FROM THE PRESIDENT

Staying Energized after Vacation

How long does it take for that “vacation feeling” to wear off after you’ve “gotten away from it all” and are now returning to work? It seems to wear off pretty quickly, doesn’t it — getting caught up with the paperwork and phone calls that waited for you — and jumping back into a busy practice? Ever wish you could keep that relaxed feeling going for a while? Well, there may be a few ways to do that…especially if we’re willing to step back and look at how we approach our workday and the environment around us.

To some degree we are victims of our “super-busy” American culture that promotes production and consumption. We tend to fill every minute of our day with activity — no time for quiet, no time to “just be.” Many of us were also brought up in a medical culture that has demanded long hours of study, service and self-sacrifice. Every professional works hard to achieve and maintain excellence, but sometimes we forget that we need to have some fun too! When our own reservoir of energy gets depleted, we can’t keep giving to others and still be at our best. So, how do we strike this balance? Some of this is “internal” work; that is, we have to take quiet time to take stock of what’s important to us — what brings us joy, what keeps us well — then we have to make (sometimes difficult) choices about how we’re going to stay faithful to those priorities in the face of unpredictable external forces. In addition to family, friends and my mentors, two books have been very helpful to me in striking a balance in the daily “adventures” of life as a healthcare professional.

In their book Fish!, authors Stephen C. Lundin, Harry Paul and John Christensen describe a philosophy and an approach taken by workers in a high volume fish market on the West Coast. The employees made their work fun by approaching their work with a “playful” attitude. In other words, you can be serious about your work without taking yourself so seriously. “Play” is a mindset more than a specific activity. It allows you to throw yourself with enthusiasm and creativity into whatever you are doing, in a way that is natural, not forced. “Playing” with ideas helps you find solutions to everyday challenges.

Continued on next page
On the interior side, each member of the team was challenged to “choose your attitude.” Implicit here are two things: a decision and intentionality. Each morning when we get up, we decide how we want to “be” today. Moment-to-moment awareness is key. The authors suggest asking ourselves throughout the day, “What is my attitude right now? Is it helping the people who depend on me? Is it helping me to be most effective?” The other two pillars of Fish! philosophy touch on commitments to co-workers and to customers (in our world, our patients): “Be there” and “Make their day.” “Being there” is described as a sign of respect. It means setting aside distractions and judgments to be mentally and emotionally present. It improves communication and strengthens relationships. “Make their day” refers to simple gestures of thoughtfulness, thanks and recognition. They make people feel appreciated and valued. When you make someone else feel good, you feel good too.

Dr. Richard Swenson’s book Margin takes a hard look at how the pace of life, fed by technology, has increased over the last half century. Like “energy vampires” in ads from the electric company, our abilities to “be there” can be drained by the growing distractions of the information age. Insidiously, we’re at risk for becoming slaves to our thirst for information — from newsfeeds on our phones, to connections on LinkedIn, Facebook and Twitter — from our email accounts to our children’s extracurricular activities, to our thirst for more “things.” It’s all “good stuff” — there’s just too much of it. Swenson recommends recapturing some of our “margin” by applying that same intentionality described above to our time and the important relationships in our lives. He asks us to critically assess whether this “one more thing” — this purchase, this task, this new social group, this “fantastic opportunity” (with hidden strings attached) — is really going to contribute to what is meaningful to us. Like Fish!, he states that interior choices drive exterior ones. He advocates cultivating an “attitude of gratitude” and the practice of contentment. When we’re content, we have less need for “more.” He recommends limiting the distribution of our email addresses and contact information (do we really want more email from vendors?). He’s a fan of delegating or eliminating non-essential tasks — “Can this be done without my input or direct oversight?” How many of our colleagues would be grateful if we could trust and delegate more and micromanage less. He recommends building in a little buffer time to “be quiet” — in the car, between cases or office visits, or on the way to lunch.

From my conversations with Medical Staff colleagues, it’s apparent that many are actively working on striking a healthy balance in their lives. For some, it’s a cup of coffee and swapping a story in the medical staff lounge, for others it’s an early morning yoga session or a late afternoon trip to the fitness center. Others take time to have lunch with their team or to share a joke with the nurse on their unit — their laughter tells me that they know how to “play” while at work. Others take a quiet walk around the block or on the trail behind the Cedar Crest hospital site. Still others can be seen taking a few moments for reflection in the chapel.

How do you strike the balance in your day-to-day? Are you able to practice contentment? What brings you real joy? The answer is different for everyone. The most important thing is to be AWARE of what’s going on — on the inside and on the outside. Then we have the opportunity to think and decide what will work best for us. Have a great rest of the summer!

Robert J. Motley, MD
Medical Staff President

Mindfulness Training for Medical Professionals

In addition to the samples provided in Dr. Motley’s article, Mindfulness Training for Medical Professionals is an additional source to help you maintain a healthy balance in your life. Listed below are several ways that Mindfulness can help:

- Mitigates the stress of work and home life and fosters relaxation
- Reduces negative moods and distress and promotes well-being
- Teaches a broad set of skills useful in the work-day and in relationships
- Supports relationships of participants, building empathy and connection
- Supports an approach for processing the emotional stressors of patient suffering and mortality, without being sectarian.

This seven-week program for physicians, advanced practice clinicians and nurses will again be offered starting January 30, 2014. Participants are eligible for up to 22 Category 1 CME. The cost of the program is $395. Members of the Medical Staff who attend six of eight classes will receive a $200 reimbursement from the Troika Education Fund.

For more information about this class, contact Susan D. Wiley, MD, Vice Chair (LVH), Department of Psychiatry, at susan.wiley@lvhn.org.
LEHIGH VALLEY HOSPITAL CITED FOR THE 18TH CONSECUTIVE YEAR AMONG BEST IN U.S.

Hospitals also ranked as “high-performing” regionally by U.S. News & World Report

For the 18th consecutive year, Lehigh Valley Hospital (LVH) ranks as one of the nation’s top hospitals on U.S. News & World Report’s Best Hospitals list.

The 2013-2014 list names LVH among the nation’s top three percent of leading hospitals in seven categories:

- cardiology and heart surgery
- gastroenterology and GI surgery
- geriatrics
- gynecology
- orthopedics
- pulmonology
- urology

LVH’s gastroenterology, orthopedics and pulmonology specialties also made the 2012-2013 Best Hospitals list. This is the ninth time cardiology and heart surgery, geriatrics and gynecology have been on the list; the eighth for gastroenterology and GI surgery; the fifth for orthopedics; and the second for gynecology and pulmonology.

