, residents, pharmacy and medical students.

The event will be held at Lehigh Valley Hospital (LVH)–Cedar Crest, Auditorium. Registration begins at 11:30 a.m.

Video conferencing will be available at:

- LVH–Muhlenberg, Education Conference Center A
- LVH–17th Street, VTC Room
- LVH–Hazleton, ETC, Third Floor Training Room
- LVH–Schuylkill, East Wall Auditorium
- LVH–Pocono, 2D Conference Room
- Health Center at Bangor

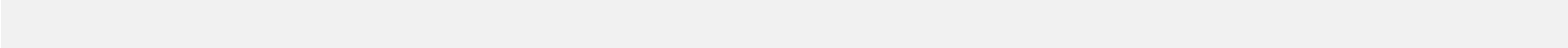
Lunch will be available. RSVP to **888-402-LVHN**.

Lehigh Valley Health Network is accredited by the Pennsylvania Medical Society to provide continuing medical education for physicians. Lehigh Valley Health Network designates this live educational activity for a maximum one (1) AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the educational activity.

It is Lehigh Valley Hospital and Health Network’s policy to ensure balance, independence, objectivity and scientific rigor in our entire sponsored educational program. Faculty and all others who have the ability to control the content of continuing medical education activities sponsored by Lehigh Valley Health Network are expected to disclose to the audience whether they do or do not have any real or apparent conflicts of interest or other

relationships related to the content of their presentation.

Medical Grand Rounds are held in the following locations the first Tuesday of the month at noon (unless otherwise noted): LVH–Cedar Crest, Auditorium; LVH–17th Street, VTC Room; and LVH–Muhlenberg, Education Conference Center.



# John Hart Retires from LVHN

After more than three decades at Lehigh Valley Health Network (LVHN), John W. Hart, Senior Vice President of Medical Operations, will retire from the network on Jan 7.

Hart came to LVHN in 1984 as Director, Medical Staff Services, and through the years along with various promotions, he has become an institution at the network. When he was named Senior Vice President, Medical Operations, in 2014, his department oversight was extended to Physician and Executive Recruiting, Health Information Management, Network Office of Research and Innovation and the Department of Education in addition to Medical Staff Services.

His list of accomplishments while at LVHN is very impressive. Perhaps Hart's crowning achievement has involved his leadership in the merging of five different hospital medical staffs during LVHN's expansions. Those mergers increased the LVHN medical staff to more than 1,700 physicians and 800 advanced practice clinicians. Hart worked up to the day of his retirement to lay the foundation for merging with medical staff at LVH-Pocono as well, which is still progressing.

He is one of those rare archival alumni with both a master's degree in administration from the University of Notre Dame as well as a bachelor's degree in medical technology from the Pennsylvania State University. Hart is a tried and true Blue and White Nittany Lion however. He also earned a master's degree in biology from Kutztown University.

Hart lives in Emmaus with his wife, Kathleen. They have two married daughters, Sarah and Kate, two granddaughters, Anna and Sophia, along with a chocolate labradoodle named Pinecone.

# ‘Neurology for the Non-Neurologist’ Event Scheduled

“Neurology for the Non-Neurologist: General Review and Update” will be held Wednesday and Thursday, Feb. 21-22, at Lehigh Valley Hospital–Cedar Crest. The event will take place 4:30 to 8:30 p.m. each day at the Richard Fleming Educational Conference Center inside Medical Imaging of Lehigh Valley, Conference Rooms 6, 7 and 8, 1200 S. Cedar Crest Blvd., Allentown. The fee is \$30 per day, \$50 for both days.

Sessions include:

- Multiple Sclerosis – MS, Is It More Common Now?
- Multiple Sclerosis – Making Sense of New Treatment
- Dementia Update – Review of Clinical Diagnosis and New Diagnostic Methods
- Headache Update
- Seizure Update – When Is It a Seizure and When Do I Start Treatment?
- Epilepsy – Review of New Terminology and Advancement in Diagnoses
- Stroke Update
- LVH Update – Benefits of a Comprehensive Stroke Center
- Not Everything Occurs in the Central Nervous System – Review of Myasthenia Gravis and Other PNS Disorders
- Review of Myasthenia Gravis and Other PNS Disorders
- Parkinson’s Disease Update

The target audience is health care professionals working with patients to ensure better interim care while awaiting neurological consult.

Registration deadline is Sunday, Feb. 14. To complete electronic registration and payment, please go to [go.activecalendar.com/lvhn-doe](http://go.activecalendar.com/lvhn-doe) and search for the event by title or date. On-site registrations may be available if space permits at an additional fee of \$10. Please be prepared for additional time to process your registration when you arrive. Payment can be made on-site by check or credit card only.

***For questions, please contact LVHN Department of Education at 610-402-2277, option 1.***

# GLVIPA General Membership Meeting for January

The next general membership meeting of the Greater Lehigh Valley Independent Practice Association will be held on Monday, Jan. 22, beginning at 6 p.m. in the Lehigh Valley Hospital (LVH)–Cedar Crest Auditorium with video conferencing to LVH–Muhlenberg, LVH–Hazleton, LVH–Pocono and LVH–Schuylkill. The annual Board of Trustees Election will be held at the meeting.

