Research Day 2013: Inspiring a Passion for Research and Evidence-Based Practice

Tuesday Oct. 29, 2013
1200 S. Cedar Crest Blvd.
Allentown, PA 18103

Pre-Conference Session
4:30–6 p.m.
Lehigh Valley Health Network Employee Auditorium

Research Day and Quality Awards Reception
6–7 p.m. (not for credit)
Kasych Family Pavilion Medical Imaging of Lehigh Valley Educational Conference Center rooms 7 and 8

Drinks and Appetizers will be provided during this awards ceremony. Please join us to celebrate and honor this year’s winners.

Wednesday, Oct. 30, 2013
You may attend all day or an individual session:

A.M. Session
7–11:45 a.m.
Lehigh Valley Health Network Employee Auditorium

P.M. Session
11:45 a.m.–4:30 p.m.
Lehigh Valley Health Network Employee Auditorium

Program Objectives

PRE-CONFERENCE SESSION
1. Explore nursing research as a pioneering agent of health care change.
2. Discuss the role of nurses in the future of health care.
3. Identify at least one concrete research goal moving forward.

A.M. SESSION
4. Explore the importance of nursing research in patient care.
5. Describe the nursing research process.
6. Identify areas for future research.
7. Distinguish the driving forces impacting the development and implementation of an evidence-based mobility project.
8. Discuss the role of the Care Transition Coach in a successful evidence-based Care Transition Program.
9. Explore one medical patient care unit’s efforts to translate current evidence related to venous thromboembolism (VTE) prophylaxis.
10. Examine the research steps needed to implement best practices for the reduction of Surgical Site Infections.

P.M. SESSION
11. Describe the effects of interruptions on the administration of medication in the emergency department.
12. Discuss the impact of an evidence-translation practice change in the women and newborn setting.
13. Describe the development of a successful program of research.
14. Review key research findings to date.
15. Develop motivation for active engagement in research processes.
16. Discuss the outcomes of previous research conducted to identify the types and reasons of missed nursing care, nursing teamwork and work environment.
17. Describe the perception of missed nursing care, teamwork and healthy work environment by RN’s and unlicensed assistive personnel.
18. Identify strategies to improve missed nursing care activities and teamwork.
19. Describe the component parts of the research process.
20. Discuss the ethical considerations in research.

Keynote Speaker

Bridgette M. Brawner, PhD, APRN is a faculty member in both the Center for Health Equity Research and Center for Global Women’s at the University of Pennsylvania. She is a passionate community-based researcher recognized as an expert in behavioral science and intervention development. Dr. Brawner believes “the populations we serve must be an integral component of our work.” Thus, her clinical practice ranges from working with youth who are infected with and affected by HIV/AIDS, to partnering with behavioral health providers to develop standardized methods of sexual health assessment and intervention for adolescents with mental illnesses.

Through a health equity lens, Dr. Brawner’s research agenda focuses on multi-level, multi-method, biobehavioral approaches to sexual health promotion in disenfranchised populations. One consistent thread throughout her research to date has been a passion and vision for physical and mental health among urban women and girls, with a commitment to maintain strong community ties.

Dr. Brawner was awarded a PhD in Nursing from University of Pennsylvania. She has received the Exemplary Scholar Award, Inaugural Emerging Scholar Award, and an Award for Teaching Excellence. She is currently funded by the Centers for Disease Control and Prevention with a grant to develop and test an HIV/STI risk reduction intervention for Black adolescents with mental illnesses.
## Conference Agenda

### Pre-Conference Session, Tuesday, Oct. 29, 2013

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>4:30–5 p.m.</td>
<td>Registration for Pre-Conference Session</td>
<td>Lehigh Valley Health Network Employee Auditorium</td>
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<tr>
<td>5–6 p.m.</td>
<td>Nursing Research: Pioneering the Future of Health Care</td>
<td>Lehigh Valley Health Network Employee Auditorium Bridgette M. Brawner, PhD, APRN Assistant Professor of Nursing University of Penn</td>
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<tr>
<td>6–7 p.m.</td>
<td>Research and Quality Awards Reception (Session is not for credit)</td>
<td>Medical Imaging of Lehigh Valley Educational Conference Center, rooms 7 and 8</td>
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*Please join us while we present the Research and Quality Awards to teams within the network. Drinks and appetizers will be available during the reception.*