LVH has made the U.S. News national rankings in at least one specialty area every year since 1996. Over the past 10 years, LVH has a combined total of 44 specialty category listings, including cardiology and heart surgery, cancer, gastrointestinal disorders, hormonal disorders including diabetes, geriatrics, gynecology, orthopedics, pulmonology and urology.

In addition to the Best Hospitals national rankings, U.S. News cites only about 15 percent of hospitals as “high-performing” in regional markets around the country. Lehigh Valley Hospital and Lehigh Valley Hospital-Muhlenberg are both recognized among the Best Hospitals in Northeastern Pennsylvania/Lehigh Valley. Lehigh Valley Hospital is cited as a high-performer in cancer care; diabetes and endocrinology; ear, nose and throat; nephrology; and neurology and neurosurgery. Lehigh Valley Hospital-Muhlenberg is listed as a high-performer in gastroenterology and GI surgery; geriatrics; neurology and neurosurgery, orthopedics; pulmonology and urology.

U.S. News publishes Best Hospitals to help guide patients who need a high level of care because they face particularly difficult surgery, a challenging condition, or added risk because of other health problems or age. Objective measures such as patient survival and safety data, the adequacy of nurse staffing levels and other data largely determined the rankings in most specialties.

The rankings have been published at http://health.usnews.com/best-hospitals and will appear in print in the U.S. News Best Hospitals 2014 guidebook, available in bookstores and on newsstands August 27.
As you know, all U.S. healthcare organizations must begin submitting claims using the new ICD-10 code sets on October 1, 2014, or claims will be rejected. Since ICD-10 includes changes to both diagnosis as well as procedure codes, *the changes will affect nearly every aspect of the healthcare system*: hospitals, physician offices, health plans and patients. Accordingly, numerous changes in documentation, reimbursement, insurance plans/coverage, and quality measures will be coming.

The purpose of this, and subsequent articles, is to begin to prepare you for the top ICD-10 documentation issues we will encounter beginning October 1, 2014. Each of these articles will feature one or two of the most common diagnosis or procedure topics you will need to know. Please save these articles for reference.

**Diabetes Documentation – ICD-10-CM**

ICD-9 has 59 codes for diabetes, while ICD-10 will have more than 200 combination codes, to include both the *classification* of the diabetes and the *manifestation*. In ICD-10, diabetes will no longer be classified as controlled/uncontrolled.

There will be five main diabetes mellitus categories in ICD-10-CM, from which the 200+ codes are generated:

- E08 Diabetes mellitus due to an underlying condition (autoimmune disease, carcinoid, Cushing’s, hyperthyroidism, chronic pancreatitis, etc.)
- E09 Drug/chemical-induced diabetes mellitus (steroids, estrogen, chemo, diuretics, beta blockers, etc.)
- E10 Type 1 diabetes mellitus
- E11 Type 2 diabetes mellitus
- E13 Other specified diabetes mellitus (post-pancreatectomy or post-procedural)

**ICD-10 Diabetes Documentation Required:**

1) *Document whether Type 1, Type 2, due to underlying condition, or drug/chemical-induced*

2) *Document all manifestations and complications of diabetes*: Neuropathy, Retinopathy (proliferative or non-proliferative and with or without macular edema), Nephropathy and stage of CKD, Dermopathy (ulcer), Vasculopathy (with or without gangrene), Arthropathy (neuropathic or other), Periodontopathy, Coma, Osteomyelitis, etc.)

3) *Document if on long-term insulin*

**Examples of the diabetes codes in ICD-10 assigned from your documentation:**

- E08.22 - Diabetes mellitus due to Cushing’s syndrome with diabetic chronic kidney disease
- E09.52 - Steroid-induced diabetes mellitus with diabetic peripheral angiopathy with gangrene
- E10.11 - Type 1 diabetes mellitus with ketoacidosis with coma
- E10.321 - Type 1 diabetes mellitus with mild non-proliferative diabetic retinopathy with macular edema
- E11.41 - Type 2 diabetes mellitus with diabetic mononeuropathy & Z79.4=Long term use of insulin

If you have any questions, please contact John Pettine, MD, FACP, CCDS, Director, Clinical Documentation Improvement, at john.pettine@lvhn.org.
CMIO UPDATE

Salar TeamNotes Coming to You

To help prepare for the documentation/coding requirements for appropriate ICD-10 billing (October, 2014), Salar TeamNotes – an inpatient provider documentation tool – is being implemented. The template driven tool can create History and Physicals, Progress/Consult/Procedure Notes, and Discharge Summaries. Input can occur through drop-downs and checkboxes, free text entry or voice recognition; and vital signs/labs are interfaced from CE. The templates have embedded decision support that can highlight documentation/diagnoses that are not specific enough for ICD-10, and provide more appropriate choices through drop-down menus. The initial rollout will be at LVH-Muhlenberg, starting with LVHN Hospital Medicine at Muhlenberg; with an expected “go live” in early Fall 2013.

As the inpatient Epic implementation is not expected until sometime in mid to late 2015, it became necessary to implement a provider documentation tool in time for ICD-10 compliance. Future demonstrations of Salar TeamNotes will occur over the next several months. Look for announcements in Progress Notes or via email.

Changes to DocDisplay – Now With More Studies!

In response to user requests, most of the DocDisplay screens will display a list of seven studies in the top half of the screen. This will make it easier to find the study you need. The bottom half of the screen, containing the text of the report, will be slightly smaller to accommodate the top half change.

Discontinue vs. Retract Redux

Retract should be used when a medication order was entered and the provider realizes it was ordered in error. Either you do not want that medication (you changed your mind) or you selected the incorrect dose. RETRACT will remove ALL UNCHARTED actions (doses) of that order. If a dose was charted against, an advisory screen will prompt that the order needs to be discontinued. If the order was truly in error, and a dose was administered, immediate follow up with nursing staff needs to take place to assess the patient’s condition. Also, any provider can now retract an order placed by another provider.

Discontinue should be used for a medication that has been given, and it is appropriate to stop (i.e., stopping antibiotics after cultures are negative; or stopping Lasix once a patient has been diuressed). IV fluids or scheduled IV medications should also be DISCONTINUED if no further doses are to be given.

Remember:

- RETRACT is used in the event that a medication was chosen in error and no doses have been given.
- DISCONTINUE is used when a medication that has been administered is to be stopped.

If you have any questions regarding these topics, please contact Don Levick, MD, MBA, Chief Medical Information Officer, at 610-402-2480 or via email.
PAPERS, PUBLICATIONS AND PRESENTATIONS

Three members of the Division of Burn presented at the 45th Annual Meeting of the American Burn Association held April 23-26, in Palm Springs, Calif. Sigrid A. Blome-Eberwein, MD, Daniel D. Lozano, MD, MBA, and A. Hamed Amani, MD, presented “Pain Experience of Burn Patients from Acute Injury to Recovery.”