*For questions or feedback on this article, contact [Mary Ann Curcio](#), Coordinator, GLVIPA, at 610 969 0423.*

# What We Can Learn From Zebras

In his book “Why Zebras Don’t Get Ulcers,” neuroendocrinologist and author Robert Sapolsky addresses the question of stress this way:

Zebras have plenty of stress. They must make sure that they have sufficient food and adequate shelter. Their world is uncertain, out of control and replete with predators.

Sound familiar?

Like us, zebras have a stress-response system that helps them to respond to danger. They have keen sensors to identify lurking danger and the physiologic mechanisms necessary to run when that danger presents itself. This is a good thing. Both the vigilance to sense danger and the speed of the response keeps them from ending their day as somebody’s lunch.

Zebras are built for acute stress responses: “It’s over with or you’re over with.”<sup>1</sup>

This is where we differ. Much of our stress is imagined. We entertain ourselves by recalling all negative outcomes from the past and imagining all possible negative outcomes in the future. Our bodies can’t distinguish between actual and imagined dangers. And so, we are repeatedly plunged into stress reactivity: from worrying about the mortgage, to public speaking to running out of coffee. This anticipatory psychological stress often leaves us depleted. The physical costs of these recurrent and chronic stress reactions can lead to illness and disease.

If you are built like a zebra, you are in luck. However, if you happen to be a primate, you would be well served to learn another way to be.

One way would be to look into “**Mindfulness-Based Stress Reduction.**” The Winter 2018 class will be forming in January. Attend one of the free information sessions on Jan. 9, 15 or 22 to see what it’s all about. If you’re interested, you can join the class which begins Thursday, Feb. 1, from 6-8:30 p.m. at Lehigh Valley Hospital–Cedar Crest. The cost of the eight-week program is \$375. You can earn up to 19.5 CME credits. The Medical Staff Services office will reimburse you \$200 if you meet the attendance requirement.

**For more information go to [www.lvhn.org/mindfulness](http://www.lvhn.org/mindfulness) or write to [Susan.Wiley@lvhn.org](mailto:Susan.Wiley@lvhn.org).**

1. Robert Sapolsky, Why Zebras Don’t Get Ulcers Henry Holt, 2004



# Pulmonary Practice Joins LVPG

On Jan. 1, 2018, Pulmonary Medicine, PC, in Bethlehem joined Lehigh Valley Physician Group (LVPG) and became LVPG Pulmonary Critical Care Medicine–Northgate. A not-for-profit subsidiary of Lehigh Valley Health Network, LVPG is one of the largest medical groups in the United States, with more than 1,300 providers and more than 160 practices.

The practice's pulmonary and critical care providers, Brian Burlew, MD, and Keith Craley, PA-C, will continue to personally manage and coordinate patient treatment.

LVPG Pulmonary Critical Care Medicine–Northgate is located at 5325 Northgate Drive, Suite 209, Bethlehem. Office hours are 8:30 a.m. to 4:30 p.m. Monday, Wednesday and Thursday; 8:30 a.m. to 5 p.m. Tuesday; and 9 a.m. to 3 p.m. Friday.

# Lexicomp: New Features and Enhancements

Lexicomp is Lehigh Valley Health Network's standard point of care pharmacology reference for prescription and OTC drug information, lab and diagnostic procedures, diseases and conditions, and patient education on medications. Below are recent new features to Lexicomp.

- **Risk Evaluation and Mitigation Strategy (REMS):** Provides links to a greater depth of information regarding actions a professional should take to support safe medication use.
- **Direct Links to IV Compatibility:** Relevant monographs in the Lexi-Drugs core drug information database and the pediatric and neonatal drug information database now contain direct links to the single drug-lookup function in the Trissel's IV Compatibility module. The module features content from the Trissel's™ 2 Clinical Pharmaceutics Database by Lawrence Trissel, the highly respected, industry-leading resource for IV compatibility data.
- **Infobutton Inactive NDC Search Notification:** Lexicomp is available in Epic. Click on the Information button on the medication screens.
- **Drug Reports Tool:** Allows clinicians to search by diseases/conditions for drugs that cause adverse reactions, drugs that are indicated and those that are contraindicated. Type in search information and click Analyze to see a list of drugs with links to recommendations, standards and guidelines.
- **Nursing Physical Assessment/Monitoring Field in Lexi-Drugs:** Concise drug and treatment-related information specific to the bedside nurse.
- **Updated Fields and Links in Infectious Disease Database**
- **Multinational Patient Education in Multinational Lexi-Drugs**
- **Additional Patient Education in Lexicomp Mobile Apps**
- **Rapid Sequence Intubation Calculator:** Determine dosing for sedation medications for emergency intubation.

## Where can I find Lexicomp?

- **Free mobile app** available on Android and iOS platforms. Go to Lexicomp and click on Mobile Access Codes:
- On site at Lehigh Valley Hospital (LVH)–Hazleton: From the intranet homepage, click on Library Services and then click on [Lexicomp](#).
- On site at LVH–Schuylkill: From the intranet homepage, click on Library Services & Patient Ed and then click on [Lexicomp](#).
- On site at LVH–Pocono: *Please note not all eBooks are currently available at your site.* From the intranet homepage, click on LVHN Links, then click on Library Services/Patient Ed and then click on [Lexicomp](#).

