



LVHN WEEKLY

YOUR WRAP-UP OF THE WEEK'S NEWS FROM LVHN



emprising

Did You Receive an Email From Great Place to Work?

If you are one of 5,000 randomly selected colleagues to receive the survey, complete it by July 25.

[Read more →](#)

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Learn what happens in the workplace during Level Yellow.

[Read more →](#)



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Learn how to cast your vote and be #LVHNProud.

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She'll help facilitate the partnership between HNL Lab Medicine and LVHN.

[Read more →](#)



Join a Live Webinar With Gympass July 27

Learn about access to gyms, live-streamed classes, well-being apps and more.

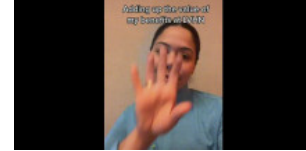
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Check out LVHN's latest TikTok video featuring our outstanding Total Rewards

Have an idea for a TikTok video? Want to be part of the fun? Comment on this post or email insiderhelp@lvhn.org.

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Meet PRIME Nurse Jenna Ruggiero

The 2021 Level 3 PRIME nurse has been a nurse for five years.

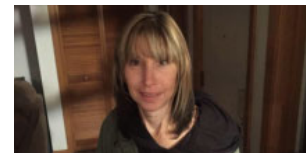
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Meet PRIME Nurse Amy Seaburn

She has been a nurse for 37 years and is a 2021 Level 3 PRIME nurse.

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She has been a nurse for six years and is a 2021 Level 3 PRIME nurse.

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Meet PRIME Nurse Vandana Sharma

She has been a nurse for 12 years and is a 2021 Level 3 PRIME nurse.

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Project ECHO: Benign Prostate Hypertrophy

New Date: Attend a presentation on Wednesday, Aug. 10, at noon.

[Read more →](#)





Lehigh Valley Health Network 1200 Cedar Crest Blvd, Allentown, PA 18105

Don't want to receive LVHN Insider news anymore? [unsubscribe](#).



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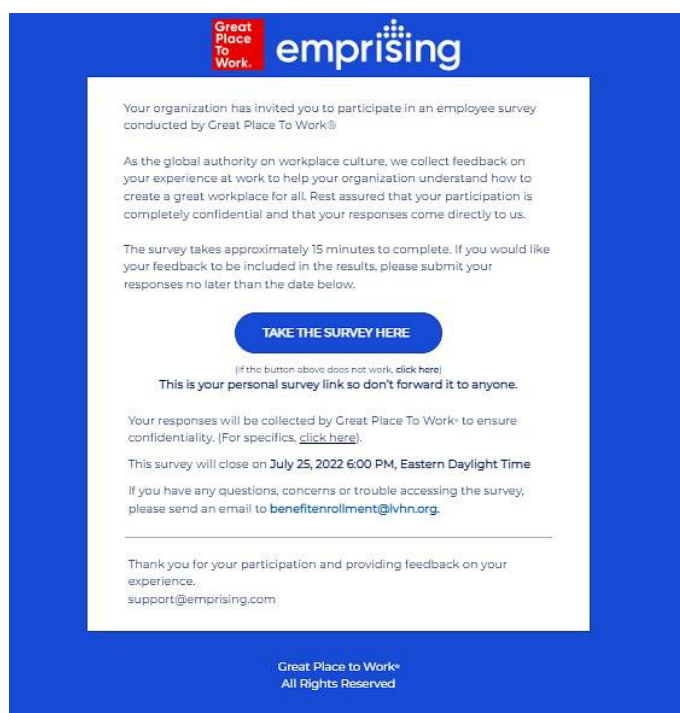
If you are one of 5,000 randomly selected colleagues to receive the survey, complete it by July 25.

LVHN Insider

Tuesday, July 12, 2022

On July 11, you may have received an email from Great Place to Work (hello@invite.emprising.com) with an invitation to participate in the Great Place to Work® Trust Index® Survey.

The email is legitimate, and your participation is important. Here's what the email looks like in your inbox.



If you are one of 5,000 randomly selected colleagues to receive the survey, please take a few minutes to complete it. Remember, this is your chance to [share all the things that make LVHN a great place to work, grow and receive world-class health care.](#)



Effective July 11: COVID-19 Level Yellow

Learn what happens in the workplace during Level Yellow.