Dr. Blome-Eberwein presented three additional topics including “Autologous Fat Grafting: A Viable Option to Treat Adherent and Hypoplastic Scars,” “Fractional CO2 Laser Treatment of Mature Burn Scars: 6 Cases,” and “4th Degree Facial Burn Reconstructive Options.”

In addition, Drs. Lozano and Amani were among the presenters of a poster presentation titled “Burn Disaster Management Planning: A Preparedness Toolkit.”

Ellina C. Feiner, MD, Division of Cardiology, co-authored an article – “Post-Prandial Upright Exercise Echocardiography in Hypertrophic Cardiomyopathy” – which was published in the Journal of the American College of Cardiology, Volume 61, Number 24, June 18, 2013.

Shavon S.Y. Frankhouser, DO, Division of General Internal Medicine, Section of Hospital Medicine; Akif N. Ahmad, DO, Internal Medicine resident; Gretchen A. Perilli, MD, Division of Endocrinology, and Marc A. Vengrove, DO, Chief, Division of Endocrinology, co-authored the article – “Post-Gastric-Bypass Hypoglycemia Successfully Treated with Alpha-Glucosidase Inhibitor Therapy” – which was published in Endocrine Practice, Volume 19, Number 3, May/June, 2013.

Indru T. Khubchandani, MD, former member of the Division of Colon and Rectal Surgery with Honorary Status, was invited to the World Colorectal Conference held May 31- June 2, in Vilnius, Lithuania. Dr. Khubchandani spoke about the newly FDA-approved treatment, Solesta, for fecal incontinence. He also chaired the “World Hemorrhoidal Summit” to obtain a consensus statement on current surgical and non-surgical management of hemorrhoidal disease from academic surgeons representing nine countries from around the world.

Raymond L. Singer, MD, MMM, Department of Surgery Vice Chair, Quality and Patient Safety, and Chief, Division of Cardiothoracic Surgery, was recently selected as a member of the international faculty for “C3” – Complex Cardiovascular Catheter Therapeutics, which held their Advanced Endovascular and Coronary Intervention Global Summit from June 17-21, in Orlando, Fla. Dr. Singer participated on a panel debate, providing a keynote address titled “Unprotected Left Main: Surgery Still the Standard of Care.” His debate opponent was Dr. Marie Claude Morice from the Institut Hospitalier Jacques Cartier in Massy, France.

Suzanne J. Templer, DO, Division of Infectious Diseases, and Jeanne L. Zukas, DO, Division of General Internal Medicine, co-authored an article – “A 77-Year-old Woman with Fatigue, Dark Urine, and Hemolytic Anemia” – which was published in Infectious Diseases in Clinical Practice, Volume 21, Number 2, March, 2013. The article was featured in the “Images in ID – What’s the Diagnosis?” section in case report format and included images of intraerythrocytic babesiosis.
CONGRATULATIONS

Wayne E. Dubov, MD, Interim Chief, Division of Physical Medicine-Rehabilitation, was recently recertified in his specialty by the American Board of Physical Medicine and Rehabilitation. He is also board certified in Spinal Cord Injury Medicine. Dr. Dubov has been a member of the Medical Staff since July, 1992. He is in practice with OAA Orthopaedic Specialists.

Dale J. Federico, MD, Division of Orthopedic Surgery, was recently recertified in his specialty by the American Board of Orthopaedic Surgery. He is also board certified in Orthopaedic Sports Medicine. Dr. Federico has been a member of the Medical Staff since September, 2001. He is in practice with VSAS Orthopaedics.

Joseph A. Habig II, MD, Department of Family Medicine, was recertified in his specialty by the American Board of Family Medicine. Dr. Habig has been a member of the Medical Staff since April, 1993. He is a member of Medical Associates of the Lehigh Valley and is in solo practice in Allentown.

Raymond L. Singer, MD, MMM, Department of Surgery Vice Chair, Quality and Patient Safety, and Chief, Division of Cardiothoracic Surgery, was recently recertified in Thoracic Surgery by the American Board of Thoracic Surgery. Dr. Singer has been a member of the Medical Staff since July, 1992. He is in practice with Lehigh Valley Heart and Lung Surgeons.

Paula C. Stone, DMD, Division of General Dentistry, received the Academy of General Dentistry (AGD) Fellowship Award during the 2013 Annual Meeting and Exhibits, held June 27-30, in Nashville, Tenn.

The AGD Fellowship Award is presented to dentists who seek to provide the highest quality of dental care by remaining current in their profession. To accomplish this goal, Dr. Stone completed 500 hours of continuing dental education, passed a comprehensive exam, and fulfilled three years of continuous membership in the AGD. As a Fellowship Award recipient, Dr. Stone joins more than 6,900 active AGD Fellows who have gone above and beyond the basic requirements to care for their patients’ oral health.

Dr. Stone has been a member of the Medical Staff since October, 2008. She is in private practice.

Christian R. Subbio, MD, Division of Plastic Surgery, was recently certified in his specialty by the American Board of Plastic Surgery. Dr. Subbio has been a member of the Medical Staff since August, 2011. He is in practice with Plastic Surgery Associates of Lehigh Valley.

Parking Changes at 17th & Chew during

Beginning on Wednesday, August 14, through Tuesday, September 10, all Fairgrounds parking facilities will be unavailable for hospital staff. Vehicles parked on Fairgrounds property during this period will be towed by the Fairgrounds Police at the owner’s expense. Warnings will not be issued.

During this time, parking for physicians will be reassigned to Lot #4 (West Street). If Lot #4 becomes full, Lots #6 (North 16th Street) and #7 (Liberty Street) may be used as overflow.

If you have any questions regarding this issue, please contact Brad Mann in Security at 484-884-1986.
Data indicates that there is a decline in empathy as medical students advance in their clinical years. As a regional clinical campus for the USF/LVHN SELECT program, our role modeling and actions can greatly influence young learners. Our goal is to allow students an opportunity to be mindful about what they experience and reflect on their feelings and focus on why they want to become physicians.

The SELECT curriculum is based on emotional intelligence (self-awareness, self-management, social awareness and relationship management). The students are learning skills to develop social awareness. One way to be socially aware is to develop empathy when encountering patients. In order to be socially aware, one must be self-aware. As physicians, we need to work on understanding our personal biases and prejudices that may influence how we provide care. Our students have done many self-reflections and have been provided with tools to help them become more self-aware during their first two years of medical education. The clinical phase of their education now thrusts them into unfamiliar social situations.

