



Colleague COVID-19 Booster Clinics

They'll be held at LVH-Hecktown Oaks, LVH-Cedar Crest and LVH-Pocono.

[Read more →](#)

Get Ready to Celebrate National Hospital Week

Post a photo and tell us why you are #LVHNProud.

[Read more →](#)



Celebrate Moms and Dads, Sons and Daughters by Sending a Selfie

If your family also happens to be your colleague, we want to hear about it.

[Read more →](#)



LVH-Cedar Crest Town Hall Meetings May 10

Attend live in the auditorium or via Webex at 11 a.m. or 7:30

p.m.

[Read more →](#)



LVH–Muhlenberg Town Hall Meetings May 10 and 11

Attend the meetings live in Rooms ECC B, C and D.

[Read more →](#)



LVH–17th Street Town Hall Meeting May 12

Attend live in the auditorium or via Webex at 3 p.m.

[Read more →](#)



LVH–Hecktown Oaks Town Hall Meetings May 16

Attend the meetings live in Conference Rooms 1, 2 and 3.

[Read more →](#)



May 2022 Calendar of Events

See what's happening at LVHN all month long.

[Read more →](#)



Give Your Future Self a Raise

Learn key steps to take control of your financial well-being.

[Read more →](#)



Poster Police: Help Keep Signage Current at LVHN Facilities

Patrol the halls for outdated signage and check out a new intranet page with current notices, policies and posters.

[Read more →](#)



Service Anniversary List – May 2022

Happy anniversary to these colleagues celebrating a career milestone at LVHN.

[Read more →](#)



LVHN Shines at Renowned Cardiology Conference

Annual event draws cardiovascular professionals from around the world.

[Read more →](#)



Vandana Sharma Is a DAISY Nurse Leader Award Recipient

Learn why this patient care coordinator at LVH–Cedar Crest is a remarkable leader.

[Read more →](#)



Project ECHO: Hematuria

Attend a presentation on Wednesday, May 11 at noon.

[Read more →](#)



Imaging Technology Enhancements in Schuylkill County

3D mammography and MRI units provide patients with best options.

[Read more →](#)



Air Products Gives Lehigh Valley Health Network Three Portraits

Art features Leonard Parker Pool, Dorothy Rider Pool and Carl Anderson, all pivotal to LVHN history.

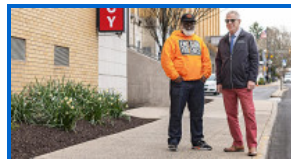
[Read more →](#)



LVHN and Promise Neighborhoods of the Lehigh Valley to Fight Community Violence

Nearly \$2 million will help add violence prevention coordinators in the region.

[Read more →](#)



This Spring, Clean Up Your Health

The Healthiest You Podcast: Episode 16.

[Read more →](#)



Combat Your Spring Allergies

Tips to help you reduce your seasonal allergy misery.

[Read more →](#)





Colleague COVID-19 Booster Clinics

They'll be held at LVH-Hecktown Oaks, LVH-Cedar Crest and LVH-Pocono.

LVHN Insider

Friday, April 29, 2022

LVHN colleagues who are eligible for the COVID-19 booster can now get vaccinated at the following pop-up clinics being offered by the health network:

LVH-Hecktown Oaks

Tuesday, May 10

10 a.m.-3 p.m.

Conference Rooms 1 & 2

LVH-Cedar Crest

Friday, June 3

6-10 a.m.

President's Room

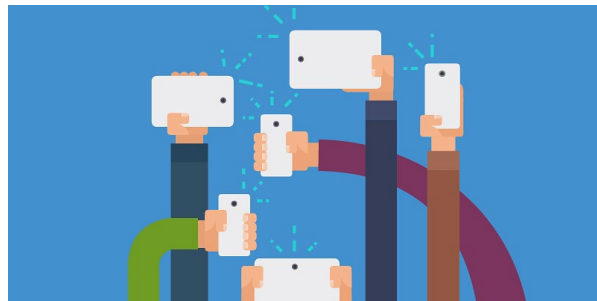
LVH-Pocono

Fourth Friday of every month

6 a.m.- 2p.m.

Brodhead Room

The pop-up vaccine clinics will welcome walk-ins. No appointment is needed. Colleagues should bring proof of prior vaccination, if applicable. All vaccine brands will be available.



Get Ready to Celebrate National Hospital Week

Post a photo and tell us why you are #LVHNProud.

LVHN Insider

Monday, May 2, 2022

We are excited to celebrate our colleagues who make LVHN the best place to work and receive care. Our amazing, talented and passionate colleagues are the reason our LVHN family is great.

Share your #LVHNProud photos

Let's kick off the upcoming Hospital Week celebrations with some #LVHNProud photos. We want to hear from you this week. Why are you #LVHNProud? What is the best part about working at LVHN? Share a photo of you and/or your team and tell us on LVHN Insider!

National Hospital Week is May 8-14

There are celebrations planned across the health network to recognize and thank you for all you do. Don't forget to show us how you are celebrating next week during National Hospital Week. Whether you're enjoying a backyard BBQ, a free meal in the cafeteria or having some ice cream, share the fun with your colleagues here on Insider.

We look forward to celebrating with you. Thank you for being #LVHNProud!



Celebrate Moms and Dads, Sons and Daughters by Sending a Selfie

If your family also happens to be your colleague, we want to hear about it.

LVHN Insider

Wednesday, May 4, 2022

Mother's Day is just around the corner, and Father's Day is not too far behind. That means it's almost time to celebrate parents for all they do throughout the year.

Submit a photo

Do you work with a parent, son or daughter at LVHN? If so, submit a selfie at [LVHN.org/stories](https://lvhn.org/stories) or post directly to the #LVHNProud channel on LVHN Insider by Friday, May 6. We'll highlight these special duos as we celebrate members of our LVHN family on social media for Mother's Day and Father's Day.



LVH–Cedar Crest Town Hall Meetings May 10

Attend live in the auditorium or via Webex at 11 a.m. or 7:30 p.m.

LVHN Insider

Wednesday, May 4, 2022

**This message is from Steve Zieniewicz,
President, Lehigh Valley Hospital–Cedar Crest, and Senior Vice President,
LVHN.**

Open, honest communication is vital. It helps us support one another and be at our best for the people we serve. To keep the lines of communication open, we are holding Town Hall meetings at LVH–Cedar Crest. Town Halls are a great opportunity for hospital leaders to hear your voice and to give you the latest news about our health network and the LVH–Cedar Crest campus..