LVHN Insider

Friday, July 8, 2022

LVHN is transitioning from COVID-19 Level Orange to COVID-19 Level Yellow effective July 11, 2022. Hospitalizations have remained stable and the number of COVID-19 patients in our ICUs is now below 10 with only two patients currently intubated (as of July 8, 2022).

LVHN has four different operations levels based on the risk of COVID-19 transmission in our community. The four levels address topics such as masking in the work environment, on-site visitors, break rooms, community meetings and more. From low to high risk, the levels are green, yellow, orange or red.

This easy-to-read [COVID-19 operations level chart](#) includes the guidelines for all levels. Print it, keep it handy and reference it when you have questions about what to do at work.

NOTE: Since COVID-19 operations levels were introduced, guidelines for the use of protective eyewear during Level Yellow have been revised in three categories. Protective eyewear is now optional for:

- Direct patient care (non-COVID)
- Patient-facing role without direct patient contact (e.g. welcome desk, registration)
- Non-patient facing role in a clinical area (e.g. nursing station, charting room, medication room)

Review the [PPE Guidelines chart](#), and print and post it in your department.

LVHN visitation policies during Level Yellow are available at [LVHN.org/visitation](https://www.lvhn.org/visitation).

What happens in the workplace during Level Yellow?

Work environment

Direct patient care (COVID-19 positive or suspected positive)

- Standard PPE for COVID-19 care
- [Review PPE guidelines on COVID-19 intranet site](#)

Direct patient care (non-COVID)

- Surgical mask required
- Protective eyewear optional
- [Review PPE guidelines on COVID-19 intranet site](#)

Patient-facing role without direct patient care (e.g. welcome desk, registration)

- Mask required
- Protective eyewear optional

Non-patient-facing role in a clinical area (e.g. nursing station, charting room, medication room)

- Mask required
- Protective eyewear optional

Non-clinical area (e.g. administrative buildings and offices)

- Mask optional if fully vaccinated
- Mask required if unvaccinated

Vaccine exempt colleagues

- Mask required
- Use appropriate PPE for patient-facing activities

Patients

- Mask required
- COVID-positive patients must mask if able when staff are present in the room

*In-person meetings and offices***Events, conferences and lectures at LVHN sites**

- In-person attendance permitted at full capacity
- Food and drink permitted
- Mask optional if fully vaccinated
- Mask required if unvaccinated
- Option for remote attendance should be offered

For off-site events, follow guidance of the host facility, plus:

- Vaccination of participants strongly encouraged
- Masking can be considered

- During periods of heightened transmission, outdoor events should be strongly encouraged

Private office

- Mask optional if fully vaccinated
- Mask required if unvaccinated and in presence of another colleague

Shared office

- Mask optional if fully vaccinated
- Mask required if unvaccinated

Break rooms, cafeteria, waiting rooms

Break rooms in non-patient-facing areas

- Full capacity permitted
- Mask optional if fully vaccinated
- Mask required if unvaccinated when not eating or drinking

Cafeterias

- Full capacity permitted
- Maintain social distancing
- Mask required when not eating or drinking

Food donations

- Permitted; no restrictions

Inpatient and outpatient waiting rooms

- Full capacity permitted at discretion of leadership
- Mask required
- Food and drink not permitted

In-person patient and community group meetings

Patient education or support groups

- Half capacity with social distancing
- Mask required
- Food and drink not permitted

Community groups

- Half capacity with social distancing
- Mask required
- Food and drink not permitted

On-site visitors

Patient visitors/support

- Mask required

Vendors, students/observers

- Permitted if fully vaccinated

Volunteers

- Permitted if fully vaccinated
- Follow guidelines for area(s) where volunteering

Pet therapy

- Permitted to visit colleagues and non-COVID-19 patients
- Handler must be fully vaccinated
- Approval required per pet therapy policy

Individual patient pets

- Permitted for non-COVID-19 patients
- Pet visits must be authorized by a physician

Interviewees

- Follow guidelines for area(s) to be visited

Operations

Administrative work

- In-person work permitted
- Use Convera to screen for symptoms/exposure
- If symptoms arise, stay home and get tested
- Prepare for remote work if COVID positive

Colleague shuttles

- Mask required

Children's Early Care and Education Center (at LVH–Cedar Crest)

- Mask required for educators, staff and children age 2 and older

LVHN Fitness

- Mask optional

A colleague is fully vaccinated after completing a primary vaccine series. Boosters are encouraged for eligible colleagues but not required. Our COVID-19 leadership team will continually monitor COVID-19 metrics across the regions we serve. Each week, the team will determine the level under which we will operate. Changes in our operation level will be implemented on Monday, if needed. COVID-19 policies and recommendations are subject to change based on recommendations of CEO Council.