During this clinical phase, the medical, nursing and non-clinical staff can have a lasting positive or negative affect on the future behaviors of the learners. Think back to when you were in medical school and try to identify a person who role modeled professionalism and was empathic when providing care. When you are in a teaching situation, are you providing that same example?

The hidden curriculum is that portion of education that is not formally written but experienced by the learner and sometimes imprinted on the learner through clinical interactions. At LVHN, we strive to have the hidden curriculum be a positive life-long influence for the learners who have entrusted us with providing them a medical education. So, avoid stereotyping, prejudice and derogatory speech and model empathy for the learner. We are not at our empathic best when we are Hungry, Angry, Late or Tired, so HALT, regroup and reframe when feeling these emotions. When we slip into or witness less than stellar behavior, don’t be afraid to explicitly use this as a teaching opportunity for the learner. The SELECT students are being asked to see medicine using a different lens, but they need the help of our network to not only provide them exemplary didactic learning but lasting and positive experiential learning. These students may be caring for you in the future, so give them the foundation to become the best that they can be!
PRACTICE-BASED RESEARCH NETWORK CHANGES ITS NAME

EPICNet, the Eastern Pennsylvania Inquiry Collaborative/Network, has formally changed its name to Lehigh Valley Practice-Based Research Network (PBRN).

Founded in 2002 in collaboration of the Department of Family Medicine and the Division of General Internal Medicine at Lehigh Valley Health Network, EPICNet’s activities have included studies funded by the National Institutes of Health, the Centers for Disease Control, and the Agency for Healthcare Quality and Research, in addition to locally funded studies. In the past five years, EPICNet implemented Health Care Systems for Tracking Colorectal Cancer Screening Tests (http://www.ahrq.gov/research/findings/final-reports/crcscreeningrpt/), which involved over 7,000 LVHN patients in a centralized colorectal cancer screening program. EPICNet and its practices also contributed results to the baseline Medical Office Survey on Patient Safety Culture primary care database, with over 30 network practices completing and contributing survey results (http://www.ahrq.gov/professionals/quality-patient-safety/patientsafetyculture/medical-office/index.html).

As a primary care practice-based research network, Lehigh Valley PBRN continues its mission to engage ambulatory practices in investigations that both inform and enhance the quality of their work with patients. In line with the NIH Research Agenda, Lehigh Valley PBRN helps practices translate clinical research into everyday practice.

Currently, Lehigh Valley PBRN is collaborating with Thomas Jefferson University and Christiana Care to study the current state of genomics practice and awareness in primary care, with the Emergency Department at LVHN to assess fall risk in adult patients seen within the LVHN system, and with members of the Department of Family Medicine on investigator initiated research. Lehigh Valley PBRN continues to develop collaborative research inside and outside LVHN. Lehigh Valley PBRN is a registered network with AHRQ (http://pbrn.ahrq.gov/).

For more information, contact Brian Stello, MD, Network Director, at brian.stello@lvhn.org.

LVHN MARATHON FOR VIA—ROAD CLOSURES

On Sunday, September 8, LVHN Marathon for Via will again start at LVH-Cedar Crest. Similar to past years, the starting line will be on the employee access road, off of Fish Hatchery Road, near the volleyball courts. To accommodate preparations and cleanup of the race start, the employee access road, from Fish Hatchery Road to the Daycare Center, will be closed on Sunday, September 8, from 4 to 8 a.m. This means that Parking Lots P, Q, R and S will not be accessible from Fish Hatchery Road during this time. However, access to these parking areas will be accessible from the Daycare Center side of the campus.

In addition, Fish Hatchery Road will be closed from Caroline Street to South 24th Street/Park Drive/Oxford Drive from 6:50 to 7:20 a.m., and at the traffic light at Cedar Crest Blvd. and Fish Hatchery Road, traffic will be stopped from approximately 7:04 to 7:14 a.m., to allow runners to cross over Cedar Crest Blvd. Once the last runner crosses over Cedar Crest Blvd., it will be opened for traffic.

Thank you for your cooperation.
Ethics Corner

Transparency makes more than adhesive tape better...

Transparency…Merriam-Webster online defines transparent as: free from pretense or deceit; easily detected or seen through; readily understood; characterized by visibility or accessibility of information especially concerning business practices.

Wikipedia relates that transparency “implies openness, communication and accountability.” At a recent Ethics in the Workplace conference at DeSales University, Peter Shankman, author of “Nice Companies Finish First,” gave this as the first principle for successful “Nice Companies.” This is the era of the internet and social media, everything comes out in the open, whether you want it to or not. In earlier times, this was not the case. Mr. Shankman cited the Union Carbide Bhopal disaster and the initial “official” release from the company that tried to cover up the extent of the tragedy. Information like that took days to confirm (or in this case, refute) due to the need to put boots on the ground in the area in question. Now, everyone has a cell phone camera and videos are on YouTube before official reports are released and even before they make CNN. In the end, almost 600,000 were injured and 6,000 killed by the disaster.

What does this have to do with medical ethics? Isn’t this a corporate buzzword? It has everything to do with truth-telling and disclosure of mistakes to patients and families. Disclosure of medical errors is part of the fiduciary provider-patient relationship, which is based on honesty and trust. The data also shows that patients are less likely to engage in a lawsuit if they feel the provider has been honest with them about mistakes. It is also the law, with Act 13 in Pennsylvania, Section 308. Even seemingly trivial mistakes should be disclosed.

Healthcare providers not only have a duty to disclose the truth, but the vast majority of patients want to know. The University of Washington Ethics in Medicine website reveals that 90% of patients surveyed said they would want to be told of a diagnosis of cancer or Alzheimer's disease. This is directly opposite to data from 1961 when only 10% of physicians surveyed believed it was correct to tell a patient of a fatal cancer diagnosis.

There are two main reasons a provider may be justified in withholding the truth. The first is that of compelling evidence that revealing such information will cause “real and predictable harm.” This may be the case in a patient who will become suicidal or homicidal if they are told such information. The key words here are “compelling evidence,” not anything less. The patient may also choose not to be told. The provider should ascertain whether the patient has considered the implications of such a decision. There may also be cultural or religious reasons for withholding information, but these should never be assumed. Instead, a dialogue sensitive to such cultural or religious beliefs should be held about the patient’s wishes regarding information. Often, families simply want to spare their loved ones the pain of the information. Provider dialogue and reassurance can help in these situations.

So you see, transparency is not just the next great business catch phrase or a good quality for adhesive tape. It is something we need to practice every day. Doing so has far more benefit than risk for our patients, their families and ourselves.

