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Vol. 1 No. 4 April 15, 1988

## **Employees To Receive 'Vim & Vigor'**

Employees of HealthEast will soon find something new in their mailboxes at home. The first issue of *Vim & Vigor*, the new HealthEast quarterly magazine will be distributed in mid-April.

Vim & Vigor is the nation's third largest general health and fitness magazine. Over 400,000 copies are distributed across the country by licensee hospitals and hospital systems. Vim & Vigor is a highly respected publication. It carries no editorial copy or advertising for miracle diets or drugs, smoking, or alcohol.

Why do we need a magazine? We cannot depend on the area

Call The Hotline

Concerns, questions comments...-Call the Personnel Hotline at ext. 2999. The hotline is a service for employees at TAH—LVHC who have questions that their supervisors or their respective personnel departments are not able to resolve.

Callers are asked to leave their messages on a tape machine. Employees do not have to state their names, but they should make reference to the specific site involved in the questions. For the most part, all questions and answers will be reprinted in *CheckUp* with the exception of questions that are repetitious or that mention fellow employees by name.

media to effectively cover important medical developments within the system, particularly those services in need of additional patient support. We cannot depend on others to tell people in this area of the wonderful work being done in our system.

We need a way to offer quality health-related information that aims to improve the personal health of the reader, that enlarges the community's understanding of health issues it faces, and that also enhances its understanding of the resources, goals and mission of TAH—LVHC.

After considerable research, it was determined a magazine offered the best format at the most cost-effective investment. Magazines have a shelf life determined to be 1 to 10 months

as opposed to 30 seconds for a radio commercial, or at the most a day for newspapers. Studies have also shown the majority of people get their health information from magazines.

As a licensee of *Vim & Vigor*, HealthEast will have full control over 16 pages and a four-page mailer insert. HealthEast also may submit short stories about people and services from our system for inclusion in national features; have experts from our system quoted in stories featured on the national pages; and participate in the selection of topics for the national stories.

We hope you will enjoy reading your copy of *Vim & Vigor* when it arrives later this month. It is for—and about—you.

#### We Could Have Danced All Night

This year's Spring Fling was successful beyond anyone's hopes. Response to invitations was unprecedented. The turnout was larger than in any previous year, which is a great sign of support of the merged hospital...that is the good news.

Unfortunately, the bad news is because of space limitations at the George Washington Lodge, some employees who returned their reply cards after the due date were not able to join in the evening's fun. Next year, plan to return your invitation early.

Look for lots and lots of pictures taken at the Spring Fling in the next edition of *CheckUp*.



## Get Ready For May Daze Family Fun

Family fun is planned for May 13, 14 and 15 at May Daze, the annual lawn festival sponsored by the LVHC Auxil-

iary.

There will be carnival rides and games, bingo, a special children's tent, pony rides, flea market, baked goods, raffle, restaurant gift certificates; 22 vendors providing delicious foods, a dinner tent offering barbecue chicken, ribs and roast beef all day and evening. Another highlight will be the crowning of the May Daze

Also scheduled are 51 exhibitors in the craft tent. All their items must be original and not from kits.

Used books have been donated from many individuals and two area libraries for the book sale. Anyone wishing to donate old books may do so by dropping them in the bin located in the Hospital Center's



lobby. (Please no magazines or condensed Reader's Digests.)

A stamp collection table, introduced last year, will return offering stamps for beginners and some rare, expensive stamps for serious collec-

If you want to clean out your attic or basement, why not donate the items to May Daze. Drop-off day for the White Elephant sale has been set for April 28 from 9:30 a.m. to 3 p.m. at 827 Robinbood Drive, Allentown. For pick-up, call 435-4692

395-5946. Yarn, buttons, trims and material marked with yardage will be accepted. Tires, used furniture and clothing are not usable.

This year HealthEast Community Health will sponsor a Health Tent. Also planned are some special events featuring clowns, magicians and belly dancers.

You will not want to miss the opportunity to "dunk" a fellow worker maybe a CEO. It is a great way to get rid of hostility and raise money for a worthy cause.