Is Your Department a Colleague Engagement Megastar?

Get ready for surprises if your department achieved a high engagement score in the Colleague Survey.

LVHN Insider

Friday, July 8, 2022

Do you work in a department that is fully engaged in the work you do? Do you work in a department that is a great place to work? If you answered yes to these questions, you may be this year's Colleague Engagement Megastars. Megastar departments are made of colleagues who feel passionate, energetic and committed to their work. This shows in the work they do every day in having each other's back and being there for our community. We will be recognizing these colleagues soon.

Colleagues from the 36 departments that achieved the highest engagement scores in our recent Colleagues Engagement Survey will receive well-deserved kudos. In a few weeks, leaders from these high-scoring departments will reward their teams for being Colleague Engagement Megastars.

If your department is an Engagement Megastar, recognition will be coming your way soon. To thank these colleagues for making their departments and LVHN a great place to work and grow, each department will be given special tokens of appreciation.

Visit LVHN Insider in August to see photos of colleagues from the Engagement Megastar departments.



Best Decision I've Ever Made

Nicole Cameron, RN, shares why she is #LVHNProud.

LVHN Insider

Tuesday, July 12, 2022

On her first day of work 15 years ago, Nicole Cameron, RN, was excited to begin her career in health care. As an administrative partner, she facilitated communications among caregivers, patients and visitors. She was responsible for coordinating daily patient flow activities and managing patient charts.

Her passion for patient care grew, and using the tuition reimbursement benefits available to all colleagues at LVHN, Cameron earned her nursing degree while working full-time.

"There are so many opportunities for career advancement with LVHN," says Cameron.

Today, she is #LVHNProud to be a nurse in the emergency room at LVH–Hazleton.

"If you work for LVHN or you're thinking about joining LVHN, I want you to know it is possible to follow your dreams if you are dedicated and work hard," she says. "Becoming an ER nurse is the best decision I've ever made."

Her dedication to growing professionally is outmatched only by her dedication to her patients. LVHN nurses do so much more than provide world-class care. They are renowned for their compassion and emotional support. The stories about how our nurses go above and beyond for patients are countless, especially during this pandemic.

The pandemic led to an increase in behavioral health patients at LVHN. Cameron saw one challenge was the transportation of those patients to the proper facilities for their care. So, she met with a transportation service to ask for assistance and was able to coordinate transportation through them. For her intuitive thinking and determination, Cameron received the Guldin Award

For Efficiency and Innovation in the Clinical Workplace during LVHN's 2022 Service Excellence Awards.

"LVHN is a great place to work because colleagues become like family, and together, we treat patients as if they were our family too," says Cameron.

LVHN is certified as a Best Workplace in Health Care & Biopharma™ by Great Place to Work® and Fortune. These designations reflect everything that makes this health network a great place to work from hire to retire. These accolades are due, in part, to exceptional colleagues. Our nearly 20,000 health care professionals take pride in what they do and are driven by our mission to heal, comfort and care for the people of our community.

Whether you've been a colleague for three months or 30 years, you are a valued member of the LVHN family. You make LVHN exceptional. Here's your chance to share what makes you #LVHNProud. We are looking for clinical and nonclinical colleagues to participate in a series about your careers with LVHN. [Learn more and share your story today.](#)



LVHN Cardio-Oncology Program Recognized as Global Center of Excellence

Gold Designation from International Cardio-Oncology Society applies to just 22 locations in the U.S.

LVHN Insider

Wednesday, July 13, 2022

Lehigh Valley Heart and Vascular Institute's comprehensive cardiovascular program for cancer patients and survivors, now in its seventh year, has been recognized as a global center of excellence by the International Cardio-Oncology Society (IC-OS).

The cardio-oncology program was launched in 2015 by Heart and Vascular Institute cardiologist Deborah Sundlof, DO, and Lehigh Valley Topper Cancer Institute hematologist/oncologist Ranju Gupta, MD. Both are cardio-oncology program co-directors.

The Heart and Vascular Institute's program received a gold center of excellence rating from IC-OS, the highest level awarded by the society. Just 31 hospitals or health systems in the world have gold ratings, including 22 in the U.S. Lehigh Valley Health Network is one of only two IC-OS centers of excellence in Pennsylvania.