Here are details about the Town Hall meetings scheduled for LVH–Cedar Crest. You can attend in person or via Webex.

LVH–Cedar Crest Town Hall Meetings

- Steve Zieniewicz, President, LVH–Cedar Crest, and Senior Vice President, LVHN
- Jim Miller, Chief Operating Officer, LVH–Cedar Crest
- Matthew Schreiber, MD, Chief Medical Officer, LVH–Cedar Crest
- Jodi Koch, BSN, Vice President, Patient Care Services
- Anne Baum, President, Lehigh Valley Reilly Children's Hospital

May 10, LVH–Cedar Crest auditorium

- 11 a.m. ([Click here](#) to attend via Webex.)
- 7:30 p.m. ([Click here](#) to attend via Webex.)

You pick the topics

You can choose the topics you want leaders to discuss. Here's how:

- Visit [menti.com](https://www.menti.com)
- Enter code: 63034710
- Submit the topics you want leaders to discuss and the things that make you #LVHNProud to be a colleague.

Help spread the word

Print the flyer below, post it in your department and bring a colleague to the Town Hall.

[LVH-Cedar Crest Town Hall Flyer 2022.pdf](#) 806 KB

SAFE

Bring your questions too. You can ask us anything. This is our opportunity to discuss any topic that's on your mind in a safe environment and in the spirit of progress.

I look forward to seeing you at our Town Hall meetings, and I thank you for all you do for our patients, our health network and our community.



LVH–Muhlenberg Town Hall Meetings May 10 and 11

Attend the meetings live in Rooms ECC B, C and D.

LVHN Insider

Thursday, May 5, 2022

**This message is from Bob Begliomini,
President, Lehigh Valley Hospital–Muhlenberg, and
Senior Vice President of Operations, LVHN.**

You want the latest news and information about LVHN and your hospital campus, and I want to hear what's on your mind. That's why we're having Town Hall meetings at each of our hospital campuses. When you attend a Town Hall meeting, you'll hear about our network-wide priorities and progress, as well as news specific to LVH–Muhlenberg.

You'll also have an opportunity to ask your questions and share what you've been hearing.

Here are details about the Town Hall meetings scheduled for LVH–Muhlenberg.

May 10, LVH–Muhlenberg, Rooms ECC B, C and D at 2 p.m.

May 11, LVH–Muhlenberg, Rooms ECC B, C and D at 6 p.m.

Help spread the word. Print the attached flyer, post it in your department and bring a colleague to the Town Hall. Bring your questions too. You can ask us anything. This is our opportunity to discuss any topic that's on your mind in a safe environment and in the spirit of progress.

I look forward to seeing you at our Town Hall meetings, and I thank you for all you do for our patients, our health network and our community.

[N19757 Muhlenberg Town Hall Flyer 2022.pdf](#) 751 KB
SAFE



LVH–17th Street Town Hall Meeting May 12

Attend live in the auditorium or via Webex at 3 p.m.

LVHN Insider

Wednesday, May 4, 2022

**This message is from Steve Zieniewicz,
President, Lehigh Valley Hospital–Cedar Crest, and Senior Vice President, LVHN.**

Open, honest communication is vital. It helps us support one another and be at our best for the people we serve. To keep the lines of communication open, we are holding a Town Hall meeting at LVH–17th Street. The Town Hall is a great opportunity for hospital leaders to hear your voice and to give you the latest news about our health network and the LVH–17th Street campus.

Here are details about the Town Hall meeting scheduled for LVH–17th Street. You can attend in person or via Webex.

LVH–17th Street Town Hall Meeting

May 12, 3 p.m., LVH–17th Street auditorium

[Click here](#) to attend via Webex.

- Steve Zieniewicz, President, LVH–Cedar Crest, and Senior Vice President, LVHN
- Jim Miller, Chief Operating Officer, LVH–Cedar Crest
- Lisa Liddington, Vice President, LVH–17th Street Operations
- Matthew Schreiber, MD, Chief Medical Officer, LVH–Cedar Crest
- Anne Baum, President, Lehigh Valley Reilly Children's Hospital

You pick the topics

You can choose the topics you want leaders to discuss. Here's how:

- Visit [menti.com](https://www.menti.com)
- Enter code: 91896457
- Submit the topics you want leaders to discuss and the things that make you #LVHNProud to be a colleague.

Help spread the word

Print the flyer below, post it in your department and bring a colleague to the Town Hall.

[LVH-17th Street Town Hall Flyer 2022.pdf](#) 808 KB
SAFE

Bring your questions too. You can ask us anything. This is our opportunity to discuss any topic that's on your mind in a safe environment and in the spirit of progress.

I look forward to seeing you at our Town Hall meeting, and I thank you for all you do for our patients, our health network and our community.



LVH–Hecktown Oaks Town Hall Meetings May 16

Attend the meetings live in Conference Rooms 1, 2 and 3.

LVHN Insider

Thursday, May 5, 2022

**This message is from Lou Puentes,
President, Lehigh Valley Hospital–Hecktown Oaks, and
Vice President of Operations and Public Safety, LVHN.**

You want the latest news and information about LVHN and your hospital campus, and I want to hear what's on your mind. That's why we're having Town Hall meetings at each of our hospital campuses. When you attend a Town Hall meeting, you'll hear about our network-wide priorities and progress, as well as news specific to LVH–Hecktown Oaks. You'll also have an opportunity to ask your questions and share what you've been hearing.

Here are details about the Town Hall meetings scheduled for LVH–Hecktown Oaks.

May 16, LVH–Hecktown Oaks, Conference rooms 1, 2 and 3

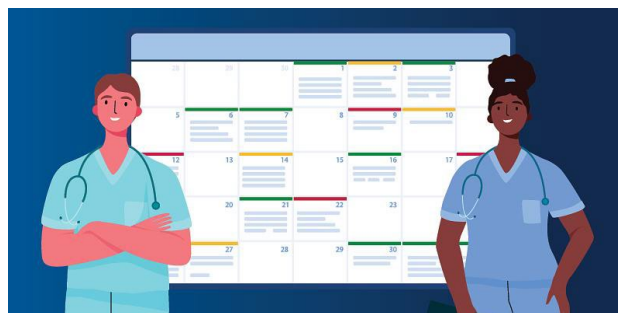
- 12 p.m.
- 5 p.m.

