

CHECKUP

Vol. 1 No. 1 March 4, 1988

Greetings From 'CheckUp'

Welcome to *CheckUp*, the new bi-weekly newsletter for and about employees of The Allentown Hospital—Lehigh Valley Hospital Center.

CheckUp is published by the Communications Department and will be distributed every other Friday.

CheckUp offers an expanded format, including photographs, of former publications *Weekly* and *Stethescoop*.

An employee contest was held to select the name of this newsletter. Several hundred of you submitted entries. After careful deliberation, *CheckUp* was selected as the most appropriate name. The winning suggestion was received from both Lani Midway, R.D., on staff in the TAH Dietary Department, and Barry Howells, an employee of the Histology Lab at LVHC. Each winner received a \$100 gift certificate for Hess's.

Hundreds of you also filled out surveys indicating the types of articles you would like to have in your newsletter. The results indicated you were most interested in reading about educational events, hospital departments, Recreation Committee news, and matters of policy. We have taken your suggestions. For example, in this edition, just in time for National Nutrition Month, you will find a feature on the Dietary Departments. Other departments will be spotlighted in the weeks to come. We will also keep you



Lani Midway, R.D., on staff in the TAH Dietary Department, and Barry Howells, an employee of the Histology Lab at LVHC, each submitted the winning name CheckUp in the "Name the Newsletter Contest."

up to date on post-merger developments.

Employees wishing to submit items regarding an engagement, wedding, anniversary, or birth in the family should do so in writing. Submit the information to the Communications Department at your work site by 5 p.m. the Wednesday after each issue of *CheckUp* is published.

Classified ads should be submitted in the same manner. Articles of this nature will be published as space permits.

If you have any questions or suggestions regarding your newsletter, please let the Communications Department know. Remember, *CheckUp* is your newsletter and we need your help and input to make it a success.



The Allentown
Hospital—
Lehigh Valley
Hospital Center

A HealthEast Hospital

Learn Relaxation Skills To Reduce Stress

Do you want to learn how to relieve or control the stress in your daily life? Maybe you just need a well-deserved break to get away from it all. In either case, HealthCounts will be focusing on stress management over the next two

months. Several 30-minute relaxation sessions are scheduled in the areas of autogenic training, breathing, and progressive muscle relaxation. Dr. Paulette Mark will lead the sessions aimed at teaching you how to learn and practice these relaxation skills.

Wednesday, March 30, 5:30 to 6 p.m. and **6 to 6:30 p.m.**, Conference Room B, Progressive Muscle Relaxation.

Wednesday, April 13, 1:30 to 2 p.m. and **2 to 2:30 p.m.**, O.R. Conference Room, Breathing.

Wednesday, April 20, 5:30 to 6 p.m. and **6 to 6:30 p.m.**, School of Nursing Room 1907, Breathing.

Benefits Spotlight

Since Jan. 1, 1988, HealthEast has been administering our employee health and dental claims. All claims should be mailed directly to:

Spectrum Administrators
50 College Drive
Allentown, PA 18104

Also, any outstanding 1987 claims or major medical claims should be mailed to Spectrum Administrators and **not** to Prudential. Be sure your doctor or dentist has the correct form and address to submit your claim properly.

The procedure for processing claims will remain the same. For dental, one claim form must be submitted for each dental visit. For health, major medical items, doctor's visits, prescriptions, etc., proper receipts must be attached to the claim form. Employees will continue to receive an explanation of benefits form for each claim processed.

If you have questions regarding a claim, call Spectrum Administrators at 778-9810.

Improved Benefit

The health plan has been improved to increase the mental/nervous disorder benefit to 50 percent of charges to \$50 maximum per visit, \$5,000 annual benefit, and \$50,000 lifetime benefit.

If you have any questions regarding employee benefits call Kathy Fracas at ext. 8839 (LVHC) or Ann Kelby at ext. 2930 (TAH).

