

LVHN WEEKLY

YOUR WRAP-UP OF THE WEEK'S NEWS FROM LVHN



When You Can View Your FY23 PTO Balance

See when you'll be able to view your balance in Lawson and API.

Read more →

This is the Time to Boast

If you get the Great Place to Work survey, brag a little because there is something in it for you.



LVHN Cuts Ribbon to Open LVH–Hecktown Oaks Phase 3

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Free Continuing Education on LGBTQ Patient-Centered Care

Explore courses available to all colleagues.

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July 2022 Calendar of Events

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Meet LVHN's New Chief Health Information Officer

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Colleagues gathered virtually to network and get crafty.

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Attention PRIME Nurses: Apply by July 5

Learn about improvements to the application process and submit your application before the deadline.

Read more →



LVHN Research Scholars Come Together to Do Good

LVHN Research Scholars took part in Intern Impact Day on June 24.



Project ECHO: Benign Prostate Hypertrophy

Attend a presentation on Wednesday, July 13, at noon.

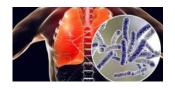
Read more →



Project ECHO: Legionnaires' Disease

Attend a presentation on Friday, July 15, at noon.

Read more →



Beware Booze, Belts and Burns While Celebrating Independence Day

Leave the fireworks to the professionals and enjoy a safe holiday.

Read more →



LVHN Hand Surgeon Saves the Season for Souderton High Lacrosse Player

A minimally invasive surgical technique got Nick Mancini back on the field quickly.

Read more →



Summertime Water Safety for Kids

Pools and bodies of water can be dangerous for children, but there are easy steps you can take to keep them safe.







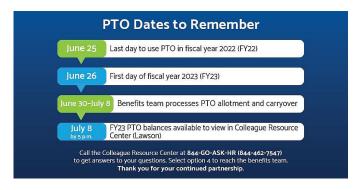
Lehigh Valley Health Network 1200 Cedar Crest Blvd, Allentown, PA 18105

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When You Can View Your FY23 PTO Balance

See when you'll be able to view your balance in Lawson and API.



LVHN Insider

Wednesday, June 29, 2022

This information does not apply to colleagues at LVH–Hazleton*, LVH–Schuylkill* and LVH–Pocono*.

Beginning Friday, July 1, at 4 p.m., "Leave Balance" information will not be available to view on the Colleague Resource Center (CRC).

You will be able to view your FY23 PTO balance in Lawson by end of business on Friday, July 8, and in API on Saturday, July 9.

Continue to enter PTO requests in API. The hours will display as "Unpaid." API timecards will be recalculated on Saturday, July 9, which will change the "Unpaid" time to PTO, if hours are available.

Managers: Please do not approve timecards in API until this process is completed on Saturday, July 9. If you approve timecards before Saturday, please check API on Saturday morning to assure they are correct.

If you have questions, please contact the Colleague Resource Center at 844-GO-ASK-HR (choose option 4 for Benefits).

As a reminder for LVPG Providers, including physicians and advanced practice clinicians, the deadline for PTO differs from other health network staff and remains June 30 annually. Please contact the Assistant Medical Director with any questions.



This is the Time to Boast

If you get the Great Place to Work survey, brag a little because there is something in it for you.

LVHN Insider Tuesday, June 28, 2022

This message is from Lynn Turner, Senior Vice President and Chief Human Resources Officer.

Go ahead! Toot your own horn! It's ok, especially when you're talking about being a colleague at LVHN. All of us can be #LVHNProud of the excellent care we provide in all the communities we serve. Soon, you'll have a chance to share everything that makes our health network exceptional.

Brag a little if you get the Great Place to Work® survey

On July 11, 5,000 randomly selected colleagues will receive a survey from Great Place to Work. This is your chance to share all the things that make LVHN a great place to work, grow and receive world-class health care.

What's in it for you?

When you highlight all the positive aspects of LVHN in your survey responses, our health network is likely to be recertified as a Great Place to Work for the third consecutive year. This prestigious national designation helps us attract talented health care professionals to our team, which leads to a stronger workforce, less turnover, stable teams, and enhanced efficiency and quality. That makes the work experience better for YOU, and the care experience even better for our patients. It creates loyalty between LVHN and our patients, and when people continually turn to us for care, it gives us the financial strength to provide you with even greater benefits and rewards.

The power of positivity

Nothing good comes from submitting unfavorable responses in the Great Place to Work survey. In fact, negativity will hurt all of us in the long run. How? Without Great Place to Work certification, it will be more difficult to attract new colleagues to LVHN during a time when

health systems across the U.S. are facing a national shortage of health care workers. Submitting positive survey responses will help us achieve recertification and stay ahead of the competition.

Save your constructive criticisms

We always want to hear what's on your mind, but there is a time and place for it. Our annual Colleague Engagement Survey is your opportunity to provide open feedback about how we can make LVHN and your work experience even better. And remember, you can always talk with your supervisor if there is something on your mind.

So, if you get the Great Place to Work survey, brag, boast, show off and be #LVHNProud. The entire LVHN family will be glad you did.



LVHN Cuts Ribbon to Open LVH-Hecktown Oaks Phase 3

The expansion project includes state-of-the-art intensive care unit and healing garden.

