

There's a lot going on at Lehigh Valley Health Network (LVHN). In case you didn't catch all the latest news, here's a recap of what happened this week. Below are links to Mission Central posts, Dr. Nester's 2014 Annual Meeting presentation, the latest edition of Healthy You, information about screenings for blood pressure and BMI, and Lehigh Valley Health News, our blog on LVHN.org containing timely information and health network news.

[Help Us Find Nurses With \(or Getting\) a BSN Degree](#)

Our health network is growing, and so is our need for nurses. Do you know someone who has or is getting a BSN degree? Tell them about LVHN and our upcoming nursing recruitment event.

[Santa Even Remembers the Children Who Are Too Sick to Go Home](#)

Colleagues at LVHN worked hard to make sure patients at Children's Hospital at Lehigh Valley Hospital enjoyed a happy, toy-filled holiday, even though they couldn't be at home.

[Colleague Generosity Brightens Holiday Spirits - PHOTOS](#)

Read the stories of generous Lehigh Valley Health Network colleagues who are making sure the less fortunate in our community have a happy holiday season.

[Announcing Week 12 United Way Prize Winners](#)

Find out who won prizes for donating this week and learn how you can give back to our community before the campaign ends on Dec. 30.

[Wellness – You Choose What's Next](#)

Help us pick upcoming Wellness Wednesday topics. What do you want to learn about?

[Super User Anatomy, Special Effects and Epic Wave 1 Training](#)

You have probably heard the term "super user" in reference to LVHN's new electronic medical record. But what exactly do super users do and what part will they play in launching Epic?



Read the latest
issue of Healthy You



Watch
Dr. Nester's
Annual Meeting
Presentation

**KNOW YOUR
NUMBERS**

Get screened today.

READ LEHIGH VALLEY HEALTH NEWS

a blog on LVHN.org containing
timely health information and
health network news.



< Santa Even Remembers the Children Who Are Too Sick to Go Home

Help Us Find Nurses With (or Getting) a BSN Degree

Advanced education in nursing is becoming more critical in helping to shape the future of the health care industry. A national initiative on the future of nursing released in 2010 by the Robert Wood Johnson Foundation and the Institute of Medicine made two key recommendations in this regard:

- The proportion of nurses with baccalaureate degrees should increase across all schools of nursing to 80 percent by 2020.
- The number of nurses with doctoral degrees in nursing should double by 2020



As you may know, because of growth within Lehigh Valley Health Network (LVHN) in the past few years, we currently have a shortage of nurses. Actually, according to the U.S. Bureau of Labor Statistics, registered nurses will continue to be near the top of the list of projected job openings across the country through 2022.

Additionally, our network has also embraced the Robert Wood Johnson Foundation/Institute of Medicine future of nursing initiative. LVHN, the [only Magnet® recognized hospital in the Lehigh Valley](#), is looking for nurses who have earned or are about to earn a bachelor's degree in nursing who would enjoy working with our excellent nursing team and join us in providing outstanding care to our community.

We're looking for help from our LVHN colleagues. Do you happen to know anyone who is a junior or senior currently enrolled in a BSN program? Our human resources department is planning a Graduate Nurse Recruitment Event, which is an information-and-interview opportunity to learn what LVHN has to offer nurses with BSN degrees.

Each candidate will learn about our [Graduate Nurse Residency Program](#) and the opportunities for growth both professionally and personally that LVHN can provide. We'll also be discussing our commitment to advancing technology and offering tours our state-of-the-art facility that has made Lehigh Valley Hospital one of the [nation's top hospitals for the last 19 years](#) as recognized by U.S. News & World Report.

Do you know of someone who recently received or is about to receive a BSN degree? Please urge that person to call 610-402-CARE today. We will be sending invitations to candidates to attend the event which is scheduled for Tuesday, Jan. 6, from noon-4 p.m. The location of each candidate's particular event will be included in the invitation.