Below is the class schedule for The Allentown Hospital site:

Wednesday, March 9, 5:30 to 6 p.m. and **6 to 6:30 p.m.**, Conference Room B, Autogenics.

Thursday, March 17, 1:30 to 2 p.m. and **2 to 2:30 p.m.**, School of Nursing Room 1907, Progressive Muscle Relaxation.

Below is the class schedule for Lehigh Valley Hospital Center:

Thursday, March 10, 11 to 11:30 a.m. and **11:30 a.m. to noon**, Classroom 3, Autogenics.

Wednesday, March 23, 5:30 to 6 p.m. and **6 to 6:30 p.m.**, Auditorium Alcove, Progressive Muscle Relaxation.

Thursday, March 24, 11:30 a.m. to noon and **noon to 12:30 p.m.**, Boardroom, Progressive Muscle Relaxation.

Thursday, April 7, 2 to 2:30 p.m. and **2:30 to 3 p.m.**, Boardroom, Breathing.

Wednesday, April 13, 11 to 11:30 a.m. and **11:30 a.m. to noon**, Classroom 4, Breathing.

There is no registration for these programs, however, if you would like additional information, contact Jane Nester at the Wellness Center, 821-2150.

T-Shirts Available

T-Shirts from the "I'm Worth It" celebration are now on sale for \$5 in the LVHC Personnel Department and in TAH Employee Health office. If you purchase a T-shirt with cash, please provide exact change. Checks should be made payable to: Lehigh Valley Hospital Center.

Briefly Speaking . . .

'Magic' Fund Raiser

The Parent Advisory Committee of Magic Years Child Care Center will be sponsoring a Tupperware fund raiser during March.

Anyone interested in ordering Tupperware should contact a member of the committee or call the center at ext. 2949. Orders will be accepted from March 10 through March 20.

Proceeds from this sale will benefit all the center's children. Computer software, books and tapes will be purchased and profits will also subsidize a field trip for the children.

National Social Work Month

In observance of National Social Work Month, the Social Services Department at The Allentown Hospital will sponsor two lectures. Each will be held in the hospital's auditorium from 1:30 to 2:30 p.m.

"Domestic Violence" is the subject of a Thursday, March 10, presentation by Susan Scott, M.S.W., executive director, Crime Victims Council of Lehigh Valley.

On Thursday, March 17, Jean Mentis, A.C.S.W., Lincoln Consultation Center, will discuss "Step Parenting."

Shape Up! Summer's Coming

Bathing suit weather is rapidly approaching. Do you need to get rid of some extra, unwanted "winter pounds" before heading for the sand and surf? If so, you will want to sign up for the latest HealthCounts programs.

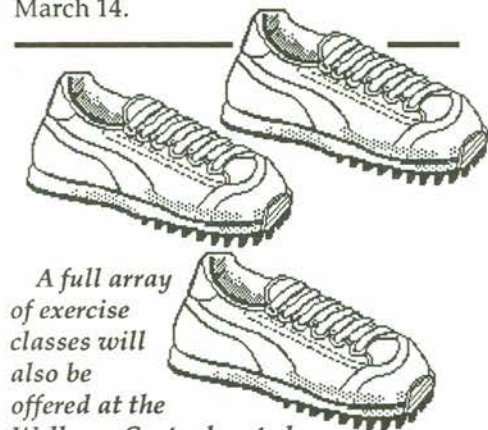
HealthCounts will be offering employees two low impact aerobics classes from March 21 to May 26. Classes will be held at The Allentown Hospital, Tuesdays and Thursdays, from 3:45 to 4:30 p.m. in Room 916 of the School of Nursing; and from 5 to 5:45 p.m. in Physical Therapy. The cost for the 10-week class is \$20.

HealthCounts is also introducing a new aerobics class called "Full-Figured Fitness." This class is designed for men and women who are not accustomed to regular exercise and who are 30 pounds or more overweight.

