



LVHN WEEKLY

| YOUR WRAP-UP OF THE WEEK'S NEWS FROM LVHN



Watch 'The Strength to Heal'

Four LVHN nurses share their experience during the pandemic in this 30-minute documentary produced by LVHN.

[Read more →](#)

FY23 Goal Setting Reminder

Let's work together to achieve our goals and make the invisible visible.

[Read more →](#)



October Calendar of Events

See what's happening at LVHN all month long.

[Read more →](#)



What You Need to Know About Beneficiaries

Learn why it's important to designate a beneficiary and how to update your retirement plan.

[Read more →](#)



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Clinics scheduled at LVH–Hazleton, LVHN–Mack Boulevard, LVH–Pocono and LVH–Dickson City.

[Read more →](#)



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The colleague flu shot campaign continues until Dec. 1.

[Read more →](#)



mRNA Influenza Vaccine Research Study Opening at LVHN

Participating in the study will satisfy your 2022 colleague flu shot requirement.

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Tents Are Going Up at LVH–Muhlenberg

Tents will be in place Oct. 7-20 for two events with little to no impact on colleague parking.

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Service Anniversary List – Oct. 2022

See who is celebrating a career milestone in October and congratulate them on their years of service.

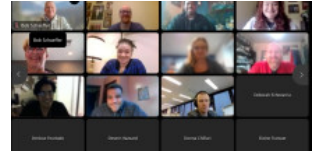
[Read more →](#)



Welcome New Colleagues Who Attended Connections Oct. 3

We have 217 new colleagues in the LVHN family.

[Read more →](#)



Opportunity and Community at LVHN and VHP

Read Alexandra Zambrano's story in celebration of Hispanic Heritage Month, Sept. 15-Oct. 15.

[Read more →](#)



'Take It Outside' Challenge and Fall Wellness Offerings

Enroll in this new challenge for your chance to win a raffle prize. Learn more at mth.lvh.com.

[Read more →](#)



Discounted Tickets for Wilkes-Barre Scranton Penguins

Learn how you can get a discount on opening night hockey tickets.

[Read more →](#)



Amanda Smith Makes Philanthropy Association's 40 Under 40 List

Smith is among exceptional young professionals recognized by the Association for Healthcare Philanthropy.

[Read more →](#)



Join Lehigh Valley Topper Cancer Institute for a Free Kidney Cancer Info Session

Attendees will learn about the latest advances in kidney cancer care while celebrating survivorship.

[Read more →](#)



Kiranpreet Khurana, MD, Designated as a Center of Excellence

First female urologist in the country to be recognized for use of this treatment for benign prostatic hyperplasia (BPH).

[Read more →](#)



LVHN Patients, Families and Staff Brighten Patients' Spirits

Gathering was in observance of National Childhood Cancer and Sickle Cell Awareness months.

[Read more →](#)



Spirit Halloween Benefits Lehigh Valley Reilly Children's Hospital

Proceeds from coupon support Child-Life Program at the Children's Hospital.

[Read more →](#)



Watch 'The Strength to Heal'

Four LVHN nurses share their experience during the pandemic in this 30-minute documentary produced by LVHN.

<https://youtu.be/eqgp5ZuiXXY>



FY23 Goal Setting Reminder

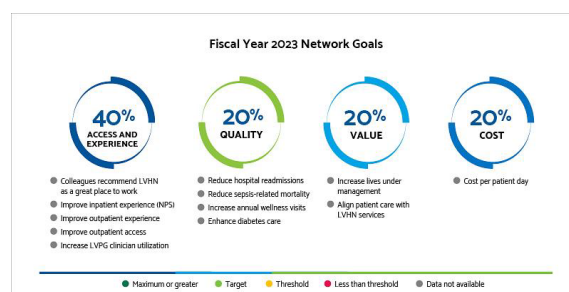
Let's work together to achieve our goals and make the invisible visible.

LVHN Insider

Tuesday, October 4, 2022

Our [annual network goals](#) are a principal way to align and engage all LVHN colleagues in a collaborative effort to achieve our fiscal year goal performance levels. Goals keep us moving forward together with our sights set on what's most important, always delivering excellent care. Colleague goals are to be reviewed and approved by their manager/departmental supervisor and should align with the goals of their department and the network.

As a reminder, all colleagues are expected to set at least one Development Goal. **Consider using one or more of the Partners in Caring elements, or the LVHN Competency Model** located on the PeopleFluent Dashboard under the section titled "Goal Management," to inform your development priorities.



FY23 goal setting reminders

- Managers have until Oct. 14th to review and approve FY23 goals.
- Colleagues begin goal tracking in PeopleFluent once managers approve colleague goals.
- New hires will continue to be added to the FY23 goal setting plan in PeopleFluent through Dec. 31, 2022.

- Please note that if FY23 goals are not entered, they will not appear in your FY23 year-end self-review.

Additional goal setting resources for managers

- Read the goal setting tip sheet on the PeopleFluent dashboard.
- Review the performance management cutoff dates on the PeopleFluent dashboard.
- To assist managers with the goal setting process, consider viewing on-demand videos about goal setting located on the [Organizational Development intranet site](#).

Questions? Contact colleagues in organizational development at LOD@lvhn.org (please include “Performance Management” in the subject line) or your human resources consultant.



October 2022 Calendar of Events

See what's happening at LVHN all month long.

LVHN Insider

Monday, October 3, 2022

From fun events, to month-long celebrations, to sales in our gift shops, there is so much going on at LVHN! You'll find it all on October's calendar of events. Print the calendar below, post it in your department, get involved and take advantage of everything LVHN has to offer our colleagues.

Cool Colleague Calendar
 Adopt a Shelter Dog Month | Global Diversity Awareness Month
 Visit LVHN Insider for more information