This entry was posted by [Ted Williams](#) on December 26, 2014 at 9:38 am, and is filed under [Get News](#), [Learn](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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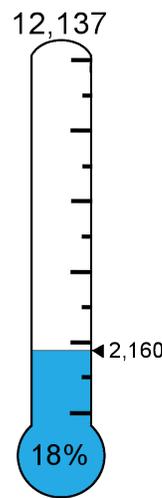
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KNOW YOUR NUMBERS

Help Us Reach Our 'Better Health' Goal!

Many colleagues have already gotten their biometric screenings for blood pressure and body mass index.



There's still time to [Know Your Numbers](#), win prizes and help us reach our shared success plan goals (SSP).

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Santa Even Remembers the Children Who Are Too Sick to Go Home

Santa Claus came a bit early at Children's Hospital at Lehigh Valley Hospital on Wednesday. Since there is no true chimney to bustle down at the hospital, he dropped off all of the toys for the children who won't be going home for the holidays. His gifts ended up with all the other donations that the Lehigh Valley and surrounding communities have donated to the Children's Hospital in recent months. An incredible amount of toys, dolls, arts and crafts lined the walls and stuffed the center of the room at Santa's Workshop. Families of the inpatient pediatric unit came down from the unit to pick out gifts for their sick children and even their siblings.



"Having a loved one in the hospital is challenging for families even at the best of times," says child life specialist, Vanessa Gramm. "With the added holiday frustrations, this is a way for our families to not have to worry about providing the gifts themselves. They have enough to worry about. It just takes the pressure off."

Happy Holidays and Merry Christmas to all!

This entry was posted by [Admin](#) on December 25, 2014 at 11:00 am, and is filed under [Be Inspired](#), [Celebrate](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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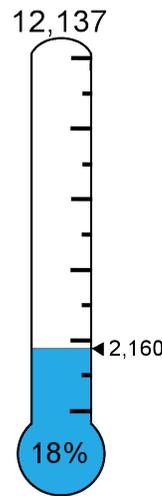
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Colleague Generosity Brightens Holiday Spirits

The holidays are all about family. It's a chance to connect with loved ones, eat our favorite holiday goodies and carry on other cherished traditions. Some in our community, however, are not able to enjoy the holidays due to financial hardship, illness or because they have no family. Thanks to the generosity of colleagues, these neighbors were not forgotten.

One example is the Adopt-A-Family program, coordinated for the 11th consecutive year by the Professional Excellence Council (PEC). Patients at the Lehigh Valley Hospital-17th Street community practice clinics submitted holiday wish lists, which units and work teams network-wide then "adopted" and purchased. A total of 45 families (216 men, woman and children) benefitted this year.

Families picked up their gifts Dec. 16 at the School of Nursing auditorium. It was a touching and uplifting scene, says 5T patient care coordinator Barb Labriola, RN, chair of the PEC.

"The families were overwhelmed and filled with gratitude," Labriola says. "One woman's house burned down and she had requested basic items like sheets and towels. She went around the room and hugged everyone. A four-year-old boy saw the wrapped presents and was so thrilled he started jumping up and down. Being able to help these families is what the holidays are all about. It also reminds us to be thankful for the blessings in our own lives."



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Homebound community members also had their spirits brightened. For the 14th consecutive year, teams of colleagues decorated [miniature trees](#) for Meals on Wheels clients who would not otherwise have a tree. The trees, many of which included hanging cash “ornaments” and gift cards, were displayed in the Center for Healthy Aging at Lehigh Valley Hospital-17th Street before delivery in mid-December. Here’s what it meant to one recipient, who shared his gratitude in a letter to the editor of the Morning Call:

“Lehigh Valley Health Network employees just delivered a most wonderful surprise — a trimmed Christmas tree and a bag of

gifts. And the tree had \$5 bills tied up in branches, along with tinsel and other decorations. Wow! Such largesse. Every year, these everyday people create this joy for people like me: 77 years old, living alone, recently placed on home care hospice. I can’t express how much I appreciate this caring in our community.”