Each session will include a brief warm-up followed by an aerobics session. The cool-down phase will lower the heart rate and include stretching and strengthening exercises. The last 10 minutes of the class will concentrate on toning the abdomen, thighs, buttocks and waist. Yoga will then be introduced for stretching and relaxation.

The class will be held on Mondays and Wednesdays from 4:30 to 5 p.m. in Room 916 of the School of Nursing. The cost to work out and have fun is \$15.

To register for either class, call TAH Employee Health at ext. 2289 before March 14.



A full array of exercise classes will also be offered at the Wellness Center located on Fish Hatchery Road. For more information and to register for classes at the Wellness Center, call 821-2150 by March 14.



Ann Lyon, assistant vice president, and John F. Salventi, Ph.D., vice president, oversee the Office of Integration Studies.

Merger 'Integration'

When The Allentown Hospital and Lehigh Valley Hospital Center became a single hospital on Jan. 1, an Office of Integration Studies was established to: evaluate opportunities for the consolidation of similar departments and other areas at the two hospital sites; plan a process to accomplish this; and monitor the progress, offering guidance when necessary.

John F. Salventi, Ph.D., vice president, and Ann Lyon, assistant vice president, comprise the Office of Integration Studies. They report to Samuel Huston, president and chief executive officer of TAH—LVHC.

Dr. Salventi gained experience in the consolidation process when he spearheaded the merger of the laboratories at LVHC and TAH in 1985.

Ms. Lyon, who has worked at TAH since 1986, was previously responsible for the areas of Radiology, Quality Assurance and Utilization Review, Medical Records, Post-Graduate Medical Education, Admissions and Social Services.

Dr. Salventi and Ms. Lyon serve as internal consultants assisting department or program managers in their consolidation efforts. *All departments and services will be considered for consolidation relative to the advantages the changes will present.*

"The participative nature of the process," says Ms. Lyon, "benefits from the expertise and insights provided by department management." The resulting consolidation plans are reviewed by the President's Advisory Committee. This group of senior managers subsequently makes a recommendation to Mr. Huston who then makes a decision on the merits on the plan.

"The actual consolidation work plan is implemented by the department management," explains Dr. Salventi. "We help departments look for opportunities to consolidate, but they do the work."

Over the next 18 months, some of the departments in which employees will see consolidation are: Human Resources, Finance, Admitting, Pastoral Care, Social Services and Infection Control.

CheckUp will closely monitor merger-related evolution and will keep employees informed of developments as they occur.

Making The Rounds

Harry W. Stephens Jr., M.D., neurosurgery, The Allentown Hospital—Lehigh Valley Hospital Center, recently had an article published in the December issue of *Rescue News*.

The article, "AIDS - What EMS Should Know in Their Duties," was written to help emergency medical services and emergency room personnel to better understand AIDS in the trauma situation. Ways to establish procedures are also discussed.

Diane C. Halstead, Ph.D., director, virology, microbiology and immunology, HealthEast Laboratories, recently attended the Seventh International Congress of Virology in Edmonton, Alberta, Canada, and the Second Annual Conference on Clinical Immunology in Washington, D.C. At both meetings, she presented papers related to rapid diagnosis of respiratory syncytial virus infections, a major viral infection in young children.

In addition, Halstead was a member of the faculty of "Managing the Patient with AIDS in the Office Setting," a seminar held at Lehigh Valley Hospital Center. She was also a guest speaker at a seminar entitled "Antibiotics: An Update," which was held at The Allentown Hospital.

"Noncultural Methods for Diagnosing Respiratory Syncytial Virus Infections," a paper written by Halstead, was published in the December issue of the *Clinical Microbiology Newsletter*.

Halstead was recently reappointed a visiting associate professor in the department of microbiology and immunology at the Medical College of Pennsylvania.

Margaret McDonnell, R.N., M.A., of Allentown, has been appointed interim director of nursing education at The Allentown Hospital—Lehigh Valley Hospital Center.