- On site at LVH–Cedar Crest/17th Street and LVH–Muhlenberg:
  - From the intranet homepage, click on Find Fast/Library Services and then click on [Lexicomp](#).
  - For EPIC click on this link [libguides.com/digital\\_library/epic](http://libguides.com/digital_library/epic).

***For questions or feedback on this article, contact [Linda Matula Schwartz](#), Director, Department of Education, Educational Infrastructure, at 610-402-5290.***



# January 2018 Papers, Publications and Presentations

- Zachary Pruitt, Rahul Mhaskar and Deborah DeWaay of the University of South Florida Morsani College of Medicine; Bryan Kane, MD, Alex Rosenau, DO, and Marna Rayl Greenberg, DO, MPH, of the Department of Emergency Medicine; Robert Barraco, MD, MPH, of the Department of Surgery, and Kristin Bresnan, MD, of the Department of Family Medicine, co-authored an article, “Development of a health care systems curriculum.” It was published in *Advances in Medical Education and Practice*, Volume 8, November 2017.
- Kim Brown, MD, of the Department of Pediatrics, and Samantha Goodrich, PhD, of the Department of Community Health, have had their abstract, “A partnership between a health system and promise neighborhood to engage community to improve health in a geographically defined area,” accepted for poster presentation at the 2018 Association for Community Health Improvement National Conference in March 2018 in Atlanta.
- Elaine Donoghue, MD, of the Department of Pediatrics, has been invited to serve as faculty for and will present “Child care quality – what to tell parents” at the American Academy of Pediatrics 2018 National Conference & Exhibition in November 2018 in Orlando.
- Debra Esernio-Jenssen, MD, of the Department of Pediatrics, presented “Child abuse prevention” at the Allentown-Bethlehem Safe Kids Coalition on Nov. 14, 2017.
- Kris Rooney, MD, of the Department of Pediatrics, co-authored an article, “An empirical approach to assessing pediatric residents’ attitudes, knowledge and skills in primary care behavioral health.” It was published in the *International Journal of Health Sciences Education*, Volume 4, Issue 2, November 2017.
- Sameh Morkous, MD, of the Department of Pediatrics, has been selected to participate on behalf of the American Academy of Neurology’s 16th Annual Neurology on the Hill on Feb. 26-27, 2018, in Washington, DC. He has also been appointed to a one-year term as an online session proposal reviewer for sessions submitted under the “Clinical Sleep Science and Practice” track for SLEEP 2018.
- Alexandria Holmes, of the University of South Florida Morsani College of Medicine; and Osman Abbasi, DO, and Jeanne Jacoby, MD, of the Department of Emergency Medicine, co-authored an article, “Systemic lupus erythematosus following meningococcal vaccination.” It was published Oct. 7, 2017, online ahead of print in the *American Journal of Emergency Medicine*.
- Samantha Myles, BSN, of the Pediatric Emergency Department; Jennifer Macfarlan, MPH, of the Network Office of Research and Innovation; John Smulian, MD, MPH, of the Department of Obstetrics and Gynecology; and Anita Kurt, PhD, RN, of the Department of Emergency Medicine, co-authored an article, “A multicenter investigation of factors influencing women’s participation in clinical trials.” It was published Nov. 17, 2017, online ahead of print in the *Journal of Women’s Health*.
- Richard Boulay, MD, of the Division of Gynecologic Oncology, authored an article, “Cancer changes everything.” It was published Nov. 30, 2017, on ASCO Connection, a website of the American Society of Clinical Oncology.
- Sean Lewis, DO, and Drew Keister, MD, of the Department of Family Medicine, co-authored an article, “Is butterbur an effective treatment for allergic rhinitis?” It was published in the *Family Physicians Inquiries Network’s journal Evidence-Based Practice*, Volume 20, Number 11, November 2017.