Lehigh Valley Health Network

<p>Oct. 3 Lehigh Valley Reilly Children's Hospital Recruitment Event 3-7 p.m., Lehigh Valley Reilly Children's Hospital Lobby</p> <p>Oct. 4 LVHN Cafeterias Free coffee for colleagues to celebrate Great Place to Work</p> <p>Oct. 4-5 Yom Kippur</p> <p>Oct. 5 LVHN Gift Shop Wacky Wednesday 25% off hats, gloves, scarves</p> <p>LVHN-Station Circle Logo Wear Event 11 am-2 p.m.</p> <p>LVH-Muhlenberg Gift Shop Cart 11 am-1 p.m. South side, 2597 building, tower</p>	<p>LVH-Cedar Crest Gift Shop Cart 12-3 p.m., 1230 and 1240 buildings</p> <p>My Total Health Plant-Based Eating Presentation mth.lvhn.com</p> <p>Oct. 6 LVHN-Cetronia Logo Wear Event 10 am-12 p.m.</p> <p>LVH-17th Street Gift Cart 11 am-1 p.m.</p> <p>Oct. 7 World Smile Day LVH-Pocono ExpressCARE Logo Event 11 am-2 p.m. Bartonville location</p> <p>Oct. 10 My Total Health Take It Outside Challenge Begins mth.lvhn.com</p> <p>Oct. 11 LVH-Hecktown Oaks Ice Cream Truck 11:30 a.m.-2 p.m. Rear infusion parking lot</p>	<p>1243 Building Logo Event 10 am-2 p.m. Suite 2400</p> <p>Oct. 12 LVH-Muhlenberg Ice Cream Truck 11:30 a.m.-2 p.m. By the blue canopy</p> <p>My Total Health Plant-Based Eating Presentation mth.lvhn.com</p> <p>LVH-Cedar Crest Gift Shop Cart 12-3 p.m.</p> <p>Kaszych Family Pavilion My Total Health Healthy Aging Presentation mth.lvhn.com</p> <p>LVHN Gift Shop Wacky Wednesday 20% off anything pink</p> <p>Oct. 13 LVH-Muhlenberg Gift Shop Cart 11 am-1 p.m. North side and tower</p>	<p>LVPG Pediatrics Troxertown Logo Wear Event 11 a.m.-2 p.m. Conference room, First floor</p> <p>Oct. 14 Health Center at Pennsburg Logo Wear Event 11 a.m.-2 p.m. Breakroom</p> <p>Oct. 18 2024 Lehigh Street Logo Wear Event 10 am-2 p.m. Cafeteria</p> <p>Oct. 19 LVH-Muhlenberg Gift Shop Cart 11 a.m.-1 p.m. South side, 2597 building, tower</p> <p>LVHN Gift Shop Wacky Wednesday 20% off dips, drinks and drinkware</p> <p>LVH-Cedar Crest Gift Shop Cart 12-3 p.m. Emergency department/Reilly Children's Hospital, Jaundil Pavilion</p>	<p>Oct. 20 LVH-17th Street Gift Cart 11 am-1 p.m. Outside cafeteria</p> <p>Oct. 21 LVH-Muhlenberg Logo Wear Event 10 am-2 p.m. Lobby cafe</p> <p>National Mammography Day</p> <p>Oct. 22 National Make a Difference Day Share how you make a difference on Insider</p> <p>Oct. 24 Diwali</p> <p>Oct. 25 LVH-Cedar Crest Logo Wear Event 10 am-2 p.m. Outside cafeteria</p> <p>Oct. 26 LVH-Hazleton Logo Wear Event 11 am-2 p.m. Outside cafeteria</p> <p>LVH-Cedar Crest Gift Shop Cart 12-3 p.m. 1250 building</p>	<p>LVHN Gift Shop Wacky Wednesday 25% off Halloween items</p> <p>Oct. 27 LVH-Muhlenberg Gift Shop Cart 11 am-1 p.m. North side and tower</p> <p>LVH-Cedar Crest Gift Shop Open Lake 9 am-11:30 p.m. Tree Top Gift Shop</p> <p>Health & Wellness Center at Hazleton Logo Wear Event 11 a.m.-2 p.m. Fitness room</p> <p>Oct. 31 Gift Shop Sale 50% off Halloween items</p> <p>Oct. 31-Nov. 1 Dia de los Muertos</p>
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Kellyn Mobile Market

<p>LVH-Cedar Crest Kaszych Family Pavilion Oct. 5, 12, 19, 3-5 p.m.</p> <p>Oct. 26 11:30 am-12:30 p.m.</p> <p>LVH-Muhlenberg Main entrance parking lot Oct. 6, 13, 20, 27 3:30-6 p.m.</p>	<p>LVH-17th Street In front of Family Promise Oct. 6, 13, 20, 27 11:30 am-1 p.m.</p> <p>LVH-Pocono Parking lot corner of Prospect and Centre Oct. 25 11:30 am-12:30 p.m.</p>	<p>LVH-Hecktown Oaks Cancer Institute parking lot Oct. 4 10:45-11:30 a.m.</p> <p>Oct. 11, 18, 25 10:30-11 a.m.</p> <p>LVHN-One City Center LVHN Fitness front desk, Third floor Oct. 26 11:30 am-12:30 p.m.</p>	<p>Don't forget to nominate a colleague for a Proud Partner Award! Search colleagueflusht on LVHN Insider for flu shot information.</p> <p>Scan the code or visit mth.lvhn.com for information about My Total Health</p>
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Download and print the calendar below to post it in your department.



What You Need to Know About Beneficiaries

Learn why it's important to designate a beneficiary and how to update your retirement plan.

LVHN Insider
 Tuesday, October 4, 2022

Who, or what, is a beneficiary?

A beneficiary is the person or entity you designate to receive the proceeds (death benefit) from your life insurance policy, annuity or other financial contract (including money left over in your retirement plan account). The beneficiary can be a family member, friend, trust, business organization or charity — and you can name one person, several people or a combination of people and entities.

Get specific

Designate both a “primary” and “contingent” beneficiary. That way, if the primary beneficiary dies before you do, your designated assets will be paid to the contingent beneficiary.

Note: It is important to keep in mind that any beneficiary you name as part of your retirement plan documents will override what may be in your estate documents (if a difference exists).

What if you don’t designate a beneficiary?

If you haven’t named a beneficiary, the death benefit will likely be paid directly to your estate. In that case, a lengthy probate process could delay distribution of the proceeds of your estate — and probate costs could reduce the amount of the money you meant to go to your heirs.

You may need to make changes

Changes in your life situation (marriage, divorce, the birth or adoption of a child) may cause you to change your initial selection. It is important to review your beneficiary designations regularly to make sure your choices are still appropriate and current.

To designate a beneficiary or to make updates, login to your online account at lvhn.aigrs.com. If you have not yet registered for online account access, select “Register” and follow the prompts.



Colleague COVID-19 Booster Clinics in October

Clinics scheduled at LVH–Hazleton, LVHN–Mack Boulevard, LVH–Pocono and LVH–Dickson City.

LVHN Insider

Friday, September 30, 2022

LVHN colleagues who are eligible for the bivalent COVID-19 booster can get vaccinated at the following pop-up clinics being offered by the health network:

LVH–Hazleton

Monday, Oct.10

10 a.m.-1 p.m.

Multi-purpose room off of the main lobby

LVHN–Mack Boulevard

Wednesday, Oct.12

8 a.m.-1 p.m.

Cafeteria

LVH–Pocono

Thursday, Oct. 13

12:30-3:30 p.m.

Brodhead Room

LVH–Dickson City

Saturday, Oct. 15

10 a.m.-2 p.m.

Pharmacy hallway

The pop-up vaccine clinics will welcome walk-ins. No appointment is needed. Colleagues should bring proof of prior vaccination, if applicable.

The Pfizer-BioNTech bivalent vaccine booster and the Moderna bivalent COVID-19 vaccine booster will be available.

The newest Pfizer-BioNTech booster vaccine is authorized for those 12 and older for use as a single booster dose at least two months following primary or booster vaccination with the original vaccine formulation.

The new Moderna booster vaccine is authorized for those 18 and older for use as a single booster dose at least two months following primary or booster vaccination with the original vaccine formulation.

For more information on COVID-19 vaccinations, visit [LVHN.org/vaccines](https://www.lvh.org/vaccines).



