A Three Tiered Model of Maternity Care Training

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# A Three Tiered Model of Maternity Care Training

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## Why

- The number of Family Medicine physicians who provide maternity care is decreasing.
- The majority of residents in our program do not choose to continue to provide maternity care after graduation.
- There are few faculty in our program who provide maternity care.
- We are a P4 (preparing personal physicians for practice) site and have an opportunity to renovate residency training.

## How

- Our P4 proposal utilizes a portfolio system in which residents are required to demonstrate competency in multiple clinical areas including hospital care, acute care, chronic care, wellness care, and maternity care as examples.
- To implement the maternity care portfolio, we created a combined FM/OB low risk maternity care clinic. Family Medicine faculty attend low risk deliveries of this clinic.

## What

- A training program which allows residents to choose the level of competency they wish to achieve.
- Training levels are split into:
  - **Level I**: Providing medical care to pregnant patients
  - **Level II**: Providing prenatal care
  - **Level III**: Providing prenatal care and attending low risk deliveries

## GOALS

### LEVEL I

- **Provide Medical Care to Pregnant Patients**
  - Graduates will be able to diagnose pregnancy and provide comprehensive information regarding options for care.
  - Graduates will be able to support pregnant women and their families during the family systems changes which occur during pregnancy.
  - Graduates will be able to care for pregnant women with chronic illnesses and for acute illness which occurs during pregnancy.
  - Graduates will be able to collaborate with maternity care providers to coordinate care for their pregnant patients.

### LEVEL II

- **Provide Prenatal Care**
  - Graduates will be able to provide patient-centered, comprehensive, evidence based care for low risk patients.
  - Graduates will create and sustain collaborative relationships with maternity care providers who deliver their patients.

### LEVEL III

- **Attend Low Risk Deliveries**
  - Graduates will be able to provide patient-centered, comprehensive, evidenced based ante partum care for low risk deliveries.
  - Graduates will be able create and sustain collaborative relationships with the obstetric specialists who provide backup for urgent/emergent and surgical deliveries.

## Outcomes

- We are three years into the P4 process.
- Our first class of residents will complete the program in June 2010.
- Our second and third year residents have all chosen to pursue only Level I training.
- One of our first year residents is pursuing Level III training.
- In training exam scores have not changed appreciably since this process was implemented.