LVHN Insider

Wednesday, June 29, 2022

Lehigh Valley Health Network (LVHN) today celebrated the completion of its Lehigh Valley Hospital (LVH)—Hecktown Oaks Phase 3 construction project with a ribbon-cutting and tour. The new expansion in Lower Nazareth Township, which includes an intensive care unit (ICU) for patients over 18 and a healing garden, complements the already existing hospital that opened in June 2021. The healing garden is open now, while the ICU opens in July.

https://youtu.be/oW1AtwQuS68

The new state-of-the-art intensive care unit includes eight ICU beds and 12 progressive beds that allow physicians to triage patients before moving them. The ICU beds are located in private rooms with bathrooms. Each room features a 55-inch television with 24/7 telemedicine capabilities.

Safety continues to be a priority at LVH–Hecktown Oaks. Throughout the ICU there are strategically placed Indigo-Clean lighting and HEPA filters as well as UV lights within the rooftop HVAC system to control and eliminate bacteria.

"The health and safety of our community was at the forefront of the design of the ICU at LVH–Hecktown Oaks," says David Burmeister, DO, Chair, Emergency and Hospital Medicine, LVHN.

"In the event that you or a loved one needs emergency care or requires high-level care in the intensive care unit, you will be in good hands at LVH–Hecktown Oaks."

The expansion also features a healing garden that was built thanks to the generosity of the John and Margaret Post Foundation. The healing garden will provide a space for quiet meditation and reflection for patients and visitors. Windows within the infusion bay, as well as some inpatient rooms, were designed so that patients would be able to view the healing garden.

Additional services provided at LVH–Hecktown Oaks include:

- A Diagnostic Care Center with imaging services, lab medicine and cardiac diagnostics, including the Multitom Rax precision X-ray technology. This technology is the only one in the region and limits unnecessary radiation while allowing for easy scanning of the patient to avoid excessive movement if in pain or due to limited mobility.
- Four state-of-the-art surgical suites for procedures with Lehigh Valley Institute for Surgical Excellence experts, including use of the latest generation da Vinci Robotic System
- A 24/7 emergency room with a dedicated space just for kids
- Private inpatient rooms, each with private bathrooms, telehealth capabilities and a 55-inch flat screen TV
- Cancer services through Lehigh Valley Topper Cancer Institute, which is part of the Memorial Sloan Kettering (MSK) Alliance
- Lehigh Valley Heart and Vascular Institute cardiology and cardiac diagnostics
- Breast Health Services
- Complete bone, joint, spine and sports medicine care with Lehigh Valley Orthopedic Institute
- Outpatient rehab
- Family medicine

Amenities include a meditation room, market bistro, valet parking and smart car charging stations.

The hospital features optimal safety and infection control measures including rooftop HVAC units with HEPA filters and UV lights to control and eliminate the creation of bacteria. The campus even features bacteria-resistant flooring.

A helipad also is currently under construction and will be for transferring patients with more emergent needs. An LVHN MedEvac helicopter will not be based at the site.



Free Continuing Education on LGBTQ Patient-Centered Care

Explore courses available to all colleagues.

LVHN Insider

Tuesday, June 28, 2022

LVHN celebrates Pride Month in June. As colleagues and allies, we can support the LGBTQ community by learning more about providing affirming and inclusive health care. As a leader on Human Rights Campaign's Healthcare Equality Index, LVHN has access to free educational courses through the Center for Affiliated Learning (CAL) and the National LGBTQIA+ Health Education Center.

These online, on-demand course options are available to LVHN colleagues at no cost. A variety of courses from beginner to advanced level are available in multiple learning formats and offer continuing education credit. Enroll in one or more of these free educational opportunities today.

Center for Affiliated Learning (CAL)

<u>Visit the website</u> and follow the instructions below.

- 1. Sign up for an account if you don't already have one by clicking "Sign up." When registering, enter Security Key: HRC and the HEI Facility ID below which best fits your work site:
- 1. LVH-Cedar Crest, LVH-17th Street, LVHN-Tilghman: 55721
- 2. LVH-Muhlenberg and LVH-Hecktown Oaks: 58336
- 3. LVH-Pocono: 59419
- 4. All other LVHN locations: 99999
- 1. Log in to your account.
- 2. Open the blue title link to learn more about each series.
- 3. When you find a series that you would like to take, click "Launch" to register for the series.
- 4. All courses identify eligibility for CME. Complete your course and take the competency test and/or survey to receive credit, then print or download your certificate of completion.

Introductory and advanced courses are available, including:

- Expanding LGBTQ Cultural Competency Series
- Expanding LGBTQ Youth Cultural Competency Series
- Introduction to Your LGBTO Patients Series
- LGBTQ Healthcare for Clinicians Series
- LGBTO Patient Centered Care: An Executive Briefing Series
- Working with Trans Youth Series
- Working with Transgender and Nonbinary Adults

National LGBTQIA+ Health Education Center

<u>Visit this website</u>, click "My Learning" at the top right corner and follow the instructions below.