Protect Yourself and Others by Getting a Flu Shot

The colleague flu shot campaign continues until Dec. 1.

LVHN Insider

Thursday, September 22, 2022

Fall is here, and you know what that means. Cold and flu season is coming. As flu season quickly approaches, all colleagues are reminded to get a flu shot as soon as possible this year.

When you get vaccinated early in the fall, you decrease your chances of getting the flu and transmitting it to our patients and visitors. Health care workers have a [special obligation to be](#)

[vaccinated](#), because people who remain unvaccinated and spread the flu can cause serious harm to vulnerable patients.

LVHN makes it easy to get your shot

Colleague flu shot clinics begin Monday, Oct. 3, and continue through Saturday, Nov. 12.

Click below to get the schedule for your location. Print the schedule, post it in your area, get vaccinated and remind others to do the same.

While there are no scheduled colleague flu clinics after Saturday, Nov. 12, the flu vaccine will be available at employee health offices in the Lehigh Valley during walk-in hours and by appointment in Hazleton, Schuylkill and Pocono employee health offices until Dec. 1.

Colleagues: Get vaccinated by Dec. 1

Whether you provide direct patient care, work on site at an LVHN facility or are working remotely, all colleagues must follow the LVHN influenza vaccination policy and all colleagues are expected to receive a flu vaccination by Thursday, Dec. 1.

Colleagues and independent medical staff may request a medical or religious exemption. Non-employed LVHN partners cannot request an exemption. Requiring all colleagues to get the COVID-19 and influenza vaccines will help ensure we provide the safest possible care to our patients and keep colleagues and community members safe.

Colleagues who join the health network will follow the LVHN vaccination policy and will be expected to receive a flu shot.

What you need to know about safety precautions

LVHN is taking extra measures to make sure our flu shot clinics are as safe as possible.

- **Complete the Conversa COVID-19 screening the day of vaccination**– This is a requirement for all colleagues, even if you work from home or do not have a shift scheduled for that day.
 1. Visit <https://clinic.conversahealth.com/conversation/MjIwLTM3OTI> or text **lehigh** to 83973.
- **Fill out your consent form before arriving** – Prior to attending a flu shot clinic, you must complete the electronic consent form, which can be found in your TLC education bundle.
 1. Additionally, you can access the [electronic consent form](#) on the [Influenza Information intranet page](#).
- **Enhanced cleaning measures are used** – The LVHN team will take additional cleaning steps to ensure commonly touched surfaces are continually disinfected.
- **Distancing while you wait** – LVHN has protocols in place to ensure lines flow smoothly while allowing people to be socially distant.

Vaccinations received outside of an LVHN flu shot clinic

If you receive a flu vaccination at an LVPG practice or ExpressCARE location, proof of vaccination will automatically transfer to your employee health medical record. If you receive a flu vaccination outside of an LVHN flu shot clinic, an ExpressCARE or LVPG practice, you must submit proof to employee health services. There are several ways to do this:

- **Upload to the intranet** – This is the preferred method to submit proof of vaccination. On the LVHN intranet, go to Resources>>Employee>>Influenza information. Scroll to the forms section and click “Submit Your Flu Proof Here.”
- **Send an email** – You may also send proof via email to Employee_Health_FluProofs@lvhn.org.
- **If you are unable to submit proof of vaccination electronically, you may fax your documentation to 610-402-1203.** Make sure your name is clearly written on the document along with another unique identifier such as your SUI.

Get your flu shot as soon as possible

The Centers for Disease Control and Prevention (CDC) recommend everyone 6 months of age and older gets a flu vaccine every season. Vaccination to prevent influenza is particularly important for people who are at high risk of serious complications from influenza, including adults 65 and older, pregnant women, young children and people with chronic health problems.

It takes two weeks for protection from a flu vaccine to develop in the body, so be sure to get your flu shot as soon as it becomes available to you.

Since 2010, CDC estimates that flu has resulted in between 140,000 and 960,000 hospitalizations each year. Flu vaccine prevents tens of thousands of hospitalizations each year. Just like COVID-19, influenza is a virus spread from person to person. While our community is experiencing a pandemic, it’s more important than ever to do what you can to prevent the spread of infectious diseases. Health networks across the country already have limited resources due to COVID-19. A large flu outbreak could result in added strain on health systems.



mRNA Influenza Vaccine Research Study Opening at LVHN

Participating in the study will satisfy your 2022 colleague flu shot requirement.

LVHN Insider

Friday, October 7, 2022

LVHN colleagues are invited to participate in a Pfizer study evaluating a new mRNA influenza vaccine.

The mRNA influenza vaccine was developed using the same technology used in mRNA COVID-19 vaccines, and phase I and II studies have shown that it is both safe and effective. This phase III study will compare the effectiveness of the mRNA vaccine to the traditional flu vaccine, and all participants will be given one of the two vaccines.

Because there is no placebo arm of this trial, participation will satisfy your 2022 colleague flu shot requirement.

More details about the study and how to enroll will be shared on LVHN Insider in the next few weeks.



Tents Are Going Up at LVH–Muhlenberg

Tents will be in place Oct. 7-20 for two events with little to no impact on colleague parking.

LVHN Insider

Monday, October 3, 2022

Tents will soon go up at LVH–Muhlenberg for two special events: Nite Lites and Spirit of Courage. The tents will be in place Oct. 7-20 on the event pad, which is the northernmost colleague parking lot near Route 22. There will be little to no impact on parking because there are more than enough parking spaces to accommodate colleagues.

About the events

The 25th Annual Nite Lites gala is returning after a two-year hiatus, bigger and better than ever and with a spooky twist! The theme of the Oct. 15 event is a Hallows Eve Ball. Each Nite Lites gala raises about \$1 million, and this year's event will benefit Lehigh Valley Reilly Children's Hospital. [Learn more.](#)

The Valley Preferred Spirit of Courage event was created by the Burn Prevention Network, LVHN and Valley Preferred to honor local heroes who have risked their lives to save others from burn injury or death. This year, the event will be held Oct. 18. After 15 years, Spirit of Courage

continues to honor heroes and burn survivors who have gone on to help others in the burn community. [Learn more.](#)



Service Anniversary List – Oct. 2022

See who is celebrating a career milestone in October and congratulate them on their years of service.