Help spread the word. Print the attached flyer, post it in your department and bring a colleague to the Town Hall. Bring your questions too. You can ask us anything. This is our opportunity to discuss any topic that's on your mind in a safe environment and in the spirit of progress.

I look forward to seeing you at our Town Hall meetings, and I thank you for all you do for our patients, our health network and our community.

[N19757 Hecktown Oaks Town Hall Flyer 2022.pdf](#) 520 KB

SAFE



May 2022 Calendar of Events

See what's happening at LVHN all month long.

LVHN Insider

Wednesday, May 4, 2022

From fun events, to month-long celebrations, to sales in our gift shops, there is so much going on at LVHN! You'll find it all on April's calendar of events. Print the calendar below, post it in your department, get involved and take advantage of everything LVHN has to offer our colleagues.

Cool Colleague Calendar



May is Asian American and Pacific Islander Heritage Month

May 3
Recruitment Event at Hotel Bethlehem
2-6 p.m.

May 2-4
LVH-Cedar Crest Auxiliary \$5 Jewelry Sale
Jaindl Pavilion, 8 a.m.-4 p.m.

May 4
LVHN Gift Shops Wacky Wednesday
Clothing, jewelry, handbags and accessories
Buy 1 get 20% off; buy 2 get 25% off; buy 3 get 30% off

LVH-Cedar Crest Gift Shop Cart
1230 and 1240 buildings
Noon-3 p.m.

LVH-Muhlenberg Express Cart
South tower, Breast Health Services and main tower
11 a.m.-1 p.m.

May 5
Revenge of the FIFTH Day
For all Star Wars fans!

May 6
LVHN-Mack Boulevard Auxiliary \$5 Jewelry Sale
Cafeteria, 8 a.m.-3 p.m.

May 6-12
National Nurses Week

May 7
Easton Farmer's Market Opens
Saturdays through December

May 8
Mother's Day

May 10
LVH-Cedar Crest Town Hall Meetings
Auditorium
11 a.m. and 7:30 p.m.

LVH-Muhlenberg Town Hall Meeting
ECC rooms B, C and D
2 p.m.

May 11
LVH-Muhlenberg Town Hall Meeting
ECC rooms B, C and D
6 p.m.

LVH-Cedar Crest Gift Shop Cart
Kasych Pavilion
Noon-3 p.m.

LVHN Gift Shops Wacky Wednesday
Bird items 20% off

Eat What You Want Day

May 12
LVH-17th Street Town Hall Meeting
Auditorium, 3 p.m.

LVH-Muhlenberg Express Cart
Main tower, 11 a.m.-1 p.m.

May 8-15
National Hospital Week

May 14
LVH-Dickson City Community Open House
Noon-2 p.m.

May 15
National Chocolate Chip Day

May 16
LVH-Hecktown Oaks Town Hall Meetings
Conference rooms 1, 2 and 3
Noon and 5 p.m.

May 18
LVH-Cedar Crest Gift Shop Cart
ER, Children's Hospital, Jaindl Pavilion
Noon-3 p.m.

LVHN Gift Shops Wacky Wednesday
Spend \$30 and get a free gift (while supplies last)

LVH-Muhlenberg Express Cart
South tower, Breast Health Services and main tower
11 a.m.-1 p.m.

May 19
LVH-Hecktown Oaks Ice Cream Truck Visit
Infusion Center
11:30 a.m.-2 p.m.

May 20
National Bike to Work Day

May 22
Lehigh Valley Reilly Children's Hospital 10th Birthday

May 23
LVH-Muhlenberg Ice Cream Truck Visit
Outside blue canopy
11:30 a.m.-2 p.m.

May 24
LVH-Pocono Gift Shop Logo Wear Sale
11 a.m.-2 p.m.

May 25
LVH-Cedar Crest Gift Shop Cart
1250 building, 12-3 p.m.

LVHN Gift Shops Wacky Wednesday
20% off anything red, white and blue, and picnic items

LVH-Dickson City Logo Wear Sale
Front lobby

May 26
Eat More Fruits and Vegetables Day

LVH-Muhlenberg Express Cart
North building and tower
11 a.m.-1 p.m.

Coordinated Health-Allentown Gift Shop Logo Wear Sale
11 a.m.-2 p.m.

May 28
LVH-Pocono Red Cross Blood Drive
Cancer Center, 9 a.m.-2 p.m.



Scan the code
or visit mth.lvhn.com for information
about My Total Health



Download and print the calendar below to post it in your department.



Give Your Future Self a Raise

Learn key steps to take control of your financial well-being.

LVHN Insider

Wednesday, May 4, 2022

As Nurses Week approaches and you reflect on the impact you have on those for whom you care, it's also important to think about the ways in which you've cared for yourself.

Your ability to devote time and energy to those in need is contingent upon your own well-being. Taking care of yourself physically, mentally and financially allows you to be your best.

As an LVHN colleague, you have the ability to take control of your financial well-being through a few key steps:

1. **Enroll in the plan.** If you are not already participating in an LVHN retirement plan, [enroll now](#) and start contributing to your future. Remember, every little bit helps and it's never too late to start.
2. **Set up an automatic annual increase.** Activate the auto-increase functionality to schedule an annual contribution percent raise up to a maximum rate. For example, increase your contributions by one percent annually until you reach a total contribution rate of 10 percent. This allows you to set it and forget it while staying on track for future goals.
3. **Each time you get a pay raise, increase your contribution rate.** This is an easy way to pay yourself forward. For example, if you get a 2% raise during the year, immediately increase your retirement plan contributions by 1%. That way you're paying yourself both now and in the future.

Remember, retirement is a reward for a lifelong commitment of hard work and dedication. Give your future self a raise. You deserve it.

If you have questions about any of the above or about the LVHN retirement program, reach out to one of your plan's dedicated financial professionals at lvhn.aigrs.com/contact-us.

Attend an upcoming educational webinar: Long-term Care (May 24, 25 and 26)

The Long-term Care workshop provides an in-depth look at the challenges of providing ongoing care to family members when they become unable to care for themselves. The course introduces long-term care planning as an integral part of sound financial planning. Topics include

- Common misconceptions about long-term care
- Cost of long-term care
- Paying for long-term care
- Long-term care insurance

[Register now](#) for your preferred time and day for this impactful workshop.