- 1. Sign up for an account if you don't already have one by clicking "Register an Account."
- 2. Log in to your account.
- 3. Under "My Learning," click on "HEI Information" and enter the HEI Facility ID below which best fits your work site. Once you entered all information, click "Update."
 - 1. LVH-Cedar Crest, LVH-17th Street, LVHN-Tilghman: 55721
 - 2. LVH-Muhlenberg and LVH-Hecktown Oaks: 58336
 - 3. LVH–Pocono: 59419
 - 4. All other LVHN locations: 99999
- 4. Click "Learning Resources" at the top to access the variety of webinars and learning modules.
- 5. All courses identify eligibility for CME. Complete your course and take the competency test and/or evaluation to receive credit, then print or download your certificate of completion.

Available courses include:

- Behavioral Health Care for LGBTQIA+ People
- Healthcare for Transgender and Gender Diverse People
- Healthcare for LGBTQIA+ Youth
- Healthcare for LGBTQIA+ Older Adults
- Affirming LGBT People through Effective Communication



July 2022 Calendar of Events

See what's happening at LVHN all month long.

LVHN Insider

Thursday, June 30, 2022

From fun events, to month-long celebrations, to sales in our gift shops, there is so much going on at LVHN! You'll find it all on July's calendar of events. Print the calendar below, post it in your department, get involved and take advantage of everything LVHN has to offer our colleagues.

Download and print the calendar below to post it in your department.





LVHN Careers Message Takes Flight

It's a bird! It's a plane! No, it's an aerial banner!

LVHN Insider

Tuesday, June 28, 2022

While you enjoy your well-deserved vacation this summer, know that LVHN never takes a day off from recruiting the best and brightest health care professionals to join our team.

Beachgoers who vacation along the Jersey Shore from Cape May to Seaside Heights will see a familiar message in the sky.

Aerial banner takes flight July 2-3 and July 30-31

If you look up and see the LVHN logo flying along the shore, snap a photo of the aerial banner and share on LVHN Insider and social media with #LVHNProud.





Colleague COVID-19 Booster Clinic in July

The clinic will be held July 8 at LVH–Cedar Crest.

LVHN Insider

Wednesday, June 29, 2022

LVHN colleagues who are eligible for the COVID-19 booster can get vaccinated at the following pop-up clinic being offered by the health network:

LVH-Cedar Crest

Friday, July 8 6-10 a.m.

President's Room (across the hall from the cafeteria)

The pop-up vaccine clinic will welcome walk-ins. No appointment is needed. Colleagues should bring proof of prior vaccination, if applicable. All vaccine brands will be available.

For more information on COVID-19 vaccinations, visit <u>LVHN.org/vaccines</u>.



API Updates Coming to LVHN Locations in the Lehigh Valley

New technology allows colleagues to clock in and out using a cellphone or mobile device.

LVHN Insider

Tuesday, June 28, 2022

LVHN locations in the Lehigh Valley are currently updating API time and attendance systems, giving colleagues a more convenient way to clock in and out.

Small wireless transmitters known as API Beacons (shown below) will be installed near time clocks in the coming weeks, which will give colleagues the ability to use mobile devices to clock in and out with the API symplr Workforce mobile application.



To clock in and out from a cellphone or mobile device:

- You must be within 10 feet of the API Beacon.
- You will need the API symplr Workforce app installed on your cellphone or mobile device. If you do not have this app, directions on where to find it are here.
- Once you have the app, you must log in to your account and turn on Bluetooth and locations settings.
- Using your cellphone or mobile device to clock in and out is voluntary.
- Get details about API Beacon and directions for using the API symplr Workforce app.

Time clocks will be updated with new models in all locations. The process for clocking in and out will not change. Get directions for clocking in and out using time clocks.

API Beacons and time clocks are expected to be installed and replaced at all planned sites by the end of August, but work has started at some outpatient sites. A schedule can be found here. A communication will be sent to colleagues when new units are in place at all sites.

For additional information and the locations of API Beacons, please check API's intranet page.

For additional support:

Contact your local IT Help Desk for Installing mobile applications.

Contact payroll at <u>Payroll@lvh.com</u> or 844-462-7547, option 1, with questions about API timecards.



The Lehigh Valley Region's First Pediatric Neurosurgeon Joins LVHN

David Hong, MD, joins Lehigh Valley Fleming Neuroscience Institute and Lehigh Valley Reilly Children's Hospital.

LVHN Insider

Friday, June 24, 2022

<u>David Hong, MD</u>, has joined <u>Lehigh Valley Fleming Neuroscience Institute</u> and <u>Lehigh Valley Reilly Children's Hospital</u> as the first pediatric neurosurgeon in the Lehigh Valley.

Dr. Hong is board certified by both The American Board of Neurological Surgery and The American Board of Pediatric Neurological Surgery, and as such is specialized in treating children with neurologic and spinal disorders. He completed his fellowship training in pediatric neurosurgery at Rady Children's Hospital in San Diego. He also completed additional training in pediatric spinal deformity at Detroit Medical Center in Detroit.

Dr. Hong previously practiced at Stanford Children's Health, Palo Alto, Calif., before coming to Lehigh Valley Health Network.

"I am honored to offer advanced surgical care to kids with complex neurological and spinal conditions within their own community," Dr. Hong says. "Until recently, parents in the Lehigh Valley had to go all the way to Philadelphia to access specialized neurosurgical care for their children. Now, I offer them the same level of specialized care closer to home."