LVHN Insider

Monday, October 3, 2022

50 Years

Caroline Gallagher, Cold Prep

45 Years

Rita Mest, Sr Med Staff Systems Analyst

Colleen Roebuck, Cardio Quality Assurance Coord

40 Years

Janet McLaughlin, Diag Technologist

Mary Novack, Guest Services Representative

35 Years

Bernadette Brasavage, RN Phys Prac

Sheri Fitzgerald, Reg Resp Therp Per Diem

Shauna Fitzsimmons, Financial Clearance & Apps Specialist

Cynthia Goodin, Clerk Typist

Jeanne Hoover, Sr HR Consultant

Carmela Howey, Diag Tech PDM

Patrick Kramer, Technical Partner

Tara Nabozny, Clinical Appeals Nurse
Susan Pummer, Provider Based Coding Analyst II
Karen Roberts, Physical Therapist HC
Deborah Sipos, Home Health Clinical Record Reviewer - RN
Susan Tredinnick, RN Phys Prac
Michelle Zoscin, Med Lab Technologist

30 Years

Michael Adams, CriticalCareTransportParamedic
Mark Bajadek, Technical Svc Manager
Kim Elchisak, Inpatient LPN
Maria Fazio, Pharmacy Tech
Karen Heffelfinger, Periop Tech Asst
Joan Honicker, LPN HW
Stephanie Jay, Office Coord (Phys Prac)
Michele Joseph, Surgical Technician
Renee Pretz, Guest Services Representative
Robin Ulrich, Anesthesia Tech

25 Years

Jacqueline Biancardi, Sr Staffing/Scheduling Analyst
Tina Frey, Authorization Specialist
Keary Hess, Patient Services Rep
Richard MacKenzie, Physician
Loraine Mertz, Reg Spec
Carmen Ozoa, RN Home Care - Admissions Nurse
Kristin Sedler, Reg Respiratory Therp
Michael Slatick, General Mechanic

20 Years

Julie Antidormi, Certified Registered Nurse Anesthetist

Yudelka Ariza, Medical Assistant
Mary Aungst, Lactation Consultant
Patricia Bardzak, Patient Services Rep
Colin Bowers, PA General
Deborah Brown, Mammo Tech & Pt Navigator
Donette Bulted, Clinical Manager
Meribeth Collette, Sr Scheduling Coord
Edward Gaughan, Dir of Payer Contracting
Virginia Gortych-Barnes, Physician Advisor
Cynthia Janscak, Home Health/Hospice Coord
Phyllis Maurer, Registered Nurse
Coleen McAuliffe, Reg Spec
Michelle Mecham, Receptionist DMI
Robert Mimari, Dir Perfusion Services
Kathleen Mudri, FMLA/LOA Coordinator
Justyna Okula, RN Cardiac Rehab
Robert Paranicas, Technical Partner
Michelle Parker, Medical Assistant
Ramon Pedraza, Physical Therapy Asst
Jason Peters, PA General
Luis Puentes, VP LVHN & President LVH Hecktown Oaks
Lynda Regan, Supv, Clin Documentation Integrity Dept
Stacey Retter, Payment Posting Spec
Stephen Sabo, Data Coord
Bradley Sanford, Sr Clin/Rev Apps and Supp Expert
Cheryl Tyler, RN Phys Prac

15 Years

Patrice Behrens, Administrator LVPG Budget & Fin Analysis
Karen Beretzki, Preservice & Insur Verif Spec
Jenna Black, Cardiac Device Spec

Richard Blakeslee, Dir Facilities Mgmt
Mary Lynn Chesh, Supvr Billing Hematology Onc
Glen Delawder, HIM EMR Data Content Analyst
Karen Greb, Secretary Div Exec
Mary Green, Registered Nurse
Laura Hopkins, Scheduling Coord LVPG
Cherron Johnson, PA General
Donna Knox, Palliative Medicine Facilitator
Theresa Kunkle, Technical Partner
Jay Kupiszewski, Technical Svc Manager
Jie Lum, Registered Nurse
Nichlas Male, Patient Svc Coord
Margaret Mayhue, EKG Technician
Lori Merkel, COTA
Sandra Moyer, Registered Nurse
Maryann Orndorff, Nurse Assistant
Sara Page, RN Hospice
Glen Paules, Team Lead SDS
Heather Readinger, Clinical Manager
Kelly Reitz, Clinical Educator
Irma Rivera, Pharmacy Tech-Cert
Orlando Rivera, Dir Quality LVHN Heart Institute
Roxane Romano, Transfer Center Coord
Tracy Sapkosky, EMT PDM
Scott Schreckinger, CT Tech
Patricia Spanitz, Med Supply Spec
Nghi Su-Richardson, Certified Registered Nurse Anesthetist
Marc Joseph Torres, Genetic Outreach Coordinator
Mary Jane Torres, Physician
Sandra Wanniski, Nurse Assistant
Megan Zeigler, Patient Care Coord

Jessica Zobel, Registered Nurse

10 Years

Lynda Adamchick, Patient Services Rep

Megan Bausher, Reg Resp Therp Per Diem

Manuel Bermeo, Medical Assistant

Tammy Bowman, Office Coord (Phys Prac)

Gina Colaneri, CRNP General

Sean Collins, Dir Diagnostic Imaging Services

Karen Colucci, RadiationSafetyOfficer

Andrea Cope, Clin Doc Specialist I

Megan Cope, OR Diag Technologist

Kaitlin Coyle, RN PDM I Day

Lianet Cruz, Care Continuum Partner

Heather Davis, Network Payer Website Coordinator

Karen Emerick, Denial Specialist

Kimberly Ettl, Practice Manager

Michael Fang, Registered Nurse

Lynn Farrell, Dir Med Informatics

Michele Follweiler, Care Continuum Partner - Medical Assistant

Tara Fritch, Virtual Care Coordinator

Rose Garcia, Registered Nurse

Leigh Glaudel, Technical Partner

Leslie Gnaegy Dixon, Care Continuum Partner

William Grace, CT Tech WKND

April Henry, Insurance Follow-up Rep

Amy Hill, RN PDM I Evng/Night

Mary Hoffman, Billing Clerk

Nirupama Kakumanu, Physician

Brock Kline, Application Dev and Supp Expert

Alyssa Kromer, PA General

Robert Krukltitis, Assistant/Associate Med Dir
Evelyn Lamon, Diagnostic Tech - ExpressCARE
Kristi Litchauer, Physical Therapy Asst
Kara Lockwood, Registered Nurse
Jovanka Lugo, HIV Behavior Change Spec
Christina Lutes, Supv A/R Follow Up
Jennifer Lyons, Physician
Sharon Mattox, Registered Nurse
Matthew McCambridge, Chief Quality, Patient Safety & Acute Care Continuum Officer
Brandi McIver, Coord Rev Cycle Education Svcs
Glen Naekel, Physicist II
Stacey Narcoonis, EMR Analyst ROI
Jeanette Nguyen, Registered Nurse - OR
Chau Nguyen, Physician
Susan Paulsen, Pharmacy Tech-Cert
Rita Pechulis, Physician
Charles Petersen, Physician
Danielle Platia, Patient Services Rep
Edward Polashenski, Physician-PDM
Vanessa Ribaldo Kaufman, Physician
Carole Rottmann, CRNP General
Jennifer Rovella, Physician
Joseph Schellenberg, Physician
Daniel Schwed Lustgarten, Physician
Stephanie Singer, Denial Specialist
Bambi Snyder, Payment Posting Spec
Wanda Snyder, Scheduling Coord LVPG
Amy Strauss, CRNP General
Richard Strobel, Physician
Jamie Strohl, Medical Assistant
Jennifer Strow, Physician