Certain cancer treatments can cause cardiotoxicity, a condition that can weaken heart muscle, raise blood pressure, or cause the heart to beat out of sync, a condition known as arrhythmia. Heart specialists in the cardio-oncology program assess a patient's heart disease risk and work with the patient's oncologist to develop a personalized treatment plan. The goal is to minimize or prevent heart-related problems due to cancer treatments.

"This program provides a tremendous benefit to the community. We have such great expertise right here in the Lehigh Valley," Sundlof said. "People in the region don't have to travel to New York or Philadelphia for leading-edge care. Cancer patients are going through a lot and traveling long distances for treatment adds to their burden. It's great we can offer world-class care right here."

Since its inception, the Lehigh Valley Heart and Vascular Institute's cardio-oncology program has served more than 650 patients and has become a major initiative, according to Sundlof, who also serves as a co-director of the Heart and Vascular Institute's Women's Heart Program.

To make it easier to get cardiology help to moderate- or high-risk cancer patients, the program developed a risk assessment tool for the health network's oncology team. The tool is continually updated to reflect the fast-changing world of cancer treatment. "Cancer care is changing rapidly, almost daily," Sundlof said.

"There are a lot of things we can do as cardiologists to decrease a patient's risk of developing a heart problem from cancer treatment. Likewise, we also work closely with cancer patients with existing heart health issues."

Gupta said cardio-oncology is a relatively new field that is gaining increasing recognition among cardiologists and oncologists as well as the public.

"Part of our objective is to increase the level of understanding about the potential for cardiotoxicity due to certain cancer medications and treatments," Gupta said. "There is a lack of understanding out there. Most patients likely have no idea there could be any connection between the heart and oncology drugs."

Sundlof and Gupta point out that cancer and heart disease share risk factors, including smoking, obesity, poor nutrition and diabetes. Gupta said a cardio-oncology program can serve as a preventive measure to help both cancer patients and cancer survivors.

The cardio-oncology collaboration between Lehigh Valley Heart and Vascular Institute and Lehigh Valley Topper Cancer Institute is enhanced by the Cancer Institute's participation in the Memorial Sloan Kettering (MSK) Cancer Alliance. The Cancer Institute is one of only three cancer centers in the country participating in the alliance.

IC-OS board certification so far has only been achieved by about 165 clinicians worldwide. Heart and Vascular Institute cardio-oncology team members Sundlof, Nadeem Ahmad, MD, with

LVPG Cardiology–Muhlenberg and LVPG Cardiology–Bangor, and nurse practitioner Kelly Schadler, with LVPG Cardiology–Muhlenberg, are among them.



Vote for LVHN in Standard-Speaker Readers' Choice Awards

Learn how to cast your vote and be #LVHNProud.

LVHN Insider

Wednesday, July 13, 2022

Don't miss this opportunity to shine a spotlight on our valued LVHN colleagues and services by voting in the latest Standard-Speaker Readers' Choice Awards covering the Hazleton area. The polls are now open for the contest. You can celebrate LVHN colleagues by placing a vote for the best of the best in a number of categories. Please take the time to vote LVH–Hazleton as Best Hospital and support our services in other important categories.

How to vote for Standard-Speaker Readers' Choice Awards (Hazleton area):

- Visit <https://www.standardspeaker.com/contests/readerschoice/#/gallery>
- Click “People & Services”
 - Use this guide to vote in the following categories (all categories are multiple choice):
 - Best Hospital - LVH–Hazleton
 - Best Patient Care - LVH–Hazleton
 - Surgeon - LVPG Surgery–Health & Wellness Center
 - Podiatrist - LVPG Podiatry
 - Pediatrician – LVPG Pediatrics
 - OB/GYN - LVPG Obstetrics and Gynecology
 - Orthopedics - Lehigh Valley Orthopedic Institute
 - Hearing - LVPG Ear, Nose and Throat–Health & Wellness Center
 - PT and Rehab - LVHN Rehabilitation and Physical Therapy
 - Fitness Center - LVHN Fitness Center–Health & Wellness Center
 - Chiropractor - Daniel Gavio, DC
 - Family Physician - LVPG Family Medicine
- You can vote once per day in each category.

Together, let's show our community that we are #LVHNProud. Voting ends Aug. 11 at midnight.



Nominate LVHN for Readers' Choice Awards in Times News

Learn how to nominate the best of the best and be #LVHNProud. Voting begins in August.