Treating central nervous system and spine conditions

Dr. Hong treats a wide variety of brain, skull, spinal cord and spinal disorders, including:

- Brain tumors
- Chiari malformation
- Craniosynostosis and plagiocephaly
- Congenital spinal deformities
- Hydrocephalus
- Intracranial vascular malformations
- Moyamoya syndrome
- Neurofibromatosis tumors

- Scoliosis and other spinal deformities
- Spina bifida
- Syrinx and tethered cord syndrome

When appropriate, he uses minimally invasive surgical approaches to minimize infection risk and improve recovery time.

He also works closely with the Lehigh Valley region's only dedicated pediatric plastic surgeon, <u>Wellington Davis</u>, <u>MD</u> (also with Lehigh Valley Reilly Children's Hospital), for many cases.

A caring approach

Dr. Hong partners with families to help them understand their child's condition and recommend treatments.

"My goal is to give parents the information they need to make treatment decisions that they feel comfortable with," Dr. Hong says. "I walk parents through every step of the treatment process and I'm happy to answer any questions they have. It can be very difficult when your child is diagnosed with a serious illness – I strive to support these families every step of the way."

Dr. Hong is now accepting new patients at <u>LVH Neurosurgery–1250 Cedar Crest</u> and <u>LVPG Pediatric Surgical Specialties–1210 Cedar Crest</u>, and he is taking referrals from clinicians throughout the region. To refer a patient, call 610-402-6555 or 888-402-LVHN (5846).



Meet LVHN's New Chief Health Information Officer

Maulik Purohit, MD, has extensive large health system and academic medical experience.

LVHN Insider

Monday, June 27, 2022

This message is from Michael A. Rossi, MD, MBA, Executive Vice President and Chief Clinical Officer.

Following an expansive national search, I am pleased to introduce Maulik Purohit, MD, MPH, as our new Chief Health Information Officer (CHIO) at LVHN. Dr. Purohit has more than 15 years of large health system and academic medical experience that he brings to LVHN. His first day is June 27, 2022. I have found Dr. Purohit to be both compassionate and passionate. In this role, he will have the opportunity to continue his work of enabling caregivers and empowering patients by leveraging technology in optimal ways, ultimately improving the delivery of health care and improvement of health by all.

Dr. Purohit joins LVHN from University Hospitals (UH) in Cleveland, where he most recently served as Clinical Innovation Lead for Transformation as well as the Associate Chief Medical and Health Information Officer. University Hospitals is a major academic and community health system with more than 25 hospitals and 35,000 employees, and is affiliated with Case Western Reserve University School of Medicine.

Dr. Purohit received his medical degree from UT Southwestern Medical School in Dallas. He completed a residency in physical medicine and rehabilitation from Baylor College of Medicine in Houston. From there, he completed a research fellowship in brain injury and neuro-trauma, and a fellowship in integrative medicine at Harvard Medical School, where he also served as faculty. Additionally, he completed a Master's in Public Health with a concentration in data analytics at the Harvard T.H. Chan School of Public Health.

While at Harvard Medical School, he led the formation of the first Concussion Center at Massachusetts General Hospital, an official partner of the New England Patriots. From there, he went to the Department of Defense in Washington, D.C., and led the creation of the National Intrepid Center of Excellence (NICoE) at Fort Belvoir Hospital, the largest brain injury and psychological health center in the United States with more than 22,000 patient visits annually.

Dr. Purohit is a national leader in combining data, operations and IT with the goal of achieving better health care for all. At UH, as a part of the EHR (electronic health record) Vision committee, Dr. Purohit was instrumental in selecting Epic to deliver an integrated, single platform to deliver better patient care. He has also been effective in setting the UH Epic program on a clear path forward, utilizing a systems engineering approach. During the early stages of COVID-19, Dr. Purohit co-led a novel geo-spatial analytics methodology to help understand hot spots for COVID-19 and to guide operational efforts to improve proactive care, which helped statewide COVID-19 efforts and reduced deaths by an innumerable amount. Furthermore, Dr. Purohit co-led the RADAR (real-time assessment of risk and data) initiative that contributed to UH receiving the American Hospital Association National Award for Quality. Dr. Purohit also led many innovative initiatives with artificial intelligence to improve care of patients with palliative care and oncology needs.

For his work, Dr. Purohit has been recognized nationally such as with his membership on the Congressional Advisory Committee for AI Policy and being named "a rising star in healthcare" by Becker's publications.

At LVHN, Dr. Purohit will be joined by his wife, Hetal Purohit, and his two wonderful boys, Divyam (11) and Atmaiy (7). Ms. Purohit is also in health care as an accomplished clinical

pharmacist, transferring in from the Cleveland Clinic. The two boys are tremendous sports fans, particularly of Boston sports teams, as Divyam was born in Boston. As a family, they love the outdoors, hiking, sports, learning multiple languages and being active in the community.

Please join me in welcoming Dr. Purohit to LVHN and his family to the community!



LVHN Receives 10 Lehigh Valley Business Health Care Heroes Awards

See the colleagues honored for their exceptional care, community impact and innovation.

