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The Impact of a Home-Based Palliative Medicine Service on the Care for a Community-Dwelling Patient with Intractable Cancer Pain

Stefanie Toman, CRNP, Robin Fritsch, CRNP and Barbara Sikora, LPN Lehigh Valley Health Network, Allentown, PA

Patient Information

- 53 year old male
- Significant other only family support
- Unemployed
- Uninsured

Disease Progression and Treatment

- Diagnosis: T3N1 poorly differentiated small cell carcinoma
- Multiple rounds of chemotherapy and radiation
- Low anterior resection with loop ileostomy
- Metastases to lymph nodes & presacral soft tissue
- Intractable pain, weight loss, functional decline
- Malignant bowel obstruction
- Unsuccessful pain management interventions



Pain Management Pali Andrew Primary Care Team Primary Care Primary Care Primary Care Primary Care Social Worker (LSW) Clinical Coordinator (LPN)

Learnings

- Care coordination a multidisciplinary effort
- Importance of peer consultation
- CRNP house calls allow therapeutic relationship building and promote goals clarification
- Importance of assessing individual patient response to treatment interventions
- Uncovering psychosocial needs

Major Challenges

- Patient wanted to explore all options, but did not qualify for any clinical trial
- Poor response to pain management interventions
- Patient unwilling to accept any treatment externally visible on the body
- Psychosocial issues
- Lack of resources

Palliative Medicine Nurse Practitioner Role

- Care coordination
- Provider to provider communication
- Symptom management
- Psychosocial support
- Advocacy & referral
- Transition to hospice

Outcomes

- Successful pain control
- Patient died at home with significant other as per patient goals
- Significant other identified tangible benefit of Palliative Medicine involvement

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A PASSION FOR BETTER MEDICINE."