Information covered in this article is general in nature, may be subject to change and does not constitute legal, tax or accounting advice from any company, its employees, financial professionals or other representatives. Applicable laws and regulations are complex and subject to change. Any tax statements in this material are not intended to suggest the avoidance of U.S. federal, state or local tax penalties. For advice concerning your individual circumstances, consult a professional attorney, tax advisor or accountant.

Securities and investment advisory services offered through VALIC Financial Advisors, Inc. (VFA), member FINRA, SIPC and an SEC-registered investment adviser.



Poster Police: Help Keep Signage Current at LVHN Facilities

Patrol the halls for outdated signage and check out a new intranet page with current notices, policies and posters.

LVHN Insider

Monday, May 2, 2022

As you walk the halls at LVHN locations, you likely see approved and unapproved, current and outdated, and patient- and colleague-facing posters.

To ensure that LVHN is compliant with health care regulations, and to maintain appearance and brand standards at all health network locations, Marketing and Public Affairs has created a comprehensive list of approved posters to be displayed at LVHN.

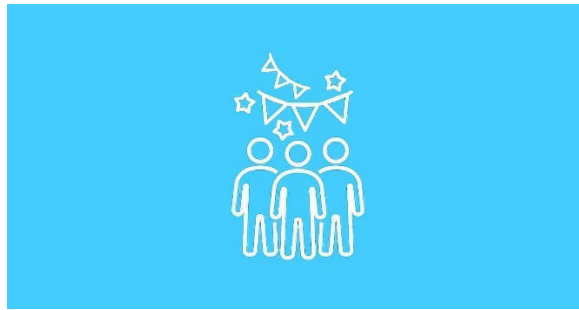
Where to find approved materials

This list, and information about how to place an order for approved notices, policies and posters, can be found on the [Marketing and Public Affairs intranet page](#). For convenience, "[Notices, Policies, and Posters](#)" has been added to the quick links on the side of the intranet page.

Help us keep materials current

Use this list as a guide for approved materials. If you see a poster or sign hanging on the walls at your location that is not on this approved list, please remove it.

If there is a poster or sign missing from this list that you think needs to be added, please contact Natalie.Axt@lvhn.org.



Service Anniversary List – May 2022

Happy anniversary to these colleagues celebrating a career milestone at LVHN.

LVHN Insider

Monday, May 2, 2022

Happy anniversary to these colleagues celebrating a career milestone at LVHN in May 2022. Congratulate them on their years of service.

50 Years

Judith Dorsam, Registered Nurse

45 Years

Deborah Bulino, Casual RN

Susan O'Neill, Registered Nurse

40 Years

Deborah Boorse, CRNP Advanced

Dale Heffner, Renovation Worker

Anne Liptock, Reg X-Ray Tech

Evelyn Petrash, Physical Therapist Per Diem

Karen Sladovnik, Registered Nurse

35 Years

Kelley Eckenrode, Scheduling Coord LVPG

Maryann Freer, Exec Coord/Gov Liaison

David Kayes, Registered Nurse

Linda Marks, Registered Nurse

Lisa Riley, Supervisor Professional Svcs

Lynne Roth, Patient Care Spec

30 Years

Michael Arieta, Registered Respiratory Therapist

Mari Bartczak, Registered Nurse

Kelly Beauchamps, Sr Patient Safety Apps

Joellen Evans, Registered Nurse

Lisa Gregoire, Registered Nurse

Michelle Jordan, Registered Nurse

Cynthia Juknevic, Technical Partner

James Kocis, Registered Nurse

Tracie Merkle, Admin Patient Care Svcs Operations

Wanda Osorio, EKG Technician

Carmella Ruby, Director Clin Svcs

Sharon Smith, Registered Nurse - OR

Marianne Wollyung, Nurse Instructor

25 Years

Joelene Adamcik, Technical Partner

Cherie Allen, Registered Nurse

Beverly Baker, Care Continuum Partner

Deborah Bauer, Technical Partner

Gail Blasko, Food Service Worker

Melissa Blihar, Dir Privacy/Privacy Officer

Wallace Boyle, ALS Coordinator

Tonya Capwell, Patient Services Rep

James Dinbokowitz, Coord Inventory Pharm

Amy Fox, Registered Nurse

Christina Gallagher, Reg Respiratory Therp

Resa Herr, Dir Operations Home Health Svcs

Joseph Krull, ParaTransit Driver

Erin Light, Registered Nurse

Adrianne McLaughlin, Registered Nurse

John Michalik, Registered Nurse

Therese Norcott-Gibbons, Behavioral Health Spec

Leyna Ortiz, Coord Dept of Surgery

Candice Pasco, Registered Nurse

Angelo Procaccino, Sr Project Manager Reg

Lisa Rosati, Patient Care Coord

Michele Ruppert, Office Coord (Phys Prac)

