There’s No Place Like Home: Meeting the Needs of Long Term Patients in an Acute Care Facility

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Objective 1. Describe care initiatives implemented to address mobility, personal care, nutritional requirements and diversion.

**Mobility**
- Physical therapist develops daily exercise plan outlining distance walking
- Use of free weights to maintain muscle tone
- Daily ROM to affected joints to prevent atrophy

**Personal Care**
- Salon Services by professional volunteers for hair and nails
- Charitable clothing donations
- Occupational Therapy assistance with ADLs
- Psychological counseling for drug use

**Nutrition**
- Dietary consult
- Psychological counseling for drug use

**Diversity**
- Movies, music, books, puzzles
- On-line gaming via iPad or tablet
- CARE channel for visual/auditory stimulation

**Case Studies**

Objective 2. Detail three case studies that demonstrate collaborative care initiatives utilized to prevent complications and monotony.

**CASE STUDY #1**
- **Diagnosis:** Subarachnoid hemorrhage secondary to untreated hypertension
- **Background:** Deemed incompetent due to harmful personal choices; without family or influential parties
- **Needs:**
  - Daily range of motion (ROM) to all extremities
  - Physical therapist develops daily exercise plan outlining distance walking
- **Care Initiatives implemented:**
  - Occupational Therapy assistance with ADLs
  - Psychological counseling for drug use

**CASE STUDY #2**
- **Diagnosis:** Ependymoma secondary to smoking habit
- **Background:** Deemed incompetent due to harmful personal choices; without family or influential parties
- **Needs:**
  - Physical therapy plan to prevent muscle atrophy, deep vein thrombosis, skin care issues; personal hygiene, nutritional considerations related to caloric intake and HIV status
- **Care Initiatives implemented:**
  - Psychological counseling for drug use
  - Physical therapy assistance with ADLs

**CASE STUDY #3**
- **Diagnosis:** Subdural hematoma secondary to alcohol-induced fall
- **Background:** Deemed incompetent due to harmful personal choices; without family or influential parties
- **Needs:**
  - Physical therapy plan to prevent muscle atrophy, deep vein thrombosis, skin care issues
  - Use of free weights to maintain muscle tone
- **Care Initiatives implemented:**
  - Physical therapy assistance with ADLs
  - Psychological counseling for drug use

**State & Federal Agency Support**

Objective 3. Discuss federal and state agencies that can be utilized to aid in medical cost, aftercare needs and travel outside of the United States borders.

**Medicare Coverage**
- Inpatient hospital care - 90 days
- Nursing home care
- Skilled nursing facility care
- Medically necessary services to treat a disease or condition

**Medicaid Coverage**
- Low-income children
- Individuals with disabilities
- Seniors

**United States Department of State**
- Communicate with foreign embassies
- Facilitate VISA application for return
- Coordinate air transport

**Local Aids Activity Office**
- Link to community resources
  - Mental health and emotional support
  - Risk reduction counseling

**References**
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