McDonnell is responsible for directing the activities for the department of nursing education at The Allentown Hospital, and she will work with the task force on the merging of the departments of nursing education at both hospital sites. She will continue to work part-time on special projects at the Hospital Center as outreach coordinator, a position she has held since January, 1986.

Jayne Mayes, R.N., B.S.N., of Allentown, has been appointed senior employment counselor in the human resources department at The Allentown Hospital—Lehigh Valley Hospital Center.

In this position, she is responsible for recruitment and interviewing for nursing positions at The Allentown Hospital.

Prior to her recent appointment, Mayes was a medical-surgical staff nurse at The Allentown Hospital for five years.

Cassandra Snyder has been appointed Department Manager of Anesthesia Services. She has been employed at Lehigh Valley Hospital Center since June 1981, and is a staff nurse on the Open Heart Unit.

Geoffrey G. Hallock, M.D., medical director of the Microsurgery Laboratory, and a member of the Division of Plastic Surgery, recently had several articles on innovations and refinements of microsurgery published in the prestigious *Journal of Plastic and Reconstructive Surgery*. One of the articles, "In Utero Lip Repair in the Rhesus Monkey, An Update," is a continuation on invasive fetal surgery which had previously been presented to pediatric and plastic surgeons in Sapporo, Japan and Linz, Austria. An additional article, co-authored with David C. Rice, Peter A. Keblish, M.D., and George A. Arangio, M.D., from the division of Orthopedic Surgery, on "Restoration of the Foot Using the Radial Form Flap" appeared in the January issue of the *Annals of Plastic Surgery*.

Several members of The Allentown Hospital's phlebotomy staff have successfully passed their certification exams.

Those receiving certification by the National Certifying Agency are: Larry Acker, Sue Bergey, Kathy Kistler, Valerie Rupp, Colleen Shellhammer and Mirjana Stosic.

Cindy Baglini, Joy Hoffman, Mary Jo Krause, Phyllis Lakits, Mary Rearden, Chris Reppert and Sherry Steltz received their certification from the International Academy of Phlebotomy Sciences.

Ann Redfield, R.N., M.S.N., of Doylestown, has been appointed medical/surgical clinical nurse specialist at The Allentown Hospital—Lehigh Valley Hospital Center.

She is responsible for assisting the nursing staffs of three medical/surgical units at TAH to achieve quality patient care. She will also work with the head nurses and staff of each unit to identify their educational needs.

Prior to joining the hospital's staff, Redfield was a staff nurse at Johns Hopkins Hospital on the Multi-Organ Transplant/Surgical Oncology and General Surgery Unit.



"Big Apple" Trip

Why not leave the "Little Apple" and journey to the "Big Apple" with the Recreation Committee on May 14 and 15?

The Allentown Hospital is sponsoring a weekend jaunt to New York City. The Committee will provide the transportation and accommodations and you can enjoy the weekend however you please.

The cost is only \$72 per person, which includes your bus fare and room accommodations based on double occupancy.

To register or for more information, call Arlene Evans at extension 2233.

Credit Union News

Now, your credit union offers even more.

Members of the HealthEast Federal Credit Union are now able to purchase disability and term life insurance when they take out a loan.

Special Children's Week Planned

"Children and Hospitals Week" is being held this year from Monday, March 21 through Friday, March 26. This special week is designed to promote a positive attitude in young children towards hospitalization in a non-threatening atmosphere. As part of this national observance, The Allentown Hospital—Lehigh Valley Hospital Center is planning many activities for patients, children, adults and the public.

Especially for TAH—LVHC employees, there will be an open house on Wednesday, March 23. Employees are invited to tour the pediatric floor and the new play deck. Joanne Frey-Kleinginna, child life therapist, TAH—LVHC, will be giving a free parenting lecture, "The Bridge Between Home and Hospital: Lessening A Child's Fears," beginning at 7 p.m.

Children's activities scheduled during the week include: "Hello Hospital," a special sweatshirt day and a party for patients and their siblings on pediatrics.

For more information regarding these events, please call 778-CARE.