LVHN Insider

Wednesday, July 13, 2022

Don't miss this opportunity to shine a spotlight on our valued LVHN colleagues and services in Carbon County with your nominations for the upcoming Times News Readers' Choice Awards.

Here's how it works:

- Visit <https://www.tnonline.com/20220224/readers-choice-2022/#/>
- Click on "Health."
- Nominate an LVHN service or colleague. Nominations are being accepted through July 25.
- The top five nominees in each category, based on the most nominations, will secure a place among the best when the Readers' Choice Awards voting begins in August. Nominate as often as you like, once per day in each category.
- Use the below categories as a guide or write in your own nominations.
- Cancer Center - Lehigh Valley Topper Cancer Institute
- Cardiology - LVPG Cardiology–Carbon
- Emergency Room - LVHN
- Family Doctor - LVPG Family Medicine–Leighton
- General Surgery - Lehigh Valley Hospital–Carbon
- Hospital - Lehigh Valley Hospital–Carbon
- Obstetrics/Gynecology - LVPG Obstetrics/Gynecology–Carbon
- Orthopedic Care - LVPG Orthopedics and Sports Medicine–Leighton
- Pediatrician - LVPG Pediatrics–Leighton
- Physical Therapist - LVHN Rehab Services
- Urgent Care - LVHN ExpressCare–Palmerton

The last day to nominate is July 25. Voting for the Times News Readers' Choice Awards begins Aug. 8.

Together, let's show our community that we are #LVHNProud.



Shelbi Taylor Joins HNL as Clinical Hospital Advisor

She'll help facilitate the partnership between HNL Lab Medicine and LVHN.

LVHN Insider

Thursday, July 14, 2022

This message is from Lisa Anthony, Senior Executive, Health Systems Partnerships, HNL Lab Medicine.

Shelbi Taylor, BSN, RN-BC, has joined the HNL Lab Medicine sales team as Clinical Hospital Advisor. Taylor has a wealth of knowledge and experience in the health care field and will serve as a valuable resource to help facilitate the partnership between HNL Lab Medicine and LVHN. With her background in nursing, she will provide support and guidance to hospital staff on all things lab related. Taylor will be the clinical point of contact for LVHN hospital units and departments.

Contact her with any questions, concerns or suggestions at shelbi.taylor@hnl.com or 484-781-2385



Join a Live Webinar With Gympass July 27

Learn about access to gyms, live-streamed classes, well-being apps and more.

LVHN Insider

Thursday, July 14, 2022

You are invited to attend a live webinar where we will feature one of our fitness partners: Gympass! You will hear directly from the Gympass team about their offerings exclusively for LVHN colleagues. This includes access to local gyms/fitness studios, live-streamed classes, one-on-one virtual personal training and a library of well-being apps.

The live webinar will take place Wednesday, July 27, from 12-12:30 p.m.

The flyer below includes a WebEx link to join the meeting, as well as links to learn more about Gympass.

Check out LVHN's latest TikTok video featuring our outstanding Total Rewards

Have an idea for a TikTok video? Want to be part of the fun? Comment on this post or email insiderhelp@lvhn.org.

by LVHN Insider
Published 6 days ago

<https://onfirstup.com/LVHN/LVHN/contents/32488637>



Meet PRIME Nurse Jenna Ruggiero

The 2021 Level 3 PRIME nurse has been a nurse for five years.

LVHN Insider

Friday, July 8, 2022

To recognize the individual accomplishments and professional achievements of registered nurses (RNs), LVHN implemented a clinical ladder program in the Lehigh Valley in 2018. The clinical ladder program, known as **PRIME – Program for Recognition of Individual Merit and Excellence**, recognizes nurses for engagement, professional development and contributions to high-quality care.

Each month, we will feature stories of 2021 PRIME Nurses in the [nursing channel on LVHN Insider](#).

Jenna Ruggiero, RN

Oncology Clinical Trials, LVH–Cedar Crest

What influenced your decision to become a nurse?

I enjoyed the sciences in college and sort of stumbled upon my university's nursing program while simultaneously a family member was being diagnosed with cancer. I had never been exposed to health care in that way before and it all just clicked that is what I should be doing.

What is your favorite hobby/activity outside of work?

I enjoy traveling, backpacking and going to concerts.

Why is it important for you to continue your personal and/or professional growth?