- Deb Bren, DO, Frank Sperrazza, DO, Grant Greenberg, MD, and Kevin Cowell, DO, of the Department of Family Medicine, co-presented “Burnout: where the rubber meets the road” at the Society of Teachers of Family Medicine in Louisville, Kentucky, Nov. 30-Dec. 2, 2017.
- Lynn Wilson, DO, Nyann Biery, MS, Laura Benner, RN, Julie Dostal, MD, and Brenda Frutos, MPH, of the Department of Family Medicine, co-presented “Moving primary care forward to meet the complex care needs of older adults” at the Society of Teachers of Family Medicine in Louisville, Kentucky, Nov. 30-Dec. 2, 2017.
- Nicole Defenbaugh, PhD, of the Family Medicine Residency program, presented a paper, “Women and health: identity and invisible illness,” at the National Communication Association 103rd Annual Convention in Dallas, Nov. 15-19, 2017.
- Madalyn Schaeffgen, MD, Barbara Sikora, LPN, Colleen Poehler, and Kyle Shaak, MPH, of the Department of Family Medicine, co-presented a poster, “Effect of team-based communication post an ER visit,” at the Society of Teachers of Family Medicine in Louisville, Kentucky, Nov. 30-Dec. 2017.
- Aleksandra Bacewicz, Seth VanZant, Alexandria Holmes, Priscilla Shen, Lora Bojilova, Robert Levy, Nicole Defenbaugh, PhD, and Robert Motley, MD, MHCDS, of the Department of Family Medicine, co-presented a poster, “Let’s talk! Engaging the community in advance care planning through games,” at the North American Primary Care Research Group Conference in Montreal, Quebec, Nov. 17-21, 2017.
- Anna Vishnevetsky, DMD, a dental resident, co-authored an article, “Effect of advocacy training during dental education on pediatric dentists’ advocacy for community water fluoridation.” It was published in the Journal of Dental Education, Volume 82, Number 1, January 2018.
- Sigrid Blome Eberwein, MD, of the Burn Recovery Center, presented “Use of a lactic acid based biodegradable skin substitute in second degree burn care at the Southern Regional Burn Conference 2017 in Miami, Nov. 3, 2017. She also presented the following posters at the 17th European Burns Association Congress in Barcelona, Spain, Sept. 6-8, 2017: “Treatment of second degree burns with lactic acid skin substitute in outpatient setting pain and patient comfort,” “Negative pressure wound therapy with instillation use in burn wounds first experiences” and “Managing the small, non healing problem burn wound with epidermal grafting.”

# January 2018 Upcoming Seminars, Conferences and Meetings

## Department of Education Conferences

- 26-28 – Department of Anesthesiology Eighth Annual Winter Retreat Conference; Bear Creek Mountain Resort, Macungie

*For more information, call 610 402 2277, option 1, or go [activecalendar.com/LVHN-DOE](http://activecalendar.com/LVHN-DOE).*

## Pediatric Grand Rounds

- 9 – Topic TBD, with Lindsey Robel, MD; LVH–Cedar Crest Kasych Family Pavilion ECC Room 6, 8-9 a.m.
- 16 – ACO, with Colleen Kraft, MD, President-elect of AAP; LVH–Cedar Crest Kasych Family Pavilion ECC Room 6, 8-9 a.m.
- 23 – Patient Safety, presenter TBD; LVH–Cedar Crest Kasych Family Pavilion ECC Room 6, 8-9 a.m.
- 30 – Rehabilitation, presenter TBD; LVH–Cedar Crest Kasych Family Pavilion ECC Room 6, 8-9 a.m.

*For more information, contact [Cari Cleffi](#) in the Department of Pediatrics at 484-862-3131.*

## Surgical Grand Rounds

- 9 – How Does Robotic Surgical Training Fit in a Modern Residency, with John Porterfield, MD, University of Alabama at Birmingham; LVH–Cedar Crest Auditorium and teleconferenced to MHC first floor conference room, 7-8 a.m.

*For more information, contact [Wendy Hess](#) at 484 862 3265.*

# Who's New—January 2018

**Jump to:** | [Medical staff new appointments](#) | [Resignations](#) | [Status Change to Honorary Status](#)  
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## **MEDICAL STAFF**

### **New Appointments**

Effective Jan. 2, 2018

#### **Chunhua Cui, MD**

(Health Network Laboratories – Daniel F. Brown, MD, MBA)

Pathology and Laboratory Medicine

Anatomic Pathology

Health Network Laboratories

Lehigh Valley Hospital

Cedar Crest and I-78, PO Box 689

Allentown, PA 18105-1556

Phone: 610-402-8140 Fax: 610-402-1691

Provisional Active

Appointment Date: 01/02/2018

LVH LVH–M LVH–H LVH–S

#### **Nicholas Dalessandro, DO**

(LVPG Hospital Medicine at Cedar Crest – Anthony Buonanno, MD)

Emergency and Hospital Medicine

Hospital Medicine

Lehigh Valley Hospital

Cedar Crest and I-78, PO Box 689

Allentown, PA 18105-1556

Phone: 610-402-5369 Fax: 610-402-5959

Provisional Active

Appointment Date: 01/15/2018

LVH LVH–M

#### **Danielle F. Deitrick, DO**

EmCare – Lori A. Lawson, MD)  
Emergency and Hospital Medicine  
Emergency Medicine  
Lehigh Valley Hospital–Schuylkill  
EmCare  
700 E. Norwegian St.  
Pottsville, PA 17901-2710  
Phone: 570-621-4090 Fax: 570-628-2210  
Provisional Active  
Appointment Date: 01/02/2018  
LVH–S

**Zachary M. Dillon, MD**

(LVH–M Emergency Medicine – David B. Burmeister, DO)  
Emergency and Hospital Medicine  
Emergency Medicine  
LVH–M Emergency Medicine  
Lehigh Valley Hospital–Muhlenberg  
2545 Schoenersville Road, Fifth Floor  
Bethlehem, PA 18017-7300  
Phone: 484-884-2888 Fax: 484-884-2885  
Provisional Limited Duty  
Appointment Date: 01/02/2018 Temporary Privileges: 12/14/2017  
LVH LVH–M