LVHN Insider

Thursday, June 30, 2022

Each year, Lehigh Valley Business recognizes health care professionals with the Lehigh Valley Business Health Care Heroes awards. Health care professionals and organizations that receive this award provide exceptional care, make positive impacts on the community and promote innovation. This year, Lehigh Valley Health Network (LVHN) and its colleagues are being recognized with 10 of these awards.

LVHN is proud to be recognized by Lehigh Valley Business as we continue our commitment to our core values: compassion, integrity, collaboration and excellence.

COVID-19 Hero

Lauren Grantz, PharmD, MBA, CSP

Grantz played a major role in leading LVHN's COVID-19 vaccine strategy. She helped to implement a plan that ensured vaccines were distributed efficiently and effectively. Because of her efforts, more than 600,000 COVID-19 doses have been administered.

Elizabeth Page, HNL Lab Medicine

Page, a specimen management supervisor for HNL, has served in her role for over 20 years. During the COVID-19 pandemic, she worked countless hours to ensure all COVID-19 samples were tested accurately and efficiently. Her colleagues describe her as kind, considerate, patient, and willing to go above and beyond for her colleagues and the community.

Medical-Surgical Intensive Care Unit (MSICU) at Lehigh Valley Hospital-Cedar Crest

The COVID-19 pandemic brought challenges to health care professionals around the globe, and the 101 colleagues who are part of the MSICU weathered the storm with strength, courage and compassion. These colleagues provide care for the Lehigh Valley's sickest patients, and despite numerous challenges, each team member offered compassionate care and encouragement to patients and one another.

Health Professional Hero

Leigh Ehrlich, CPA, CHFP, MBA

Ehrlich leads LVHN's response to the pandemic's effect on finances. Her steadfast leadership has been paramount to reduce costs while sustaining operations, without impacting staffing levels or patient care.

Lifetime Achievement Award

Cathy Leffler, HNL Lab Medicine

As a clinical site educator for HNL Lab Medicine, Leffler prepares students for the American Society for Clinical Pathology certification exam. Leffler has served in this role since 2011. She says it's important to train the next generation of histotechnicians and loves serving as a mentor to her students.

Nurse Hero

Melissa Hosni, RN, BSN

Hosni serves as a registered nurse at Lehigh Valley Hospital—Muhlenberg and is revered by her patients for going the extra mile in providing high-quality, compassionate care, especially during the COVID-19 pandemic. Hosni helped two of her patients safely connect with family while they were being treated for COVID-19, and they were able to celebrate special occasions from a distance thanks to her support and planning.

Maureen McDonough, MSN, CEN

As the director of patient logistics, McDonough and her team managed the impact of COVID-19 patient surges. She also played a key role in opening LVHN's new Capacity Command Center, which serves as a communications and monitoring hub that can assess real-time conditions at every LVHN hospital.

Physician Hero

Alex Benjamin, MD

Benjamin serves as LVHN's Chief Infection Control and Prevention Officer and has guided LVHN through the COVID-19 pandemic with steady leadership and firm expertise. He was also

part of a multidisciplinary team that helped to adapt LVHN's drive-thru vaccine clinic model to fit the needs for COVID-19. As a result of his contributions, more than 600,000 vaccine doses have been administered to colleagues and the community.

Volunteer Hero

Theresa "Terrie" Graczyk

With more than 2,450 hours of volunteer service with LVHN, Graczyk takes great pride in sharing her talent and expertise with LVHN. She offers her time to LVHN's DAISY Award program, hematology and oncology outpatient clinic, volunteer services department and the Veteran Health Program at Valley Health Partners Community Health Center.

Workplace Wellness Hero

Lehigh Valley Health Network

LVHN is the region's largest and most progressive health network, and its leaders are committed to improving the health and wellness of all colleagues. To aid in this goal, My Total Health, a wellness program, was launched in 2018 to provide opportunities for all colleagues to focus on physical, mental, emotional, financial and social wellness. More than 9,000 colleagues have participated in the program.

NEWS ANNOUNCEMENT

American Hospital Association Recognizes LVH–Hazleton for 75-Year Associateship

By Lisa Marie Halecky June 24, 2022



(L to R) Terrence J. Purcell, President, LVH-Hazleton, and Michael Draine, regional executive, Region 2, AHA

The American Hospital Association (AHA) announced that it has honored Lehigh Valley Hospital (LVH)—Hazleton in appreciation for the hospital's 75 years of participation and leadership in the AHA. The AHA presented the award to Terrence Purcell, President, LVH—Hazleton, on June 23.

Over the past 75 years, LVH–Hazleton (formerly Greater Hazleton Health Alliance and Hazleton General Hospital) has been a leader in advancing health for the patients and communities that it serves. This includes the opening of Health & Wellness Center at Hazleton in 2005 and the merger with Lehigh Valley Health Network in 2013, which continues to add much-needed health resources to the community. The hospital has 150 beds and provides inpatient acute care, rehab care, emergency care, maternity and home care. It is an accredited Primary Stroke Center and Level IV Trauma Center.

"We thank Lehigh Valley Hospital—Hazleton for their valuable contributions to our field, including increasing access to quality health care, conducting lifesaving research and serving as a model for building effective partnerships that expand health care beyond hospital beds and into communities," says AHA President and CEO Rick Pollack.