Richard Yeakel of Emmaus meets "Roscoe" at The Allentown Hospital Pediatric Department.

Poison Center 'Nets' Fund Raiser (TAH—LVHC Team Ready To Avenge Loss)

After a disappointing 72-60 loss a year ago, The Allentown Hospital—Lehigh Valley Hospital Center is ready to challenge WAEB in basketball once again. Following the recent hospital merger, the players from both sites are now combined into one team.

This year's game will be played on Wednesday, March 16 at 7 p.m. at South Mountain Middle School. All proceeds benefit the Lehigh Valley Poison Center.

Tickets are \$1 each and can be purchased outside the TAH cafeteria beginning March 7. Tickets can also be purchased from organizer Scott Stahlnecker, ext. 2229, or from the Communications Department, ext. 2581. Each ticket holder is eligible for door prizes, and winners will be announced on Thursday morning, March 17.

Two basketball games will be played that evening. The first game will pit

administration against employees. The second game will feature the employee all-stars vs. WAEB Foul Outs. Each game will consist of two 20-minute halves.

Lehigh Valley Poison Center is a vital service to the community. The center is under the direction of Henry Kurusz III, M.D., Poison Center medical director; Bonnie M. Smith, vice president; and Peg Parry, R.N., Poison Center coordinator. Staff members are dedicated to helping save lives, especially children's.

The center, located at TAH, has a 24-hour hotline staffed by Emergency Cen-

ter nurses, education programs, and computers which contain the most up-to-date information and treatment of poisons. The well-known Mr. Yuk symbol also helps teach children about poisons.

The center not only helps educate children and parents of the Lehigh Valley but also helps coordinate poison centers and programs at 19 other member hospitals in eastern Pennsylvania.

For more information about poison or if you need help in a poison emergency, call the hotline at 433-2311.

Call
This
Number

When you need to know the time, the weather, or the temperature, the number to call is 867-1212.

You'll not only get the information you seek, you'll also hear a short health information message, courtesy of HealthEast and other sponsors of the free service. It is expected residents in the Allentown-Bethlehem-Easton area will make up to 18,000 calls a day to the new service.

National Nutrition Month



Jane Ziegler, R.D. (left) and Marcia Kalista, R.D. select "Wellness" foods.

Reduce Fat To Increase Wellness

There's no getting around it. We are what we eat. Unfortunately, many of us eat too much of the foods that can harm us and too little of those that can help keep us well.

March is National Nutrition Month. It is a time set aside each year to increase awareness of diet and nutrition and to encourage Americans to lead healthier lives. During the month-long national observance, The Allentown Hospital—Lehigh Valley Hospital Center dietary departments have planned several educational programs.

"Our goal," says Jane Ziegler, R.D., M.S., chief clinical dietitian at TAH, "is to encourage people to adopt healthy eating lifestyles."

Toward that goal, Lani Midway, R.D., staff dietitian at TAH, will deliver a lecture, "Weighing the Fad Diets," Tues-

day, March 8 at noon in Room 1911, School of Nursing; and again at 7 p.m. in the auditorium of the School of Nursing. Her presentation is part of the *Woman-*

Care of The Allentown Hospital spring educational program.

During March, the dietary department at The Allentown Hospital is focus-

Film Festival At LVHC

Observance of National Nutrition Month at the LVHC site will center around a health fair film festival, according to Marcia Kalista, R.D., chief clinical dietitian.

Activities are scheduled for Friday, March 25 from 11 a.m. to 1 p.m. in Classroom 3. Sharon Kraus, R.D. is coordinating the event.

Videos will run continuously and there will be free popcorn and a special door prize. Video topics are: "Nutrients and Nutritional Labeling," "Practical

Approach to High Fiber Diet" and "Vitamins."

Participants will also receive nutrition information handouts. Dietitians will be available to answer special nutritional concerns.

Other events planned include a special "Wellness" cafeteria menu. Selections will be low in sodium, sugar and fat and high in fiber.