Proceeds from this year's May Daze will go toward the purchase of bedside monitors for the Special Care Unit (LVHC).

Rain or shine, join in the May Daze fun, Friday, May 13 from 4:30 to 10 p.m., Saturday, May 14 from 10 a.m. to 10 p.m. and Sunday, May 15 from 11 a.m. to 6 p.m.

#### Classified Ad Insert Planned

After two months of trying, we are ready to concede defeat. Although CheckUp had planned to publish classified advertisements for employees in each issue, we simply find we do not have enough space.

In order to provide this service to employees, CheckUp will begin publishing a monthly insert of classified advertisements. The insert will be found in the last issue of CheckUp each month. It will also be posted on bulletin boards around each hospital site. Ads must be received, in writing, in the Communications Department at your site.

## Admitting Personnel Honored

First impressions are lasting ones, and that is something the admitting staff of TAH-LVHC never forgets.

Most often the admitting department is the patient's first introduction to the hospital. Each day, the admitting staff handles patients who are apprehensive as they look to the staff for comfort, reassurance and support. The caring and efficient manner in which each patient is admitted leaves a lasting impression of the hospital.

To recognize the contributions of admitting personnel, hospital National Hospital Admitting Personnel Week was celebrated April 4 through 10.

Samuel R. Huston, president of TAH-LVHC, comments "All of us at TAH-LVHC are proud of the efforts put forth by our admitting department staff. They are an integral part



Mary Ann Knecht, reservation clerk in the Hospital Center's Admitting Department for 14 years, finds ber job both interesting and challenging.

of our hospital team because of their ability to treat our patients in a caring and efficient manner during the admitting process."

## Tip Of The Hat



CheckUp offers congratulations to Marie Weissman who was recently honored by the Lehigh Valley Division of the National Association of Social Workers as its Social Worker of the Year.

She was presented the award for her "outstanding contribution to professional social work in the Lehigh Valley." Marie was recently promoted to assistant vice president of TAH-LVHC. She has administrative responsibility for the Social Service, Pastoral Care and Admissions offices at both hospital sites, as well as the Comprehensive Community Cancer Center and Cardiac Cath Lab. She also coordinates hospital activities related to the Joint Commission on the Accreditation of Health Care Organizations.

## **Briefly Speaking...**

#### Folk Music Society Welcomes New Members

The LVHC Folk Music Society has opened its membership to employees of The Allentown Hospital site. The society was formed to promote the

appreciation of folk music.
Interested employees sho

Interested employees should send their name, department and hospital site to Al Keller, Engineering (LVHC) or Ralph Montesano, Perfusion (LVHC). If you play an instrument, sing, dance or just like to listen, plan to attend the next meeting Wednesday, May 11 at 7:30 p.m. in the LVHC auditorium.

#### Plant Sale Scheduled For TAH In May

Now that spring has finally arrived, it is time to think warm thoughts and get ready for planting flowers.

The Auxiliary and the Junior Aides of The Allentown Hospital is preparing for its annual "Geranium and Spring Bedding Plant Sale" on Friday, May 20 in the Lobby of TAH from 10 a.m. to 6 p.m.

There are a number of beautiful plants to choose from including geraniums, begonias, impatiens, fuchsia and a variety of hanging baskets.

Please support the hospital by participating in this important fundraiser. Order forms can be picked up in the Alcove Gift Shop at TAH. The deadline for ordering is April 22.

#### Student Tours Scheduled At Hospital Center

On Friday, April 22, beginning at 9:30 a.m., 30 seniors from Dieruff High School will tour the Hospital Center and MedEvac, Jack Dunleavy, assistant director, Educational Development (LVHC), will speak to the group on health careers.

On Saturday, April 23, beginning at 10:30 a.m., Denise Janis, R.N., Short Procedure Unit staff nurse (LVHC), and seven Tiger Cub Scouts will tour MedEvac.