If you have any questions regarding this or any other Ethics topic, please contact Robert D. Barraco, MD, MPH, Chair, Ethics Committee, at robert.barraco@lvhn.org.

References:
- [http://depts.washington.edu/bioethx/topics/truth.html](http://depts.washington.edu/bioethx/topics/truth.html)
**THE RETAIL PHARMACY VIEW**

**Rx Insurance Cards for Non-Covered Patients**

There has been an influx of companies that offer prescription insurance cards for patients who do not have any pharmacy insurance coverage. For some of these, there is a minimal annual cost to join for a year, and for others, the cost is greater. Some enterprising card companies are putting displays with their cards in medical offices. Many of these offer “savings” for the customer. This is not always the case. In certain instances, use of the card costs the patient more than the lowest retail price for prescriptions. This is very true when dealing with the retailers that have a list of low price medications. Their “best” retail price is actually below the price offered by the discount card. Please caution your patients to check out the price of their medications with and without the card.

**New Drugs:**

*Zenzedi: Dextroamphetamine Sulfate – 2.5mg tablet for treatment of Narcolepsy and control of ADHD.*

**New Generics:**

*Metronidazole Gel 1%: Metrogel 1%*

If you have any questions or need additional information regarding any of these topics, contact Jay Needle RPh, Manager, Health Spectrum Pharmacy – LVH-Muhlenberg, via e-mail at jay.needle@lvhn.org or by phone at 484-884-7004.

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**LVHN DIGITAL LIBRARY**

**PEPID: Point-of Care Resource for Emergency Medicine or Primary Care Available from the Digital Library**

Need a medical calculator or a quick way to recognize your patient’s meds? PEPID offers that, along with a drug allergy checker, drug interaction generator, IV compatibility tool and more. When using the pill identifier tool, all you have to do is key in the information you have regarding the pill’s imprint, score, shape, and color(s) and PEPID will generate a list of possible results for you to view.

With partially evidence-based drug and disease information updated continuously, as well as a link to Stedman’s Dictionary, this resource can help you with decision-making regarding your patients.

A searchable index will lead you to a medical topic or drug category, where you can either access a complete record or limit your research to pathophysiology under most topics.

In a recent PEPID survey of over 1,000 practicing emergency physicians:
- 88% responded that they use PEPID every day
- 77% use PEPID to access drug information
- 45% access PEPID up to five times per shift
- Up to 30 minutes is saved per shift thanks to using PEPID


To get to PEPID from the LVHN Intranet, select **FIND FAST > Library Services**. This will take you to the Digital Library homepage where you can click on the link to PEPID under either **Key Resources** or **Drug Resources**.

For more information, contact Library Services at 610-402-8410 or via email at LibraryServices@lvhn.org.
Meet the APC Staff

A member of the LVHN Allied Health Professional Staff since August, 2004, Kimberly A. Schultz, PA-C, is this month’s featured Advanced Practice Clinician.

A radiology physician assistant with Medical Imaging of Lehigh Valley, Kim rotates between the LVH-Cedar Crest and LVH-Muhlenberg sites where she performs image guided procedures with the assistance of fluoroscopy and ultrasound. Some of the procedures she completes with fluoroscopy guidance include arthrograms, lumbar punctures, and upper and lower barium gastrointestinal studies. With the assistance of ultrasound guidance, she completes thoracentesis, paracentesis, and thyroid biopsy, to name a few. Kim performs her duties in both the outpatient and inpatient settings. Due to the variety of procedures that she performs, she has contact with several physicians including radiologists, neuroradiologists, and interventional radiologists.

In addition to performing procedures, Kim reviews and completes radiology intake paperwork including various procedures completed by the interventional radiologists. She loves the variety of subjects she deals with on any given day keeping each day of the nine years she has been with Medical Imaging of Lehigh Valley exciting. As a radiology physician assistant, Kim feels she has a great professional balance between completing procedures and other patient care.

Kim is a graduate of Cedar Crest College where she earned her Bachelor of Science degree. She achieved a Master’s degree in Neurochemistry from Lehigh University, and graduated from DeSales University with a Master of Science in Physician Assistant Studies. Prior to her current position, Kim worked as a physician assistant in a lipid specialty center, a family practice, and an urgent care facility.

When she’s not working, Kim spends the majority of her spare time with her two beautiful nine year old twin girls. Her daughters are very active and Kim enjoys coaching their basketball team and leading their Girl Scout troop. When she is not busy with her daughters, she enjoys painting or drawing and attending exercise classes.

Upcoming APC Quarterly Meeting

Mark your calendars! The quarterly meeting of the Advanced Practice Clinicians (APC) will be held on Thursday, September 26, at 5:30 p.m., in Kasych ECC Room 6 at LVH-Cedar Crest. The meeting will be teleconferenced to Conference Room C at LVH-Muhlenberg.

The meeting agenda will include:

- Approval of the 2013-2014 budget
- Presentation of APC awards: Education/Research Award, APC Award, and Community Outreach Award
- Committee updates
- Election of two at-large members of the APC Executive Council. (To nominate a member of the APC staff for an at-large seat, please call 610-402-APC1. Leave a message including your name, your telephone number, and the name of the nominee. Deadline for nominations is September 2, 2013.)
- Educational Speakers with continuing medical education credits
UPCOMING SEMINARS, CONFERENCES AND MEETINGS

Family Medicine Grand Rounds
Family Medicine Grand Rounds will be held on **Tuesday, August 6**, from 7 to 8 a.m., in Kasych ECC Room 10 at LVH-Cedar Crest, and teleconferenced to ECC Room A at LVH-Muhlenberg. “The Compensation Plan” will be presented by Deborah Bren, DO, Department of Family Medicine.

For more information, contact Tammy Winterhalt in the Department of Family Medicine at 610-969-4950 or via email at tammy.winterhalt@lvhn.org.

OB-GYN Grand Rounds
The Department of Obstetrics and Gynecology Grand Rounds will be held on Fridays from 7 to 8 a.m., in Kasych ECC Room 8. Topics to be presented in August include:

- **August 2** – *Social Media Professionalism in the Medical Community* – Richard Boulay, MD, and Craig Koller, MEd
- **August 9** – *State of the OB/GYN Residency* – Joseph Patruno, MD
- **August 16** – M & M – Timothy Pellini, MD
- **August 23** – *LVHN Library Services: What’s Available and How to Get It* – Kristine Petre, Library Services

For more information, contact Craig Koller in the Department of Obstetrics and Gynecology at 610-969-2413.