With health care being ever-changing, I feel that it is important to continue to challenge myself by continuing my studies as I pursue my graduate degree and pushing myself professionally in my roles here at LVHN. I was an inpatient oncology nurse for 5 years here. I recently switched to being an oncology research coordinator, which has equally challenged and humbled me as I try to navigate all that is the research and the outpatient world. Getting a well-rounded view of our oncology care that we provide here at LVHN has been important to me and my professional growth.

Are you a PRIME nurse?

LVHN is your professional partner, and PRIME is an important and concrete way for us to measure and celebrate your professional contributions.

At this time, PRIME is open to patient care services, perioperative services, cancer services, home care, hospice, MedEvac and cardiac cath lab RNs in the Lehigh Valley. The PRIME Committee is exploring options to transition the clinical ladder program to other LVHN locations.

You are encouraged to have a conversation with your manager to see if you are eligible to submit a PRIME application. If you qualify, your manager will sign a letter of support. If you are not eligible at this time, please consider working with your manager to identify opportunities for engagement and development.

Visit the [PRIME intranet page](#) to learn more.



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She has been a nurse for 37 years and is a 2021 Level 3 PRIME nurse.

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Amy Seaburn, RN

NICU, LVH–Cedar Crest

What influenced your decision to become a nurse?

The summer of my senior year I volunteered as a non-medical assistant in the nursing home. That experience led to my decision to become a nurse. I chose to become a nurse to make a difference in someone's life or day by caring for them.

What is your favorite hobby/activity outside of work?

I enjoy going for long walks and spending time with family. I also enjoy traveling, seeing new places and meeting new people.

Why is it important for you to continue your personal and/or professional growth?

I think it is important to stay current and deliver the best evidence-based care to patients and families.

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Katie Semanoff, RN

PACU, LVH–Cedar Crest

New position: CRNP, LVPD Cardiology

What influenced your decision to become a nurse?

My grandmother and two of my aunts were nurses which led to my interest in a nursing career. I always found happiness in helping others, so that combined with my passion for the sciences seemed like a great fit for me.

What is your favorite hobby/activity outside of work?

I enjoy traveling, hiking and finding new adventures.

Why is it important for you to continue your personal and/or professional growth?

It's so important to continue to learn. Things are always changing, so it's imperative to not stay stagnant, but continue to grow within your career.

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Vandana Sharma, RN

7A Neuroscience Unit, LVH–Cedar Crest

New position: Director, 7CP, LVH–Cedar Crest

What influenced your decision to become a nurse?

It has been important for me that my moral code of life and livelihood match so I can enjoy what I do. My moral code in life is to be present for those in need, and to extend comfort and hope. I

wanted my career to offer something that challenges me every day, interests me and satisfies my desire to make a difference in people's lives. Nursing offered an alignment between my career goals and core values and continues to provide me with a sense of happiness and fulfillment every day.

What is your favorite hobby/activity outside of work?

I love spending time in nature and meditating. I enjoy observing the clouds, birds, trees and colors of the nature. The sun, the moon, the rain and every aspect of nature bring me joy and inspires me to be selfless.

Why is it important for you to continue your personal and/or professional growth?

Growth at any level helps us become a better person through new learning. I want to grow personally/professionally to gain wisdom from people I work or spend time with and share my knowledge and thoughts to make a positive difference.

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Visit the [PRIME intranet page](#) to learn more.



Project ECHO: Benign Prostate Hypertrophy

New Date: Attend a presentation on Wednesday, Aug. 10, at noon.

LVHN Insider

Thursday, July 14, 2022

LVHN is proud to be part of Project ECHO, an innovative telehealth program designed to connect health care specialists with providers located at distant sites. Project ECHO aims to help eliminate health care inequities through the use of telehealth technology.

Join us for Benign Prostate Hypertrophy presented by Kiranpreet K. Khurana, MD, Lehigh Valley Institute for Surgical Excellence.

When: Wednesday, Aug. 10 at noon

Target audience: Physicians, APCs, clinical pharmacists, nurses and infection control practitioners

Register using this link: <https://redcap.lvhn.com/redcap/surveys/?s=34T7X4XM88>

At the end of this presentation, you should be able to:

1. Have an overview of BPH treatment and undertreatment.
2. Participants will learn about novel treatment with Urolift prostatic urethral lift.
3. Participants will learn about novel treatment with REZUM water vapor.

Participants are encouraged to submit questions in advance regarding benign prostate hypertrophy by emailing Carolyn Suess at carolyn.suess@lvhn.org. All patient information submitted should be de-identified for HIPAA compliance.
