

## A “Standardized Patient” to Validate the Competency of SANEs

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# A “Standardized Patient” to Validate the Competency of SANEs

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**Standardized Patient (SP):** someone who has been trained to reliably and consistently portray a patient with a health care problem, in this case, sexual assault.

## LEARNER OBJECTIVES

Acquire knowledge to:

- Design a competency-based orientation for the novice sexual assault nurse examiner (SANE)
- Utilize a SP for simulation
- Develop a performance-based validation tool

## PURPOSE

Gain an increased number of competent SANEs.

## DESIGN/SETTING/SAMPLE

**Design:** Staff development quality improvement project

**Setting:** Academic, community Magnet® organization with three emergency departments, Level 1 trauma center and two community hospitals

**Sample:** Registered nurses who desired to become competent SANEs

### References:

1. Fitzpatrick, M., Ta, A., Lenchus, J., Arheart, K., Forman Rosen, L., Bimbach, D. (2012). Sexual Assault Forensic Examiners' Training and Assessment Using Simulation Technology. Journal of Emergency Nursing, 38 (1), 85-90e6.
2. International Association of Forensic Nurses (2013). Sexual Assault Nurse Examiner Education Guidelines. Retrieved from <http://www.forensicnurses.org/?page=2013EdGuidelines&hhSearchTerms=%22Educational+and+Guidelines%22>.
3. Simonian, L., & Shane, D. (2013, June 7). Use of Simulation in SANE Competency and Training. Lecture presented at ENA Horizons Conference 2013, Nittany Lion Inn, 200 West Park Avenue, State College, PA.

## BACKGROUND

**Problem:** Struggle to achieve orientation and demonstrate competency of SANEs, related to:

- Limited dollars for learning resources (live and self-learning)
- Challenges related to attaining real-time clinical learning opportunities and demonstrating skills

**Consequence:** Sexual assault exams performed by physicians instead of specialty trained SANE nurses

## ACTIONS

- Grant funding obtained for education
  - Enhanced classroom and electronic self study
- Literature review and oral conference presentation suggested simulation
- Use of SP within simulation, except mannequin for pelvic physical exam

Lehigh Valley Health Network  
Sexual Assault Adult Examination  
PERFORMANCE CHECKLIST

Printed Name \_\_\_\_\_ Unit: \_\_\_\_\_

☐ The named health care provider has met all performance criteria (critical behaviors) identified below as of \_\_\_\_\_ validated by: \_\_\_\_\_ Signature \_\_\_\_\_ Printed Name \_\_\_\_\_

☐ I have been validated as noted above: \_\_\_\_\_ Employee Signature \_\_\_\_\_ on \_\_\_\_\_ Date \_\_\_\_\_

☐ The named health care provider has not met the performance criteria (critical behaviors) identified below with a checkmark (✓) in "has not met" box. Refer to action plan.

\_\_\_\_\_  
Date \_\_\_\_\_ Signature of Evaluator \_\_\_\_\_ Printed Name \_\_\_\_\_

CRITICAL BEHAVIORS	NOT MET	COMMENTS
1. Consults with Primary RN for background information including: PMH/ Allergies		
2. Verifies that Crime Victims Council Patient Advocate was offered and is in route or declined by patient		
3. Demonstrates hand washing		
4. Demonstrates greeting of the patient in empathetic non-judgmental manner		
5. Discusses examination with patient and explains consent form		
6. Explains Police involvement and option of anonymity. Informs patient of the need to report the crime.		
7. Verifies the location of the assault and notify police if not completed. (If the assault occurred a long distance away, then consider calling and reporting as not to delay your time)		
8. Verifies the difference between clinical sobriety vs. clinical intoxication.		
9. Demonstrates pain assessment and communicates to primary nurse as needed		
10. Obtains Consent		
11. Prepares for examination and offers medications: prophylaxis and nausea medication		
12. Gathers supplies, cart, kit, patient labels ( should have printed prior to entering room)		

X:/SafeTeam/Orientation/April 2017

## OUTCOMES

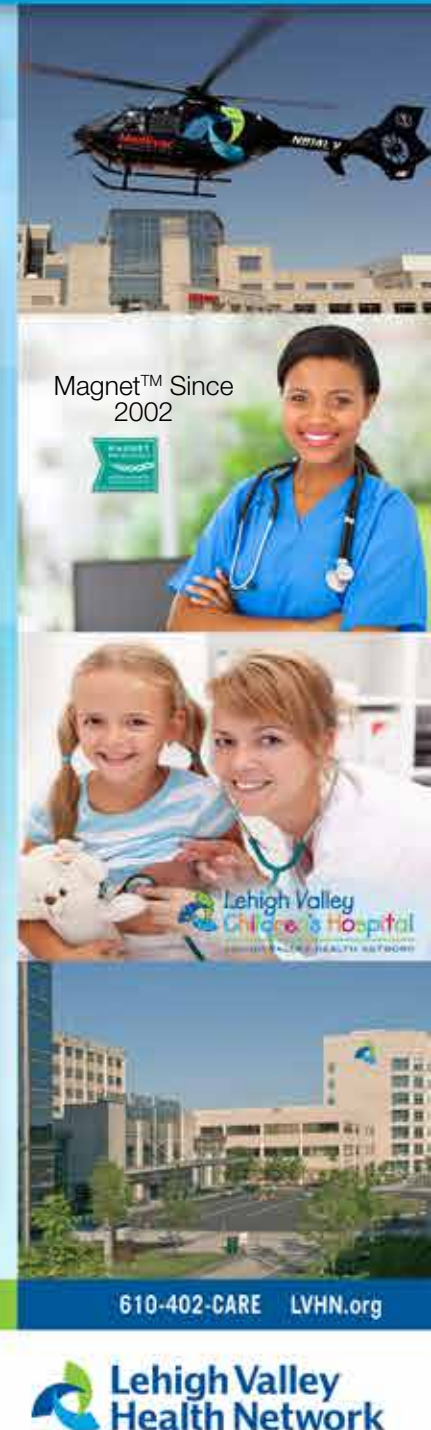
- ↑ number of SANEs - 15 to 24 over 3 years
- ↓ in exams by physicians
- ↓ length of clinical competency validations from 12-24 months to 4-12 months

## IMPLICATIONS

Simulation with an SP can be utilized as a learning opportunity and demonstration of competency for a wide variety of clinical skills.



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