Pediatric Grand Rounds
The Department of Pediatrics will hold Grand Rounds on Tuesdays at 8 a.m., in Kasych ECC Room 6, unless otherwise noted. The topics for August include:

- **August 6** – Pediatric Surgery topic – William Hardin, MD
- **August 13** – *Short Gut* – Jeffrey Rudolph, MD, Children’s Hospital of Pittsburgh
- **August 20** – *Ordering the Right Test for the Right Problem* – Alexander Kowal, MD – Location – Kasych ECC Room 7
- **August 27** – Neonatal topic – Andrew Meyer, MD, Crozer-Chester Medical Center

For more information, contact Cari Coelho in the Department of Pediatrics at 610-969-2540.

Emergency Medicine Institute – Life Support Classes
Upcoming life support classes sponsored by the Emergency Medicine Institute (EMI) are listed below:

**Advanced Cardiac Life Support (ACLS)**
ACLS renewal classes will be held from 8 a.m. to Noon, at the Emergency Medicine Institute located at 2166 S. 12th Street, Allentown, on the following dates:

- October 17, 21, 22
- November 12, 13, 25
- December 4, 5, 9, 10

In addition, a two-day provider course will be held from 8:30 a.m. to 4 p.m., on November 14 and 15, at the Emergency Medicine Institute.

**Pediatric Advanced Life Support (PALS)**
PALS renewal classes will be held from 8 a.m. to 4 p.m., at the Emergency Medicine Institute on the following dates:

- August 22
- September 16
- October 7, 31
- November 21, 26
- December 2, 3

In addition, two-day provider courses will be held from 8 a.m. to 4 p.m., on September 4 and 5, October 3 and 4, and November 19 and 20, at the Emergency Medicine Institute.

Registration information and a list of additional classes are available on the EMI website. To access the website from the LVHN Employee Intranet homepage, select “Departments” – “Non-Clinical” – “EMI.”

For more information regarding these classes, contact Christine Ash at the Emergency Medicine Institute at 610-969-0299.
WHO’S NEW

This section contains an update of new appointments, address changes, status changes, resignations, etc. Please remember to update your directory with this information.

Medical Staff

New Appointments

Jeffrey T. Brodsky, MD
Lehigh Valley Surgical Oncology
Lehigh Valley Physician Group
1240 S. Cedar Crest Blvd., Suite 205
Allentown, PA 18103-6264
Phone: 610-402-7884  Fax: 610-402-8876
Department of Surgery
Division of General Surgery
Section of Surgical Oncology
Provisional Active

Zhe Chen, MD
Community Physician Practice Growth Initiative
Lehigh Valley Physician Group
Practicing with Valley Independent Hospitalist Group
Allentown Medical Center
401 N. 17th Street, Suite 202
Allentown, PA 18104-5050
Phone: 610-432-1427  Fax: 610-774-9741
Department of Medicine
Division of General Internal Medicine
Section of Hospital Medicine
Provisional Active

Brian K. Civic, MD
Pulmonary Associates of LVPG
Lehigh Valley Physician Group
Center for Advanced Health Care
1250 S. Cedar Crest Blvd., Suite 205
Allentown, PA 18103-6271
Phone: 610-439-8856  Fax: 610-439-1314
Department of Medicine
Division of Pulmonary/Critical Care Medicine
Provisional Active

Lisa M. Dapuzzo-Argiriou, MD
Center for Women’s Medicine
Lehigh Valley Physician Group
Lehigh Valley Hospital
17th & Chew, P.O. Box 7017
Allentown, PA 18105-7017
Phone: 610-402-1600  Fax: 610-969-2197
Department of Obstetrics and Gynecology
Division of Obstetrics/Gynecology
Provisional Active

Ravi V. Desai, MD
Lehigh Valley Cardiology Associates of LVPG
Lehigh Valley Physician Group
2649 Schoenersville Road, Suite 301
Bethlehem, PA 18017-7317
Phone: 610-866-2233  Fax: 610-882-3474
Department of Medicine
Division of Cardiology
Provisional Active

Ramprasad Gadi, MD
The Heart Care Group, PC
Jaindl Pavilion, Suite 500
1202 S. Cedar Crest Blvd.
P.O. Box 3880
Allentown, PA 18106-0880
Phone: 610-770-2200  Fax: 610-776-6645
Department of Medicine
Division of Cardiology
Provisional Active

Dana M. Kretschman, MD
Pulmonary Associates of LVPG
Lehigh Valley Physician Group
Center for Advanced Health Care
1250 S. Cedar Crest Blvd., Suite 205
Allentown, PA 18103-6271
Phone: 610-439-8856  Fax: 610-439-1314
Department of Medicine
Division of Pulmonary/Critical Care Medicine
Provisional Active

Janet S. Laflouf, DO
LVPG Hospital Medicine at Cedar Crest
Lehigh Valley Physician Group
Lehigh Valley Hospital
Cedar Crest & I-78, P.O. Box 689
Third Floor Anderson Wing
Allentown, PA 18105-1556
Phone: 610-402-5369  Fax: 610-402-5959
Department of Medicine
Division of General Internal Medicine
Section of Hospital Medicine
Provisional Active

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Nicholas E. Lamparella, DO
Hematology-Oncology Associates
Lehigh Valley Physician Group
1240 S. Cedar Crest Blvd., Suite 103
Allentown, PA 18103-6218
Phone: 610-402-7880 Fax: 610-402-7881
Department of Medicine
Division of Hematology-Medical Oncology
Provisional Active

Jennifer M. Lindenmuth, MD
OACIS Services
Lehigh Valley Physician Group
2166 S. 12th Street, Suite 402
Allentown, PA 18103-4792
Phone: 610-969-0100 Fax: 610-969-0101
Department of Medicine
Section of Palliative Medicine and Hospice
Provisional Active

Yassir Nawaz, MD
Afterhours Physician Coverage Group
Lehigh Valley Health Network
1255 S. Cedar Crest Blvd., Suite 3200
Allentown, PA 18103-6232
Phone: 610-402-5200 Fax: 610-402-1675
Department of Medicine
Division of General Internal Medicine
Provisional Limited Duty

Neil V. Patel, MD
Medical Imaging of Lehigh Valley, PC
Lehigh Valley Hospital
Cedar Crest & I-78, P.O. Box 689
Allentown, PA 18105-1556
Phone: 610-402-8088 Fax: 610-402-1023
Department of Radiology-Diagnostic
Medical Imaging
Division of Diagnostic Radiology
Section of Neurointerventional Radiology
Provisional Active

Phalgunee Patro, MD
Pediatric Hospitalist at Pottstown Memorial
Medical Center
Lehigh Valley Physician Group
1600 E. High Street
Pottstown, PA 19464-5008
Phone: 610-327-7540 Fax: 610-970-3160
Department of Pediatrics
Division of General Pediatrics
Provisional Active

