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GWEP Goals of Care

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Geriatric Workforce Enhancement Program (GWEP) Goals of Care

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BACKGROUND / INTRODUCTION

- Patient-driven goals are not commonly a part of all geriatric treatment¹
- Less than half of patients recall discussion with clinician over treatment²
- Patients and family desire autonomy²
- GWEP Goals of Care study looks to implement patient-driven goals
 - Family and internal medicine residency program
 - Grant funded

METHODS

"cube"
implemented
2018

GWEP nurse
met with
patient and
recorded
goals on
chart

Random
number
generator

Review
progress
notes in
chart on
Epic

Record
goals,
date,
status of
goal, and
notes

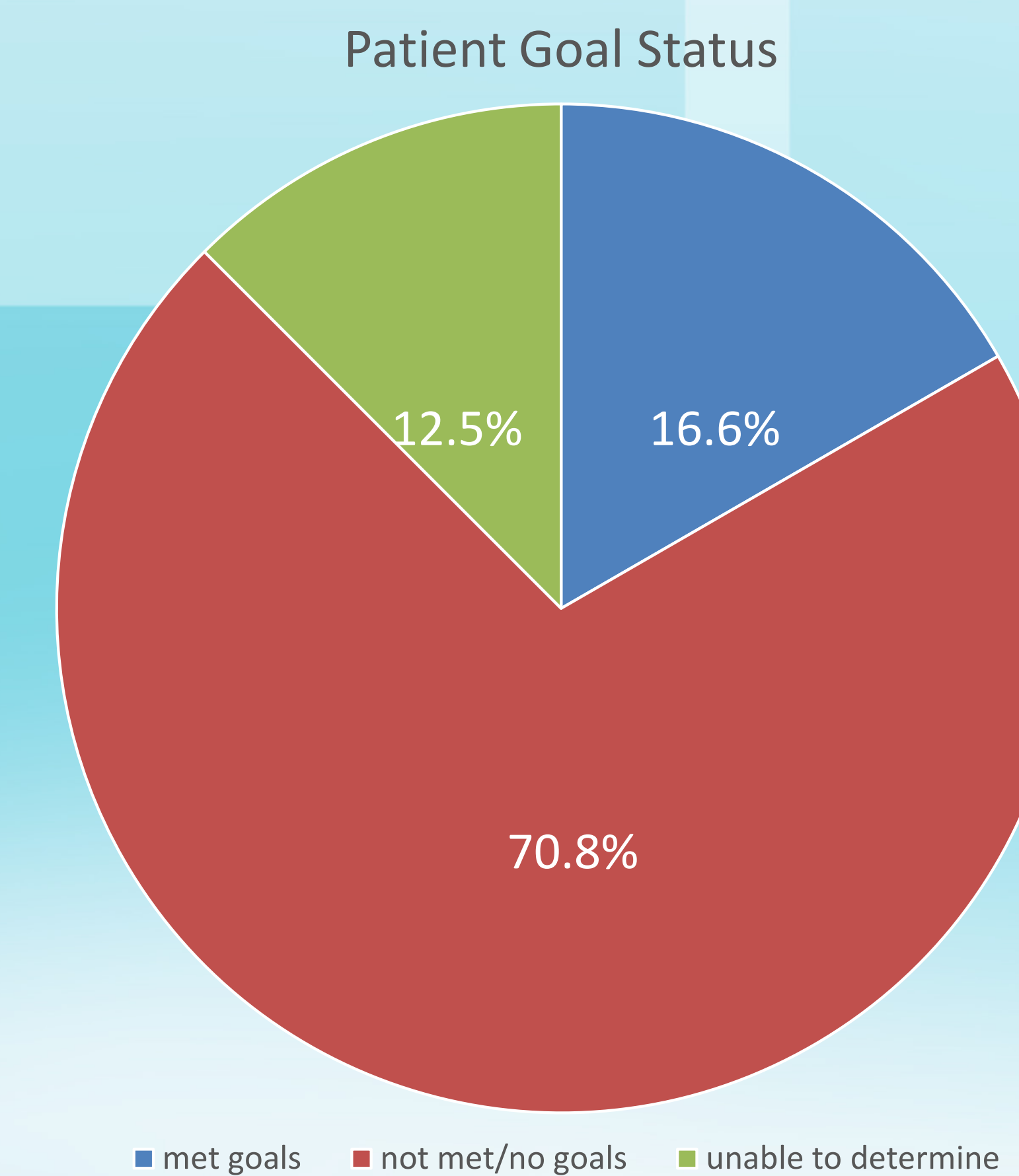
Scholar work summer 2020

GWEP
team 2016-
2019

Results

1107 patients participated
in study
24 reviewed
< 1%

4 – met goals
17- did not meet/no goals
3- unable to determine



The "Cube"

Goal:

Exercise 3 days / week

Actions

Patient will attend workout
classes in building three
times each week

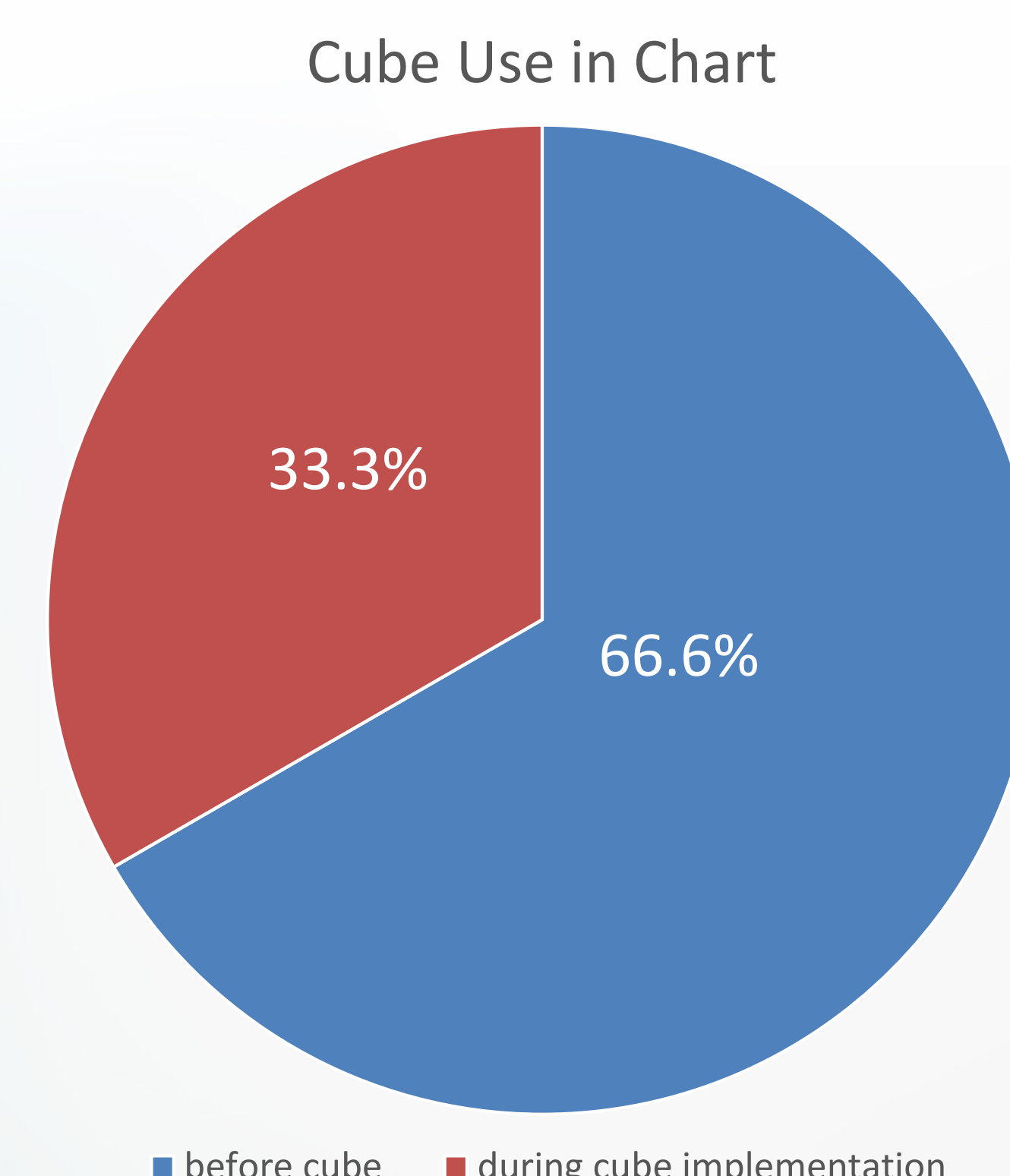
Target

Patient will demonstrate
success in attending these
classes 3x/wk no missed
days

Red Flags

Not attending classes when
scheduled, not going at all

Status of goal: Goal met (11/2/19)



- Cube allowed organization for goal tracking
- Easier for researcher to understand update
- Improves quality of data

Conclusions

- Most patients did not reach their goals or did not have goals listed during program
- There was inconsistency in documentation
- Difficult to find data and properly update due to poor documentation
- Cube utilized after September 2018 beneficial for caregiver and patient
- Most common issue was poor engagement in communication from patients

Future Directions

- Use improved cube/documentation method consistently
- Increase family involvement

References

- ¹Jennings LA, Palimaru A, Corona MG, et al. Patient and caregiver goals for dementia care. *Qual Life Res.* 2017;26(3):685-693. doi:10.1007/s11136-016-1471-7
- ²Lin JJ, Smith CB, Feder S, Bickell NA, Schulman- Green D. Patients' and oncologists' views on family involvement in goals of care conversations. *Psychooncology.* 2018;27(3):1035-1041. doi:10.1002/pon.4630

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