

Establishing an Interprofessional Care Pathway Across the Continuum for Patients Following Implantation of Left Ventricular Assist Device

Katy Blessing DPT
Lehigh Valley Health Network, Katy_N.Blessing@lvhn.org

Katelin Gorski
Lehigh Valley Health Network, katelin.gorski@lvhn.org

Nicholas Hoster
Lehigh Valley Health Network, nicholas.hoster@lvhn.org

Joseph Paluck
Lehigh Valley Health Network, joseph.paluck@lvhn.org

Julie Patterson
Lehigh Valley Health Network, julie.patterson@lvhn.org

See next page for additional authors

Follow this and additional works at: <https://scholarlyworks.lvhn.org/medicine>



Part of the [Medicine and Health Sciences Commons](#)

Let us know how access to this document benefits you

Published In/Presented At

Blessing, K., Gorski, K., Hoster, N., Paluck, J., Patterson, J., Simko, H., Walker, S. & Wetzler, E. (2021). *Establishing an interprofessional care pathway across the continuum for patients following implantation of left ventricular assist device*. Poster presented at Lehigh Valley Health Network, Allentown, PA.

This Poster is brought to you for free and open access by LVHN Scholarly Works. It has been accepted for inclusion in LVHN Scholarly Works by an authorized administrator. For more information, please contact LibraryServices@lvhn.org.

Authors

Katy Blessing DPT, Katelin Gorski, Nicholas Hoster, Joseph Paluck, Julie Patterson, Hannah Simko, Stephen Walker, and Elizabeth A. Wetzler

Establishing an Interprofessional Care Pathway Across the Continuum for Patients Following Implantation of Left Ventricular Assist Device

Katy Blessing, PT, DPT; Katelin Gorski, PT, DPT; Nicholas Hoster, MS; Joseph Paluck, MS; Julie Patterson, OTR/L; Hannah Simko, MOT, OTR/L; Stephen Walker, OTR/L; Elizabeth Wetzler, PT
Lehigh Valley Health Network, Allentown, Pa.