Even the patients will be able to take part in the observance. All regular menus will include a nutrition newsletter.

ing employees' attention on reducing the fat in their diets. "Most people know to avoid gravies and fried foods, but they don't realize that things like margarine, butter, mayonnaise and salad dressing are almost entirely fat," Ziegler explains.

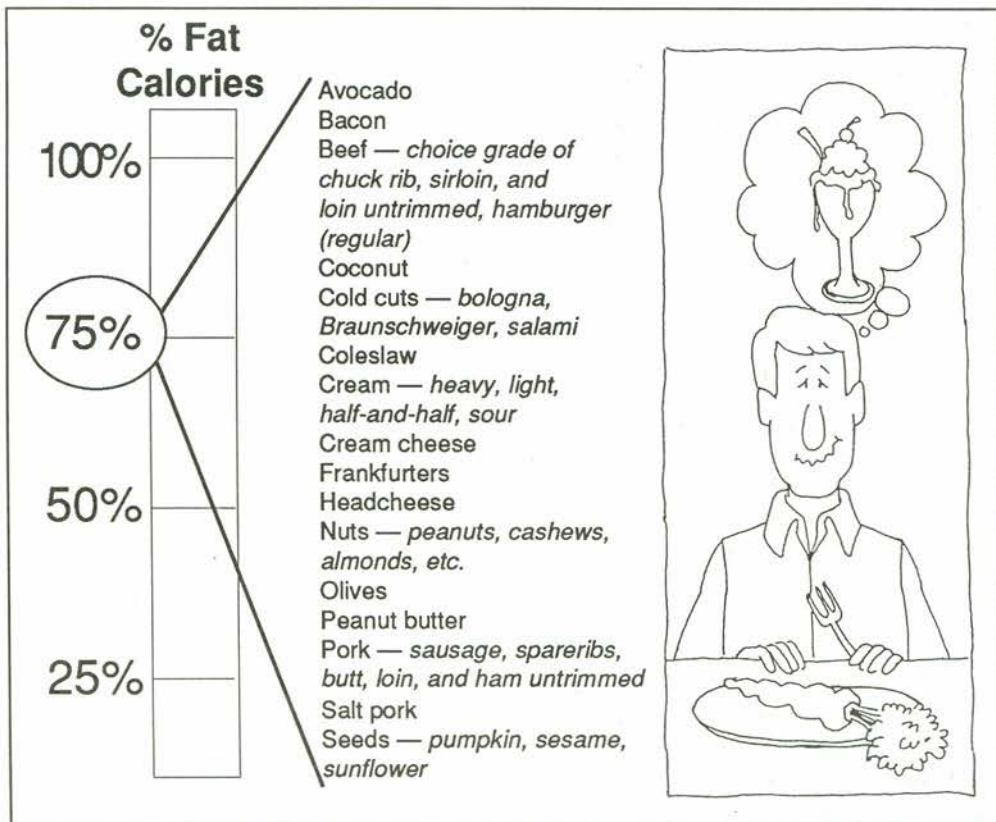
Does that mean we have to eat dry toast and endure picnics without potato salad? No, rather we should learn to be more astute shoppers and to pay attention to the labels on the products we purchase. "Generally, it's best to choose a soft margarine in a tub," Ziegler says. Next, look at the label and check the first ingredient. Remember ingredients are listed on food labels in descending order of content. Select a brand made from polyunsaturated fats."

Basically, there are two categories of fats. Saturated fats are usually found in animal fats. They are also found in products containing palm and coconut oil, cocoa butter, solid shortenings and milk and milk products. Unsaturated fats are found in vegetable oils. This includes polyunsaturated fats such as those found in safflower oil, corn oil, soybean oil, sunflower oil, cottonseed oil, most margarines, and walnuts. Monounsaturated fats are found in peanut oil, olive oil, olives, peanuts, and most other nuts.