"Lehigh Valley Hospital—Hazleton is proud of its partnership with the American Hospital Association. Seventy-five years is a testament to how much we value AHA's contributions to improve health care throughout the years," Purcell says. "We look forward to continuing to advance the health of individuals and communities we serve."



WILL Members Participate in Heart Strings EnJOYment Collaborative

Colleagues gathered virtually to network and get crafty.

LVHN Insider

Wednesday, June 29, 2022

When there is LVHN WILL, there is a way. That's one of the guiding principles of LVHN Women in Leadership and Learning (WILL), LVHN's newly expanded network-wide women's professional group.

When WILL launched in March, all colleagues were invited to join and be part of opportunities for mentoring, book clubs, networking and more.

Colleagues were surveyed about which activities they were most eager to see become part of their WILL experience. In addition to professional development, respondents overwhelmingly said they wanted a chance to enjoy time sharing hobbies, interests and talents with one another. Based on this feedback, WILL enJOYment collaboratives were established.

The first enJOYment collaborative, Heart Strings, took place in June. More than 50 WILL members gathered virtually in a "no-work" zone to create personalized art from pre-packaged supplies mailed directly to their homes.

WILL's first book club started this week to discuss Brené Brown's Atlas of the Heart. More than 60 colleagues will read Atlas of the Heart throughout the summer and will come together in small groups to discuss the 87 emotions and experiences Brown says define what it means to be human.

What is WILL?

WILL is the professional group that launched in March of 2020 as a means of empowering and celebrating women at LVHN. It focuses on the acknowledgement of all women as leaders navigating a broad range of personal and professional roles over a lifetime. All colleagues are welcome to join.

How to join

To join and be kept up-to-date on future events, email lvhn_willpower@lvhn.org and express your interest in joining the group. All colleagues are welcome.





Attention PRIME Nurses: Apply by July 5

Learn about improvements to the application process and submit your application before the deadline.

LVHN Insider

Friday, June 24, 2022

To recognize the individual accomplishments and professional achievements of registered nurses (RNs), LVHN implemented a clinical ladder program in the Lehigh Valley in 2018. The clinical ladder program, known as **PRIME – Program for Recognition of Individual Merit and Excellence**, recognizes nurses for engagement, professional development and contributions to high-quality care.

Based on your feedback, here are some improvements you will experience with the scorecard and application process:

- New opportunities for points
- Predetermined thresholds for Level 3 (16 points) and Level 4 (30 points)
- Clearer guidelines regarding accepted volunteering and teaching activities
- Eliminated the need to submit documentation that does not expire (if you submitted a diploma last year, you do not need to submit it again this year.)
- Developed a guide to identify common point deductions to aid in your application

The committee will be responsible for reviewing applications and evidence at the close of the application window.

Are you a PRIME nurse?

LVHN is your professional partner, and PRIME encourages and rewards professional development while creating an environment of nursing excellence.

At this time, PRIME is open to patient care services, perioperative services, cancer services, home care, hospice, MedEvac and cardiac cath lab RNs in the Lehigh Valley. The PRIME Committee is exploring options to transition the clinical ladder program to other LVHN locations.

Application instructions

The application is open until July 5.

Here are some tips to help you with your application:

- Remember your code! If you start an application and choose to finish later, you will need to write down the code associated with your application. Your code is NOT included in any confirmation email, so please write it down to access your application.
- To apply, you no longer need to upload hard copies of director signatures. Directors will receive an email to verify your submissions. Be sure to enter your director's email correctly.
- Note: You still need to upload signatures from others (i.e., PCS, committee chairs, etc.). This is the same process as previous years.

Need help completing your application? Contact one of the PRIME Chairs.

- Adam Garger, RN, MedEvac: adam j.garger@lvhn.org,
- Janell Souder, RN, 5K: <u>janell m.souder@lvhn.org</u>
- Kim Resch, RN, ASU: kimberly b.resch@lvhn.org

For additional information, <u>visit the PRIME website</u> on the intranet.



LVHN Research Scholars Come Together to Do Good

LVHN Research Scholars took part in Intern Impact Day on June 24.

Jeanne Reilly

Wednesday, June 29, 2022

LVHN Research Scholars participated in Intern Impact Day on June 24. Coordinated by the Volunteer Center of the Lehigh Valley, Intern Impact Day brings together interns from across the Lehigh Valley to work on service projects.

LVHN's Research Scholars volunteered at two sites. Those volunteering for the Easton Main Street Initiative (Greater Easton Development Partnership) painted the bases of parking meters, street signs and lamp posts on Northampton and Pine Streets. Another group volunteered with the Kellyn Foundation School Garden Program. Those scholars deconstructed six beds, cleared the area and placed a black tarp to help burn out invasive plants at the Steckel Elementary School garden in Whitehall.

Thank you to all those who participated!

















Project ECHO: Benign Prostate Hypertrophy

Attend a presentation on Wednesday, July 13, at noon.

LVHN Insider

Friday, June 24, 2022

LVHN is proud to be part of Project ECHO, an innovative telehealth program designed to connect health care specialists with providers located at distant sites. Project ECHO aims to help eliminate health care inequities through the use of telehealth technology.

Join us for Benign Prostate Hypertrophy presented by Kiranpreet K. Khurana, MD, Lehigh Valley Institute for Surgical Excellence.