Nicole Samec, Registered Nurse

Melinda Scheirer, RN Case Manager

David Schwendeman, Physician

Stephanie Seiger, Registered Nurse

Beth Sinkovits, CRNP

Jonna Smolick, Pharm Exempt

Stephanie Thomas, Care Continuum Partner

Estela Turk, Technical Partner

Matthew Yorski, Registered Nurse

Kathy Yost, Reg Spec

Carol Young, Office Coord

James Young, Sr Accountant

20 Years

Brian Billig, Critical Care Transport RN

Sigrid Blome-Eberwein, Physician

Rebecca Bond, Patient Services Rep

Brenda Davidheiser, Financial Support Analyst

Carolyn Davidson, VP PCS, Chief Nursing Quality & Pat Safety Officer

Beth Davis, RN Pt Navigator

Tara Flaherty, Medical Assistant Phys Prac

Emily Hartman, Patient Care Mgr

Linda Loeffler, RN PDM II Day

Tammy Lorah-Haydt, Learning Mgmt Sys Adm

Vicki Riga, Registered Nurse

James Snyder, CriticalCareTransportParamedic

Joeleen Souders, Payment Posting Spec

Echainna Thomas, Lead Patient Services Rep

Heather Weist, Clinical Manager

Christina Zulick, Access Coord Phys Prac

15 Years

Raquel Alvarez, OP Mental Health Prof

Hannah Beckley, Registered Nurse

Jose Bordas, Physician

Ann Cooper, RN Hospice PDM Night

Sherry Courter, Trauma Registrar

Maria Danishefsky, Speech/LangPathologist

Katie Dorn, Dir Imaging Physics

David Fedak, Electrician

Kimberly Francis, Clinical Manager

William Harriman, PA General

Lora Heffner, Registered Nurse

LeAnn Hottle, Radiation Therapist II

Deborah Jagernauth, Registered Nurse - OR

Beverly Johnson, Patient Services Rep

Martina Joy, Addiction Counselor

Dalia Katrib, CRNP General

Dawn Keglovics, Registered Nurse

Christine Kucharek, Admin Partner

Mary Rose Kyriakides, Registered Nurse

Mia Martinez, RN Phys Prac

Megan Martinez, Patient Services Rep

Caroline McConnell, Care Navigator

Denise McPherson, CRNP General

Sanjay Mehta, Physician

Veronique Milfort, RN Per Diem Day

Sarah Montano, Patient Care Spec

Ruth Pearce, Registered Nurse

Jill Peoples, Professional Development Spec

Joy Ramsey, Registered Nurse

Sarah Rex, Registered Nurse

Ada Rivera, VP Clinical Revenue Integrity

Jeanne-Marie Rocchino, Office Coord (Phys Prac)

Stephanie Sadrovitz, Registered Nurse

Jennifer Schumaker, CRNP Intermediate

Mary Kate Snee, Patient Services Rep

Patrice Veet, Billing Clerk

Kelly Wolfenden, Care Navigator - Pop Health

10 Years

Katherine Andia, Registered Nurse

Rachael Artinyan, RN Hospice Wkend

Wilma Benner, Coord Inventory Pharm

Hannah Bittner, Clin Staff Pharmacist

Song-Hee Bohn, PA General

Traci Braun, RDMS/RVT

Jicenda Contreras, CRNP General

Cathleen Cooper, Patient Obs Assistant

Ashley Cummings, Clinical Manager

Amanda Eltz, Mgr LVPG Patient Partnership

Theresa Farley, Medical Assistant Phys Prac

Kelli Galarza, Medical Assistant Advanced

Brinley Geiger, Diag Technologist

Debra Goodwin, PA General

Courtney Green, Registered Nurse

Amanda Hess, Patient Care Spec

Julia Hoff, Registered Nurse - OR

Melissa Kowatch, Registered Nurse

Erica Lopez, Office Coord (Phys Prac)

Sean Maydick, Mgr Specialty Pharm

Susanne McKenna, Physical Therapist

Joy Milewski, Nurse Aide

Maryann Milewski, Patient Services Rep

Leah Mullins, Nurse Aide

Maryanne Potocnie, Secretary Executive

Jennifer Prandi, CRNP General

Selena Queitzsch, RN WKND Day

Jacklyn Reimer, RN Phys Prac

Doris Roman, Social Worker MSW

Christine Rowe, Practice Manager

Janene Schwartz, Physical Ther Per Diem

Jennifer Severn, Office Coord (Phys Prac)