Benjamin Sanchez, Jr., MD
Lehigh Valley Heart Specialists
Lehigh Valley Physician Group
Center for Advanced Health Care
1250 S. Cedar Crest Blvd., Suite 300
Allentown, PA 18103-6381
Phone: 610-402-3110 Fax: 610-402-3112
Department of Medicine
Division of Cardiology
Provisional Active

Anastasia Shnitser, MD
Eastern Pennsylvania Gastroenterology and Liver Specialists, PC
1501 N. Cedar Crest Blvd., Suite 110
Allentown, PA 18104-2309
Phone: 610-821-2828 Fax: 610-821-7915
Department of Medicine
Division of Gastroenterology
Provisional Active

Daniel Tsyvine, MD
The Heart Care Group, PC
Jaindl Pavilion, Suite 500
1202 S. Cedar Crest Blvd.
P.O. Box 3880
Allentown, PA 18106-0880
Phone: 610-770-2200 Fax: 610-776-6645
Department of Medicine
Division of Cardiology
Provisional Active

Medical Staff Leadership Appointments

Department of Medicine
Mark C. Knouse, MD
Interim Chief
Division of Infectious Diseases

Change of Primary Location

Christi A. Weston, MD, PhD
Muhlenberg Behavioral Health
Banko Family Community Center
2545 Schoenersville Road
Bethlehem, PA 18017-7384
Phone: 484-884-5783 Fax: 484-884-5757

Continued on next page
Practice Changes

The following former members of Lehigh Area Medical Associates have recently joined.

**LVPG Hospital Medicine at Cedar Crest**

*Lehigh Valley Physician Group*

Lehigh Valley Hospital

Cedar Crest & I-78, P.O. Box 689

Third Floor Anderson Wing

Allentown, PA  18105-1556

Phone: 610-402-5369  Fax: 610-402-5959

- Imran Ahmed, MD
- Paul W. Layden, Jr., MD
- Mihaela L. Rosca, MD
- Daniel T. Valancius, MD
- Carolyn M. Baaden, PA-C
- Micah N. Beckstead, PA-C
- Laura L. Bielecki, PA-C
- Jessica L. Bowell, PA-C
- Amy M. Castagnola, PA-C
- Shannon N. Diallo, PA-C
- Jillian M. Diasio, PA-C
- Brett J. Feldman, PA-C
- Stephanie M. Lakits, PA-C
- Thomas W. Lloyd, PA-C
- Kristin D. Newhard, PA-C
- Sejal V. Patel, PA-C
- Theresa M. Scarlatella, PA-C
- Leah J. Shaffer, PA-C
- Lisa M. Tkachenko, PA-C
- Meghan L. Williams, PA-C

**LVPG Primary Care – Lehighton**

*Lehigh Valley Physician Group*

38 Mahoning Drive, East

Lehighton, PA  18235-9622

Phone: 610-377-9000

- MaryAnne K. Peifer, MD

**LVPG Primary Care – Fogelsville**

*Lehigh Valley Physician Group*

7619 Tilghman Street

Fogelsville, PA  18051-0487

Phone: 610-395-1936  Fax: 610-395-7263

- Robert M. Taxin, DO

Practice/Status Changes

**Shavon S.Y. Frankhouser, DO**

(No longer with LVH Department of Medicine)

LVPG Hospital Medicine at Cedar Crest

*Lehigh Valley Physician Group*

Lehigh Valley Hospital

Cedar Crest & I-78, P.O. Box 689

Third Floor Anderson Wing

Allentown, PA  18105-1556

Phone: 610-402-5369  Fax: 610-402-5959

- Shavon S.Y. Frankhouser, DO

**Jeanne L. Zukas, DO**

(No longer with LVH Department of Medicine)

LVPG Hospital Medicine at Cedar Crest

*Lehigh Valley Physician Group*

Lehigh Valley Hospital

Cedar Crest & I-78, P.O. Box 689

Third Floor Anderson Wing

Allentown, PA  18105-1556

Phone: 610-402-5369  Fax: 610-402-5959

- Jeanne L. Zukas, DO

Continued on next page
Corporate Parent Change

Douglas C. Shoenberger, MD
(No longer with Medical Associates of the Lehigh Valley)
Coopersburg Family Practice
101 S. Main Street, Suite 101
Coopersburg, PA 18036-1966
Phone: 610-282-1170  Fax: 610-282-0256

Change of Departmental Assignment

Marna R. Greenberg, DO, MPH
Department of Emergency Medicine
From: Division of Emergency Medicine  To: Division of Emergency Medicine/Pediatric Emergency Medicine

Jeffrey M. Kuklinski, DO
Department of Emergency Medicine
From: Division of Emergency Medical Services/Emergency Medicine  To: Division of Emergency Medicine/Emergency Medical Services/Pediatric Emergency Medicine

Rezarta Lloyd, DO
Department of Emergency Medicine
From: Division of Emergency Medicine  To: Division of Emergency Medicine/Pediatric Emergency Medicine

Andrew C. Miller, DO
Department of Medicine
From: Division of Emergency Medicine  To: Division of Pediatric Emergency Medicine/Emergency Medicine

Shawna M. Murphy, DO
Department of Emergency Medicine
From: Division of Emergency Medicine  To: Division of Emergency Medicine/Pediatric Emergency Medicine

Shawn M. Quinn, DO
Department of Emergency Medicine
From: Division of Emergency Medicine  To: Division of Emergency Medicine/Pediatric Emergency Medicine

Amit Sareen, MD
Department of Emergency Medicine
From: Division of Emergency Medicine  To: Division of Emergency Medicine/Pediatric Emergency Medicine

Ryan L. Tenzer, MD
Department of Emergency Medicine
From: Division of Emergency Medicine  To: Division of Emergency Medicine/Pediatric Emergency Medicine

Michael B. Weigner, MD
Department of Emergency Medicine
From: Division of Emergency Medicine  To: Division of Emergency Medicine/Pediatric Emergency Medicine

Christi A. Weston, MD, PhD
Department of Psychiatry
From: Division of Consultation-Liaison Psychiatry  To: Psychiatric Ambulatory Care

One-Year Leave of Absence

Shannon Kearney, DO
Department of Medicine
Division of Allergy
From: Active  To: Active/Long-Term LOA

Resignations

Ann K. Astolfi, DMD
Department of Dental Medicine
Division of Periodontics
(Ann K. Astolfi, DMD)

Harpreet K. Singh, MD
Department of Medicine
Division of General Internal Medicine
(Lehigh Valley Bariatric Medicine)