The Environmental Impact Committee at LVHC needs your help to recycle cans. Please call Sarajane Williams at ext. 8829 to help sort cans. The committee is also recycling glass. If your department generates a lot of glass, please call Bob Beyer at ext. 8515 to arrange for the pick up of the glass for recycling. YOU can make a difference. Pitch in and help with recycling.



Welcome Aboard ... The newly appointed senior vice president for Human Resources arrived at The Allentown Hospital—Lehigh Valley Hospital Center on April 11.

Luis A. Martinez comes to the hospital from Exide Corporation, Horsham, where he had been corporate director of human resources since 1987. From 1983-1987, he was Exide's director of corporate benefits and compensation.

A graduate of the University of Delaware, Newark, Luis earned both his master's in education and a bachelor's degree in counseling psychology from the school.

Luis is married and the father of three children.

New Employee Handbook Planned... One of the first priorities of the newly arrived senior vice president of human resources will be consolidating the personnel policies and procedures manuals for TAH—LVHC, says John Salventi, Ph.D., vice president, Office of Integration.

Salventi and Ann Lyon, assistant vice president, will assist Luis Martinez with this task, along with the publishing of an employee handbook for the merged hospital.

Togetherness... Nuclear Medicine is well on its way to consolidation due to a high spirit of cooperation between the two sites since 1985. They should be one department in another two months.

Safe and Sound... The TAH—LVHC Security force is being expanded so that both sites are served by the same program.

Help Wanted... Currently, directors are being sought for Social Services and Admissions/Patient Registration for the merged hospital. An assistant director of Clinical Pharmacy position is also posted.

## Hospital Reaches Out To Two Of Its Own

By Norman Manley, C.C.P., Director, Department of Perfusion Love really does conquer all.

On Tuesday, March 29, Jeffrey Gustafson, cardiac assistant technician (LVHC), was suddenly admitted to LVHC and diagnosed as suffering from aplastic anemia. A decision was made to immediately admit him to Hahnemann Hospital in Philadelphia as soon as possible for bone marrow transplantation and extensive diagnostics and therapeutics.

Suddenly being faced with serious illness is never easy, especially when you are young and in love. Prior to becoming ill, the only thing on Jeff's mind was his fiancee, Patty Turato (staff perfusionist at LVHC). The couple planned a large wedding and had recently broken ground for a home they planned to build.

Faced with Jeff's illness, Jeff and Patty decided to put aside plans for a fancy wedding so they could be married quickly. They wanted to be able to face their sudden multitude of problems together. Priorities had been irrevocably altered. Time was of the essence and Jeff's health was the para-

mount concern.

At this point, key figures in Administration, Employee Health, Nursing Administration and Pastoral Care went into action. Help was on the way. Deciding the young couple should have a real wedding, they mustered their forces. Within a few hours red tape was cut and a marriage

license was obtained. Meanwhile, others helped decorate the hospital chapel with flowers and arrange for music. Wedding cake and refreshments arrived for a reception in the board room.

In light of the short notice, friends who heard of the plans rushed to the chapel to support Jeff and Patty as they exchanged vows. After the reception, the couple was able to spend their wedding night together in a hospital room which had been especially prepared and decorated by the nurses on 6C. Early the next morning, the newlyweds left for Hahnemann Hospital, ready to face the ordeal which awaited them as husband and wife.

The reason I am relaying this story is two-fold:

1. To wish Patty and Jeff all the luck in the world, and;

2. To make all employees aware that in this business organization there is still a very human element.

Twice within the last three months. disaster bas members of the Department of Perfusion. On both occasions members of the hospital's management team, as well as others, were extremely supportive in deviating from normal policies to accommodate the situation and, in general, to show that LVHC is truly a "caring" institution. We are fortunate to be involved where such an atmosphere exists. Thank you again to everyone from the Perfusion Department.

The dedication of the new pediatric play do The Allentown Hospital. Jennifer Seyfried, of (Occupational Therapy, Pharmacy, respect Glenda and Hector Bonano (Operating Root the honors of cutting the ribbon. Incidental that day—the arrival of a new baby sister.

## **Hello Hos**

Children learned bow to use stethoscopes and other hospital instruments during the medical/surgical play session of Hello Hospital.