**Elizabeth J. Gold, DO**

(LVH Department of Medicine – Rachel E. Kinney, DO)  
Medicine  
General Internal Medicine  
LVH Department of Medicine  
Cedar Crest and I-78, PO Box 689  
Allentown, PA 18105-1556  
Phone: 484-862-3159 Fax: 484-862-3175  
Provisional Limited Duty  
Appointment Date: 01/02/2018 Temporary Privileges: 12/14/2017  
LVH LVH–M

**Subhashini Pamulapati, DDS**

(Miles of Smiles)  
Dental Medicine  
General Dentistry  
Miles of Smiles  
Lehigh Valley Hospital–17th Street  
17th and Chew, PO Box 7017  
Allentown, PA 18105-7017  
Phone: 484-884-2888 Fax: 484-884-2885



Provisional Active

Appointment Date: 01/02/2018 Temporary Privileges: 12/18/2017

LVH LVH-M

**Thomas A. Quinn, DO**

(LVH Department of Medicine – Rachel E. Kinney, DO)

Medicine

General Internal Medicine

LVH Department of Medicine

Cedar Crest and I-78, PO Box 689

Allentown, PA 18105-1556

Phone: 484-862-3159 Fax: 484-862-3175

Provisional Limited Duty

Appointment Date: 01/02/2018 Temporary Privileges: 12/14/2017

LVH LVH-M

**Paul A. Saloky, DO**

(Advanced Inpatient Medicine – Louis J. O'Boyle, DO)

Emergency and Hospital Medicine

Hospital Medicine

Advanced Inpatient Medicine

Lehigh Valley Physician Group

150 Ice Lake Drive

Mountain Top, PA 18707-9654

Phone: 570-647-8990 Fax: 570-261-2015

Provisional Active

Appointment Date: 01/02/2018

LVH-H

**Deepika Singh, MD**

(EmCare – Lori A. Lawson, MD)

Emergency and Hospital Medicine

Emergency Medicine

EmCare

700 E. Norwegian St.

Pottsville, PA 17901-2710

Phone: 570-621-4090 Fax: 570-628-2210

Provisional Active

Appointment Date: 01/02/2018 Temporary Privileges: 12/14/2017

LVH-S

**Nishant S. Thakkar, DDS**

(Nishant S. Thakkar, DDS)

Dental Medicine

General Dentistry

Nishant S. Thakkar, DMD

Lehigh Valley Hospital–17th Street  
17th and Chew, PO Box 7017  
Allentown, PA 18105-7017  
Phone: 610-969-2245 Fax: 610-969-3084  
Provisional Active  
Appointment Date: 01/02/2018 Temporary Privileges: 12/14/2017  
LVH LVH–M

### **Resignations**

Cary D. Amundson, DO  
Emergency and Hospital Medicine  
Emergency Medicine  
(EmCare)  
Provisional Active  
LVH–S  
12/05/2017

Lisa Baker-Vaughn, MD  
Obstetrics and Gynecology  
Obstetrics/Gynecology  
(LVPG Obstetrics and Gynecology–Laurys Station)  
Active  
LVH LVH–M  
10/27/2017

Richard E. Brannan, DO  
Emergency and Hospital Medicine  
Emergency Medicine  
(EmCare)  
Active  
LVH–S  
11/21/2017

Rafael I. Colon, MD  
Pediatrics  
General Pediatrics  
(ABW Pediatric Associates)  
Active  
LVH LVH–M  
12/01/2017

Marjorie R. Cooper, MD  
Psychiatry  
Adult Inpatient Psychiatry  
(LVPG–MHC IP Psychiatry)

Active  
LVH LVH-M  
11/07/2017

Joy G. Harrison, MD  
Emergency and Hospital Medicine  
Emergency Medicine  
(EmCare)  
Provisional Active  
LVH-S  
11/07/2017

Michele D. Jones, DO  
Family Medicine  
(Patient First)  
Affiliate  
LVH LVH-M  
11/21/2017

Harold Kreithen, MD  
Medicine  
Allergy  
(Allergy and Asthma Associates)  
Active  
LVH LVH-M  
09/30/2017

Caesar K. Luo, MD  
Surgery  
Ophthalmology  
(Progressive Vision Institute, PC)  
Active  
LVH-S  
10/11/2017

Kevin S. McGann, DO  
Emergency and Hospital Medicine  
Emergency Medicine  
(EmCare)  
Active  
LVH-S  
11/21/2017

Terrence F. Navin, MD, MPH  
Medicine  
Physical Medicine-Rehabilitation

(Wound Healing Center)

Active

LVH LVH-M

10/18/2017

Melissa D. Neuwelt, MD

Surgery

Ophthalmology

(Progressive Vision Institute, PC)

Active

LVH-S

10/11/2017

Alpesh A. Patel, MD

Heart Institute

Cardiology

(The Heart Care Group, PC)

Active

LVH LVH-M

11/21/2017

Rohit Sharma, MD

Surgery

General Surgery

Surgical Oncology

(LVPG Surgical Oncology-1240 Cedar Crest)

