#### Lehigh Valley Health Network

#### LVHN Scholarly Works

Patient Care Services / Nursing

#### Empowering Night Shift Nurses to Transform Care at Night (Poster)

Kim S. Hitchings MSN, RN, NEA-BC Lehigh Valley Health Network, kim.hitchings@lvhn.org

Follow this and additional works at: https://scholarlyworks.lvhn.org/patient-care-services-nursing



#### Let us know how access to this document benefits you

#### Published In/Presented At

Hitchings, K. (2016,Oct). *Empowering Night Shift Nurses to Transform Care at Night.* Poster presented at: Magnet Recognition Program, Annual Magnet Conference, Orlando, FL.

Remy, S. (2017, June). *Empowering Night Shift Nurses to Transform Care at Night*. Presented at: The Philadelphia Area Magnet Consortium, Children's Hospital of Philadelphia, Philadelphia, PA.

This Poster is brought to you for free and open access by LVHN Scholarly Works. It has been accepted for inclusion in LVHN Scholarly Works by an authorized administrator. For more information, please contact LibraryServices@lvhn.org.

# Empowering Night Shift Nurses to Transform Care at Night - The Night Shift Nurse Council

Lehigh Valley Health Network, Allentown, PA

Purpose: The Night Shift Council is accountable for decisions and actions that impact professional nursing practice and ideal patient outcomes during the night shift.

# Charter

#### Authority

This council is a decision-making body.

#### **Functions**

- 1. Identify opportunities for improvement of patient care and the patient care environment, with an emphasis on quality and safety.
- 2. Identify opportunities to sustain the ideal nursing practice environment.
- 3. Lead initiatives that specifically relate to promotion of the ideal patient and staff member experience during the night shift.
- 4. Serve as Magnet Champions.

#### Membership Guidelines

- 1. Membership consists of registered nurses representing all service lines.
- 2. Each member may serve a maximum of one, three year term.
- 3. Each year, one third of the Council membership changes.
- 4. Members must attend a minimum of 50% of meetings per year.
- 5. The following attend council meetings but are non-voting members:
  - a. Chief Nursing Officer
  - b. Consistent Representative for Clinical Resource Specialists
  - c. Consistent Representative for Night Shift Supervisors

#### Chairperson

- 1. The chairperson assumes the role following one year as the chairperson-elect.
- 2. The chairperson term is one year.

#### Chairperson-elect

- 1. The chairperson-elect is selected by a majority vote of all members.
- 2. To be eligible for the chairperson-elect role, the individual must have served a minimum of one year as a council member.
- 3. The chairperson-elect term is one year, after which the individual becomes the chairperson.

### Meetings

- 1. The Council meets every other month.
- 2. Meetings are 60 minutes in length.

# Communication Methods between Council Members and Unit Staff

- 1. Members are responsible to gather input from night shift colleagues and communicate their views at Night Shift Council meetings.
- 2. Members are responsible to communicate meeting outcomes to night shift colleagues.

#### VIII. Annual Report

An Annual Report of decisions and actions is completed by the chairperson and chairperson-elect, with support from the administrator who is serving as mentor.

# 

Evaluation Form						
Council Chairs should reflect on a scale to rate each variable. Results supervisor.		_				l contributions and utilize the 1-5 with each member and their direct
Attendance						
Number of meetings held during identified year						Number of meetings attended
Preparation						
Arrives to meetings late	1	2	3	4	5	Arrives to meetings on time
Not prepared for meetings	1	2	3	4	5	Prepared for meetings
Engagement						
Provides limited input to group discussions	1	2	3	4	5	Expresses thoughts, feelings, and ideas freely
Completes limited work outside formal, scheduled meetings	1	2	3	4	5	Completes council work activities beyond formal, scheduled meetings
Dissemination of Information						meetings
Does not share council information with unit colleagues	1	2	3	4	5	Keeps colleagues informed of council activities
Council member's name:	1	I	<u> </u>	I	I	
Person completing form:						

## Achievements







© 2016 Lehigh Valley Health Network

A PASSION FOR BETTER MEDICINE.

610-402-CARE LVHN.org