## Sign Up Today For WalkAmerica

There is still time to sign up for WalkAmerica, the March of Dimes 25 kilometer (about 15 miles) walk! This special event will take place at Dorney Park on Sunday, April 24 beginning at 9 a.m.

Employees, family members and friends are encouraged to sign up for the Hospital team. TAH—LVHC T-shirts will be given to all participants to wear during the walk. The March of Dimes will also award prizes for walkers who raise \$25.00 or more

in sponsor money.

For more information, or to register, contact the Communications Department at your site; ext. 2581(TAH) and ext. 8900(LVHC).

#### **Attention Volunteers**

An orientation session for Hospital Center adult volunteers will be held on Monday, May 2 from 8:30 a.m. to 4:30 p.m. in Classroom 2.





k was a "beary" special event at sughter of Ann and Jack Seyfried ively) and Aaron Maza, son of n, X-ray, respectively) were given , Aaron was given another bonor



Pediatric nurses (left to right) Kathy Long, Delia Sceurman and Karen Smith decorated sweatshirts as part of a special celebration day to close Children and Hospitals Week.

## pital-A'Beary' Special Event





Diane Tust, L.P.N., Pediatrics, demonstrates how an intravenous is administered during a hospital stay.

# Making the Rounds

Sue Desato, R.N., Marion Repko, R.N. and Denise Shellock, R.N., CNS Unit (LVHC) staff nurses, will present papers at the American Association of Neuroscience Nurses Annual Meeting to be held later this month in San Diego. Sue will present "Tetanus: A Case Study," and Marion and Denise will present "Herniation Syndromes."

Diane Kowalski, R.N. and Linda Williams, R.N., CNS Unit staff nurses, presented a paper entitled "Care of a Patient with an Omaya Reservoir" at the Mid-Annual Meeting of the American Association of Neuroscience Nurses held in Pittsburgh.

Ellie Franges, R.N., M.S.N., CNS Unit head nurse, presented a paper entitled "Management of Open Craniocerebral Trauma: A Case Presentation" at Trauma Management '88, a conference sponsored recently by the San Diego Trauma Research and Education Foundation.

Ellie Franges, R.N., M.S.N., and Mary Ellen Beideman, R.N., B.S.N., Infection Control coordinator, co-authored a paper entitled "Infections Related to ICP Monitoring" which was published in the April issue of the Journal of Neuroscience Nursing.

**Karen Daderko,** R.N., was recently appointed associate head nurse of 7C at LVHC.

Jeffrey Burtaine, M.D., director of occupational health and medical director of Community Health, recently had an article published in a special edition of *New Jersey Medicine* focusing on the treatment of tobacco dependence. Dr. Burtaine's article detailed steps taken to successfully implement a no-smoking policy at TAH—LVHC.

Lisa Taylor, ACSW, renal social worker at TAH, recently had an article entitled "The Rights of the Renal Patient in the Hospital" republished in Australia. It appeared in the March 1988 edition of *Shoestring*, a patient/family newsletter of the Dialysis and Transplant Association of Victoria, Australia.

The article originally was pub-

lished in the September 1986 edition of the Canadian journal, *The Renal Family*.

Peter A. Keblish, M.D. was introduced as the newest member of the Board of Councillors from Pennsylvania (one of only three in the state) at the annual American Academy of Orthopaedic Surgeons meeting held recently in Georgia. Dr. Keblish also presented a scientific paper at the Academy entitled "Survivorship Analysis of the LCS Knee."

The following were recently promoted to the position of senior staff nurse at the Hospital Center: Joan Collette, R.N., Operating Room; Mark Frassinelli, R.N., Open Heart Unit; Diane Kowalski, R.N., B.S.N., Central Nervous System Unit; Cynthia Mastropieri, R.N., B.S.N., Burn Center; Mary Ellen Nangle,

R.N., B.S.N., Burn Center; Nancy Rath, R.N., B.S.N., 4B; Jean Rudderow, R.N., 5C; Julie Schuttera, R.N., 4C; Susanne Scholz, R.N., 4A; and Christina Wargo, R.N., Central Nervous System Unit.