Active

LVH LVH-M

11/12/2017

Elliot I. Shoemaker, MD

Radiology-Diagnostic Medical Imaging

Diagnostic Radiology

Neuroradiology

(Medical Imaging of Lehigh Valley, PC)

Active

LVH LVH-M LVH-H LVH-S

08/31/2017

Daniel L. Son, MD

Surgery

Urology

(Daniel L. Son, MD)

Active/Short-Term LOA

LVH-H

10/09/2017

### **Status Change to Honorary Status**

Robert Kricun, MD  
Radiology-Diagnostic Medical Imaging  
Diagnostic Radiology  
(Medical Imaging of Lehigh Valley, PC)  
From: Active  
To: Honorary Status  
LVH LVH-M LVH-H LVH-S  
12/31/2017

### **Additional Group Practice and Privilege-Due to Slot Approval**

Matthew M. Miller, DO  
Emergency and Hospital Medicine  
Hospital Medicine  
(LVPG Hospital Medicine at Cedar Crest)  
Active  
Addition of: Lehigh Valley Physicians Practice  
Emergency Defibrillation  
LVH LVH-M  
01/02/2018

### **Change of Departmental Assignment-Due to Slot Change**

Amy E. Collis, MD  
From: Emergency and Hospital Medicine  
Hospital Medicine  
To: Medicine  
General Internal Medicine/Geriatrics  
From: LVPG Hospital Medicine at Cedar Crest  
To: LVPG Geriatric Medicine-17th Street  
Board Certified – Internal Medicine  
Active  
LVH LVH-M  
01/02/2018

### **ALLIED HEALTH STAFF**

#### **New Appointments**

Effective Jan. 2, 2018

**Amanda C. Black, PA-C**  
Physician Assistant-Certified

LVPG Hospital Medicine at Cedar Crest  
Lehigh Valley Physicians Group  
Cedar Crest and I-78, PO Box 689  
Third Floor Anderson Wing  
Allentown, PA 18105-1556  
Phone: 610-402-5369 Fax: 610-402-5959  
Supervising Physician: Jennifer M. LeGar, MD  
Appointment Date: 01/02/2018 Temporary Privileges: 12/18/2017  
LVH LVH-M

**Victoria E. Borger, CRNP**

Certified Registered Nurse Practitioner  
LVPG Internal Medicine-Cressona  
35 Sillyman St.  
Cressona, PA 17929-1114  
Phone: 570-593-5555 Fax: 570-385-2040  
Supervising Physician: Gubbi N. Ranganath, MD  
Appointment Date: 01/02/2018 Temporary Privileges: 12/18/2017  
LVH-S

**Michelle L. Choma, CRNP**

Certified Registered Nurse Practitioner  
LVPG Geriatric Medicine-17th Street  
The Center for Healthy Aging  
17th and Chew, PO Box 7017, Ground Floor  
Allentown, PA 18105-7017  
Phone: 610-969-3390 Fax: 610-969-3393  
Supervising Physician Caroline J. Shedlock, MD  
Appointment Date: 01/02/2018 Temporary Privileges: 12/18/2017  
LVH LVH-M

**Jennifer L. Cicconetti, PharmD**

Clinical Pharmacist  
Population Health, Center for Connected Care and Innovation  
LVHN-One City Center  
PO Box 1806, 6th Floor  
Allentown, PA 18105-1806  
Phone: 484-862-3516  
Supervising Physician: Grant M. Greenberg, MD, MHSA  
Appointment Date: 01/02/2018 Temporary Privileges: 12/14/2017  
LVH LVH-M

**Emily S. Harris, PA-C**

LVHN Robotic Surgery  
Lehigh Valley Physicians Group  
2545 Schoenersville Road

2nd Floor, Perioperative Suite  
Bethlehem, PA 18017-7300  
Phone: 484-884-5666 Fax: 484-884-2224  
Supervising Physician: Martin A. Martino, MD  
Appointment Date: 01/02/2018  
LVH LVH-M LVH-H LVH-S

**David S. Heath, PA-C**

Physician Assistant-Certified  
Integrated Medical Group, PC  
82 Tunnel Road  
Pottsville, PA 17901-2710  
Phone: 570-622-5455 Fax: 570-622-5493  
Supervising Physician: Nimesh D. Vesuwala, MD, and Robert J. Thurick, II, DO  
Appointment Date: 01/02/2018 Temporary Privileges: 12/15/2017  
LVH-S

**Nicole M. Lanzetta, CRNP**

Certified Registered Nurse Practitioner  
LVPG Hematology Oncology-1240 Cedar Crest  
Lehigh Valley Physician Group  
1240 S. Cedar Crest Blvd., Suite 401  
Allentown, PA 18103-6218  
Phone: 610-402-7880 Fax: 610-402-7881  
Supervising Physician: Usman Shah, MD  
Appointment Date: 01/02/2018 Temporary Privileges: 12/18/2017  
LVH LVH-M