The holiday season traditionally begins in November, and so did colleagues’ generosity. Our annual one-day Thanksgiving Food Drive, held Nov. 20, resulted in 1317 pounds of food and 21 Jandl turkey gift certificates for the Second Harvest Food Bank. The event was coordinated by the PEC. Nine pounds of food provides seven meals, so these donated items will have a huge impact in the community.

Many thanks to all who contributed to these programs and numerous other outreach initiatives this holiday season. These acts of kindness bring the LVHN mission to life and make our community a better place to live.

This entry was posted by [Gerard Migliore](#) on December 23, 2014 at 11:00 am, and is filed under [Be Inspired](#), [Help Others](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

One comment

Jenn Fisher 2 DAYS AGO

How neat to see all these ways LVHN colleagues help people in our community—thank you all so much! You are the best!

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Announcing Week 12 United Way Prize Winners

Our annual LVHN United Way campaign began on Oct. 1 and runs through Dec. 30. Each week, colleagues who donated are entered into a drawing to win prizes. Below is the list of winners for week nine.

- Ann Matus / 5K Medical Surg Unit** – LVHN Fitness Center – One Month Pass
- Roxanne Grube / ICO Staging & Recovery** – LVHN Apparel – Jacket/Vest
- Jarret Patton / Children's Clinic at LVH** – LVHN Apparel – Jacket/Vest
- Doris Golebiewski / Pediatric Rehabilitation** – United Way Campaign Gift Bag
- Monet Thorne / Center for Educational Development** – Wal-Mart – \$15 Gift Card
- Mary Lee De Marco / Breast Health Services** – United Way Campaign T-shirt
- Sara Cooper / Muhlenberg Primary Care HCBT** – Panera Bread – \$25 Gift Card
- Amelia Amorim / 5K Medical Surg Unit** – Nordstrom Rack – \$25 Gift Card

You can still give to the campaign by **clicking the United Way icon on your SSO toolbar**. (Please note: To donate to the United Way, you must click the United Way icon. If the icon does not appear, refresh your toolbar under the "Options" drop down. The "Give Now" icon is used for colleagues to donate to Lehigh Valley Health Network.)

If you gave last year and increase your contribution by at least one dollar per week (or donate \$260 or more), you'll be entered into the United Way's drawings for a new 2014 Fiat (or \$10,000 in cash) or a genuine Martin guitar (\$4,000 value).

Your donation will help the United Way of the Greater Lehigh Valley support vital community-based programs that focus on education, food access, healthy aging and emergency services. [Watch this video](#) to see how some area families have benefited from these programs.

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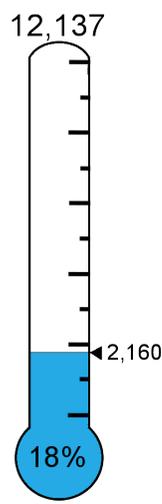
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KNOW YOUR NUMBERS

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Wellness Wednesday – You Choose What's Next



This year, you've learned how to [avoid stress eating](#), [try metabolic strength training](#), [better read your food labels](#), [give your eyes a break](#) and more.

Now it's your turn to pick upcoming Wellness Wednesday topics. What do you want to learn about?

Whether your question is about exercise, nutrition, stress management, weight management or a previously untouched topic, leave a comment and let us know what you want to know to help improve your overall wellness.

This entry was posted by [Amanda Coe](#) on December 24, 2014 at 2:00 pm, and is filed under [Live Healthy](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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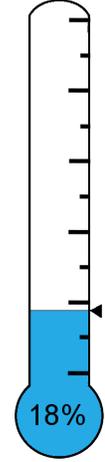
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Super User Anatomy, Special Effects and Wave 1 Training



You might call Lehigh Valley Health Network (LVHN) Epic super users "special effects artists." Not only do our super users have some very special physical characteristics (see more about that with Major Transformation,) they also create a "special effect" among colleagues that helps assure and ensure a successful go-live. In fact, this super user effect isn't conjecture – it's been studied. A large Midwestern hospital system

studied super users during an information system go-live. They found the more time super users spent in the super user role, the greater their own positivity toward the system roll-out, which created a ripple effect that caused colleagues to view the change more positively.