Mark A. Gittleman, M.D. has been appointed director of the Comprehensive Community Cancer Center.

Cindy Mastropieri, R.N., B.S.N., Burn Center (LVHC) staff nurse, recently presented a paper entitled "How Accurate is Pulse Oximetry in Burn Patients?" at the 20th Annual Meeting of the American Burn Association in Seattle, Wash. The paper was written by Cindy, David Barillo, M.D., plastic surgery resident; Walter J. Okunski, M.D., director of the Burn Center; and Michael Cohen, M.D., anesthesiologist at Tufts-New England Medical Center in Boston.

In Memory Of Nelson W. Edelheiser 1929-1988 Housekeeper General Services Dept. LVHC Our ship drives east and another drives west With the selfsame winds that blow. 'Tis the set of the sails And not the gales Which tells us the way to go. Like the winds of the sea are the ways of fate, As we voyage along through life: 'Tis the set of a soul That decides its goal, And not the calm or the strife.

Ella Wheeler Wilcox

### Sign Up For The MS 150 Bike Tour

How does a two-day, 150-mile round-trip cycling adventure through scenic Berks and Lancaster Counties to benefit the National Multiple Sclerosis Society sound? Good? Then join hundreds of other cyclists for the first annual Lehigh Valley to Lancaster County MS 150 Bike Tour, June 25 and 26th.

Tailored for cyclists of all abilities, this event will help fight a tragic disease that strikes young adults in the prime of life.

The tour begins at 7 a.m. at the

Lehigh County Velodrome with the firing of a cannon and launching of a hot air balloon. There will even be a band playing and lots of celebrity riders.

Participants are required to raise a minimum of \$1 per mile (\$150) in sponsored pledges. There are a number of prizes for top fund-raisers, including a 1988 Yugo or a two-week trip to Hawaii.

To join fellow TAH—LVHC employees in the MS 150 Bike Tour contact Steve Lehman at ext. 8801.

## Weight Management Center Opens 'Where Great People Take Shape'

Being overweight is a lot more complicated than simply "lack of will-power." It is a disease, a disease that requires medical supervision to overcome. That is why HealthEast Enterprises has opened the Weight Management Center of Lehigh Valley.

WMC is conveniently located across from the Hospital Center at 1259 S. Cedar Crest Blvd., Suite 245.

Hospital-affiliated, the WMC takes a medically supervised, comprehensive approach to treating weight problems. Treatment is provided for the medically obese (people who are 50 pounds or 30 percent above ideal body weight) as well as for those who are cosmetically (20 to 40 pounds) overweight.

Members of the Weight Management Center team include a physician who supervises all clinical aspects of the program, a psychologist, an exercise specialist, a nurse and a registered dietitian who serves as program director. These professionals help clients understand the emotional and physical factors that contribute to weight problems, as well as the importance of nutrition and exercise to maintain a healthy body.

Lifesteps, a 10-week program for people who are 20 to 40 pounds overweight, is offered at the WMC. Participants learn how to lose weight safely and gradually, as well as strategies for long-term maintenance. Lifesteps stresses the importance of diet, exercise and behavior modification.

WMC is also the exclusive center in this area for the **Optifast Program**, a safe, medically supervised plan designed for people who are 50 pounds or more overweight. It combines rapid weight loss of three to five pounds a week with behavior modification and an individualized exercise program.

To find out more about the no-obligation orientation programs simply call 433-2201 to reserve your place in the next session. Day and evening classes are available. Employees of TAH—LVHC are eligible for discounts.