Joseph Smith, Chiropractor

Michele Solga, Mental Health Technician

Sara Sommer, Physical Therapist

Margaret Stewart, Registered Nurse

Elise Thuer, Registered Nurse

Dana Valasek, Registered Nurse

Autumn Watters, Diag Tech WKND Night

Tara Zemlansky, CRNP General

5 Years

Rachel Ammon, RN PDM III Day

Andrea Artesani, Registered Nurse

Yvonne Ayoki, RN PDM I Day

Jenna Bartel, Registered Nurse

Laureen Beck, Physical Therapist

Ashley Benko, Medical Assistant Phys Prac

Tricia Bryfogle, Inpatient Care Manager - MSW

Danielle Casey, Occupational Therapist

Dominick Castorina, Housekeeper

Kathleen Chenard, Nurse Residency Specialist

Carla Conarty, Social Worker BSW

Jamie Corona, Occupational Therapist

Carley Cunningham, RN PDM I Day

Shannon Dass, RN WKND Day

Briley Decker, Technical Partner

Alexa Diaz, Patient Transporter PDM

Sherry Druckenmiller, Patient Services Rep

Jill Duddek, Access Center Team Lead

Kaela Duffy, Registered Nurse

Ashley Easterday, Surgical Technician

Stephen Enders, Practice Manager

Frances Fasching, CRNP General

Jonathan Fisher, Physical Therapist

Digna Fontanez, Guest Services Team Lead

Tess Frail, Practice Manager

Fallon Fritchman, Registered Nurse

Michelle Gaydos, Care Continuum Partner

Carmen Geraldino Diaz, Medical Assistant Phys Prac

Victoria Gurrieri, RN PDM III Evng/Night

Maria Heisler, Mammography Technologist Breast Health

Amy Hnatt, Occup Therapist PDM

Michele Hottel, Technical Partner

Lisa Kemmerer, Admin Partner

Kevin Kidd, Biomed Equip Tech III

Daniel Killingsworth, Clin Business Intel Expert

Kristal Knapik, Technical Partner

John Koch, Practice Director

Nicole Labriola, Registered Nurse

Daniel Landwehr, Security Officer

Maya Levy, Software Training Specialist

Ivor Lewis, Physician

Maureen Lombardi, Registered Nurse - OR

Jennifer Longo, COTA

Michelle Loux, Practice Manager

Gabrielle Lucchese, RN PDM I Day

Samantha Mackay, Medical Assistant Phys Prac

Jessica Manjack, Purchasing Agent

Kenneth Marotta, Mgr Tech Dev and Supp

Sara Massa, Group Fitness Instructor-PDM

Renee Mcannaney, Social Worker MSW

Angel Melo, Healthworks Patient Service Liaison

Alexandra Mercurio-Woch, Optometrist

Alexis Merkle, Registered Nurse

Emily Miller, Registered Nurse

Lynn Mohr, CT Tech

Jaimee Molina, Surgical Technician

Lisa Moman, Preservice & Insur Verif Spec

Michele Nurse, Fam Advocate & MDT Coord

Jade Oldt, RN PDM I Day

Mallory Oyer, Psych Case Worker

Laurie Padalino, Social Worker MSW

Heather Page, RN PDM I Day

Joseph Paluck, Exer Physiologist

Alyssa Parker, LPN HW

Krupal Patel, Medical Assistant Phys Prac

Ivonne Paz, Admin Partner

Katherine Perry, CRNP General

Connor Phillips, Colleague Rewards - Compensation Analyst

Charlee Podratz, RN WKND Day

Kimberly Puzio, Speech/LangPathologist

Kellie Ragab, Registered Nurse

Nairobys Ramirez, Anesthesia Tech

Christine Rivera, Insurance Coord

Francisco Rivera, Anesthesia Tech

Breanna Shoup, Authorization Specialist

Natasha Smith, Technical Partner

Arissa Snyder, RN PDM I Evng/Night

Alexis Springer, Sr Financial Analyst

Beth Stepanczuk, Physician

Rachel Szafranski, RN PDM I Day

Melissa Vaughn, Diag Tech WKND Night

Cathy Vaughn, Reg Spec

Shakeera Walker, Medical Assistant Phys Prac

Onett Webster, LPN Phys Prac



LVHN Shines at Renowned Cardiology Conference

Annual event draws cardiovascular professionals from around the world.

LVHN Insider

Friday, April 29, 2022

Lehigh Valley Heart and Vascular Institute's leading-edge care and research were front and center recently at the American College of Cardiology's (ACC) annual scientific session and expo which typically draws cardiologists from around the globe.

The event provides a forum for debate and discussion of practice-changing science and innovations.

About a dozen Heart and Vascular Institute doctors and cardiac care professionals attended the session, held this year from April 2-4 in Washington, D.C.

Two dozen abstracts – summaries of research – were presented by Heart and Vascular Institute doctors at ACC22. All abstracts presented at the annual meeting must be pre-approved by the ACC.

"This exemplifies our dedication to providing the best care for our patients and training the next generation of cardiologists," says Apurva Vyas, MD, Fellowship Program Director and Associate Chief of Cardiology for Education for the Heart and Vascular Institute. "The ACC really is a world stage for cardiology, and to be able to present in this forum speaks volumes about the level of expertise at LVHN, expertise that translates into the best heart and vascular care in our region."



Vandana Sharma Is a DAISY Nurse Leader Award Recipient

Learn why this patient care coordinator at LVH–Cedar Crest is a remarkable leader.

LVHN Insider

Wednesday, May 4, 2022

Vandana Sharma, RN, Patient Care Coordinator for the neuroscience unit (7A) at LVH–Cedar Crest, was presented with a DAISY Nurse Leader Award in fall 2021. She carries out her management duties, including scheduling shifts and completing payroll, while also serving as a dedicated and compassionate nurse.

When nurses on her unit cannot come to work due to illness, Sharma gladly steps in to cover shifts with a smile on her face. When she's at work, her bedside manner with patients is excellent. If a patient has a request, she fulfills it in a timely manner. As soon as a call bell rings, Sharma is there. She genuinely cares for all her patients, as well as her colleagues.

She is a great leader, setting wonderful examples and goals for her colleagues. She helps guide new nurses into their roles with kind advice. She provides emotional support, guidance, pep talks and reassurance to her colleagues without hesitation. Sharma treats all patients and staff equally and with a high level of professionalism. In addition to all the above, Sharma is furthering her education so she can be an even better nurse, colleague and leader.

"She exemplifies and goes beyond the core values of LVHN," says her nominator. "Vandana absolutely qualifies for and deserves the DAISY Nurse Leader Award."

The DAISY Nurse Leader Award is presented in deep appreciation of compassionate leadership and for creating an environment of care that truly makes a difference in the lives of staff, patients and families. The award is given twice a year at LVHN, once in the spring at our annual Medallion Lecture and again in the fall at our annual Nursing Research Day reception.



Project ECHO: Hematuria

Attend a presentation on Wednesday, May 11 at noon.

LVHN Insider

Monday, May 2, 2022

LVHN is proud to be part of Project ECHO, an innovative telehealth program designed to connect health care specialists with providers located at distant sites. Project ECHO aims to help eliminate health care inequities through the use of telehealth technology.

Join us for Hematuria presented by Jonathan B. Bingham, MD, FACS, LVHN.

When: Wednesday, May 11 at noon

Target audience: Physicians, APCs, clinical pharmacists, nurses and infection control practitioners

Register using this link: <https://redcap.lvh.com/redcap/surveys/?s=TREYPT9F4J>

At the end of this presentation, you should be able to:

1. Determine who needs a hematuria work-up or needs to be referred to urology.
2. Be comfortable with what a work-up entails.
3. Know the most common causes of hematuria and how they are treated.

Participants are encouraged to submit questions in advance regarding hematuria by emailing Carolyn Suess at carolyn.suess@lvhn.org. All patient information submitted should be de-identified for HIPAA compliance.

Imaging Technology Enhancements in Schuylkill County

3D mammography and MRI units provide patients with best options

By Michael Peckman

April 27, 2022



The old saying that a picture is worth a thousand words is evident when describing recent diagnostic imaging enhancements at Lehigh Valley Hospital (LVH)—Schuylkill. The hospital recently added a new, Hologic 3D™ mammography unit and constructed a new magnetic resonance imaging (MRI) suite complete with the latest SIGNA™ Voyager MRI from GE Healthcare.

“Investing in this enhanced imaging technology helps to strengthen our diagnostic capabilities as we strive to keep care where our patients want and need it, close-to-home,” says William “Bill” Reppy, President, LVH—Schuylkill. “We are fortunate to offer these enhancements to our comprehensive diagnostic capabilities in Schuylkill County.”

3D Mammography from Hologic

The new mammography unit in the hospital’s diagnostic imaging (radiology) wing, on the first floor of E. Norwegian Street, provides doctors with the fastest and highest resolution images in the industry. These high-tech images help identify cancers and other abnormalities early. This latest innovation is part of LVH—Schuylkill’s steadfast commitment to superior breast cancer detection and improved breast health for all women

“Early detection and diagnosis are key factors with breast cancer,” says Maria Eisenhart, BSRT (R), Director of Imaging and Cardiopulmonary Services. “This

advanced imaging technology means greater diagnostic confidence for our doctors and the ability to help catch potential cancers in early stages, which ultimately translates to a better experience for our patient.”

This is the second 3D unit at LVH–Schuylkill. The other is located at the LVHN Imaging Center, 171 Red Horse Road, Pottsville.