Charlene Tanis, Patient Safety Officer
Stefanie Toman, CRNP OACIS
Thomas Vergara, Cook First
Tracy Walczer, Oncology Nurse Navigator
Dorothea Watson, Physician
Andres Zirlinger, Physician

5 Years

Keith Adams, Pharmacist
Audrey Amoroso, Registered Nurse
Dana Anderson, Care Continuum Partner - Medical Assistant
Pauline Ayompe, RN PDM I Day
Christina Belk, Registered Nurse
Jennifer Betz, RN Phys Prac
Jonathan Bingham, Physician
Jennifer Bochniak, Patient Services Rep
Cean Brown, Security Officer
Asa Brown, PA General
Megan Bruno, LPN HW
Nicole Burgess, Comm Outreach Liaison
Mary Campbell, Provider Based Coding Analyst II
Precious Noel Chishti, Registered Nurse
Raheem Clark, Reg Spec
Michael Crivaro, Physician
Lercy Cruz, Periop Tech Asst
Jamilah Davis Tindell, CRNP
Amanda Defelice, Ophthalmic Asst Cert
Yorka Delgado Peralta, Medical Assistant
Deborah Dobrina, Admin Colleague Rewards/Benefits & CRC
Kari Dougan, Group Fitness Instructor-PDM
Corey Everett, PA General

Lori Fatula, Billing Clerk
Danielle Ferraguti, Physician
Tammy Finley, Physical Therapy Asst
Brandi Flyte, PA General
Ryan Foster, Special Procedures Supply Coordinator
Sydnie Gallagher, Physical Therapist
Heather Gardo, Secretary
Tina Gassler, Preservice & Insur Verif Spec
Dominique Gennaro, Phys Therapy Asst PDM
Lindsey Gerrity, Mammography Supvr
Stacie Gilpin, Provider Based Coding Analyst II
Danielle Girimonte, Care Continuum Partner
Amy Givler, Anesthesia Tech
Beryn Golub, PA General
Courtney Hammerstone, PA General
Heather Harris, Registered Nurse
Taylor Hontz, Registrar
Arthur Hunsberger, Specialty Pharmacist
Stephanie Jones, Care Continuum Partner
Meghan Karlheim, Registered Nurse
James Keefe, Physical Therapist
Mary Lacalamita, PA General
Amber Lamb, Registered Nurse
Michelle Lance, PA General
Nancy Lundy, Phys Therapy Asst PDM
Alyssa Madison, LVPG RN Clin Liaison
MaryBridget Martin, Clinical Coordinator Phys Prac
Dais Marushak, Trained MedInterpreter
Maha Masood, Clinical Informaticist
Jorge Mayoral, Physician
Sara McCabe, RN Phys Prac

Constance Mckee, Reg Spec
Patricia Mediate, Patient Services Rep
Irina Micolochick, Patient Services Rep
Amy Minchoff, Office Coord
Robert Mitchell, Valet Parking Attendant
Kayleigh Morein, PA General
Travis Moyer, Clinical Informaticist
Tiffany Mueller, RN Phys Prac
Alison Nadraws, Clinical Educator
Terri Nair, Registered Nurse
Don Park, Physician
Bhumika Patel, Physician
Ana Peralta Nunez, Medical Assistant
Lauren Peters, Physician Asst
Joseph Probiton, Security Officer
Shamine Ramroop, CT Tech
Heather Ritschard, Medical Assistant
Kathleen Rivera, Patient Services Rep
Crystal Rivera, Project Manager
Alyssa Rizzo Berg, RN Oncology Phys Prac
Kasey Ro, RN WKND Night
Bonnie Rohrbach, Patient Services Rep
Laurie Sanko, RN Phys Prac
Rachel Sassaman, Occupational Therapist
Kevin Scullion, Registered Nurse
Heather Scullion, RDMS/RVT
Susan Shumgart Moyer, Staffing Specialist
Christopher Simkulak, Supvr Pharmacy
Julie Skrzat, Physical Ther Per Diem
Adara Sos, RN PDM I Day
William Speicher, Delivery Technician

Nikki Thomas, Sterile Processing Technician
Carly Torgersen, PA General
Daniel Torres, Physician
Maggie Torres, Care Continuum Partner
Marika Vermeersch, CRNP General
Jeffrey Vinosky, Supvr Pharmacy
Amanda Volkert, Sexual Assault NrsExam
Valerie Wanner, Patient Services Rep
Morganne Weiss, Medical Assistant
Anita Weiss, LPN Phys Prac
Richard Williams, Security Officer
Melissa Wortmann, Patient Access Performance Spec
Danielle Yeager, Medical Assistant
Travis York, Colleague Reward - Retirement Analyst
Jessica Zakzewski, PA General
Adrian Zanchettin, Mgr Marketing Operations



Welcome New Colleagues Who Attended Connections Oct. 3

We have 217 new colleagues in the LVHN family.

LVHN Insider

Tuesday, October 4, 2022

Neshky Adorno, Medical Assistant Phys Prac

Patricia Amedzekor, MD

Rocio Arias, Patient Access Engagement Specialist

Rhonda Belzecky, LPN Phys Prac

Griselle Bermudez, Reg Spec
Debra Beuchler, Housekeeper
David Blain, Sr Payroll Systems Analyst
Emily Boltz, Workforce Safety Specialist
Shaneah Book-Cozze, Registered Nurse
Aubrey Bourgault, RN PDM I Day
Erin Boyle, Registered Nurse
Zyanna Bradshaw, Technical Partner
Matthew Breger, Physical Ther Per Diem
Lory Bringenberg, RN Phys Prac
Jane Brown, Housekeeper
Shondell Brown, Dialysis Technician
Stacey Brutto, Payment Innovation Analyst
Ursula Bryant, Registered Nurse
Allison Bueti, Admin Partner
Aileen Burke, Social Worker MSW
Owen Byrnes, Diag Technologist
Raquel Cameron, Inpatient Care Manager - MSW
Alyssa Campbell, Registered Nurse
Jennifer Carlen, Registered Nurse
Paige Castelino, MD
Sandy Castro-Phillips, Admin Partner
Donna Chillari, Registered Nurse
Darvin Coffin, Patient Blood Management Liaison
Alicia Colon, Patient Services Rep
Yelena Cortes-Alvarez, Scheduling Coord
Isaac Crespo, Reg Spec
Anastasia Dalja, Registered Nurse
Kelly Dalton, Child Life Assistant
Stephanie Davis, Mental Health Technician
Megan Delpais, Registered Nurse