## Welcome

The Allentown Hospital-Lehigh Valley Hospital Center extends a warm welcome to new employees. Joining the hospital family at The Allentown Hospital site are:

Admitting: Karin Ford ASU: Cynthia Kern

Cancer Center: Jayne Holubowsky

Dietary: Christina Wagner

Home Care Pool: Cynthia Burkhardt, Patricia Edgar

Housekeeping Pool: Chong Cha Pak, Elias Pellot

Laboratory Administration: Catherine Martin

Medical Records: Deborah Frantz Nursing: Brian Hess, 4S; Janis Rata, Rebecca Kahle, 6T

Operating Room: Jacqueline Greenage

Psychiatry: Francine Schafer

New employees at Lehigh Valley Hospital Center site are:

Emergency Services: Michele Price

General Services: Kim Kern Heart Station: Maria Molz

Materials Management: Patricia Davidson

Nursing: Tami Ruch, 4B

Nursing Float Pool: Marlene Cygan PCCU: Patte Horwath, Louisa lentz,

Tamila Seyfried

Pharmacy: Karen Ashman

Pulmonary Function: Melisa Harbi-

Radiology: Joy Phillips SPD: Johnny Graves

## Child Care Center Opens

Lehigh Valley Child Care extends an invitation to parents to visit its newest facility, the Child Development Center, located at 3440 Hamilton Blvd., Allentown, across from Dorney Park's Wildwater Kingdom. The center is open Monday through Friday, 6:30 a.m. to 6 p.m. Programs are available for children ages 6 weeks to 5 years.

Expanding Horizons West, a summer educational enrichment program for children age 6 through 12, is being planned. Conducted and sponsored jointly with Lehigh County

Community College, the program will run from July 11 to Aug. 26.

A private academic school license through the Pennsylvania Department of Education is currently being processed at the nursery/kindergarten level. Kindergarten instruction with extended child care will be available this fall. Kindergarten registration for children who will be 5 years old before Dec. 1, 1988 will be held from 2 to 6 p.m. on Wednesday, April 20.

For more information, call Mary Salinger, center director, at 821-3911.

#### Calling All Volunteers. Mayfair Needs You

Mayfair organizers are calling for volunteers to participate in the second year of Allentown's award-winning celebration of fine art and festive fun, to be held May 26 through 30. HealthEast is one of the sponsors of this event.

Mayfair officials estimate that 750 to 1,000 volunteers will be needed for the preparation, day-to-day operations, and clean-up of the festival. Volunteers may serve in a variety of capacities ranging from information booth attendants, ticket sellers, beverage pourers, and ushers to more specialized assignments such as stage hands, carpenters, supply coordinators, and artists to work with children in the creative activities area.

Volunteers will be asked to work at least eight hours, or two shifts during the festival. Each volunteer will receive a free shirt identifying him or her as a Mayfair staff person, \$5 worth of food tickets per shift, and free passage on shuttle buses running from parking areas to festival sites. Volunteers must be at least 15 years of age.

For volunteer forms and further information contact: Christine Messina Boyer in Communications at ext. 7913.

# Educational Happenings

Monday, April 18

TAH - "Demystifying Lab Tests" (mandatory Infection Control program for nursing personnel) - 9 to 10 a.m. and 2 to 3 p.m., Auditorium

Tuesday, April 19

TAH - "Demystifying Lab Tests" - 6:50 to 7:30 a.m., OR Conference Room LVHC - Medical Terminology - 9 to 10:30 a.m., Classroom 2 LVHC - Teleconference: "Individual and Corporate Creativity" - 1 to 3 p.m., Classroom 3 (Call ext. 8320 to register) LVHC - CPR Recertification (nonnursing) - 1 to 4 p.m., Classroom 2 LVHC - Medical Terminology - 7 to 8:30 p.m., Classroom 4

Wednesday, April 20

TAH - Stroke Team Meeting - 10 to 11 a.m., Cafeteria Conference Room TAH - "Demystifying Lab Tests" - 3 to 4 p.m., Home Care TAH - "Blood Transmissible Diseases in Children: AIDS and Hepatitis B" - 7 to 8 p.m., Auditorium

Thursday, April 21

TAH - "Demystifying Lab Tests" - 9 to 10 a.m., Auditorium TAH - "Double Trouble—Dual Diagnosed Adolescents" - 1 to 4 p.m., Days Inn TAH - "Demystifying Lab Tests" - 2 to 3 p.m., Auditorium LVHC - Community CPR - 7 to 10 p.m., Auditorium Alcove

