Conference Learnings

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CONFERENCE LEARNINGS

Inpatient Diabetes Care: Putting Evidence into Practice to Improve Diabetes Care
Lehigh Valley Health Network- Cedar Crest Site
Allentown, PA
7/31/2013

Tanya Bauer RN BSN
Staff Nurse- Float Pool
Muhlenberg
Conference Topics

• Evidence based research regarding glycemic control and rationale for inpatients.

• Nursing priorities and care to diabetic patients in inpatient setting.

• Diabetic medication overview.

• Survival skills and nursing education for the diabetic patients.
Learnings to Consider

Strategies to reduce Blood Glucose

• Notify provider if 2 or more Blood Sugars are >180 in 24 hours

• Emphasis of appropriate timing of Blood Glucose monitoring, insulin and meals
  
  ➡️ Correctional Insulin should be given within 30 minutes of result.
  
  ➡️ Assure that 3 hours elapse between meals and next BG test.
  
  ➡️ HS Blood Glucose is checked 3 hours after meals.
Learnings to Consider

**Carbohydrate Counting**

- Make sure to look at serving size on left side of meal ticket next to carbohydrate for accurate calculations.
- Chart meal completion and grams of carbohydrates consumed on Vital Signs screen.
- Give coverage within 20 minutes at most of eating.
Sharing Learnings

• Conference Learnings shared at LVH-M Float Pool Staff Meeting on 10/9/13. Learnings recorded in meeting minutes for distribution to staff.

• Conference Learning Power Point forwarded to LVH-M Float Pool RNs for review.