Another pitfall to avoid is the assumption that a product labeled no cholesterol also has no saturated fat. "Once again, it's best to select products made from the previously mentioned polyunsaturated, liquid fats," Ziegler says.

Lunch meats and sausage products are still other common foods high in fat. "Some manufacturers have reacted to the demand for lower fat content and have produced 95 percent fat-free lunch meats. However, these products are still very high in sodium," Ziegler cautions.

Most of the fat in cheese, such as the cheddar types, comes from the whole milk used in preparation. To cut your fat intake, Ziegler recommends looking for cheeses made from skim milk. "You can buy 1 percent cottage cheese, low-fat



Swiss cheese and part-skim mozzarella, ricotta and Parmesan cheeses."

As might be expected, desserts like ice cream, pies, cakes, pastries, and others containing whole milk, cream, chocolate, coconut or nuts are very high in fat. "This doesn't mean you can never enjoy dessert," Ziegler says. "It's more a question of limiting frequency and amount."

Some dessert selections are healthier than others. Reading labels can help you make wise selections. Frozen desserts, rich in ice cream, can contain as much as 10 grams of fat per 1/2 cup serving. However, sherbet and frozen yogurt often have as little as 1 gram of fat per 1/2 cup serving. "Of course, it's usually a trade-off," Ziegler cautions. "Sherbet may be lower in fat but it's likely to be higher in sugar. Once again, read the label to be sure you know what you're eating." Packaged foods can also provide hidden sources of excess fat. For example, unrefined rice has virtually no fat.

However, add a cheese sauce mix to the package and you've substantially increased the fat content.

Much has been written about the high fat content of red meats and pork. Many experts recommend a diet rich in chicken and fish, both of which are low in fat. "In recent years the beef and pork industries, reacting to the concern over lowering fat intake, have begun to breed leaner animals. Consequently, as long as it's trimmed and lean, it's certainly all right to eat beef and pork in moderation," Ziegler says.

Nearly all dietitians recommend removing the highly fat skin from chicken prior to cooking. Sometimes chicken cooked in this manner has a tendency to become dry. "I make a mixture of plain low fat yogurt and a spicy mustard and brush it over the chicken breast to seal in the moisture prior to cooking," Ziegler says. "This keeps the chicken moist without adding any fat."

Spring Fling

Are the winter blahs getting you down? If so, it is time to cheer up and get ready to party! This year's Spring Fling, the annual dinner-dance for employees of The Allentown Hospital—Lehigh Valley Hospital Center and HealthEast, will be held on Friday, April 8 at the George Washington Lodge in Whitehall.

Festivities begin at 6:30 p.m. with a cocktail hour followed by dinner and dancing to the tunes spun by the Sound Celebration disk jockeys. The cost is only \$10 per person because the hospital picks up the remainder of the tab. Invitations will be mailed shortly. Mark your calendar now and make your reservations early. Let us all celebrate spring!

Educational Happenings

Monday, March 7

TAH - General Hospital Orientation (Part I) - 8 a.m. to 12:15 p.m., Auditorium.
LVHC - CPR Certification Part I (non-nursing) - 9 a.m. to noon, Classroom 3.
TAH - Community CPR - Infant/Child - 7 to 10 p.m., Auditorium, call ext. 2430 to register.

Tuesday, March 8

LVHC - CPR Certification Part II (non-nursing) - 8:30 to 10:30 a.m., Classroom 4.
TAH - Hospital tour for new employees (meet in main lobby) - 10:30 a.m. to noon.
TAH - General Hospital Orientation (Part II) - 12:30 to 3 p.m., Auditorium.

Wednesday, March 9

LVHC - Management Development Module II - 8:45 a.m. to 4:30 p.m., Classroom 1.
LVHC - Oncology Core Course - 9 a.m. to 4 p.m., Classroom 2.
TAH - Stroke Team Meeting - 10 to 11 a.m., Cafeteria Conference Room.
LVHC - Teleconference - "Personal and Organization Power" - 3 to 5 p.m., Boardroom (Call Educational Development at ext. 8320 to register.)