**Laura D. Mauro, PharmD**

Clinical Pharmacist  
Population Health, Center for Connected Care and Innovation  
LVHN-One City Center  
PO Box 1806, 6th Floor  
Allentown, PA 18105-1806  
Phone: 484-862-3516  
Supervising Physician: Grant M. Greenberg, MD, MHSA  
Appointment Date: 01/02/2018 Temporary Privileges: 12/14/2017  
LVH LVH-M

**Elizabeth M. McCormick**

Mapping Support Specialist  
Boston Scientific  
4100 Hamline Ave. North  
St. Paul, MN 55112-5798  
Phone: 800-227-3422 Fax: 877-227-6002  
Supervising Physician: Hari P. Joshi, MD

Appointment Date: 01/02/2018 Temporary Privileges: 12/14/2017

LVH LVH-M

**Cheyenne P. Metzger, CRNP**

Certified Registered Nurse Practitioner

LVPG Endocrinology-1243 Cedar Crest

1243 S. Cedar Crest Blvd., Suite 2800

Allentown, PA 18103-6230

Phone: 610-402-6790 Fax: 610-402-6979

Supervising Physician: Robert A. McCauley, MD

Appointment Date: 01/02/2018 Temporary Privileges: 12/18/2017

LVH LVH-M

**Brianna S. Reilly, PA-C**

Physician Assistant-Certified

LVPG Neurology-1250 Cedar Crest

1250 S. Cedar Crest Blvd., Suite 405

Allentown, PA 18103-6224

Phone: 610-402-8420 Fax: 610-402-1689

Supervising Physician: Adam B. Edwards, MD Appointment Date: 01/02/2018

Temporary Privileges: 12/18/2017

LVH LVH-M

**Evelyn Unangst, CRNP**

Certified Registered Nurse Practitioner

Daniel M. Rappaport, MD

3321 Chestnut St.

Whitehall, PA 18052-7498

Phone: 610-262-7123 Fax: 610-262-1189

Supervising Physician: Daniel M. Rappaport, MD

Appointment Date: 01/02/2018 Temporary Privileges: 12/14/2017

LVH LVH-M

**Resignations**

Steven E. Albrich, PA-C

Physician Assistant-Certified

(EmCare)

Provisional Allied Health

LVH-S

11/21/2017

Veronica S. Andre

Emergency Department Scribe

(Scribe America)

Allied Health



LVH LVH-M

11/20/2017

Linda A. Caccamo, CRNA

Certified Registered Nurse Anesthetist

(EmCare)

Allied Health

LVH-S

09/08/2017

Mark A. Castoro

Mapping Support Specialist/Pacemaker/ICD Technician

(Abbott)

Allied Health

LVH LVH-M

12/07/2017

Robyn L. Cimerol

Expanded Duty Dental Assistant

(Greater Lehigh Valley Oral Health Partnership)

Allied Health

LVH LVH-M

11/29/2017

Latasha S. Connor

Public Health Dental Hygiene Practitioner

(Greater Lehigh Valley Oral Health Partnership)

Allied Health

LVH LVH-M

11/29/2017

Robert P. DeMarco, CRNA

Certified Registered Nurse Anesthetist

(Lehigh Valley Anesthesia Services, PC)

Allied Health

LVH LVH-M

11/03/2017

Shelly A. Dimmick

Dental Hygienist

(Greater Lehigh Valley Oral Health Partnership)

Allied Health

LVH LVH-M

11/29/2017

Christopher P. Farrelly

Pacemaker/ICD Technician  
(Medtronic USA Inc.)  
Provisional Allied Health  
LVH LVH-M  
11/20/2017

Jabir Y. Fieruz  
Emergency Department Scribe  
(ScribeAmerica)  
Allied Health  
LVH LVH-M  
11/26/2017

Jenna M. Galligani, LPC  
Licensed Professional Counselor  
(LVPG Adult and Pediatric Psychiatry-Muhlenberg)  
Allied Health  
LVH LVH-M  
11/22/2017

Kathleen A. Guzevich, RD  
Registered Dietitian  
(Sodexo Dietitians)  
Allied Health  
LVH LVH-M  
06/09/2017

Kaitlyn, L. Hoch, RN  
Registered Nurse  
(LVPG Maternal Fetal Medicine-3900 Hamilton Blvd.)  
Provisional Allied Health  
LVH LVH-M  
11/21/2017

Krystal Kane, PA-C  
Physician Assistant-Certified  
(Advanced Dermatology Associates, Ltd.)  
Allied Health  
LVH-S  
12/12/2017

Katlynn A. Kozak, RD  
Registered Dietitian  
(Sodexo Dietitians)  
Allied Health  
LVH LVH-M

11/17/2017

Lorita S. Moussa  
Emergency Department Scribe  
(ScribeAmerica)  
Provisional Allied Health  
LVH LVH-M  
11/20/2017

Karen L. Murnane, CRNA, DNAP  
Certified Registered Nurse Anesthetist  
(Lehigh Valley Anesthesia Services, PC)  
Allied Health  
LVH LVH-M  
02/14/2017

Christine A. Sabitsky, PA-C  
Physician Assistant-Certified  
(Advanced Dermatology Associates, Ltd.)  
Allied Health  
LVH-S  
12/11/2017