### Conference Sessions, Wednesday, Oct. 30, 2013

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>7– 7:45 a.m.</td>
<td>Beverages and A.M. Session Registration</td>
<td>President’s Room</td>
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<tr>
<td>7:45–8 a.m.</td>
<td>Welcome</td>
<td>Lehigh Valley Health Network Employee Auditorium Anne Panik, Senior Vice President Patient Care Services</td>
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<tr>
<td>8–9:30 a.m.</td>
<td>Inspiring a Passion: Nursing Research as a Critical Tool for Patient Care</td>
<td>Lehigh Valley Health Network Employee Auditorium Bridgette M. Brawner, PhD, APRN Assistant Professor of Nursing, University of Pennsylvania</td>
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<tr>
<td>9:30–9:45 a.m.</td>
<td>Break/beverages</td>
<td>Kasych Educational Conference Room 5</td>
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<tr>
<td>9:45–11:45 a.m.</td>
<td>Showcase of Projects</td>
<td>Lehigh Valley Health Network Employee Auditorium</td>
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<td>• Spring Into Step: A Staff-driven Mobility Initiative – Christine Yatsko and Amy Keesler</td>
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<td>• Care Transition Coach – Marlene Seidel Butz</td>
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<td></td>
<td>• Effectively Translating Venous Thromboembolism (VTE) Evidence: Effort to “Stop That Clot!” – Debra Peter and Kristina Holleran</td>
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<td>• Reducing Surgical Site Infections – Jeanne Luke and Darlene Hinkle</td>
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<td>• Interruptions and Medication Administration in the Emergency Department – Sandra Sabbatini, Julie Albertson, Judith Baker</td>
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<td>• Enhancing Bonding of Mother and Infant – Jennifer King</td>
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<tr>
<td>11:45–12:30 p.m.</td>
<td>Lunch (Provided)</td>
<td>Kasych Educational Conference Room 5</td>
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<tr>
<td>Noon–12:30 p.m.</td>
<td>Registration for P.M. Session</td>
<td>Lehigh Valley Health Network Employee Auditorium</td>
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<tr>
<td>12:30–1:30 p.m.</td>
<td>It’s A “Love/Hate Relationship”: Developing Research Affinity for the Non-researcher</td>
<td>Lehigh Valley Health Network Employee Auditorium Bridgette M. Brawner, PhD, APRN Assistant Professor of Nursing, University of Pennsylvania</td>
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<tr>
<td>1:30–1:45 p.m.</td>
<td>Break</td>
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<td>1:45–3:15 p.m.</td>
<td>Time to Share Our Findings: Analysis of the LVHN Nursing Work Environment</td>
<td>Lehigh Valley Health Network Employee Auditorium MaeAnn Pasquale, Tricia Bernecker, Kathy Baker, and Carol Foltz</td>
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<tr>
<td>3:15–4:15 p.m.</td>
<td>Let’s Play Research Jeopardy</td>
<td>Lehigh Valley Health Network Employee Auditorium Carolyn Davidson</td>
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<tr>
<td>4:15–4:30 p.m.</td>
<td>Closing summary and evaluation</td>
<td>Lehigh Valley Health Network Employee Auditorium</td>
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*Evidence-Based Research Posters will be on display during the Research Day Event on Oct. 30, credit will not be awarded for viewing the day of the conference. To receive credit for viewing these posters you will need to log on to the LVHN Repository at [http://scholarlyworks.lvhn.org/research_day/research_day_2013/](http://scholarlyworks.lvhn.org/research_day/research_day_2013/) and follow the instructions there. The posters will be available for credit through the repository Oct. 30 –Dec. 2, 2013.*
Target Audience
All registered nurses, nursing students and any staff interested in inspiring a passion for research and evidence-based practice.

Designation Statement
It is Lehigh Valley Health Network’s policy to ensure balance, independence, objectivity and scientific rigor in all of our sponsored educational programs. Faculty and all others who have the ability to control the content of continuing education activities sponsored by Lehigh Valley Health Network are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

Lehigh Valley Health Network is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Registered nurses attending the full sessions and completing the evaluations will receive the following:
- RNs attending the Pre-conference session will receive 1.0 contact hour
- RNs attending the A.M. Session will receive 3.5 contact hours
- RNs attending the P.M. Session will receive 3.75 contact hours
- Posters will be available through the LVHN Repository. Attendees who log on to the repository between Oct. 30 and Dec. 2, 2013, view and evaluate a minimum of 12 posters, will receive 1.0 contact hours.

Conference Information
Registration
On-site registrations are welcome, but be prepared to take a little longer at the registration desk when you arrive. Check or exact cash is the only method of payment available for on-site registration.

Payment
Payment must accompany this form. Registration forms received without payment will not be processed until payment is received.

Fees, Cancellations and Substitutions
Registration fee for the conference includes the educational program and any food event listed in this brochure. There is a no-refund policy for this conference. Lehigh Valley Health Network reserves the right to substitute faculty and will provide comparable alternative faculty.

Registration Form
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Lehigh Valley Health Network Employee Auditorium

Registration Deadline: Oct. 24, 2013
LVHN employees please remember to wear your LVHN badge the day of the event we will be using the badge swipe system to record your attendance.

Name

Affiliation/Employer

If LVHN: User ID #

If Non-LVHN: Email Address

Address
City/State/Zip

Phone

Please indicate all the sessions you will be attending:
- Pre-conference Session
- A.M. Session
- P.M. Session
- Research and Quality Awards Reception 6–7 p.m. (not for credit)

Please Check One:
- RN
- SW
- Pharm
- Resp
- Other

Special Needs
- I will need assistance
- I have special dietary requirements
- Please include me on your CE activity mailing list

Registration Fee
Non-LVHN employees: $90
LVHN employees: Free
Registrations can be made by calling 610-402-CARE with a credit card, or by writing a check payable to Lehigh Valley Health Network and mailing it to:
402-CARE
Lehigh Valley Health Network
2100 Mack Blvd., Allentown, PA 18103-5622

Evaluation Email Policy
Lehigh Valley Health Network respects your right to privacy and will not sell, lease or provide your contact information to a third party. By registering for this event, you agree to be contacted after the event for a post-event evaluation survey. RNs should note that contact hours may only be awarded when the completed evaluation is received.