Mammography is an X-ray imaging method used to examine the breast for the early detection of cancer and other breast diseases. It is used as both a diagnostic and screening tool. 3D mammography is an FDA-approved method for breast cancer screening in which X-rays of the breast are taken at different angles to generate thin cross-sections. The 3D representation of the breast is similar to the 3D images created by standard CT or computerized tomography technology but uses fewer X-ray beams and less X-ray exposure.

[SIGNA Voyager MRI from GE Healthcare](#)

LVH–Schuylkill moved its MRI from Mauch Chunk Street to a new suite at LVH–Schuylkill E. Norwegian Street. The installation of new scanning technology combines the advancements in MRI with the sophisticated engineering of a 1.5T wide-bore system providing the sharpest images for doctors while offering more comfort and less claustrophobic conditions for patients.

“We are seeing superior images and decreased exam times,” says Hannah Coleman, RT (R) (MR), MRI technologist. “The transition to this new facility has been very smooth for both our colleagues and our patients.”

The new MRI suite provides both inpatient and outpatient studies for the Lehigh Valley Hospital–Schuylkill campus. In addition to the new construction and new MRI unit, the facility also includes a patient registration area, patient changing rooms, wardrobe lockers, new restrooms, comfortable patient/family waiting rooms and supporting space.

MRI is a non-invasive imaging technology that produces three dimensional detailed anatomical images. It is often used for disease detection, diagnosis and treatment monitoring. MRI scanners are particularly well suited to image the non-bony parts or soft tissues of the body.

Air Products Gives Lehigh Valley Health Network Three Portraits

Art features Leonard Parker Pool, Dorothy Rider Pool and Carl Anderson, all pivotal to LVHN history

By Hannah Ropp
May 4, 2022



Presenting the portraits are (L to R) Brian A. Nester, DO, MBA, LVHN President and Chief Executive Officer; Anne Baum, MS, President, Lehigh Valley Reilly Children's Hospital; Laurie Gostley Hackett, Director of Community Relations & Philanthropy, Air Products; and Steve Zieniewicz, President, Lehigh Valley Hospital–Cedar Crest.

Air Products and Lehigh Valley Health Network (LVHN) have a long history. Leonard Parker Pool, founder and longtime Chief Executive Officer of Air Products, along with Carl Anderson, Senior Vice President and Director of Air Products, were the driving force behind the construction of what is now LVH (Lehigh Valley Hospital)–Cedar Crest.

That's why Laurie Hackett, Director of Community Relations and Philanthropy for Air Products, thought portraits of the Pools and Anderson that hung prominently at the previous Air Products headquarters in Trexlertown were a perfect fit for LVHN.

Connecting with community partners

As colleagues at Air Products prepared to transition to the new headquarters, they used the opportunity to connect with many community partners. Hackett and her team donated several art pieces and items where there was a historical connection, and much of the more modern artwork was shared with employees, retirees and the community through an auction to support United Way. But three of the beautiful paintings had a special significance to LVHN.

"The stunning portraits of Leonard Parker Pool, Dorothy Rider Pool and Carl Anderson have been prominently displayed at Air Products, and as we transitioned to our new global headquarters, we knew that they now belonged at LVHN because of our close relationship," says Hackett.

Portraits presented to LVHN leadership

Hackett presented the portraits to [Brian A. Nester](#), DO, MBA, LVHN President and Chief Executive Officer, and Steve Zieniewicz, President, LVH–Cedar Crest, on Tuesday, March 29. The portraits will be displayed in the Pool Pavilion.

"It's extraordinary to have these portraits here. Leonard Parker Pool is considered the modern-day founder of LVHN. We can't think of our mission, 'to heal, comfort and care

for our community,' without thinking of Leonard Parker Pool and Carl Anderson," says Nester.

Zieniewicz says he is proud to have the portraits displayed at LVH–Cedar Crest. "These portraits will serve as a reminder of Leonard Parker Pool and Carl Anderson's generosity and focus on community health," he says.

In addition to the portraits, which were commissioned in 1974, Hackett also presented an original watercolor painting of flowers that was created by Dorothy Rider Pool and displayed at Air Products. That painting will be hung in the auxiliary area at LVH–Cedar Crest.

LVHN, Promise Neighborhoods of the Lehigh Valley Will Use State Grant to Fight Community Violence

Nearly \$2 million will help add violence prevention coordinators in the region

By Joe Nixon
April 27, 2022



A local effort that treats community violence as a public health problem has received a nearly \$2 million boost from a federal program administered by the Pennsylvania Commission on Crime and Delinquency.

Pennsylvania Gov. Tom Wolf earlier this year announced that Lehigh Valley Health Network's (LVHN) Cure Violence program, operated in partnership with Promise Neighborhoods of the Lehigh Valley (PNLV), would receive the grant to help expand the program. LVHN and PNLV previously received a \$300,000 grant to get Cure Violence off the ground.

Hasshan Batts, DHSC, director at PNLV, says the program helps those at the local level in their efforts to prevent the spread of violence. Batts, who also co-chairs the Gun Violence Committee of the governor's Commission on African American Affairs, said the effort focuses on things such as violence prevention, community reentry by victims of violence, racial justice and community capacity building.

Batts says violence prevention coordinators connect with victims to build trust in hopes of preventing them from retaliating and furthering the cycle of violence. The efforts also involve prevention education in schools and family support at the neighborhood level.

The grant funding will allow those efforts to expand outside of Allentown in the Lehigh Valley and into communities such as Hazleton.

Did you know?

Lehigh Valley Hospital–Cedar Crest treated 91 gunshot victims in 2021, a 21 percent increase over 2020.

Violence prevention means empathy, interaction, resources

Melissa Mee, a violence prevention coordinator in the trauma department at Lehigh Valley Hospital (LVH)–Cedar Crest, sees violence victims at their bedside. “What we are trying to do is interrupt the cycle,” she says. “We reach them when there is a vacuum and connect with them as credible messengers.”

She says the goal is to be able to hand off the violence victim to support in the community, to services that can make a difference.

Mee says every situation is different, but notes a common thread is empathy and letting the victim know they are valued.

“This is a public health crisis,” says Carol Fox, director of the trauma program at LVH–Cedar Crest. “We must be involved in this. It’s the right thing to do.”

Jeani Garcia, Zero Youth Violence and Reentry Program Manager at PNLV, says she hopes the grant will enable a safer community and more community engagement.