Craig Deppe, ALS Technical Partner
Alyssa Deschler, Registered Nurse
Brenae Devine, Registered Nurse
Michele Donovan, Suprv Nursing
Danielle Dowd, RN Phys Prac
Edward Easterly, VP Associate General Counsel
Deborah Echevarria, Patient Services Rep
Mazie Edwards, Technical Partner
Taylor Ehst, Inpatient LPN
Lori Engler, Physical Therapist
Kimberly Fawcett, Registered Nurse
Antonio Febrez, Patient Transporter
Ashley Fedor, Medical Assistant Phys Prac
Marissa Feliciano Santiago, Admin Partner
Denisse Feurtado, Administrative Coord
Mellika Fitzpatrick, Authorization Specialist
Mary Foley, Guest Services Representative
Hailey Follett, Inpatient Care Manager - MSW
Wendy Fonseca, Reg Spec
Tristana Fredericks, Medical Assistant Phys Prac
Laurie Fridinger, Technical Partner
Yarissa Galay, Technical Partner
Andrew Gauntner, Security Officer
Cindy Getchius, Site Manager
Richard Golden, Technical Partner
Brook Groenewold, Technical Partner
Genesis Guandique, Food Svc Worker
Alyssa Guthrie, Registered Nurse
Kimberly Hahn, Allergy Tech Phys Prac
Janice Hartmaier, Admin Partner
Vaughn Hayes, Supv Food Svc

Desere Hazzard, School Based Outpatient Therapist
Kallie Healey, Registered Nurse
M Heather, 5B TRANSITIONAL TRAUMA UNIT
Giannina Hernandez, Registered Nurse
Yanna Hernandez Cruz, Technical Partner
Margaret Hessling, Registered Nurse
Kaylee Hoffman, Graduate Nurse
Madison Horan, Registered Nurse
Montia Ingram, Scheduling Coord
David James, Security Officer
Linda Janick, Clin Staff Night Pharm
Beny Johnson, Tech Dev and Supp Expert
Tracy Jones, Physical Ther Per Diem
Riley Kampia, Inpatient Care Manager - MSW
Lauren Kennon, Inpatient LPN
Kayden Kim, Registered Nurse
Meghan Kimball, Physical Therapist
Tahlia Knipe, Reg Spec
Victoria Kocher, Graduate Nurse
Fatoumata Kone, Call Center Rep
Amanda Korculanic, Pharmacy Technician I
Kristen Kramer, Registered Nurse
Robin Kramme, Occup Therapist PDM
Christine Krinock, Registered Nurse
Michol Kroh, Medical Assistant Phys Prac
Melissa Labar, Allergy Tech Phys Prac
Deanna Laureti, Technical Partner
Lori Lawson, MD
Jennifer Laylo, Payroll/Tax Coord
Eva Lebron, Patient Obs Assistant
Victoria Leonard, Insurance Follow-up Rep

Riley Lewis, SLP Clinical Resident
Emily Litzenberger, Reg Spec
Lesly Lizama, Reg Spec
Sarah Longenbach, Pharmacist
Jennifer Lopez, SLP Clinical Resident
Scaila Luciano, Scheduling Coord
Tiffany Mabry, Admin Partner
Whitney Mackaravitz, LPN Phys Prac
Fatheyh Mahmud, Admin Partner
Carolyn Malcolm, Authorization Specialist
Kerry Mariano, ER Paramedic
Paige Markus, Prog Coord MS
Catherine Marquardt, Reg Spec
Joseph Marsicano, Diag Technologist
Alissa Martin, Registered Nurse
Ashley Matalavage, Care Manager-Population Health
Victoria Matos, Technical Partner
Amy Mccarty, Authorization Specialist
Katherine Mcginn, Registered Nurse
Mariel Mcgriff, Phlebotomist
Deborah Mcleod, Mammo Tech Float Pool
Jaclyn Mcnabb, RN Phys Prac
Thalia Meitzler, Reg Spec
Renata Mendes, Surgical Technician
Hannah Mengel, Asst Teacher
Deann Mensch, Patient Services Rep
Daniel Mergner, Reg Respiratory Therp
Toni Merlino, RN Phys Prac
Rosemarie Miles, Inpatient LPN
Samantha Miller, Registered Nurse
Carl Millington, Reg Spec

Mariela Miranda, Technical Partner
Stephanie Molina, Secretary Admin
Tiffany Mosley, Medical Assistant Phys Prac
Stephen Mould, Security Officer
Maria Muentz, Patient Services Rep
Christy Muthersbaugh, RN Phys Prac
Jordan Nielsen, Registered Nurse
Kerstin Nolan, MD
Fadi Nossair, MD
Kathleen Novack, Registered Nurse
Kaitlyn O'Brien, Registered Nurse
Mary O'Connor, Certified Registered Nurse Anesthetist
Brian O'Donnell, Patient Transporter
Evelitza Pabon, Pharmacy Technician I
Sean Parsel, DO
Cassandra Passamonte, Physical Therapy Asst
Magdala Pasteur, Care Continuum Partner
Riddhi Patel, Inpatient LPN
Sahar Peera, Transition of Care Associate
Luis Perez, Security Officer
Stephanie Peterkin, Registered Nurse
Mark Petrus, Sr Tech Dev and Supp Analyst
Kimberly Podgorski, Sr Clin/Rev Apps and Supp Analyst
Jocelyn Ramos, Inpatient LPN
Sarah Rampolla, LVPG Care Navigation Partner
Samantha Raudenbush, Casual RN
Antonio Rebimbas, LPN Phys Prac
Marylande Regis, Access Ctr Triage RN WKND Day
Gina Reider, Payroll Specialist
Lucienne Renna, Inpatient Care Manager - MSW
Trianna Ricciardi, Registered Nurse

Alissa Ring, Medical Assistant Trainee
Ashley Roach, Medical Assistant Phys Prac
Fiona Roberts, Access Coord Phys Prac
Sarah Romeiser, Speech/LangPathologist
Raydeniss Rosa, Technical Partner
Sarah Rowland, Reg Spec
Tony Rubino, Admin Partner
Tammy Rupp, Clinical Assistant
Brittany Russell, Surgical Technician
Emily Sadowski, Registered Nurse
Erika Salvador, Reg Spec
Dawn Sands, Ultrasonographer
Christina Saraiva, Registered Nurse
Robert Schaeffer, Security Officer
Tracy Schartzler, Patient Services Rep
Ann Schneider, Reg Spec
Winston Schuyler, Security Officer
Diane Seng, Technical Partner
Nadene Serano, Reg Spec
Alexandra Serrano, Patient Services Rep
David Sharrar, Member Service Asst
Lindsay Shepulski, Inpatient Care Manager - MSW
Lauren Shoor, Exec Dir Development Communications & Stewardship
Rebecca Sigman, Registered Nurse
Thusha Sivanantham, CRNP
Christina Smith, Technical Partner
James Smith, Security Officer
Lee Snyder, Distribution Specialist
Madelyn Suida, Registered Nurse
Melanie Tawwab, Mental Health Technician
Jayson Thomas, Patient Services Rep

Kaori Thomas, Nursing Asst II - Acute Care
Kadesse Thompson, Allergy Tech Phys Prac
Elaine Transue, Registered Nurse
Matt Trust, Community Engagement and Communications Specialist LPPIH
Mary Ann Turak, Registered Nurse
Jacqueline Turner, Reg Resp Therapist
Morgan Unger, Registered Nurse
Jessica Vargas, Authorization Specialist
Iliana Vega, Housekeeper
Ria Verga, Registered Nurse
Matthew Waite, Security Officer
Renee Walter, Observ Monitoring Tech
Ashley Warden, Inpatient LPN
Rebecca Warren, LPN Phys Prac
Julia Weber, Patient Services Rep
Nancy Weber, RN Phys Prac
Kayla Wedlock, Registered Nurse
Moriah Wiedemeier, Dietitian
Rebecca Weikel, Patient Services Rep
Kelly Whitfield, Registered Nurse
Nicole Wieder, Inpatient LPN
Michele Williams, Registered Nurse
Andean Wills, Registered Nurse
Rachael Leigh Zawaski, Technical Partner
Kristen Zee, UM Case Manager
Robert Zemble, MD
Stephanie Zimmerman, Discharge Planner



Opportunity and Community at LVHN and VHP

Read Alexandra Zambrano's story in celebration of Hispanic Heritage Month, Sept. 15-Oct. 15.