When: Wednesday, July 13 at noon

Target audience: Physicians, APCs, clinical pharmacists, nurses and infection control practitioners

Register using this link: https://redcap.lvh.com/redcap/surveys/?s=34T7X4XM88

At the end of this presentation, you should be able to:

- 1. Have an overview of BPH treatment and undertreatment.
- 2. Participants will learn about novel treatment with Urolift prostatic urethral lift.
- 3. Participants will learn about novel treatment with REZUM water vapor.

Participants are encouraged to submit questions in advance regarding benign prostate hypertrophy by emailing Carolyn Suess at carolyn.suess@lvhn.org. All patient information submitted should be de-identified for HIPAA compliance.



Project ECHO: Legionnaires' Disease

Attend a presentation on Friday, July 15, at noon.

LVHN Insider

Monday, June 27, 2022

LVHN is proud to be part of Project ECHO, an innovative telehealth program designed to connect health care specialists with providers located at distant sites. Project ECHO aims to help eliminate health care inequities through the use of telehealth technology.

Join us for Legionnaires' disease presented by Jonathan Berback, MPH, CIC and Luther V. Rhodes, MD, FACP, FISDSA, FSHEA.

When: Friday, July 15 at noon

Target audience: Physicians, APCs, clinical pharmacists, nurses and infection control practitioners

Register using this link: https://redcap.lvh.com/redcap/surveys/?s=93ECNDMLEH

At the end of this presentation, you should be able to:

- 1. Know what/who constitutes a water management plan.
- 2. Know what facility components/devices can contribute to legionella growth and spread.
- 3. Know what you can do to control/mitigate the risks associated with legionella in your facility.

Participants are encouraged to submit questions in advance regarding Legionnaires' disease by emailing Carolyn Suess at carolyn.suess@lvhn.org. All patient information submitted should be de-identified for HIPAA compliance.

NEWS ANNOUNCEMENT

Beware Booze, Belts and Burns While Celebrating Independence Day

By Brian Downs June 29, 2022



Vaccines, new treatments, natural immunity and continued precautions in the battle against COVID have allowed us to make significant strides in recent months in getting back to doing more normal things. That's likely to be the case on an even larger scale this year as we approach one of America's most celebrated holidays—Independence Day.

While many might feel a greater comfort level in celebrating with family and friends this Fourth of July, those whose job it is to help keep us safe want to make sure that greater feeling of freedom doesn't lead to tragedy.

That's why the Lehigh Valley DUI/Highway Safety Task Force held its annual "Booze, Belts and Burns" holiday safety news conference this week to urge caution while celebrating. An anticipated 42 million Americans are expected to travel over the holiday according to Captain Derek Koch, Commanding Officer, Pennsylvania State Police, Troop M, Bethlehem.

Leave the fireworks to the professionals and enjoy a safe holiday. - Lehigh Township Fire Commissioner Rick Hildebrand

"Troopers will be focusing on drivers who speed, text while driving, follow too closely, and operate their vehicles in a careless and reckless manner," Koch said. He added that troopers also are specially trained to identify drunk drivers and drug recognition experts will focus on apprehending motorists who operate their vehicles under the influence of alcohol or drugs.

Lehigh Township Fire Commissioner Rick Hildebrand also used the occasion to stress fireworks safety. Hildebrand said if you are going to use legal fireworks, follow these precautions:

- Never allow young children to handle fireworks and make sure older children are under adult supervision.
- Never use fireworks while impaired by drugs or alcohol.
- Never hold lighted fireworks in your hands.
- Never light fireworks indoors.
- Do not try to re-light or handle malfunctioning fireworks.
- Never ignite devices in a container.
- Keep a bucket of water nearby to fully extinguish fireworks that don't go off or in case of fire.

Hildebrand said there are restrictions about where legal fireworks can be discharged, including further than 150 feet from an occupied structure and not from within a motor vehicle.

Hildebrand's best advice—leave the fireworks to the professionals and enjoy a safe holiday.

PATIENT STORY

Lehigh Valley Orthopedic Institute Hand Surgeon Saves the Season for Souderton High Lacrosse Player

A minimally invasive surgical technique got Nick Mancini back on the field quickly

By Ted Williams









Nick Mancini felt the pain in his hand just after a weightlifting session in late February for the Souderton High School lacrosse team didn't go as he planned.

"I got upset and punched a wall," says the 18-year-old senior. "My hand hurt a lot after that, but I just wanted to forget it and went to practice. I told my coaches and wanted to play through it, but they told me to get it checked and be sure."

An X-ray done at an outpatient center in Quakertown showed a fracture in his right hand. Mancini was told he would likely need surgery and six to eight weeks of healing.

"That would have meant the end of my lacrosse season," Mancini says. "I also play saxophone in the jazz band at school, and we had a competition coming up in a little more than a week. That seemed gone too."

Connecting with hand specialist

That's when Mancini's cousin, Brooke Winter, suggested he talk with an orthopedic surgeon where she works. Winter is a Lehigh Valley Health Network medical assistant for LVPG Sports and Orthopedic Medicine. She connected her cousin with <u>Paul Sibley</u>, <u>DO</u>, who specializes in hand surgery.