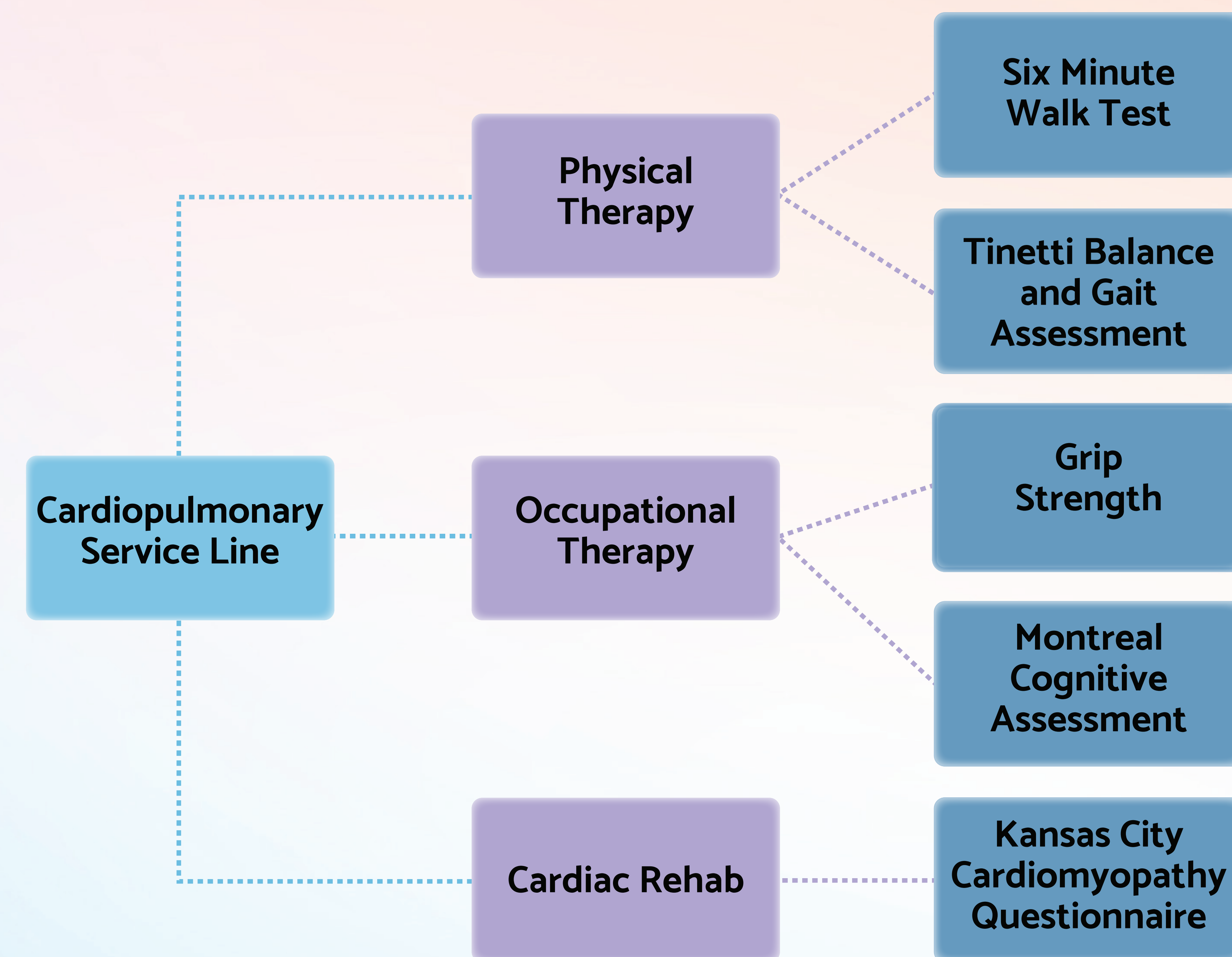
PURPOSE

The purpose of this process improvement project was to describe the use of multidisciplinary outcome measures to assess function and establish a care pathway across the continuum of care for patient's status post Left Ventricular Assist Device (LVAD) implantation.

DESCRIPTION

There is limited evidence available focusing on the rehabilitation management of a patient implanted with LVAD for destination therapy. Lehigh Valley Health Network has established a dedicated patient specific service line model to standardize the care provided to each patient population.

Five patients have been identified and successfully completed outcome measures across the continuum of care. Sample size remains limited due to the high-risk nature of LVAD implantation for destination therapy.



SUMMARY OF USE

- Outcome measures were administered:
 - Pre-operatively
 - Post-operatively within 48 hours of discharge from hospital
 - Prior to discharge from the inpatient rehabilitation center to the next level of care (home vs SNF)

IMPORTANCE TO MEMBERS (CLINICAL RELEVANCE)

- Creates a more efficient method for tracking treatment effectiveness
- Contributes to better patient outcomes/satisfaction
- The data results collected from these outcome measures continue to be used to:
 - Further improve patient care
 - Guide treatment interventions
 - Support discharge recommendations from both acute care and inpatient rehabilitation.



REFERENCES

- Wells CL. Physical therapist management of patients with ventricular assist devices: key considerations for the acute care physical therapist. *Phys Ther*. 2013;93(2):266-278. doi:10.2522/ptj.20110408
- Grady KL, Warner Stevenson L, Pagani FD, et al. Beyond survival: recommendations from INTERMACS for assessing function and quality of life with mechanical circulatory support. *J Heart Lung Transplant*. 2012;31(11):1158-1164. doi:10.1016/j.healun.2012.08.020
- Flint KM, Allen LA. Getting a grip on frailty: handgrip strength in patient selection for left ventricular assist device. *J Card Fail*. 2014;20(5):316-318. doi:10.1016/j.cardfail.2014.03.002
- Appel, Jessica & Vatwani, Archana & Sutton, Kristin & Hall, Amy & Russell, Stuart. (2017). Formal Balance Assessment and Intervention in Patients with Newly Implanted Left Ventricular Assist Devices: A Retrospective Analysis. *Cardiopulm Phys Ther J*. 2017;28:73 – 78. 10.1097/CPT.000000000000058.
- Scheiderer R, Belden C, Schwab D, Haney C, Paz J. Exercise guidelines for inpatients following ventricular assist device placement: a systematic review of the literature. *Cardiopulm Phys Ther J*. 2013;24(2):35-42.