LVHN Insider

Wednesday, October 5, 2022

Alexandra Zambrano is the Regional Call Center Manager with Valley Health Partners. During Hispanic Heritage Month, she shares her perspective on opportunity, growth and helping others.

When people come to this country, oftentimes they do so seeking opportunity. This is especially true among Hispanic communities, which I know from experience because I grew up hearing the term “opportunity” in my household. My family is Hispanic and comprised of more women than men. I am the oldest of three sisters and the third oldest of 33 cousins, of whom 22 are female. In our family, regardless of gender, we were raised and encouraged to better ourselves – to become strong and independent people who seek opportunities that create better futures for generations to come. We were given the opportunity to achieve our dreams and goals. My parents instilled their drive and fight in their children and made sure they provided what we needed to succeed. All that I have achieved is based on my upbringing and my parents’ teachings.

Serving the community at VHP

Today, serving the community in my role at VHP reminds me of the opportunity I have to help others. In the work that I do, I can make our community members feel they belong; I understand and I am here to help them in any way I can. I hope my background can add a component of familiarity to the families that come to be seen. Through language, culture and understanding, I know I can help many people feel more at ease and at home. Additionally, as a Latina woman, I hope to positively influence the little girls who make up our community. Representation matters, and I want our young female population to know opportunity is in their hands!

Pride in heritage

Each day, I can't help but feel proud of my heritage. When I hear our language and music and see smiles on the faces of those around me, I am reassured that my work and my presence here are important and valuable. It reminds me of how far we've come as a community. I love what we have done, and I look forward to paving the road for all those who come next.



'Take It Outside' Challenge and Fall Wellness Offerings

Enroll in this new challenge for your chance to win a raffle prize. Learn more at mth.lvh.com.

LVHN Insider

Tuesday, October 4, 2022

The fall weather has finally set in and being outdoors feels more enjoyable. Check out these opportunities to take advantage of My Total Health offerings this fall.

Take on a new challenge

Enroll in the "Take It Outside" challenge by Oct. 16. This four-week challenge encourages you to spend more time outside enjoying those autumn days. Whether you're walking, running, hiking, reading, relaxing or eating your lunch, being outside reduces stress and has many health benefits. To learn more and participate in this upcoming challenge, visit the My Total Health portal at mth.lvh.com.

Participate in the challenge for your chance to win a raffle prize. One winner will be randomly selected to receive a Nutribullet blender at the conclusion of the challenge.

Set wellness goals

Looking to continue spending time outside beyond the four-week "Take It Outside" challenge? Set a wellness goal with your health coach today. Your health coach is ready to work with you one-on-one on your personalized wellness journey. Securely message your health coach or self-schedule a coaching appointment through the My Total Health portal at mth.lvh.com.

Become a Wellness Champion

We are working to expand our Wellness Champion network and are seeking colleagues from all departments to help us continue to promote workplace wellness and connect colleagues with wellness resources that can help encourage and support them in their wellness journey. If you are interested or would like to nominate a colleague, please email us at mytotalhealth@lvhn.org.

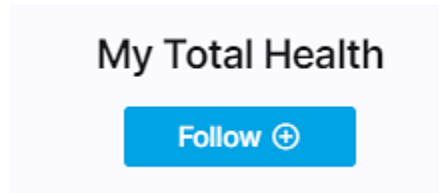
Complete wellness activities to earn rewards

There are just two months left to participate in the My Total Health Incentive Program and earn your T-shirt and electronic gift card. The last day to earn points is Nov. 30. Record your wellness activities in the My Total Health portal at mth.lvh.com.

Join the My Total Health channel

Join the [My Total Health channel](#) on LVHN Insider so you never miss a post about wellness offerings at LVHN.

[Click here](#) to visit the My Total Health channel and click the "Follow+" button (shown below) to join.



Discounted Tickets for Wilkes-Barre Scranton Penguins

Learn how you can get a discount on opening night hockey tickets.

Donna Stout

Friday, September 30, 2022

The LVHN Recreation Committee has coordinated a discount ticket offer for the Wilkes-Barre/Scranton Penguins' Opening Night game on Oct. 15, 2022, 6:05 p.m.

The Penguins will take on the Phantoms for the opening night festivities.

Packages include a ticket, voucher for Penguins rally towel giveaway and McDonald's value meal voucher (while supplies last).

Ticket prices: \$33.50 (club seats), \$18 (red zone), \$16 (gold zone) or \$14 (blue zone) plus any fees

Tickets must be ordered in advance and online, and are not available at the gate.

To order tickets: <https://fevo.me/lvhnoc15>



Amanda Smith Makes Philanthropy Association's 40 Under 40 List

Smith is among exceptional young professionals recognized by the Association for Healthcare Philanthropy.

LVHN Insider

Thursday, October 6, 2022

Amanda Smith is the Office of Philanthropy's Executive Director of Advancement Services and Strategic Data Management. She also is named among the Association for Healthcare Philanthropy's 40 Under 40. The exceptional young professionals recognized with this award were selected from a pool of candidates from across the country.

Smith is a superuser and trainer for Raiser's Edge, a fundraising and donor management system used by nonprofit organizations across the country. Smith led the team that implemented LVHN's grateful patient program, which creates opportunities for patients to honor a caregiver who made a difference in their care by making a gift of gratitude.

Before entering health care, Smith worked in philanthropy for higher education and museums, but changed course after being offered a position in health care. Smith knew health care's everchanging landscape would offer a rewarding career and opportunities for continued learning.

Smith believes anyone who works in health care philanthropy should be willing to explore, learn and adapt to the needs of an organization and its donors.

LVHN is proud to celebrate Smith for this accomplishment. Congratulations and thank you for all you do.

Join Lehigh Valley Topper Cancer Institute for a Free Kidney Cancer Info Session

Attendees will learn about the latest advances in kidney cancer care while celebrating survivorship.

By Maggie Wurst

October 3, 2022



Individuals facing kidney cancer and their caregivers are invited to attend [Lehigh Valley Topper Cancer Institute's](#) Advances in Kidney Cancer Care special event on Tuesday, Oct. 18 at 6 p.m.

Sponsored by the [Andy Derr Foundation for Kidney Cancer Research](#), the virtual event will feature presentations on the latest advances in [kidney cancer](#) treatment and survivorship advice from Cancer Institute providers.