"Nick's X-rays indicated an angulated and displaced fifth metacarpal (which is the bone in the hand below the little finger)," Sibley says. "Traditional surgery would have required a lengthy recovery time, but that's an outdated approach to such cases. We were able to use a minimally invasive technique that has worked well for athletes with hand injuries."

Quick fracture fix

After he set the fracture, Sibley made a small incision in the bone to guide a titanium screw into the bone's canal, so it acts as an internal splint. The 20-minute procedure is completed with a small stitch and a soft dressing over the single incision. Range-of-motion exercises start right after the procedure to prevent stiffness. Recovery requires a matter of just a few days.

"I injured my hand on a Monday (Feb. 28), had surgery the following Thursday (March 3), and I was able to be part of the jazz competition the next week (March 11)," Mancini says. "I was able to play my sax like nothing happened. I couldn't believe I was that lucky."

Stronger than ever

Sibley points out that there's generally less pain and recovery time with any surgery that's less invasive. The screw will remain in the bone, which technically makes it stronger than it's ever been.

"I saw Nick about two weeks after the procedure, and the hand looked really good," Sibley says. "I'm glad everything worked out for him."

Mancini was able to complete the lacrosse season as well. After graduating from Souderton, he will play lacrosse for Moravian University in Bethlehem, where he will major in music.

"I've had zero problems with the hand," Mancini says. "I will tell everyone I meet who has hurt their hand that I know a great hand surgeon if they need one."

HEALTH TIP

Summertime Water Safety for Kids

Pools and bodies of water can be dangerous for children, but there are easy steps you can take to keep them safe

By Maggie Wurst



As the weather gets warmer and schools let out for the summer, kids of all ages are beginning to spend more time around pools and natural bodies of water, like lakes, ponds, rivers and the ocean.

While water activities offer a great way to cool off from the summer heat, it's important to know that they can be very dangerous without proper supervision and safety guidelines.

According to the <u>Opens in new tabCenters for Disease Control and Prevention</u>, drowning is the second leading cause of unintentional injury death in children age 1-14, and for every child who dies from drowning, another eight will need emergency care for the effects of non-fatal drowning.

"Children can begin drowning in just a few moments, and in a lot of cases, they don't show clear signs of distress," says pediatric emergency medicine physician <u>Susan Yaeger, MD</u>, with <u>Lehigh Valley Reilly Children's Hospital</u>. "The best way to protect kids from drowning is taking preventative steps before they intentionally – or unintentionally – come in contact with a pool or other body of water."

To help you protect the children in your life, Yaeger has some water safety tips for all adults to follow:

General water safety tips



- When buying a swimsuit for your child, consider brighter colors that stand out more in the water.
- Adults should always supervise children when they are around or swimming in pools, lakes, rivers, streams or the ocean. It only takes a few moments for accidents to happen, and drowning can take place in as little as one inch of water.
- When visiting a pool or natural body of water, children should be encouraged to follow all rules and only go in areas designated for swimming.
- When participating in water sports or spending time on boats, kids should always wear a life jacket or personal flotation device.
- Children should not be allowed to swim during stormy weather or at night.
- To prevent injury (including loss of consciousness), kids should always jump into new bodies of water feet first instead of diving in.

Pool safety tips

If you own a pool:

- Never let children near the pool unattended.
- Install barriers, like four-sided pool fencing, to prevent children from accessing it while adults aren't there.
- Make sure your pool has built-in safety devices (such as raised drain covers, multiple drains and safety vacuum release devices) to help prevent entrapment.
- Consider installing an alarm to alert you when someone is near the pool or in the water.
- Store pool toys and other items that might attract children out of sight when they aren't being used.

Beach safety tips

When visiting a beach:

- Never allow children to swim without adult supervision (even if they are good swimmers).
- Be aware of the day's weather, surf and undertow conditions.
- Only bring your children to beaches that are patrolled by lifeguards.

What to do if your child almost drowns

If your child experiences a near drowning, it's important to determine if they need emergency care as quickly as possible.

"If your child is exhibiting an altered level of consciousness, difficulty breathing or a change in their color, they should be evaluated by emergency medical services and transported to an emergency room," Yaeger says. "A near-drowning can cause pneumonia, a lung injury, or in some cases, brain damage."

However, if your child is awake, aware of their surroundings and breathing comfortably, they can be monitored at home instead for signs of excessive fluid in their lungs. While monitoring their breathing, an adult can encourage the child to cough and pat them on the back to help them clear their lungs.

"In most cases, kids will cough until they have expelled or absorbed the fluid that is irritating their lungs," Yaeger says. "However, if their cough persists for more than six hours or they start having trouble breathing, you should take them to the ER for evaluation."

Pediatric trauma expertise at Lehigh Valley Reilly Children's Hospital

The clinicians at Lehigh Valley Reilly Children's Hospital are no strangers to near drownings, and the staff at <u>Breidegam Family Children's ER</u> are specially equipped to support children who have been involved in these accidents.

"Our Children's ER is staffed by the only board-certified and fellowship trained pediatric emergency medicine physicians in the Lehigh Valley, and we see several near-drowning cases each year," Yaeger says. "However, it's important for adults to know that they can take precautionary steps around pools and natural bodies of water that can prevent these accidents from happening in the first place."