Garcia lost her son, Kareem Fedd, to gun violence in Allentown a decade ago. Had resources like PNLV been available then, she says Kareem, who was in a gang, might be alive today.

“Our youth need people that look like them and can meet them where they’re at, in their current state,” she says. Building trust, she says, will help with mediation and conflict resolution. More violence prevention coordinators and other resources will help build trust and teach those involved in violence that there are other outlets for solving problems.

“We talk to both sides and explain that the consequences don’t affect just them. It affects families and generations to come,” she says.

Breaking the cycle of violence won’t be easy

Mark Cipolle, MD, Chief, Division of Trauma-Surgical Critical Care, Critical Care Medicine and Trauma Surgery for LVHN, says the Cure Violence Program and PNLV were very interested in applying for the state grant because they were seeing more and more trauma, including shooting, stabbing and assault victims.

He says most trauma victims survive, but then must reenter the same neighborhood or situation where the violence occurred. “The basic premise is to treat it as a public health problem,” Cipolle says.

Fox says LVHN teaming up with PNLV is a “wonderful, natural” partnership. She says the objective is to change attitudes and norms around gun violence and stop the vicious cycle. “We realized we were sending people back to their communities with no resources available to them,” she says.

Cipolle concedes he and others have a heavy lift ahead and their work won’t be easy. “The easiest thing to measure is do we see fewer victims of violence. We hope that happens and if it does, that’s fantastic,” he says. “More difficult to measure is how many victims were you able to successfully reassimilate. How many family members did this affect? These are more subtle end points that may be more difficult to measure scientifically.”

All agree the best treatment is prevention.

“We can stop the bleeding, we can patch the hole, but that’s only a very small part of it,” Cipolle says. “At the end of the day, our number one job is to take care of our communities and be embedded in our communities as a health network.”

HEALTHIEST YOU PODCAST

This Spring, Clean Up Your Health

The Healthiest You Podcast: Episode 16

By Hannah Ropp
April 28, 2022



Spring is in the air. And, after a long winter, it's the perfect time to clean your home and take stock of your health. But, before you get started, listen to the latest episode of The Healthiest You to have your questions answered on all things related to spring cleaning.

[Kelly Strickler, DO](#) with LVPG Family Medicine–Pennsburg, joins Mike and Steph from B104 to talk about how you clean up your health and your home. Learn about how you can properly dispose of old medications, why you should be changing your air filters frequently and how often you should be cleaning your makeup brushes.

Watch a segment of the podcast below:

<https://youtu.be/dRIEuHdQ1dg>

About the podcast

The Healthiest You podcast is hosted by familiar voices – [Mike and Steph from B104](#). In each episode they will interview doctors and experts across Lehigh Valley Health Network (LVHN) to learn practical health tips for everyday life – to empower you to be the healthiest you.

Combat Your Spring Allergies

Tips to help you reduce your seasonal allergy misery

By Hannah Ropp



Spring is in the air...and unfortunately so is pollen. If you have itchy, watery eyes and find yourself sneezing, you may be one of the millions of people suffering from seasonal

allergies. Pennsylvania is home to some of the most common allergens, including ragweed, pollen and certain trees like elm and maple.

The good news is that you do not have to suffer with allergy symptoms. “There are a lot of great over-the-counter medications to relieve your allergy symptoms. There is no reason to let allergy symptoms interfere with your everyday activities,” says ear, nose and throat specialist [Keith Pritchky, MD](#), with [LVPG Ear, Nose and Throat–Steamtown](#).

Is it allergies or something more?

Pritchky admits that it can sometimes be difficult to differentiate between allergies and a cold or even COVID-19. He stresses the importance of testing for COVID-19 if you are unsure but says there are a few signs that can help you determine if you are suffering from allergies.

“Allergies can cause symptoms similar to COVID-19 and colds like fatigue, headache, sore throat and congestion. The biggest difference is that allergies can cause itchy, watery eyes. Allergies also do not cause fevers or shortness of breath,” says Pritchky.

Another sign of seasonal allergies is having recurring symptoms the same time each year. If you have an onset of symptoms such as sneezing, nasal congestion, fatigue and itchy watery eyes, and you notice they seem to be a repeat from last year, you have seasonal allergies.

According to Pritchky, you can develop allergies at any stage of life, even if you have not had them before. “While you can develop allergies at any age, if you are over 70 it is unlikely you will develop allergies. You may even outgrow allergies as you get older,” he says.

Controlling your allergy symptoms

While your first instinct may be to run for the allergy aisle at the nearest pharmacy, Pritchky says there are other options. “Avoidance of allergies is the first line of treatment. Close your windows, wash your face and clothing when you come indoors, wear a face mask when cutting grass and try an air purifier with a HEPA filter at home,” he says.

If that fails, he says it is time to try medication. Pritchky recommends nasal steroids as the first line of therapy. Examples are Flonase (fluticasone propionate) and Nasonex (mometasone), which treat all the symptoms of allergies, especially congestion. If symptoms persist, he suggests adding an over-the-counter antihistamine like Zyrtec (cetirizine), Xyzal (levocetirizine), Allegra (fexofenadine) or Claritin (loratadine).

Pritchky says the amount of time you need to be on allergy medication is dependent on the type of allergies you have. “If your allergies are specific to a certain season, you should take the allergy medication until the season is over, typically about 12 weeks

(about three months). However, if you have perennial allergies (chronic allergies due to pets or dust, for example) you should take the meds all year, or as long as you are exposed to the allergen,” says Pritchyk.

If your allergy symptoms persist despite all other efforts, it's time to make an appointment with an allergist. “An allergist will go over your medical history, medications and may recommend an allergy test to see what specific allergens are causing your symptoms. If medications are not controlling your symptoms or you cannot tolerate the medications, you may be a candidate for immunotherapy. Immunotherapy (allergy shots) is the only way to potentially cure allergy symptoms,” he says.

Allergy shots are regular injections given over a period of time to stop or at least reduce allergy symptoms. Each shot contains a small amount of the substance that triggers allergy symptoms so that you build up a resistance to the substance.

If you don't want allergy shots, Pritchyk says another form of immunotherapy is sublingual immunotherapy (SLIT), which are drops that go under your tongue every day. He says the drops have a similar effect as shots but can be done at home.