Thursday, March 10

LVHC - Management Development Module IV - 8:30 a.m. to 4:30 p.m., Classroom 1.

room 1.

LVHC - AHA Teleconference - "AIDS - Mandatory Testing, Confidentiality and Discrimination" - 1 to 4 p.m., Auditorium (Call Educational Development at ext. 8320 to register.)

Friday, March 11

LVHC - Teleconference - "Whose Liability Is It? The Practice of Nursing" - 1 to 2:30 p.m., Classroom 3 (Call Educational Development at ext. 8320 to register.)

Monday, March 14

LVHC - New Employee Orientation - 8:30 a.m. to 4:30 p.m., Classroom 3.

Tuesday, March 15

LVHC - Management Development Module V - 8:30 a.m. to 4:30 p.m., Classroom 1.
LVHC - Community CPR - 2 to 5 p.m., Auditorium Alcove.

Wednesday, March 16

"Oncologic Home IV Therapy," sponsored by the Greater Lehigh Valley Chapter Oncology Nursing Society and the American Cancer Society - 8 a.m. to 4:45 p.m., Sheraton Jetport (Call ext. 2582 for more information.)
LVHC - Management Development Module VI - 8:45 a.m. to 4:30 p.m., Classroom 1.

room 1.

LVHC - Oncology Core Course - 9 a.m. to 4 p.m., Classroom 2.
TAH - Stroke Team meeting - 10 to 11 a.m., Cafeteria Conference Room.
LVHC - CPR Recertification (non-nursing) - 1 to 4 p.m., Auditorium Alcove.

Thursday, March 17

LVHC - Management Development Module VI - 8:30 a.m. to 4:30 p.m., Classroom 1.
LVHC - An Introductory Seminar for Burn Nursing for Student Nurses - 12:30 to 4:30 p.m., Auditorium.
TAH - CPR Recertification for Home Care Staff - 1 to 3 p.m., Home Care office.

Friday, March 18

LVHC - Teleconference - "A Merry Heart - The Healing Power of Humor" - 1 to 4 p.m., Auditorium Alcove.

Saturday, March 19

LVHC - ACLS Certification - 7:45 a.m. to 5 p.m. - Auditorium (Call Edith Snyder at ext. 8602 for more information.)

Sunday, March 20

LVHC - ACLS Certification - 7:45 a.m. to 4 p.m. - Auditorium (Call Edith Snyder at ext. 8602 for more information.)

Faculty Appointments Announced

Members of The Allentown Hospital—Lehigh Valley Hospital Center medical staff have received faculty appointments at the School of Medicine of Hahnemann University and Temple University. At Hahnemann, they are:

Medicine

David M. Caccese, M.D.
Clinical Assistant Professor
Larry B. Feldman, M.D.
Clinical Assistant Professor
Gene H. Ginsberg, M.D.
Clinical Assistant Professor
Charles A. Gordon, M.D.
Clinical Assistant Professor
Robert J. Kovacs, M.D.
Clinical Assistant Professor
Thomas P. Lennox, M.D.
Clinical Instructor
Lawrence P. Levitt, M.D.
Clinical Associate Professor

John D. Nuschke, M.D.
Clinical Instructor
Charles D. Peters, M.D.
Clinical Assistant Professor
William R. Pistone, D.O.
Clinical Senior Instructor
David Prager, M.D.
Professor of Medicine
Robert M. Roeshman, D.O.
Clinical Senior Instructor
Nancy A. Urankar, M.D.
Clinical Instructor
Stanley E. Zeeman, M.D.
Clinical Professor of Medicine

Surgery

Luke C. Yip, M.D.
Clinical Instructor

Emergency Medicine

Jack Anthony Henriquez, M.D.
Clinical Assistant Professor

Radiology

Nathaniel Silon, M.D.
Clinical Associate Professor

Walter J. Okunski, M.D., has received an appointment at Temple University as Clinical Associate Professor in Surgery.