Allied Health Staff

New Appointments

Lawrence P. Bauer, Jr., CRT
Certified Respiratory Therapist
Youngs Medical Equipment
2710 Emrick Blvd.
Bethlehem, PA 18020-8012
Phone: 800-258-7770  Fax: 610-867-7023
Supervising Physician – Richard J. Strobel, MD

David N. Chowns, Jr., CCP
Perfusionist
Perfusion Care Associates, Inc.
P.O. Box 3447
Allentown, PA 18106-0447
Phone: 610-402-1278  Fax: 610-402-0013
Supervising Physician – James K. Wu, MD

Continued on next page
Melissa L. Christiano  
Dental Assistant  
Marsha A. Gordon, DDS  
1525 Hausman Road  
Allentown, PA 18104-9258  
Phone: 610-433-5111  Fax: 610-433-4393  
Supervising Physician – Marsha A. Gordon, DDS

James W. Davis, PA-C  
Physician Assistant-Certified  
LVPG-Emergency Medicine  
Lehigh Valley Physician Group  
Lehigh Valley Hospital  
Cedar Crest & I-78, P.O. Box 689  
Allentown, PA 18105-1556  
Phone: 610-402-8130  Fax: 610-402-7160  
Supervising Physician – Anthony T. Werhun, MD

Melissa L. DeCapua, CRNP  
Certified Registered Nurse Practitioner  
LVPG-Psychiatry  
Lehigh Valley Physician Group  
1251 S. Cedar Crest Blvd., Suite 202A  
Allentown, PA 18103-6214  
Phone: 610-402-5766  Fax: 610-402-5763  
Supervising Physician – Ralph A. Primelo, MD

Susan G. Herman, CRNP  
Certified Registered Nurse Practitioner  
LVHN Hospital Medicine at Muhlenberg  
Lehigh Valley Physician Group  
Lehigh Valley Hospital-Muhlenberg  
2545 Schoenersville Road  
Second Floor, Tower  
Bethlehem, PA 18017-7384  
Phone: 484-884-9677  Fax: 484-884-9297  
Supervising Physician – Adedotun A. Adewusi, MD

Martina Kaldany  
Pacemaker/ICD Technician  
St. Jude Medical  
333 Meadowlands Parkway, Fifth Floor  
Secaucus, NJ 07094-1821  
Phone: 800-722-3423  Fax: 818-256-8789  
Supervising Physician – Hari P. Joshi, MD

Kristina L. Potsko, PA-C  
Physician Assistant-Certified  
Lehigh Valley Heart and Lung Surgeons  
Lehigh Valley Physician Group  
Center for Advanced Health Care  
1250 S. Cedar Crest Blvd., Suite 310  
Allentown, PA 18103-6224  
Phone: 610-402-6890  Fax: 610-402-6892  
Supervising Physician – Gary W. Szydlowski, MD

Zeleny Rosado  
Medical Assistant  
The Heart Care Group, PC  
Jaindl Pavilion, Suite 500  
1202 S. Cedar Crest Blvd.  
P.O. Box 3880  
Allentown, PA 18106-0880  
Phone: 610-770-2200  Fax: 610-776-6645  
Supervising Physician – Norman H. Marcus, MD

Krystle M. Wood, PA-C  
Physician Assistant-Certified  
Northern Valley Primary Care, PC  
44 W. 21st Street, Suite 101  
Northampton, PA 18067-1221  
Phone: 610-261-0999  Fax: 610-261-2187  
Supervising Physician – Iqbal Sorathia, MD

Changes of Supervising Physician

Kathy S. Attieh, PA-C  
Physician Assistant-Certified  
(Lehigh Valley Heart Specialists)  
From: Andrew D. Sumner, MD  
To: Ronald S. Freudenberger, MD

Lisa A. Carter, CRNP  
Certified Registered Nurse Practitioner  
(Village Lane Primary Care)  
From: David M. Afzal, DO  
To: Christine K. Block, MD

Joan G. Finno, CRNP  
Certified Registered Nurse Practitioner  
(Village Lane Primary Care)  
From: David M. Afzal, DO  
To: Christine K. Block, MD

Ninna J. Gossom, CNM  
Certified Nurse Midwife  
(OBGYN Associates of Lehigh Valley & Carbon County)  
From: Michael Sheinberg, MD  
To: Gregory F. Kainz, DO  
Secondary Supervising Physician – Guillermo A. De La Vega, MD

Lori Rice, CRNP  
Certified Registered Nurse Practitioner  
From: Village Lane Primary Care – David M. Afzal, DO  
To: Pulmonary Associates of LVPG – Rita M. Pechulis, MD

Janice A. Stout, CRNP  
Certified Registered Nurse Practitioner  
(Eastern Pennsylvania Gastroenterology and Liver Specialists, PC)  
From: Richard L. London, MD  
To: Ronald J. Bross, MD

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**Additional Supervising Physician and Group**

Raymond J. Rivera, PA-C  
Physician Assistant-Certified  
(LVPG-Emergency Medicine – S. Perry Fooskas, MD)

Addition of: Surgical Specialists of the Lehigh Valley – A. Hamed Amani, MD

**Resignations**

Lucretia A. Keefer, CST  
Certified Surgical Technologist  
(Allentown Center for Plastic Surgery)

Mary A. Muraro, CRNA  
Certified Registered Nurse Anesthetist  
(Lehigh Valley Anesthesia Services, PC)

Lori A. Neri, CRNP  
Certified Registered Nurse Practitioner  
(The Heart Care Group, PC)

Carol A. Ruspantini, PA-C  
Physician Assistant-Certified  
(Lehigh Valley Bariatric Medicine)

Chelcie I. Yezik, PA-C  
Physician Assistant-Certified  
(The Heart Care Group, PC)

Catherine E. York, CRNP  
Certified Registered Nurse Practitioner  
(The Heart Care Group, PC)

Joshua M. Wingfield, CRNP  
Certified Registered Nurse Practitioner  
(LVPG Hospital Medicine at Cedar Crest)
Progress Notes is published monthly to inform the Medical Staff, Advanced Practice Clinicians, and employees of Lehigh Valley Health Network of important issues concerning the Medical Staff and Advanced Practice Clinicians.

Articles should be submitted by e-mail to janet.seifert@lvhn.org or sent to Janet M. Seifert, Medical Staff Services, Lehigh Valley Health Network, Cedar Crest & I-78, P.O. Box 689, Allentown, PA 18105-1556 by the 15th of each month.

If you have any questions about the newsletter, please contact Mrs. Seifert by e-mail or phone at (610) 402-8590.