Jason E. Sink, RRT  
Registered Respiratory Therapist  
(American Home Medical Equipment & Services Inc.)  
Provisional Allied Health  
LVH LVH-M  
11/21/2017

Krystal M. Trinkle, CRNP  
Certified Registered Nurse Practitioner  
(Child Protection Medicine)  
Allied Health  
LVH LVH-M  
11/26/2017

Janae Wames, RD  
Registered Dietitian  
(Sodexo Dietitians)  
Allied Health  
LVH LVH-M  
08/16/2017

**Change of Supervising Physician**

Alyssa A. Hartranft, PA-C  
Physician Assistant-Certified  
(LVPG–Emergency Medicine)  
From: Cynthia P. Liskov, MD  
To: Steven G. Hardy, DO  
Allied Health  
LVH LVH–M LVH–H  
01/02/2018

Gregory T. Jones, PA-C  
Physician Assistant-Certified  
(LVPG–Emergency Medicine)  
From: Cynthia P. Liskov, MD  
To: Steven G. Hardy, DO  
Allied Health  
LVH LVH–M LVH–H  
01/02/2018

Myrto McNeil, CRNP, DNP  
Certified Registered Nurse Practitioner  
(LVPG Adult and Pediatric Psychiatry–Muhlenberg)  
From: Christi A. Weston, MD  
To: John-Paul Gomez, MD  
Allied Health  
LVH LVH–M  
01/02/2018

Jenyne M. Podlinski, PA-C  
Physician Assistant-Certified  
(LVPG–Emergency Medicine)  
From: Cynthia P. Liskov, MD  
To: Steven G. Hardy, DO  
Allied Health  
LVH LVH–M LVH–H  
01/02/2018

Robin L. Ragantesi, PA-C  
Physician Assistant-Certified  
(LVPG–Emergency Medicine)  
From: Cynthia P. Liskov, MD  
To: Steven G. Hardy, DO  
Allied Health  
LVH LVH–M LVH–H  
01/02/2018

Kathleen A. Strzepek, CRNP

Certified Registered Nurse Practitioner  
(LVPG Obstetrics and Gynecology–Easton)

From: Lisa Baker-Vaughn, MD

To: Lisa M. Dapuzzo-Argiriou, MD

Allied Health

LVH LVH–M

01/02/2018

Anita M. Zimmerman, CRNA

Certified Registered Nurse Anesthetist  
(Hazleton Anesthesia Services/Somnia, Inc.)

From: Tony H. Tseng, MD

To: Randy S. Cohen, MD

Allied Health

LVH–H

01/02/2018



# Upcoming APC Skills Workshops

The Department of Education is offering free skills workshops for advanced practice clinicians in February and March:

## Basic Suturing Techniques

- Tuesday, Feb. 6; 8 to 10 a.m.
- Facilitator: Justin Stauffer, PA-C
- Surgery Education Center, Lehigh Valley Hospital (LVH)–Cedar Crest, Kasych Pavilion Level B, Allentown
- Click here to register:  
[http://go.activecalendar.com/lvhn\\_doe/site/internal/event/apc\\_skillsworkshop\\_series\\_basic\\_suturing\\_techniques\\_2](http://go.activecalendar.com/lvhn_doe/site/internal/event/apc_skillsworkshop_series_basic_suturing_techniques_2)

## Orthopedic Skills: Splinting Basics

- Tuesday, Feb. 6; 10:30 a.m. to 12:30 p.m.
- Facilitator: John Klaman, PA-C
- LVHN Sim Center, 1247 S. Cedar Crest Blvd., 2nd floor, Multipurpose Room 2, Allentown
- Click here to register:  
[http://go.activecalendar.com/lvhn\\_doe/site/internal/event/apc\\_skillsworkshop\\_series\\_orthopedic\\_skills\\_splint\\_1](http://go.activecalendar.com/lvhn_doe/site/internal/event/apc_skillsworkshop_series_orthopedic_skills_splint_1)

## Wound Healing and Excision of Skin Lesions

- Tuesday, March 6; 8 to 10 a.m.
- Facilitator: Robert Murphy, MD
- LVHN Department of Education, 1247 S. Cedar Crest Blvd., 2nd floor, Multipurpose Room 2, Allentown
- Click here to register:  
[http://go.activecalendar.com/lvhn\\_doe/site/internal/event/apc\\_skillsworkshop\\_series\\_wound\\_healing\\_and\\_excisions\\_1](http://go.activecalendar.com/lvhn_doe/site/internal/event/apc_skillsworkshop_series_wound_healing_and_excisions_1)

***Have questions? Please contact the Department of Education at 610-402-2277.***

Lehigh Valley Health Network is approved by AAPA to award AAPA Category 1 CME credit to PA participants in the regularly scheduled series entitled “APC Skills Workshop Series. This approval is valid for one year beginning March 27, 2017.

This activity is designated for a maximum of 2.0 AAPA Category 1 CME Credits. PAs should claim only the credit commensurate with the extent of their participation in the activity. This program was planned in accordance with

AAPA CME Standards.

Lehigh Valley Health Network is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Completion criteria: Registered nurses attending the entire program and completing the evaluation tool will receive 2.0 contact hours.