Featured topics and speakers include:

- **Advances in Clinical Trials and T-Cell Therapy**

Presented by [Suresh Nair, MD](#), Physician in Chief, Lehigh Valley Topper Cancer Institute

- **Thriving in Survivorship**

Presented by Lehigh Valley Topper Cancer Institute nurse navigator Angela Miller, RN, clinical dietitian Erin Levine, RD, and oncology social worker Laura Moyer, BSW

Kiranpreet Khurana, MD, Designated as a Center of Excellence for Rezūm™ Water Vapor Therapy

First female urologist in the country to be recognized for use of this treatment for benign prostatic hyperplasia (BPH), or enlarged prostate

By Brian Downs
October 3, 2022





Boston Scientific announced that [Kiranpreet Khurana, MD, LVPG Urology](#), has been designated as a Center of Excellence for Rezūm™ Water Vapor Therapy treatment – a minimally invasive in-office procedure for men looking to treat their benign prostatic hyperplasia (BPH), not just the symptoms. Rezūm Therapy uses natural water vapor to reduce the size of the prostate and provide lasting symptom-relief from BPH without invasive surgery or some of the potential side effects of prescription drugs. The Center of Excellence designation recognizes Khurana’s high degree of experience with Rezūm Water Vapor Therapy and commitment to delivering significant, lasting symptom-relief to men suffering from BPH. She is the first female in the U.S. to be recognized as a Center of Excellence for Rezūm Therapy.

BPH is a condition in which a man’s prostate enlarges and squeezes the urethra, causing frustrating symptoms such as frequent or urgent urination, a weak or interrupted urine stream, and the need to get up several times a night to urinate. It affects about 50% of men by age 60 and up to 90% of men by age 85.

“Being designated as a Rezūm Center of Excellence is a meaningful recognition for us, as we strive to provide the best possible treatment of urological conditions for our patients,” Khurana said. “For years, the primary options for treating BPH were through behavior modifications, medications or invasive surgery. However, medications may not work for everyone and may have undesirable side effects such as dizziness, sexual dysfunction and lower sex drive. With Rezūm Therapy, we’re able to provide relief of BPH for men who do not want to take medication or want to avoid invasive surgery and implants.”

During Rezūm Therapy, which takes place during one short office visit, natural water vapor is released throughout the targeted prostate tissue. When the steam contacts the tissue and turns back to water, it releases energy, killing the excess prostate cells that squeeze the urethra. Over time, the body’s natural healing response removes the dead cells and shrinks the prostate. With the extra tissue removed, the urethra opens, relieving BPH symptoms while preserving erectile and urinary function. The

procedure does not require general anesthesia and is performed under oral sedation or local anesthesia.

Rezūm Therapy has undergone extensive clinical trials to evaluate the safety and efficacy of the treatment. It is now included in the American Urological Association's BPH treatment guidelines and has four-year follow-up data showing its ability to treat prostates with hyperplasia of the central zone, lateral lobe and/or median lobe.

Rezūm Therapy is being used in many leading urology practices throughout the United States. To date, more than 55,000 patients around the world have been successfully treated with Rezūm Therapy.

Lehigh Valley Reilly Children's Hospital Patients, Families and Staff Share Their Talents to Brighten Patients' Spirits

Gathering was in observance of National Childhood Cancer and Sickle Cell Awareness months

By Brian Downs
October 5, 2022





The staff at [Lehigh Valley Reilly Children's Hospital](#) in Allentown recently showed the children they care for that they have a side beyond their medical expertise when they participated in a talent show to entertain their young patients, their families and friends. On Sept. 30, in observance of National Childhood Cancer and Sickle Cell Awareness months, about ten acts entertained more than 100 guests at a party that also featured pizza, ice cream, a disc jockey and dancing.

Children treated at the hospital's Children's Cancer and Multipurpose Infusion Center participated in the event. Both staff and some of the kids demonstrated their talents by

singing, dancing and even telling jokes. The performances included J. Nathan Hagstrom, MD, Physician-in-Chief of Lehigh Valley Reilly Children's Hospital singing and playing the guitar.

“This gives our young patients who are battling diseases like cancer and sickle cell a way to see the hospital and their caregivers in a different light and have some fun,” Hagstrom said.

Spirit Halloween, Customer Generosity Benefits Lehigh Valley Reilly Children's Hospital

Proceeds from coupon support Child-Life Program at the Children's Hospital

By Maggie Wurst
October 6, 2022



Halloween is around the corner, and this year, you can show support for Lehigh Valley Reilly Children's Hospital while picking up your scary essentials.

From now until Monday, Oct. 31, if you use the following 10-for-10 Coupon at certain Spirit Halloween stores, you can save 10 percent on your purchase and have those savings donated to [Lehigh Valley Reilly Children's Hospital](https://www.lehighvalleyhospital.org).

SPIRIT OF CHILDREN
Making hospitals less scary for kids and their families

SAVE 10% OFF
YOUR ENTIRE ORDER
SPIRIT GIVES 10%
TO YOUR LOCAL PARTNER HOSPITAL

Present coupon in any Spirit Halloween or enter promo code **GIVING22** at checkout when shopping at [SpiritHalloween.com](https://www.SpiritHalloween.com)

SPIRIT
For a store near you visit [SpiritHalloween.com](https://www.SpiritHalloween.com)

314812

Offer valid through 10/31/22 at Spirit Halloween and SpiritHalloween.com. Coupons that are forged or altered in any way will not be accepted. Not valid on prior purchases, associate discount or taxes. If merchandise is returned, coupon discount will be deducted from items prior to refund/credit. Limit one coupon per customer. Shipping offers cannot be combined with other discounts at store kiosks or online. No cash value. Spirit Halloween may cancel promotion at any time. Exclusions may apply. ©2022 Spirit Halloween Superstores, LLC.

[Download a PDF here to present this coupon or show this picture to the cashier to save 10 percent on your purchase and have those savings donated to Lehigh Valley Reilly Children's Hospital.](#)

The participating stores are located in:

[Allentown, Pa.](#)

[Bethlehem, Pa.](#)

[Easton, Pa.](#)

[Fullerton, Pa.](#)

[Phillipsburg, N.J.](#)

[Quakertown, Pa.](#)

[Reading, Pa.](#)

[Wyomissing, Pa.](#)

This promotion is part of Spirit Halloween's Spirit of Children program, which focuses on making hospitals less scary for kids and their families. Since its inception in 2007, Spirit of Children has raised more than \$93 million for the child-life department at hospitals across the United States and Canada.

Over the past 10 years, Spirit Halloween has donated \$737,000 to our Children's Hospital. This has been used to purchase arts and crafts, gifts, dolls for educational purposes and KindVR headsets, which use virtual reality to help children relax during medical treatments. The funds have also been used to update the Children's Hospital's fish tank and bring sensory carts to inpatient areas.

The Spirit of Children program will also be hosting a Halloween party for the patients in the Children's Hospital. This party will include Halloween themed activities, games, and more than 100 costumes for the kids to choose from, all donated by Spirit Halloween.