Friday, April 22

LVHC - Teleconference: "Aging In America: Dignity or Despair?" - 1 to 4 p.m., Auditorium (Call ext. 8320 to register)

Monday, April 25

LVHC - New Employee Orientation - 8:30 a.m. to 4:30 p.m., Classroom 2 TAH - "Anesthesia Management for the Shock Trauma Patient" - 6:30 to 9 p.m., Auditorium

Tuesday, April 26

LVHC - Medical Terminology - 9 to 10:30 a.m., Classroom 3 TAH - "Demystifying Lab Tests" - 9 to 10 a.m. and 2 to 3 p.m., Auditorium LVHC - Teleconference: "The Nursing Shortage: You Can't Afford to Lose This Nurse" - 1 to 3 p.m., Classroom 2 LVHC - Medical Terminology - 7 to 8:30 p.m., Classroom 4

Wednesday, April 27

LVHC - CPR Certification Part I (non-

nursing) - 9 a.m. to noon, Auditorium Alcove TAH - "Demystifying Lab Tests" - 9 to 10 a.m. and 2 to 3 p.m., Auditorium TAH - Stroke Team Meeting - 9 to 10 a.m., Cafeteria Conference Room TAH - "Epstein-Barr Virus Detection" - 2 p.m., Immunology Department

Thursday, April 28

LVHC - CPR Certification Part II (non-nursing) - 10:30 a.m. to noon, Class-

room 3 TAH - "Demystifying Lab Tests" - 9 to 10 p.m., OR Conference Room TAH - "Demystifying Lab Tests" - 10 to 11 p.m., Auditorium

Friday, April 29

TAH - "Demystifying Lab Tests" - midnight to 1 a.m. and 1 to 2 a.m., Auditorium LVHC - Teleconference: "Who Pays? Who Cares? The Crisis In Uncompensated Care" 1 to 2 p.m., Classroom 3

## **CPR Classes Scheduled For May**

Due to the tremendous amount of requests for CPR training, the Educational Development Department (LVHC) has scheduled the following classes for non-nursing personnel:

Tuesday, May 3, 2 to 5 p.m. Classroom 4, Community CPR

Wednesday, May 4, 1 to 4 p.m., Auditorium Alcove, Recertification

Wednesday, May 11 (Part I), 9 a.m. to noon, Auditorium Alcove, Certification

Thursday, May 12 (Part II), 9 to

10:30 a.m., Auditorium Alcove, Certification

Tuesday, May 17, 9 a.m. to noon, Auditorium Alcove, Recertification Thursday, May 19, 7 to 10 p.m., Auditorium Alcove, Community CPR Wednesday, May 25 (Part I) 1 to 4 p.m., Classroom 4, Certification Thursday, May 26 (Part II), noon to 1:30 p.m., Classroom 4, Certification.

To register for one of these classes, call Educational Development (LVHC) at ext. 8320.

#### Special Teleconference On Aging

"Aging in America: Dignity or Despair?" is the title of a special live teleconference to be received at LVHC on Friday, April 22. The program seeks to educate professionals and lay people about the problems and potentials of an aging nation.

Moderated by Ted Koppel, anchor of ABC-TV's "Nightline," this three-hour, free presentation will be shown in the auditorium from 1 to 3 p.m. To register, call Educational Development at ext. 8320.

## Team Up Against Cystic Fibrosis

If you are looking for something to do on May 1, why not join TAH—LVHC's team and ride in this year's Cystic Fibrosis Bike-A-Thon? Proceeds from the event help fight the number one genetic killer of children in the United States.

The bike-a-thon will start at the Mack Test Track on Vultee Street in Allentown. Registration begins at 11

a.m., followed by the bike-a-thon at 12:30 p.m. The course is approximately 18 miles.

Registration forms and sponsor sheets are available in the personnel office at your work site. For more information, call G. John D'Aurora, vice president, Human Resources, LVHC, at ext. 8843.