Anatomy of a Super User

Our super users have some extra super traits that make them perfect for this role:

Brain: Extra brilliant thanks to Epic training.

Eyes: On the lookout for opportunities to help colleagues with Epic questions.

Ears: A good listener who understands a problem before offering solutions.

Nose: Sniffs out Epic problems before they start.

Hand: Offers a helping hand using skills they learned in the Epic classes

Aura: Radiates positive energy and shares it with all



If you're a super user, we thank you! You are already making a difference in the Epic transformation at LVHN. If you know a super user, ask them about the new and exciting things that are coming to LVHN.

Wave 1 End Users: Are You Ready for School?

January 5 is the first day of Wave 1 end user training and we have two questions:

Have you registered for class yet? (See Step 1 and either Step 2 or 2.5 below.)

Have you completed your prerequisite classes on The Learning Curve (TLC)? (See Step 3 below.)

Step 1: Log-onto The Learning Curve (TLC) by clicking on the schoolhouse icon found on your Single Sign-On (SSO) toolbar. Go to Step 2.

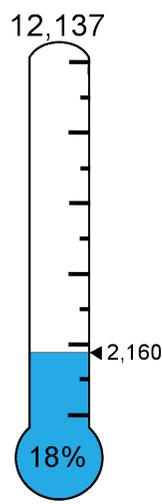
Step 2: Review the "To Do" list (located on the bottom half of the main TLC home page.) You will see assignments based on your role. Speak with your manager and ask if you

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should schedule your training dates on your own, or if he or she will take care of scheduling for you. Go to Step 3.

Step 2.5: If you do not have any courses assigned to you yet, speak with your manager and also review course offerings found in the [Epic Training Wheels Course Catalog](#). They are listed according to role, so select the course track that fits your job. Either you or your manager will need to complete the registration process for your training courses. If you need to do that, simply use the search bar on TLC and search for the Epic course number, course title or keywords and then select the course you wish to register for. Go to Step 3.

Step 3: Watch TV! Well, Watch Epic video clips on The Learning Curve. These interactive, click through lessons will help you prepare for your Epic training. Your prerequisite lessons are listed in the [Epic Training Wheels Course Catalog](#). Just copy and paste the course number into the search box, select the course that fits your role and then register for your lesson. Most range from 1 to 5 minutes in length.

Your Wave 1 Datebook

Time's getting short: Register for Wave 1 end user training on TLC

Now: Technical Dress Rehearsals (TDR) in ambulatory settings

Now: Wave 1, ambulatory [super user](#) training AND [early bird Cadence training](#)

Jan. 5, 2015: Wave 1 end user training begins

Feb. 4, 2015–March 11, 2015: [PTO restrictions in effect for Wave 1](#) (ambulatory) colleagues

Feb. 7–8: Wave 1 conversion weekend

Feb. 9: Wave 1 [Cadence](#) Go-live

Feb. 18, 2015: [Go-live for Wave 1, ambulatory settings](#)

Feb. 21 and beyond: Optimization

Your Wave 2 Datebook

Now: Wave 2 inpatient equipment delivery and set-up

Now through May 1, 2015: Wave 2 testing

Jan. 16, 2015: Deadline for Wave 2 inpatient super user applications

March 23–27: Wave 2 pilot training

May 11–31: Wave 2 super user training

June 1–July 26: Wave 2 end user training

July 20, 2015–Aug. 14, 2015: [PTO restrictions in effect for Wave 2](#) (inpatient) colleagues

Aug. 1, 2015: [Go-live for Wave 2, inpatient settings](#)

Keep up with news about the LVHN Epic transformation on the [LVHN Epic intranet site](#).

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